

* Even Year - Regular Season Winning coach is All-Star Game Coach	* COY = Coach of the Year
* Odd Year - COY is All-Star Game Coach	* DPOY = Defensive Player of the Year
	* MVP = Most Valuable Player
(2021) Boys Soccer	
<u>EAST</u>	<u>WEST</u>
Cyler Adams - East Wake	Dominic Rajagopal - Asheville
Seth Prado - East Wake	Seth VanWyck - Asheville
Justin Strickland - East Wake	Quinn Fullwood - Cabarrus
Chase Lewis - Fayetteville	Caleb Santiago - Cabarrus
Liam Mottley - Fayetteville	Jomar Santiago - Cabarrus
Emerson Peck - Fayetteville	Toby Turner - Cabarrus
Noah Daming - North Wake	Jack Zappone - Cabarrus
Alex Gaviria - North Wake	Brian Burke IV - Forsyth
Philip Stuntz - North Wake	Rocky Hunt - Forsyth
Luke Biller - Southwest Wake	Noah Lund - Forsyth
David Biller - Southwest Wake (MVP)	Carter Lynch - Forsyth
Noah Morgan - Southwest Wake	Vincent Suits - Forsyth
Connor Simmons - Southwest Wake	Ian Adams - Union
Lucas Adkins - Wilmington	Joel Andrews - Union
Davidson Good - Wilmington	David Groggel - Union
Luke Griffin - Wilmington	Alijah Miller - Union (MVP)
Levi Jones - Fayetteville (COY)	Jay Miller - Union (COY)
Anthony Biller - Southwest Wake <i>Reg Season Winner</i>	BT Burke - Forsyth <i>Reg Season Winner</i>
(2021) Volleyball	
<u>EAST</u>	<u>WEST</u>
Audrey Berkebile - Cary	Jessica Cable - Alamance
Molly DeCasas - Cary	Abigail Cline - Alamance
Bethany McLeod - Cary	Ava Drye - Alamance
Emma Brown - Harnett	Sage LaTour - Alamance
Andie Kryak - North Wake	Jenna White - Alamance
Nicole Walston - North Wake	Savannah Lemmond - Cabarrus
Caroline Butts - Wilmington (Co-MVP)	Aleksandrea Ames - Greensboro (MVP)
Olivia Johnson - Wilmington	Sydney Causey - Greensboro
Brooke Moyers - Wilmington (Co-MVP)	Jacee Ray - Greensboro
Addie Norman - Wilmington	Maddie Smith - Greensboro
Loma Siegel - Wilmington (COY)	Julie Ames - Greensboro (Coach)
(2021-22) Boys Basketball	
<u>EAST</u>	<u>WEST</u>
Zachary Johnson - Chatham	Gray Madeira - Cabarrus
Dylan Mann - Chatham	Seth Pracht - Cabarrus
Gabriel Jones - North Wake (DPOY)	Sameer Qureshi - Forsyth (Co-MVP)
Jay Pickett - North Wake (MVP)	Christian Bego - South Charlotte
Luke Wallace - Raleigh	Aaron Hill - South Charlotte
Jordan France - South Wake	Jabir Jefferson - South Charlotte (DPOY)
Jacob Webb - South Wake	Alijah Miller - South Charlotte (Co-MVP)
Blake Batts - Wilmington	Andrew Bausum - South Guilford
Jayden Johnson - Wilmington	David Hronich - South Guilford
Brantley Springer - Wilmington	Joshua Bunke - Surry

Larry Manley - South Wake <i>(COY) (Reg. Season)</i>	Brian Madeira - Cabarrus <i>(COY)</i>
	Shawn Hill - South Charlotte <i>(Reg. Season)</i>
(2021-22) Girls Basketball	
<u>EAST</u>	<u>WEST</u>
Kimberley Cunningham - Chatham <i>(MVP), (DPOY)</i>	Olivia Griffin - Cabarrus
Elizabeth Edwards - North Wake	Alauna Wilson - Cabarrus
Julia Edwards - North Wake	Isabella Bosch - Forsyth <i>(MVP)</i>
Chloe Kester - North Wake	Sienna Bosch - Forsyth
Grace Whittington - North Wake	Jayda Hairston - Forsyth
Audrey Hendrix - Raleigh	Esther Bausum - South Guilford
Maddie Powell - Raleigh	Kassidy Bullins - South Guilford
Abigail George - South Wake	Lindsay Cooper - Surry <i>(DPOY)</i>
Olivia Hart - South Wake	Karlie Effler - Surry
Kennady Milligan - South Wake	Faith McClary - Surry
Justin Brooks - Chatham <i>(COY)</i>	Greg Williams - Surry <i>(COY)</i>
Aaron Miller - North Wake <i>(Reg. Season)</i>	Carlos Bosch <i>(Reg. Season)</i>
(2022) Girls Soccer	
<u>EAST</u>	<u>WEST</u>
Rivkah Lloyd - East Wake	Sienna Bosch - Forsyth
Tahlia Lloyd - East Wake <i>(MVP)</i>	Emma Fuerbacher - Forsyth
Ally McLean - East Wake	Anna Pemberton - Forsyth
Katie Paulakonis - East Wake	Julia Pemberton - Forsyth
Abigail Hamilton - Fayetteville	Ainsley Scholtz - Forsyth
Olivia Juergens - Fayetteville	Allie Williams - Forsyth <i>(MVP)</i>
Halie Braddy- North Wake	
Caroline Klick - North Wake	
Grace McPhatter - North Wake	<i>* Forsyth was the only team in the West.</i>
Rozsa Williford- North Wake	
Ashlynn Coulmas - Southwest Wake	
Katie Francis - Southwest Wake	
Sofia Vianna - Southwest Wake	
Taylor Bohlman - Wilmington	
Lily Garcia - Wilmington	
Noel King - Wilmington	
Sean O'Connor - North Wake <i>(COY)</i>	