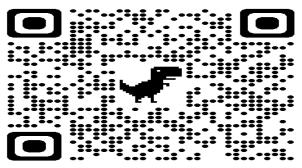




- Coach Mike and Coach Rayce are the Head Boys' Lacrosse Coaches at South Windsor High School and Suffield High School respectively
- Staff has 3 decades of combined experience coaching at the high school, club, and youth level(s)
- Veteran SUAA Instructors



SUAA LACROSSE CAMP

@ Suffield High School 1060 Sheldon St West Suffield, CT. 06093

SPIRAL UP ATHLETICS ACADEMY - SUMMER SERIES 2024

Program Description –

- Summer camp for field boys' lacrosse players and goalies; entering grades 2 thru 8.
- Monday August 5th thru Friday August 9th 900am Drop Off / 300pm Pick Up on
 Monday thru Thursday 900am Drop Off / 1200pm Pick Up on Friday
- Cost \$350 per player (Suffield Resident) \$375 per player for (non-Suffield Resident)
- The goal of the camp is to enhance the total development of each player through a strict focus on fundamentals, skill development, and a better understanding of game play. The camp will have something for everyone; as individual attention, high level instruction, and healthy competition will be available for all.

Register at https://www.spiralupathletics.com/signup