

Girl's Lake Conference JV Championship Meet

Tuesday, May 16th, 2023

Kuhlman Stadium

Participating Teams:

Buffalo, Eden Prairie, Edina, Hopkins, Minnetonka, St Michael- Alberville, Wayzata

General Information

At this time no team award will be given but it would be nice if we, as a conference, could figure out a way to honor our JV Athletes, possibly with a Rotating Plaque of some kind?

Running and Field Events ALL begin at 4:30pm

Camps can be on the infield, provided you do NOT plan to use a tent.

Camps with TENTS must be set up outside of the fence surrounding the track!

Varsity/non-competing athletes are encouraged to cheer from the infield, and are welcome to run back and forth, especially during the longer events!

Entries

- Entries are due on athletic.net by NOON on Monday, May 15
- We will follow the FULL meet lineup with all relays, opens, and field events.
- This is a JV Championship Meet, intended for our TRUE JV athletes
 - This is NOT the time or place to test your bubble kids.
- Up to 10 JV athletes per individual event, per school
 - These athletes should NOT have competed in these events or there corresponding relays in varsity meets - coaches honor system
- ONE relay team per team
- Heats will be seeded SLOW to FAST

Shot Put & Discus: 4 throws per athlete, no finals.

4:30 (SHOT) Edina, Buffalo, Wayzata

4:30 (DISCUS) STMA, Minnetonka, Hopkins, Eden Prairie

5:15 (ish) Above teams switch locations when all schools are done.

Horizontal Jumps: Cafeteria Style: 4 jumps per athlete, no final.

High Jump: Starting Height 3' 10

Pole Vault: Starting Height 6'

Approximate Time Schedule - But will be ROLLING

Running Events

4:30	4 x 800 Relay	4:45	100 Hurdles	5:00	100 Meters
5:20	4 x 200 Relay	5:25	1600 Meter Run	5:35	4 x 100 Relay
5:40	400 Meter	6:00	300 Meter Hurdles	6:20	800 Meter
6:30	200 Meter	6:55	3200 Meter	7:10	4 x 400 Relay