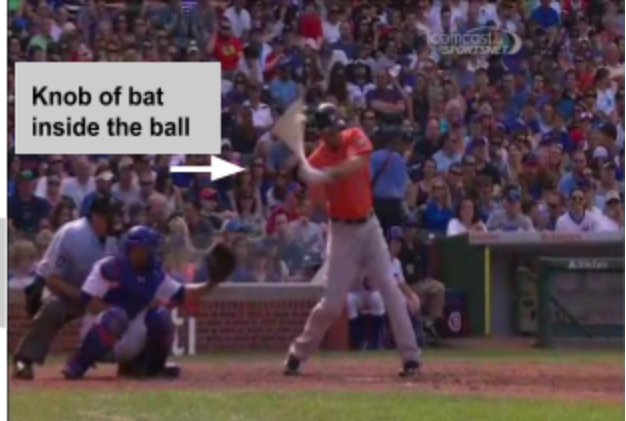




Hitters Triangle  
Hands at Top of Zone



Knob of bat  
inside the ball



Hands, Hip, &  
back foot all  
rotate as hitter  
triangle is  
maintained &  
barrel stays  
slightly above  
hands



Square up on the ball



"Power V" Finish - Full  
extension (45 degree finish)  
Finish over shoulder

Notice in ALL screen shots the hitter is "Back of Center"