

## 2026 Season

### Chaska Juniors Volleyball Club Parent/Player Policies

*All players and parents must read this policy, return a signed copy of the last page to player's coach, and follow up with the Chaska Juniors Volleyball Club Board if they have questions or concerns*

#### **PRACTICES**

**Attendance:** Players are expected to attend all practices to honor their commitment to the team. Absences affect both team and individual progress. Excused absences are allowed, but parents are encouraged to schedule other activities around practices. Using Sports Engine to RSVP practice attendance is required.

**Punctuality:** All players should arrive fifteen (15) minutes early to setup the nets and be ready to begin practice on the court at the designated start time.

**Absences:** Players should notify coaches of absences due to mandatory school functions in advance, if possible. If an emergency occurs, call or message the coach using the Sports Engine messaging tool, this is the required method for contact with your coaches. Do not contact Board Members or Club Director to report absences.

**Practice Courts:** Only players and coaches are allowed on the practice courts to maximize practice time.

**Respect:** Players must be respectful to teammates and coaches. Disrespectful behavior may result in loss of playing time or removal from the club. For more details, please see the Player/Spectator Code of Conduct.

**Effort:** Players are expected to give maximum physical and mental effort. Coaches will demand a good work ethic, strong concentration, and expect players to be coachable to ensure effective development.

#### **TOURNAMENT EXPECTATIONS**

**Attendance:** Players are expected to attend all competitions to support team and individual development.

**Preparation:** Check the Sports Engine Chat before each tournament for arrival times, match times, and site location. Schedules are usually available a week in advance but can be as late as two days prior. Times and locations are subject to change.

**Reporting Time:** Players must report to assigned courts forty-five (45) minutes before match time if playing, and thirty (30) minutes if officiating. Late arrivals may result in forfeited points or games.

**Officiating Duties:** Players are expected to fulfill officiating responsibilities as assigned. All team members must stay for the entire match when officiating.

**Leaving the Facility:** Players must obtain the coach's permission to leave the competition facility as schedules may change during the tournament.

**Cell Phones:** Players will stow cell phones and other electronic devices in bags/backpacks during practices and tournaments.

**Multi-Day Tournaments:** Coaches will manage playing time to ensure competitive performance while striving to give everyone playing opportunities. Priority is given to advancing in the tournament.

**Respect:** Players must respect referees and opponents. Disrespectful behavior towards referees or opponents will not be tolerated.

**Social Media:** Avoid posting inappropriate messages on online forums or social media. Be respectful of others' privacy.

**Code of Conduct:** All players must abide by the JVA Participant Code of Conduct. Violations can result in suspension or expulsion.

## **PARENTS**

**Positive Reinforcement:** We ask parents and guardians adopt our philosophy of positive reinforcement. Encourage and support your child and all player efforts in games and practices.

**Positive Spectators:** Cheer for and encourage players' efforts. Refrain from shouting coaching instructions. Coaches will report this to the board if parents are coaching from the sidelines.

**Respect Referees:** Respect referees' decisions. Disrespectful actions can result in penalties, including points awarded to the opponent, and expulsion from the match or club.

## **ZERO TOLERANCE FOR HARASSMENT, BULLYING, AND DISCRIMINATION**

Chaska Juniors will not tolerate any form of harassment, bullying or discrimination. Reports of this will be investigated by the board and will result in removal from the club if found creditable.

## **ZERO TOLERANCE FOR TOBACCO, DRUG OR ALCOHOL USE**

Any player caught using tobacco, drugs, or alcohol during the season will be immediately removed from the club. This includes the use of vape pens and any social media posts showing the athlete using these substances.

## **CONCUSSION PROTOCOL**

We follow MSHSL rules for concussions and [return to play protocol, linked here](#). If a coach suspects a player has concussion symptoms, the player will be removed from all activities immediately for the duration of the practice or tournament. The player may return once cleared by a doctor and symptom-free.

## **PRACTICE CANCELATION POLICY (WEATHER RELATED)**

Chaska Juniors Volleyball Club reserves the right to follow school closing decisions made by Eastern Carver County Schools district officials. Practices will be canceled if schools are closed or released early.

## **PLAYING TIME POLICY**

***Parents:** We understand as parents and guardians, you will always want to advocate for your athlete. Chaska Juniors Volleyball Club coaches will not discuss playing time with parents immediately after any practice and/or game (please see Conflict Resolution Process).*

### **Club Expectations:**

For club season teams, equal playing time is not guaranteed. Factors include practice attendance, performance, position, opponent strength, strategy, attitude, and team dynamics.

### **Youth League/Recreational:**

For our youth league and recreational league teams and programs, we offer equal playing time to ensure each player is getting an ample amount of court time and experience to promote growth and development in the appropriate setting.

## **COMMUNICATIONS & CONFLICT-RESOLUTION POLICY**

### **Communication you should expect from your athlete's coach:**

- Coach's philosophy
- Practice and game schedules
- Team rules and expectations (both in-season and out-of-season)
- Expectations/role for individual athletes
- Any injury sustained during practice/game that needs further treatment
- Disciplinary action taken involving your athlete

### **Communication that coaches may expect from parents:**

- Concerns expressed directly to the coach
- Notification of any illness, injury or missed practices

### **Appropriate concerns to discuss WITH the coaches:**

- Concerns regarding your athlete's health or behavior
- Ways to help your athlete improve (skills, attitude, academics, motivation, etc.)
- Any conflicts that may cause your athlete to be gone from practice/contests/performances
- Treatment of your athlete

### **Parental issues NOT appropriate to discuss with the coaches:**

- Playing time or level of competition
- Team strategy
- Other athletes and/or families

**Conflict resolution steps: *(can include exact verbiage if needed)***

Step 1: Athlete talks to the coach

Step 2: Athlete and parent talk to the coach

Step 3: Athlete, parent, and coach talk to the Club Director

Step 4: Athlete, parent, coach, and Club Director address the board

**COOL DOWN PERIOD**

After a game and/or practice, there will be a minimum twenty-four (24) hour “cool-down” period for all participants, parents, and coaches. A cool down period is defined as a period in which someone requests to speak with the coaches and/or players about their performance or any other situation. Said person will have to wait twenty-four (24) hours to speak with a coach and/or player to help with a “cool-down”, to ease any situation, need one arise. This is in place to help not only the coaches, but also the one who is requesting to speak with our coaches or players to allow them to enter a space of rational emotions vs. after an immediate practice or game where emotions can be high.

**ACKNOWLEDGMENT**

**It is expected all parents/guardians and players review this document and abide by the policies for the 2026 season.**

I \_\_\_\_\_ (player's printed name) have read and accept the Polices listed in this Handbook.

Player Signature\_\_\_\_\_

I \_\_\_\_\_ (Parent/guardian's printed name) have read and accept the Polices listed in this Handbook.

Parent/Guardian Signature\_\_\_\_\_