



## **2025 Junior Chargers 5,000 Makes Club**



**Rising 3<sup>rd</sup> – 5<sup>th</sup> graders must make the following shots to complete the challenge**

<b>Shot Type</b>	<b>Minimum Makes</b>	<b>Maximum Makes</b>
Right Hand Layups	1,000	1,000
Left Hand Layups	1,000	1,000
8-12 ft Mid-Range	1,000	1,000
Free Throw	2,000	2,000
3 Point	0	1,000

The minimum makes column represents the minimum shots needed at each level to complete the challenge.

If a player wants to challenge themselves with 3 point makes, they can subtract the total 3 pointers made from the Mid-Range

### **Layups**

Use various finishes (regular layup, stride stop, euro step, rip through)  
Attack from different parts of the court (left and right wing, top of key etc.)

### **Free Throws**

3<sup>rd</sup> & 4<sup>th</sup> must start behind the free throw line, but can jump over the line  
5<sup>th</sup> grade must shoot at the free throw line with no going over the line

### **Mid-Range (8 – 12 ft)**

Shoot from different parts of the court (left and right wing, top of key etc.)  
Mix up shots between catch and shoot and dribble pull-up

### **3 Point**

If a player chooses to make 3's, subtract from the Mid-Range  
Example – Player "X" makes 200 3's, then they have to make 800 Mid-Range

Track total makes for each shot type on monthly charts below

**Do not track total makes over 5,000. Challenge is complete at 5,000 makes.**

## Rising 3<sup>rd</sup> – 5<sup>th</sup> Grade 5,000 Make Shot Chart

June 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>11</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>12</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>13</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>14</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>15</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>16</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>17</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>18</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>19</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>20</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>21</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>22</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>23</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>24</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>25</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>26</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>27</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>28</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>29</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>30</b> RH Layup LH Layup Free Throw Mid-Range 3 Point					

### June Make Totals

RH Layup

LH Layup

Free Throw

Mid-Range

3 Point

Total # of June Makes

July 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>2</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>3</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>4</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>5</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>6</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>7</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>8</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>9</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>10</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>11</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>12</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>13</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>14</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>15</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>16</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>17</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>18</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>19</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>20</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>21</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>22</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>23</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>24</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>25</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>26</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>27</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>28</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>29</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>30</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>31</b> RH Layup LH Layup Free Throw Mid-Range 3 Point		

### July Make Totals

RH Layup

LH Layup

Free Throw

Mid-Range

3 Point

Total # of July Makes

August 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>2</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>3</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>4</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>5</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>6</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>7</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>8</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>9</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
<b>10</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>11</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>12</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>13</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>14</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>15</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>16</b> RH Layup LH Layup Free Throw Mid-Range 3 Point
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<b>24</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>25</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>26</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>27</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>28</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>29</b> RH Layup LH Layup Free Throw Mid-Range 3 Point	<b>30</b> RH Layup LH Layup Free Throw Mid-Range 3 Point

### August Make Totals

RH Layup

LH Layup

Free Throw

Mid-Range

3 Point

Total # of August Makes

**Completed 5,000 Make Totals**

RH Layup

LH Layup

Free Throw

Mid-Range

3 Point

Player Name

Player Signature

Parent Signature