Coaches FAQ

Is there a coaches Manual?

Yes we have put together a coaches manual when we were given the ok to Return to Play. This information was based on the information we were given June 2020. We are still waiting for direction from Baseball BC if any changes need to be made. Currently, we are operating under Phase 2 of RTP guidelines. As the guideline change the manual may become obsolete or outdated. Please make sure to check our website for the latest restrictions and RTP guidelines

What is required for Field Equipment cleaning?

Baseballs

The baseballs are the one piece of equipment that will be shared. It can't be avoided. If you are running the split squad practice ideally, you'd have 2 sets of balls. 1 for each half of your practice. You will be given a ball cleaner. The balls must be cleaned between practices.

There is PPE and cleaning equipment in a black milk crate in the equipment rooms. In addition, each coach will be given a bag with PPE, ball cleaner and a first aid-kit.

What are the restrictions in place to Play Baseball?

Currently (Jan 2021) we are operating under phase 2 RTP guidelines. As everything with COVID-19 it is a fluid situation and therefore we will change as the PHO change. To stay up to date refer to our website or BC Minor website.

They can be found here:

https://cdn1.sportngin.com/attachments/document/0536-2187327/BCMBA GENERAL HEALTH AND PERSONAL HYGIENE GUIDELINES by Divisi on - June 2020-1.pdf# ga=2.62399596.1940478956.1611545200-1793995176.1592682387

What protocols are required to play?

All players must wear a mask while traveling to and from field. PHO currently has an indoor mask policy; therefore, any indoor event players, coaches, parents must wear masks.

Hand washing is very important in keeping this virus from spreading; therefore, NDBA requires all players to have personal hand sanitizer and use in between drills.

All players must keep 3 feet (9 meters) apart during training sessions. Players should stagger their personal equipment along the fence line to adhere to this. (cones or markers are a good visual for each player to know where they can stand).

Anytime physical distancing can not be maintained (first aid for example) masks must be worn.

NO shared use of equipment – catchers (recommended to use own equipment); however, if needed to use NDBA supplied need to be wiped down between players.

Daily health assessment must be obtained at each event (practice/game etc) this must be completed before event occurs. We will provide you a checklist form; however, team snap also has incorporated a health check that is very effective for players.

Are player huddles allowed? No.

Talk to your players when they are sitting in their chairs along the fence. Lay out cones 6ft+ apart. Ask players to stand by a cone for the coach's talk.

Social distancing is still a must

Player/coaches must maintain 9ft social distancing during practice. This will eliminate some practices you perform in a normal year. Create a practice plan. Prepare in advance for each practice. Best not to "wing it". Use of cones or visuals are recommended.

Are Spectators Allowed?

No! under current PHO guidelines no spectators are allowed at any events. Hopefully this will change. Keep in mind if it does you will still be responsible for your parents to keep their distance with others outside their family unit.

If more information is needed please reach out to the following:

Carey Dingsdale, NDBA Safety Officer

e: safety@ndbaseball.com

m: 604-862-0337

NDBA's Return to Play sub-committee:

e: safety.committee@ndbaseball.com

Field manager:

e: president@ndbaseball.com