Email NSC’s COVID-19 response director, Jayme Murphy, at jmurphy@nscsports.org. This email must include:

1. Your Name
2. Your program you are participating in
3. Your Team Manager’s Name
4. Your Team Name
5. What days/ nights you participate in NSC programmed leagues and/or events
6. Attached digital scan and/or copy of letter of mask exemption signed by your physician

For NSC to recognize your exemption to be masked while participating in sports, the letter must meet all of the criteria below:

1. Letter of exemption must come from a licensed medical provider who is qualified to diagnose the condition at hand per MDH recommendations
2. On Physician’s/Practice Letterhead
3. Includes name of exempt patient
4. Includes confirmation of medical exemption for masking during sports (does not need to disclose condition that prompted exemption)
5. Includes contact information of physician asking for exemption (e.g., phone and/or email, ideally both)
6. Includes physician signature

For more information about the requirement to wear face masks visit the Minnesota Department of Health (MDH) page Face Cover FAQ’s and scroll down to “What medical conditions or circumstances would prevent a person from wearing a face covering?”