

2022 Baseball Club at Ohio State Tryout Itinerary

August 27, 2021 – Position Players

Location: Lincoln Tower Park Northeast Turf Field (closest to RPAC)

- Pitchers and Catchers are encouraged to tryout for a position Friday

5:00 PM to 5:30 PM (For Officers Only)

DI & DII officers arrive for set-up:

Tables & paperwork for registration

2-60 yard dash stations (cones and measuring marker from Women's Field House)

North Side of Field for Infield/Outfield – bases set-up (I-screen behind 3rd base)

South Side of Field for BP (4 nets, 2 with t-'s & 2 for soft toss, balls, bats, bucket of balls)

5:30 PM to 6:00 PM

Registration

Name/Contact info verified – **Legible name.#**

Liability Waiver filled out

Registration Fee of \$5 paid

6 PM to 6:05 PM

Introductions & Explanation of format

- Program goals and set-up
- Level of play
- Player Needs

6:05 PM to 6:35 PM

Stretching & 60 times by West sideline

6:35 PM to 6:55 PM

Throwing/Warm-Up

6:55 PM to 7:25 PM

Infield Group 1 – Defensive evaluation on North Side of Field

5 ground balls/throws to first from SS. 1st baseman to 3rd base.

3 double plays (current player at 2nd)

Outfield Group 2 – Fly Balls and Arm strength evaluation on North Side of field

2 throws to 3rd base, with 2 sets each

Infield Group 2 & Outfield Group 1 – Off T's on Southside of Field

12 swings each player

3 swings measuring exit velocity off batting T

Batting T and whiffle balls available for warm-up

7:25 PM to 7:55 PM

Infield Group 2 – Defensive evaluation on North Side of Field

5 ground balls/throws to first from SS. 1st baseman to 3rd base.

3 double plays (current player at 2nd)

Outfield Group 1 – Fly Balls and Arm strength evaluation on North Side of Field

2 throws to 3rd base, with 2 sets each

Infield Group 1 & Outfield Group 2 – Batting practice on Southside of Field

12 swings each player

3 swings measuring exit velocity off batting T

Batting T and whiffle balls available for warm-up

Saturday, August 28 – Pitchers and Catchers

Location: Adventure Recreation Center - Turf Field #1

- West Campus Area - 855 Woody Hayes Dr, Columbus, OH 43210
- [Take the WC or MC CABS line for stop at ARC](#)
- [On-Demand Service](#) available as well
- Final Cuts will be made by email after Sunday's scrimmage.

8:40 AM to 9:00 AM (For Officers Only)

DI & DII officers arrive for set-up:

Tables & paperwork for registration

Measure out home to 2nd on turf field #1 - 127 feet and 3 3/8 inches (set bases)

Set-Up Cages and Mound

9:00 AM to 9:30 AM

Registration

Name/Contact info verified - **Legible name.#**

Liability Waiver filled out

Registration Fee of \$5 paid (only if not registered on Friday)

9:30 AM to 9:35 AM

Introductions & Explanation of format

- Program goals and set-up
- Level of play
- Player Needs

9:35 AM to 9:55 AM

Catchers Stretching/Throwing

9:55 AM to 10:15 AM

Catching Group – Pop Times

Timed three times at 2nd base

Defensive blocking in cages

10:15 AM to 10:25 AM

Pitchers Throwing/Warm-Up

10:25 AM to 12 PM

Pitchers – Bullpen Session on Mound 1 and 2

After warm-up, 15 pitches – 5 fastball, 5 curve, 5 change/other

Catchers – Rotate into bullpen and hitting

12 swings each player

3 swings measuring exit velocity off batting T

Batting T and whiffle balls available for warm-up

Sunday, August 29 – Scrimmage- By invitation only via email

Location: Berliner Park Field #20

- 1300 Deckenbach Rd, Columbus, OH 43223
- If you do not have transportation, please contact Coach Lowe at lowe.92@osu.edu

11:00 AM to 11:30 AM

DI & DII officers arrive for set-up
Player Warm-Up

11:30 AM to 12:00 PM

Infield/Outfield for both teams

12:00 PM to 3:00 PM

Scrimmage for tryout players and some returning players as needed

Lincoln Tower Park

