

Season Description

The Great Lakes Region has moved volleyball club tryouts to September 1, about 4 weeks earlier than a typical year. Obviously there is an impact and trickle down effect on the operation and programming at New WAVE. We have developed an action plan that we believe will take into consideration the fluidity of COVID, while continuing to provide the best training possible for your daughter! Although this season is starting off quite unusual, we are excited to redefine the club season and excel in all aspects of training our athletes!

Current information about the 2020-21 season is based on the COVID restrictions that are currently in place. It is our hope that when conditions improve regarding this situation, and with approval from CDC and IDPH, we will be able to plan for competitive play in league and tournament participation.

15's - 18's (Elite, Premier, Select)

Since IHSA has pushed the high school girls season to the spring (February 15 - May 1), the girl's club season will mirror a format similar to that of the boys' programming. Meaning - after tryouts on 9/1/20, the high school aged girls will essentially have two seasons - training from 9/14/20 until 2/12/21. Their club season will then be suspended until May 3rd, and then they will resume until the third or fourth week of June (Select season will end mid-May). PLEASE NOTE - currently IHSA does not allow athletes to compete on both a high school volleyball team and club volleyball team DURING the same season. This is usually not a problem for girls since the high school season is in the fall and club season starts after the high school state series. We are hopeful the format that is currently laid out for high school and club seasons will remain intact, so that players will not have to choose between playing for their high school team or club team. As more details become available, we will be sure to share that information with you.

PreSeason: During our Fall Preseason (9/14 - 10/30), we will focus on individual skill development, increasing volleyball IQ and developing a well rounded player by diversifying our training. Evaluations of players for team placement will occur, as our goal is to have teams solidified by the beginning of our regular season 11/1/20.

Regular Season: Our Regular Season play (11/1/20 - 2/12/21, 5/3/21 - 6/14/21 - approx) will continue to develop the individual athlete, plus grow the team's cohesiveness. Training with MFC will be ongoing. Practices will increase from 2 practices a week, to 3; this third practice (ELITE and PREMIER TEAMS ONLY) will be a position practice and MFC training for a total of 2 hours. A second MFC training session will be attached to one of the team practice dates. As of today, we are scheduled to take a break beginning 2/15/21 until 5/1/21 for the high school season, with the club season resuming on 5/3/21. For our TRAVEL teams, the season will end approximately in the last two weeks of June. Our SELECT teams will end mid-May.

Strength and Conditioning: MFC Sports Performance will be a part of our training program for our TRAVEL (elite and premier) teams, beginning in November and extending for 24 weeks of the season. Sessions will be held twice a week for 15-18 year olds. The MFC training cost (24 sessions) is included in the dues for TRAVEL players. SELECT teams will have the option to sign up with MFC for an additional fee. If either a TRAVEL or SELECT player would like to begin training during the month of September and October, that can be arranged with MFC directly.

13's - 14's (Elite, Premier, Select)

Regular Season: Our Regular Season play (11/1/20 - 6/14/21, approx) will develop the individual athlete, increase knowledge in court awareness and expose them to team strategies. Training with MFC will begin the week of 11/1/20. Practices will increase from 2 practices a week, to 3; this third practice (TRAVEL TEAMS ONLY) will be a position practice and MFC training for a total of 2 hours. For our TRAVEL (elite and premier) teams, the season will end approximately the second week of June. Our SELECT teams will end approximately mid-March (3/19/21).

Strength and Conditioning: MFC Sports Performance will be a part of our training program for our TRAVEL teams, beginning in November for 24 sessions which will be held once a week. MFC training cost is included in the dues for TRAVEL players. SELECT teams will have the option to sign up with MFC for an additional fee. If either a TRAVEL or SELECT player would like to begin training during the month of September and October, that can be arranged with MFC directly.

12's TRAVEL - SELECT

Regular Season: Our Regular Season play (11/1/20 - 6/14/21, approx) develops individual skills and introduces the idea of positions and playing as a team. Practices will be 2 times a week. For our TRAVEL (premier) teams the season will end approximately in the second week of June. Our SELECT teams will end approximately mid-March (approximately 3/19/21).

10's - 11's SELECT

Regular Season: Our Regular Season play (2/15/21 - 4/30/21 - approx) will introduce basic volleyball skills and court awareness. Practices will be 1 time a week, for 1 ½ hours.

General Information for 10's through 18's

Competitive Season: League and tournament dates will be shared once COVID restrictions are no longer in place. The end of the season is also contingent on a competitive season.

Practice Schedule: A practice schedule will be given to the girls at tryouts and posted on line early September. Practices and training sessions will be scheduled on Sundays through Fridays. Age level

practices and training sessions will remain the same throughout the season; subject to change with advance notice. Private lessons are generally held on Friday nights and Saturdays.

Commitment Fee: If your daughter accepts an offer to be a part of New WAVE volleyball, a non-refundable deposit of \$325 will be required by 8/21/20 for those New WAVE players receiving an invitation, and by 9/3/20 for players new to New WAVE. This commits your daughter to the 2020-2021 season.

***Payment Plan:** Because we do not know at this time what the competitive season might look like, it is very difficult to lay out, with certainty, the final club dues. We want to protect all parties involved so we have decided to make a payment plan that allows us to plan for the uncertainty of our current state. We do want to provide an ESTIMATE of the training fees and dues (this DOES NOT include potential league and tournament play) We have developed a monthly payment cycle of 7 (all Elite/Premier teams, plus 15 & 16 Select teams) equal payments for training fees and dues. Because of a shorter season for our 10/11 Select teams, payments will be divided into only two equal payments; our 13/14 Select team will have only four equal payments. This format will reduce the need for refunds if we are placed on shut down due to COVID. These dues will cover our court rental, coach's salary, utilities, admin and other club expenses. You will be invoiced through Sports Engine and will be able to pay online or by check. IF/WHEN we are able to begin competitive play, a separate invoice will be sent to cover entry fees and coaches pay.*

Uniforms: Packages range in price from \$240 to \$350 dollars (package price is NOT included in dues/training fee amounts) depending on if you are a returning player or new to New WAVE. Practice tees, NIKE shoes and sweats (top and pants) are included for all players. 13's will need to purchase a new uniform package that covers items not previously included at the younger ages (new jersey style, shoes, 2 piece sweats and larger backpack). Athletes new to New WAVE will also receive a backpack, 3 jerseys and 2 spandex.

COVID Restrictions and shut down: Our safety plan and procedures for order of operation and cleaning are posted on our website. If we are restricted from practicing and being in the gym, our new monthly payment cycle eliminates the need for refunds.

TBD -

Competitive play schedule - At this time, we are in a non-compete restriction, unable to play against teams outside of our club. It has yet to be determined when and how local league play, single day to multiple day tournaments, end of season tournaments (national tournaments) will be played.