

High Jump (southeast side of track, inside fence)

1. Jumping starts at 36 inches
 - a. Increase 2 inches until 48 inches (36, 38, 40, 42, 44, 46, 48)
 - b. Increase 1 inch after 48 inches (49, 50, ...)
2. Participants are allowed to skip heights, but consecutive unsuccessful jumps do not reset
3. All participants wishing to jump a height complete their attempt(s) before the bar is raised. Once the bar is raised, it cannot be lowered for any reason.
4. Participants continue to jump until they have 2 consecutive unsuccessful jumps.
5. An unsuccessful jump occurs if:
 - a. The bar falls during the jump or before the participant leaves the mat
 - b. The jump is made with 2 feet
 - c. All body parts do not go over the bar
6. Unsuccessful jumps are recorded with an "X" at that height
7. Running up to the bar without jumping is not considered an attempt
 - a. Please keep this within reason (1 minute) or an unsuccessful jump can be recorded.