



West Bend East High School
Department of Athletics
1305 E. Decorah Road
West Bend, Wisconsin 53095-4399

Athletic Director – Kevin Bryant
Phone 262-335-5591
FAX 262-335-8241
kbryant@wbsd-schools.org

2021 WIAA Regionals

SCHOOLS:

Boys Teams: Beaver Dam, Cedarburg, Hartford, Port Washington, Slinger, Watertown, West Bend East and West Bend West.

Girls Teams: Beaver Dam, Cedarburg, Hartford, Port Washington, Slinger, Watertown, West Bend East and West Bend West.

DATE / LOCATION: Monday June 14, 2021 / Carl Pick Memorial Field – West Bend East High School

ADMISSIONS: \$5.00 - No passes accepted

TIMES:	2:00 P.M.	Track Opens
	2:15 P.M.	Shot and Discus Weigh Ins begin – South End of Concession Stand (Cut off 3:15pm)
	2:45 P.M.	Pole Vault Verification and Warm-ups begin
	3:00 P.M.	Coaches meeting South end of the concession stand
	3:30 P.M.	Field Events start
	4:15 P.M.	Running Events begin

Please Refer to the WIAA Tournament Series Information attached as a guide to all meet procedures.

https://www.wiaawi.org/Portals/0/PDF/Publications/Spring_Sport_Regs/tracktounregs.pdf

POLE VAULT: Verification and Warm-ups for Pole Vault will begin at 2:45pm. Be sure to present a certified weight sheet (June 7th) during this time.

IMPLEMENT WEIGH IN: Implements will need to be weighed in prior to the start of the meet. Weigh ins will begin at 2:15pm in the south end of the concession stand. Weigh ins will be completed at 3:15pm

COACHES MEETING: There will be a coaches meeting in the south team room (attached to the concession stand) beginning at 3:00pm.

BUSES: After drop off buses may then line up along the driveway in the West Parking Lot.

INFIELD: Will be off limits to athletes and coaches. Please remind your teams that no athletes are to be in the infield.

SPIKES: ¼ inch or less pyramid only please

BLOCKS: We will have a full set of blocks available to use. Schools are allowed to bring and use their own if they wish.

AWARDS: There will be NO awards given for this meet. Just the recognition to the top 4 competitors who will be moving onto Sectionals. There will be a team plaque provided by the WIAA for the team champion of each gender.

ENTRIES:

- Schools will enter their entries on www.pttiming.com
- Trackside timing will be used for timing services.
- Teams are allowed 28 individual entries. Athletes may not participate in more than 4 events. Athletes may not participate in more than 3 running or 3 field events. Athletes may not be listed in more than 4 events. Any athlete who is listed in more than 4 events will be scratched for the event that makes them exceed their limit (ie. John Smith is in the long, triple, 100M, 400M and 200M. He will be removed from the 200 Meters).
- There is a maximum limit of three (3) in any individual events.
- **Entries must be made NO later than 8:00am on June 11th.**
- Omitted entries may be added to the regional entry list with the approval of the WIAA office.

OFFICIALS: Thomas Johnson, Don McNaughton, Tom Bock

JURY OF APPEALS: Watertown Girls Head Coach & Fond du Lac Boys Head Coach (Thank you)

LOCKER ROOMS: Locker rooms will **not** be available – please dress appropriately.

MEET MANAGERS:

Tom Hoogester – West Bend East Boys Head Track Coach (thoogester@wbsd-schools.org) or (262) 339-3984

TRAINER: A certified athletic trainer will be available throughout the meet. He will be available once his duties for the school have been completed.

CONCESSIONS: A concession stand will be available from the West Bend East Boys team.

TENTS: Tents will be set up in the east field adjacent to the track. Near the East sheds. NO TENTS WILL BE ALLOWED IN THE STADIUM.

Exchange Zones: (Thank you)

4x200: Exchange 1 & 3: Hartford & Slinger
Exchange 2: Officials

4x100: Exchange 1: Cedarburg Exchange 3: Watertown
Exchange 2: Beaver Dam

WIAA Regional - Time Schedule

2:00 Track Opens
2:00 Weigh in for Shot & Discus (south team room)
2:45 Boys Pole Vault Check Ins and warm – ups
3:00 Coaches meeting in the south team room attached to the concession stand.
3:30 Field Events begin (see schedule below)

4:15 **RUNNING EVENTS –**

1600 Meter Co-Ed Wheelchair
3200 Meter Relay (Girls/Boys)
100 Meter Dash Trials (Girls/Boys)
100/110 Meter Hurdles Trials (Girls/Boys)
200 Meter Dash Trials (Girls/Boys)
15 Minute Break
100/110 Meter Hurdles Finals (Girls/Boys)
100 Meter Co-Ed Wheelchair
100 Meter Dash Finals (Girls/Boys)
1600 Meter Run (Girls/Boys)
800 Meter Relay (Girls/Boys)
400 Meter Co-Ed Wheelchair
400 Meter Dash (Girls/Boys)
400 Meter Relay (Girls/Boys)
300 Meter Low/Intermediate Hurdles (Girls/Boys)
800 Meter Run (Girls/Boys)
200 Meter Dash (Girls/Boys)
3200 Meter Run (Girls/Boys)
1600 Meter Relay (Girls/Boys)

High Jump: Two Pits (Boys – Blue Pit (West Side) and Girls – Black Pit (East Side)). The starting heights shall be determined by counting down using the performance of the eight best athlete then subtracting two increments.

Pole Vault: Boys will Vault First - Girls Second with 45 minute warm up between them. The starting heights shall be determined by counting down using the performance of the eight best athlete then subtracting two increments.

Shot Put: Girls Throw First. Three throws in trials and three in finals. Top 9 go to finals. Throwing format will be 1-1-1 in trials and finals.

Discus: Boys Throw First. Three throws in trials and three in finals. Top 9 go to finals. Throwing format will be 1-1-1 in trials and finals.

Long Jump: Girls Jump First (3:15-4:30 open pit). Three jumps in trials - three jumps in finals. Boys trials will start 30 minutes after the completion of the Boys Triple Jump. Trials will be open pit for 1 hour and 15 minutes (75 Minutes total). Top nine (9) to finals 15 minutes after completion of trials. Format will be in reverse order 1-1-1.

Triple Jump: Boys Jump First (3:15-4:30 open pit). Three jumps in trials - three jumps in finals. Girls trials will start 30 minutes after the completion of the Girls Long Jump. Trials will be open pit for 1 hour and 15 minutes (75 Minutes total). Top nine (9) to finals 15 minutes after completion of trials. Format will be in reverse order 1-1-1.