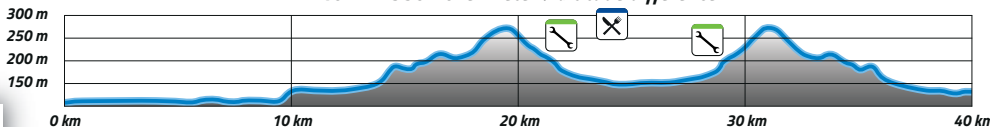


40 km - 350 Höhenmeter / altitude difference



- Schwimmstrecke / Swim course
- Radstrecke / Bike course
- Laufstrecke / Run course
- 20 km Kilometer
- Verpflegung Aid station
- Gatorade Maurten
- Zeitnahme Time measure
- Bike Service

