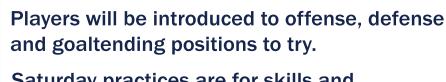


The goal of this program is to provide players aged 5 - 9 with an introduction to competition while reinforcing skill development and a love for the game.

## **REGISTER TODAY!**



Saturday practices are for skills and development. Players will participate in ADM station-based skill development drills lasting 6 to 8 minutes each.



Sundays are for games! Players will be drafted into even skill teams and compete in cross ice games. Line changes are timed to ensure equal play as they compete to be the house league champion!

