



2024 PARENT ATHLETE MEETING

P.L.A.Y. LACROSSE

March 25, 2024



P.L.A.Y. MISSION STATEMENT

Prior Lake Athletics for Youth, serves the Prior Lake / Savage School District, to provide competitive yet fun athletic opportunities for kids. Our priority is safety, skills development, and the teaching of life lessons through sports.

Our program promotes the importance of sportsmanship, teamwork, leadership, and integrity. We believe learning both success and failure through competition will benefit our future generations.

PLAY Lacrosse Board



VP of Lacrosse – Dan Kallberg

Director of Boys – Sam Kepner

Director of Girls – Mark Bouressa

Treasurer – Kelly McGowan

Tournament Director – Katie Beaulieu

Boys Development Director – Austin Polson-McCannon

Girls Development Director – Heather Pierson

OTHER KEY POSITIONS:

Girl's Equipment Manager – Sarah Kallberg
& Laura Dowell

Boy's Equipment Manager - OPEN

Scheduling Coordinator – OPEN

Agenda

- P.L.A.Y. LAB Presentation
- Volunteering and Communications
- Season Overview
- Breakout sessions



Laker Athletic Alliance

The Laker Athletic Alliance = P.L.A.Y., PLHS, PL Soccer Club, PL Wrestling Club & PLSHA

Unified effort to improve our youth sports experience

Anti-bullying efforts and strategies

Sharing of Knowledge, Experiences and Disciplinary Actions

Bag tags, helmet stickers, logos on uniforms and banners at facilities - reminder to treat each other with respect & kindness

Continue raising our behavior standards and hold each other accountable for the way we treat each other



Is it Bullying?

When someone says or does something unintentionally and they do it once, that's Rude

When someone says or does something intentionally hurtful and they do it once, that's Mean

When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show them you are upset, that's Bullying



SafeSport Requirements

Per federal law, the following actions are required for youth sports coaches – THESE PROTECT ATHLETES AND COACHES:

- No direct electronic communication between coach and athlete (including phone calls) without including parent/guardian
- Use of P.L.A.Y. approved communication tools only (i.e. SportsEngine) unless your sport VP has received approval for other option (No team group chat on Snap, no athlete-only text chain, no TeamSnap – SE has a team calendar)
- No “friending” your athletes on social media – ask your athlete, if they already are, ask them to unfriend coach(es) asap



Our Mission



Players:

- Have fun playing the game
- Feel like an important part of the team regardless of performance
- Learn the skills, tactics and strategies of the game and improves as a player

Coaches:

- Trained in PCA/IMPACT (**I** **M**ake **P**ositive **A**ctions **C**ount **T**oday) and by Development Directors

Anti-Bullying Policy covers:

- A player who does not respect R.O.O.T.S.- (Rules, Officials, Opponents, Teammates or Self)
- A player who does not Honor the Game

Consequences:

- 1st Offense - 1 game suspension
- 2nd Offense - 3 game suspension
- 3rd Offense - suspension for remainder of season

Communications



- We try to keep website updated as best we can
- Email is the KEY FORM of communication (team parents will communicate through SportsEngine App)
 - Update PLAY account with all email addresses
 - Team Parents/Coaches main source of communication
 - Check emails or SportsEngine App before games - messages may come at the last minute
- Sports Engine App allows for push notifications on your team schedule changes
- Sign up for RainedOut for text alerts

RainedOut



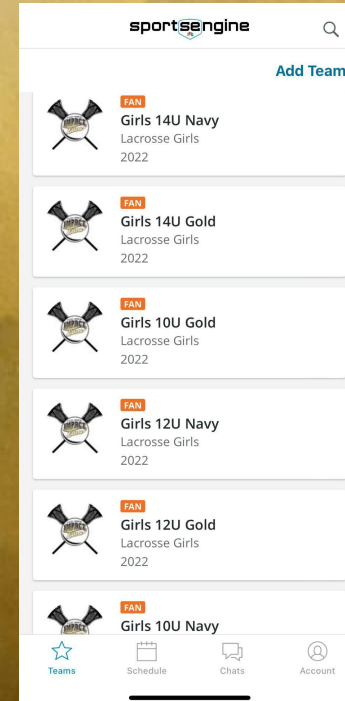
Sign up to receive these alerts to your email or mobile phone by clicking the RainedOut logo above.

SportsEngine App



Download the SportsEngine App

- Log in the same way you do on the webpage when you register your player
- Add your team as a favorite.
- After logging in from the account page switch to the favorite page.
- Search for our team using the team code (this will be provided to you once teams are formed), using this code in the search bar will bring up your team.
- Touch our team to open it then tap the star in the top right to add it to your favorites.
- Quick communications from team parents/coaches, etc.
- Game/Practice Schedule
- Ability to let coach know if you are unable to attend a practice or game
- INSERT Screenshots

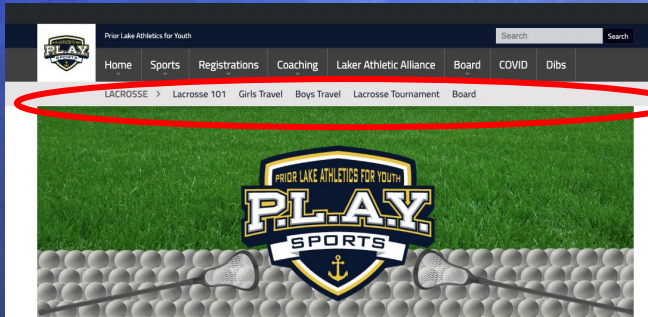


Our Website

Website: <https://www.playinfo.org/lax>



General Information Main Lacrosse Page



Links for
Each Team
will be
located
under
Age Levels

2023 BOYS & GIRLS LACROSSE
REGISTRATION
NOW OPEN THROUGH MARCH 3

2023 BOYS & GIRLS LACROSSE REGISTRATION - NOW OPEN!

Please click the link below to register for the 2023 Lacrosse Season.

Registration closes March 3rd at 11:59pm.

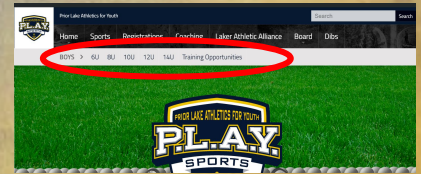
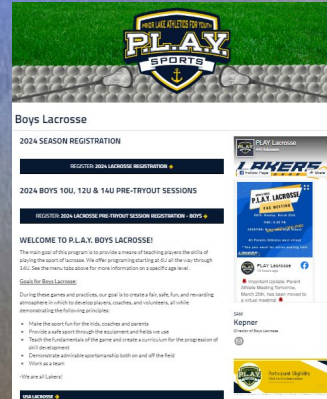
[REGISTER: 2023 LACROSSE REGISTRATION](#)

2023 SEASON INFORMATION

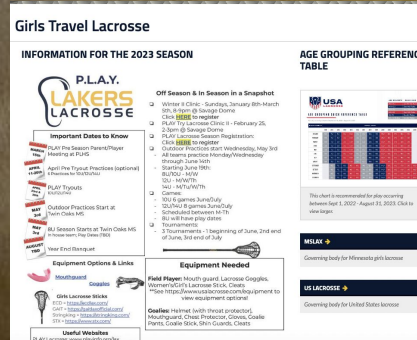
CLICK HERE FOR
BOYS 2023
LACROSSE SEASON INFORMATION

CLICK HERE FOR
GIRLS 2023
LACROSSE SEASON INFORMATION

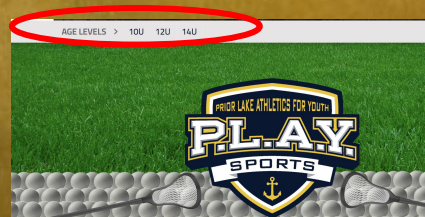
Boys



Girls



Links for
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TeamGenius Player Eval App



Data-backed Player Development

- Tailored Evaluation Templates
- Player Check-In
- Mobile Evaluation App
- Immediate Tryout or Camp Results Online
- Player Evaluation & Feedback Reports
- Track Evaluation Progress

The image displays the TeamGenius Player Eval App interface. On the left is a web dashboard for a '2020 Assessment' with a sidebar menu containing Home, Setup, Players, Results, Messaging, and Reports. The main content area shows 'Results' with a table of player scores and a 'Technical Ability' slider set to 4.0. On the right is a mobile app interface showing a player profile for '3 - Wyatt Hawes' with a 'Technical Ability' slider set to 4.0 and a 'Tactical Ability' slider set to 2.7. The mobile app also displays a feedback note: 'Great ball skills, good field vision. Needs to work on non-dominant foot.'

Player Pool	T	#	Name	Eval Group	End of Season Evaluation	Metrics	Tryouts
2010 Boys	4		Michael Edwards	Red Group	85.83	58.26	79.75
2010 Boys	9		Jake Johnson	Blue Team	73.33	87.50	71.25
2010 Boys	8		Jack Obst	Blue Team	75.00	40.65	68.75
2010 Boys	7		John Obst	Blue Team	69.17	75.56	68.75
2010 Boys	6		Jack Haeder	Red Group	70.83	23.35	73.75
2010 Boys	5		Mason Bromert	Red Group	65.00	87.90	68.75
2010 Boys	1		Wyatt Hawes	Red Group	71.67	40.85	67.50
2010 Boys	2		Zachary Furlong	Red Group	59.17	29.76	62.50
2010 Boys	3		Jordan Ferraro	Red Group	67.50	20.65	56.25

Trusted by Over 650 Organizations
Across 20 Sports

Volunteering



REGULAR SEASON

- **Parent Coaches** – tell us now if you have an interest (WE WILL TRAIN YOU)
- **Team Parents** – assigning game volunteers, assisting coach with communications, updating team page on website
- **Time Keeper** – running the clock at home games
- **Scorekeeper** – keeping track of penalties and scores at home games

VOLUNTEER
NOW

VOLUNTEER
through TEAM
PARENTS

17th Annual Prior Lake Tournament: June 28-30, 2024



Majority of the lacrosse program's fundraising is through the tournament

2023 Tournament Recap:

- 96 boys & girls teams
 - Over 1,200 participants
 - 200+ games (including exhibition) throughout the weekend
- Nearly 300 volunteers from our program to make this event happen!!
- 15+ Vendors & Sponsors (sponsor opportunities in 2024!)



17th Annual Prior Lake Tournament: June 28-30, 2024



Locations: Prior Lake High School & Hamilton Ridge

Schedule: Games will be played Friday, Saturday & Sunday (not all teams will play each day, however, plan to hold the weekend)

DIBS: DIBS / Volunteer sign-up will be posted 1-2 weeks prior to the tournament, after the game schedule is released so families can plan and not miss games

Questions - email pllax.tournament@gmail.com or see Katie Beaulieu

Volunteer Requirements

P.L.A.Y. hosted tournaments are a significant source of revenue for the program and reduce the registration fees charged to each player. It is imperative that parents fulfill the volunteer requirements to keep registration fees down. Volunteer hours may change annually dependent on program needs. A volunteer deposit check of a predetermined amount will be communicated and collected from all at the time of tryouts.

Your player will not be placed on a team if your deposit has not been turned in. The deposit check is not cashed but remains with the Lacrosse Board until all volunteer opportunities have expired for that season. At that time, if your volunteer requirement has been fulfilled, the check will be shredded. If not, the check is cashed, and the funds are absorbed into the lacrosse general fund. DIBS volunteer opportunities will be posted and emailed to all families once they are open.

Volunteer requirements for the 2024 Lacrosse season are:

- 3 hours at Lax by the Lake tournaments per player or 6 total hours for families with more than one player.
- \$300 volunteer deposit check, per player, due at tryouts. Separate checks are required if you have a boy and girl in the program.
- You must inform us by June 1st if you chose to opt out of volunteering and want us to keep the deposit check.
- DIBS will be available prior to the tournament and notice that DIBS are open will be emailed to all families registered.

Coaches or members of the P.L.A.Y. Lacrosse board or tournament committee are exempt from volunteering.

DIB's FAQ's

Q: What is the volunteer check requirement for the 2024 season?

A: Each family will submit a \$300 check at the time of tryouts for each child in the program, with a max of \$600. If a family has a daughter and son in the lacrosse program, two separate \$300 checks are required. If a family has 2+ daughters or 2+ sons in the program, one check of \$600 is required.

Q: Why is there a volunteer check requirement?

A: These checks will help ensure we have ample volunteers for our Lax by the Lake Lacrosse Tournament to run successfully.

Q: What qualifies for DIBs hours?

A: Several positions, including:

- Lacrosse Board Member
 - VP of Lacrosse
 - Director of Girls/Boys Lacrosse
 - Treasurer
 - Tournament Director
 - Girls/Boys Equipment Manager
- Tournament Planning Committee
 - Tournament Scheduling Coordinator
 - Fields/Grounds Coordinator
 - Concessions/Food Truck Coordinator
 - DIBs Coordinator
 - Sponsors Coordinator
- Grade Level Coordinators
- Parent Coaches

DIB's FAQ's

Q: Which positions are NOT exempt from DIBS?

A: Regular hours that support a player(s) team during the regular season:

- Team Parent
- Regular home game scorekeeper/field set-up & take-down

Q: What if I won't be in town for the Prior Lake Tournament?

A: There's several alternatives:

- Other family members can fulfill your DIBs hours, not just parents
- There is set-up DIBs on Thursday night before the weekend tournament
- If there are concerns about finding available DIBs, please reach out to the Director or DIBs Coordinator

Q: Who can fulfill DIBs hours?

A: Anyone who is at least 16 yrs old can fulfill hours. Just note who will be attending when you sign up.

Q: When will DIBs be available to sign-up for?

A: We try to get the DIBs out as soon as possible after the tournament game schedule is released, approximately 2 weeks before the tournament. That way, you can schedule around your child's games if needed.

Q: What if someone doesn't show up for their scheduled DIBs?

A: Your check will be cashed if you fail to meet the minimum volunteer DIBs hours by the end of the season.

Volunteering



PRIOR LAKE TOURNAMENT June 28-30th (Boys & Girls)

PLANNING COMMITTEE MEMBERS (NOW)

- **Field Coordinator** – field prep, organize equipment, tables & chairs prior to/during event etc.
- **DIBS Coordinator** - organize volunteers for the event
- **Sponsor/Vendor** - help team get sponsors/vendors
- **Concessions Coordinator** - order concession supplies, work with food vendors, concession set-up

AT THE TOURNAMENT – 3 hours minimum per athlete - 6 hours max per family

- **Concessions** – selling food, water, sport drinks
- **Set-up & Tear Down** – tables, tents, chairs, clocks, field markers, garbages, post-event cleanup, etc.
- **Time/Scorekeepers** – running the clocks, track penalties & scores, report official scores to HQ
- **Parking Lot/Traffic Control** - helping the flow of car traffic through parking lots & legal parking
- **Floaters** - those incredibly valuable people willing to fill any gaps/needs as they arise

Questions - email pllax.tournament@gmail.com or see Katie Beaulieu

Girls Lacrosse Program



MSLax

- Governing organization for girls lacrosse in Minnesota. All games are scheduled through them and they publish the rules that our girls teams play by.
- Website: <https://www.mslax.net/>

Equipment Needs

- All players must provide:
 - 14U, 12U, 10U - Purchase Game Uniform – will be shipped to athlete's homes
 - Pinnie
 - Navy blue compression shorts - to be worn under skirts (goalies exempt)
 - Stick
 - Goggles
 - Mouthguard
 - Cleats are optional, but highly recommended
- P.L.A.Y provided:
 - 8U - Game Uniform
 - Goalie Equipment



Girls Lacrosse Schedule



10U, 12U, 14U

- Pre-tryout sessions start April 9th at the Savage Sports Dome
You must register for these **6** sessions
- Outside practices start May 1st at Twin Oaks Middle School - pending field conditions
- Games start in June – all games are weekdays (Mon-Thur) and coordinated by MSLax.
Games dates, times, and locations will be posted late May.
- Tournaments (included in registration fee for all girls traveling teams):
 - River Valley Rumble - June 7-9th
 - Prior Lake Tournament - June 28-30th
 - Summer Tournament - July 26-28th



8U

- Practices begin May 1st at TOMS - will be held Mondays & Wednesdays running through July 24th
- They will play at all 3 tournaments listed above
- 4 additional games will be scheduled

Girls Lacrosse Evaluations



April 21st - Savage Dome

10U - 12-1pm, 12U - 1-2:30pm, 14U - 2:30-4pm

April 28th - Savage Dome

10U - 3-4pm, 12U - 4-5:30pm, 14U - 5:30-7pm

- Highly recommend attending both sessions
Let Coach Heather know if you will not make a tryout day(s)
- Paid PLAY coaches & development director evaluate & make team decisions
- No parent/parent coaches input on tryout decisions
- No names - we use numbered pinnies
- Closed sessions (only players allowed in the dome)
 - Parents can help daughter with check in
- Running scrimmages and same drills players have practiced in pre tryout sessions
- 10U/12U/14U have A and B teams
- Everyone WILL make a team!
- Teams will be announced by the evening of April 29th



Boys Lacrosse Schedule



YLM: Youth Lacrosse Minnesota, the governing organization for boys lacrosse. They schedule all games and publish the rules that our teams play by.

- Boys Equipment Needs: Helmet, certified shoulder pad, elbow pads, gloves, mouthguard, protective cup and stick
- Equipment can be rented, and optional purchasing after the season from PLAY
- Rental/Purchase Equipment Handout
 - March 23rd 11am-12pm NOON at TOMS tennis courts
 - April 28th 11am-12pm NOON at TOMS tennis courts

Boys Lacrosse Schedule



YLM: Youth Lacrosse Minnesota, the governing organization for boys lacrosse. They schedule all games and publish the rules that our teams play by.

Schedule:

- 6U-8U-10U @ McCann Park. Monday-Thursday (excluding weekend tournaments)
- 6U once a week, 8U 2x a week, 10U 3x a week. 1 hour practices between 5:00-8:00pm
- 12U-14U 1-1.5 hour practice, 3x per week, locations will be at PLHS stadium, and Twin Oaks Middle School.
- 12U-14U 7:30-9:00pm Mon & Wed, Saturday Mornings until Approx June 17th
- June 17th, all practices move to Twin Oaks Middle School fields for 12U-14U 5:30-6:45pm
- Tournaments for all levels Shakopee June 7-9, Prior Lake June 28-30, YLM July 20-21 (U6-U10), YLM July 27-28 (12U-14U)
- Scheduling after memorial day weekend will be determined by the YLM game schedule being released

Boys Lacrosse Evaluations



@ the Savage Dome

- 12U tryouts 8:00-9:00pm (4/16) 9:00-10:30am (4/20) 9:00-10:30am (4/21)
- 14U tryouts 8:00-9:00pm (4/18) 10:30-12:00pm (4/20) 10:30-12:00pm (4/21)
- 12U and 14U team assignments will be published by noon on 4/22
 - Everyone will make a team with an important role to play.
 - High school coaching staff evaluates.
 - No names or club affiliated gear - we use randomized numbered pinnies.
 - Closed sessions comprised of scrimmages and drills players have practiced earlier at pre-tryout sessions
 - 12U and 14U level has A and B teams.
 - 10U/8U teams are made to be equal talent on May 6th and May 9th (first 2 practices)
 - Balance our B teams by using player skill scores from evaluations, age, and position.

Team Apparel / Team Store



PLAY Lacrosse Apparel Store

- Open 24/7
- Items ship directly to your house
- See ordering guide as there are several options to choose from for each item!

Link:

<https://sideline.bsnsports.com/schools/minnesota/priorlake/prior-lake-lacrosse-association>

Check out our website (playinfo.org/lax) for link & ordering guide!

PLAY LACROSSE APPAREL STORE

Store is OPEN 24/7! Please review the purchasing guide below prior to ordering.

20% Discount through April 17th - Use code SPIRIT20

Apparel Store Purchasing Guide

PLAY LACROSSE APPAREL STORE →

Girls Uniforms



Girl's Uniform Link/Additional Spirit Wear:

<https://shop.allusportswear.com/collections/prior-lake-hs-lacrosse>

****GIRLS UNIFORMS****

- A reversible jersey and skirt will be required for all players in 10U, 12U, and 14U. These uniforms will be the same as last year so if you purchased in 2023, that uniform will work for 2024. You may order again if size or damage has occurred.
- Players will be able to use the uniform in future years with P.L.A.Y.
- The same uniform will be available annually as needed based on players physical growth, apparel damage, etc.
- 8U-PLAY will provide uniforms. Will need to be returned at end of season.
- Uniform store is available - <https://shop.allusportswear.com/collections/prior-lake-hs-lacrosse>
- Uniforms should be delivered late to early May
- Numbers will be assigned by PLAY
- Cost-\$50
- Practice Pinnie also required; requested at registration but will have extras for purchase.

Girls Uniforms

All 10U, 12U, 14U lacrosse players are required to order a uniform if they don't already have one from 2023 season



Boys Uniforms



Background

- A new reversible jersey / pinnie with shorts will be required for **ALL** players in 2024.
- The jersey will serve as both a practice pinnie and game uniform.
- Players will be able to use the uniform in future years with P.L.A.Y.
- The same reversible jersey / pinnie with shorts will be available annually as needed based on your sons physical growth, apparel damage, etc.

Action Required!

- The uniform portal will be open through March 25 to April 12 dates.
- Uniforms should be delivered by mid to late May
- Uniform portal link <https://shop.allusportswear.com/collections/prior-lake-hs-lacrosse>
- Cost: \$54
- Numbers will be assigned by PLAY

Boys Shooter Shirts/Additional Spirit Wear:

<https://stores.allusportswear.com/team-stores/play-lacrosse.html>

Boys Uniforms



All boys
lacrosse players
are required to
order a uniform

A Parent's IMPACT



Before the Game

- Tell your child you are proud of him or her regardless of how well they play
- Tell your child to play with their best effort (let them know it is OK to be nervous)
- Make a commitment to yourself to HONOR THE GAME, no matter what others do

During the Game

- Let the Coaches do the coaching – avoid coaching from the sidelines
- Fill your child's (and their teammates') Emotional Tank
- Cheer good plays and good efforts by BOTH teams
- Mention good calls by the officials
- Enjoy the game, don't stress yourself or those around you

After the Game

- Thank the Officials for their efforts in a difficult job
- Thank the Coaches for their efforts
- Tell your child again that you are proud of them (even if the game didn't go well)
- Let your child tell you about the game (avoid your post-game analysis, unless asked)

A Parent's IMPACT



The Truth
About
Sports
Parents



Level Coordinators



GIRLS

- 8U – Open
- 10U – OPEN
- 12U – Ashley Schafer
- 14U – Kelly McGowan



BOYS

- 6U – Sam Kepner
- 8U – Sam Kepner
- 10U – Mike Maloney
- 12U – Derrick Schluck
- 14U – Austin Polson-McCannon

Breakout Sessions (Optional)

Highly encouraged breakout sessions for new families and others with questions about the season

Boys:

- 6U, 8U, and 10U Breakout
- 12U and 14U Breakout

Girls:

- All levels combined breakout
 - Google Meets Link

