



# 2024 US Marine Corps Junior & 16U Nationals *July 12-20 at the Fargodome*

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**Attn. Women's Freestyle Athletes: Join Team Wisconsin at Fargo!**

## **What is Fargo?**

The Junior and 16U National Championships, aka Fargo, is a high-caliber USA Wrestling national event where the top freestyle and Greco-Roman wrestlers are tested against the rest of the nation individually and as respective state teams. As the Wisconsin affiliate to USA Wrestling, the WWF brings a unified team of athletes to compete each season.

## **Qualification Process for WFS**

All wrestlers must qualify to compete at Fargo! The WWF can bring four (4) athletes per weight class, per division. To qualify for the Wisconsin National Team, wrestlers must auto-qualify nationally, place top three at the 2024 WWF Freestyle State Championships (same weight and style), or win a wrestle-off at the pre-Fargo camps in River Falls. A minimum of one wrestle-off spot is reserved at each weight class per age group and style. Please visit the WWF online for complete details.

**16U Women:** (Born 2008-2009) Weights: 88, 94, 100, 106, 112, 118, 124, 130, 136, 142, 148, 155, 170, 190, 235. Match Lengths: Two two-minute periods with a 30-second rest between periods for all matches.

**Junior Women:** (Born September 1, 2004 and after plus currently enrolled in grades 9-12). Weights: 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235. Match Lengths: Two three-minute periods with a 30-second rest between periods for all championship and medal matches.

**Cost & Registration:** \$525 for JR or 16U; both divisions \$670. Athlete fees will cover hotel, transportation, and registration. The cost does NOT include the uniform package/singlets. Registration will open in May.

## **Camp & Competition Dates:**

July 10-11: 16U and Junior WFS Fargo camps in River Falls, WI

July 12: 16U and Junior WFS travel to Fargo and weigh-in

July 13-14: 16U and Junior WFS compete at Fargo

**Uniforms:** All athletes are responsible for purchasing the Team Wisconsin uniform package (minimum red and blue women's cut singlet). Wrestlers on the National Team who do not wish to purchase a new set of singlets may use a generic reversible singlet offered by the WWF coaching staff.

Interested athletes should complete the roster form at the QR code below. Visit [wiwrestlingfederation.com](http://wiwrestlingfederation.com) for complete information.



\*All athletes must join through Team Wisconsin

\*Wrestlers are required to attend pre-competition camps

\*Email us at [wiwrestlingfed@gmail.com](mailto:wiwrestlingfed@gmail.com) with any questions