



Overview of Away Regattas – 2022

There are 3 away regattas planned for spring 2022 requiring the effort and coordination of the entire team.

Thursday, May 19th through Saturday, May 21st Stotesbury Cup Regatta: Philadelphia, PA

- Select boats/rowers participate and we will need AT LEAST ONE chaperone per boat and two or three chaperones for the bus. Rowers will be transported by chartered bus and carpools. We will need some parents to drive carpools. Additional fee for rowers and chaperones will be assessed (approximately \$400/each) for hotel, security, transportation, food, etc. Additional spectators encouraged.

Thursday, May 26rd– Saturday, May 28th SRAA Nationals: Camden, NJ - Select boats/rowers participate and chaperones will be necessary. Rowers will be transported by chartered bus and/or carpools. Additional fee for rowers and chaperones will be assessed (amount TBD) for hotel, transportation, security, food etc. Additional spectators encouraged.

Preparation for these Away Regattas is an enormous effort. Therefore, **ALL CREW MEMBERS MUST COMPLETE THE FOLLOWING PACK OF FORMS NO LATER THAN March 15, 2022.**

Forms can also be scanned and emailed to Valeria Jopeak at vjopeak@gmail.com.

All rowers must complete forms for ALL REGATTAS, even though boat and rower determinations for Stotesbury and SRAA Nationals won't be made until April/May.

Any questions, please email Valerie Jopeak at vjopeak@gmail.com.



AWAY REGATTA COVER SHEET INFORMATION AND FORM CHECKLIST

(Return this with your forms please)



Rower Name (Last, First) _____

Parent(s)/Guardian(s) _____

1) Are you willing to be a chaperone? (EVERY BOAT NEEDS A PARENT CHAPERONE.)

- Stotesbury Cup Regatta 5/19-5/21 (Yes/No) _____
- SRAA Nationals 5/26-5/28 (Yes/ No) _____

2) Are you willing to drive?

- Stotesbury Cup Regatta 5/19-5/21 (Yes/No) _____
- SRAA Nationals 5/26-5/28 (Yes/No) _____

3) Can you help with luggage check? (Thursday morning at JMHS)

- Stotesbury Cup Regatta 5/19 (Yes/No) _____
- SRAA National s 5/26 (Yes/No) _____

Submitted? (✓)	Verified (leave blank)	Form	Required?
		Summary Notes for Chaperones and Hospitality Volunteers	Required
		Parental Authorization and Acknowledgement of Risk for Field Trip	
		• St. Andrews	Required
		• Stotesbury	Required
		• SRAA Nationals	Required
		Field Trip Luggage Search	
		• Stotesbury	Required
		• SRAA Nationals	Required
		Trip Medication—Authorization to Bring and Self Administer Medicines	
		• Stotesbury	If applicable
		• SRAA Nationals	If applicable



Away Regattas – Summary Notes for Chaperones and Hospitality Volunteers

The health and safety of each rower is our highest priority and our coaches are responsible for the Emergency Care Forms submitted with registration, but our chaperones and hospitality volunteers would like to have some information to better prepare for away regattas.

Please fill out the following information:

Rower's Name (Last, First) _____

Rower Cell phone during away regattas _____

Emergency Contact during away regattas _____

Phone number(s) for Emergency Contact _____

Rower dietary restrictions (If due to a food allergy, please note after each restriction "A (M)" for mild allergy or "A(S)" for severe allergy, note vegetarian/vegan/gluten-free/etc. if applicable. Please provide a brief description of any potential allergic reactions.

Each chaperone will be equipped with a basic first aid kit and limited over the counter medications.

Please note (Yes/No) if your child may receive

Pepto Bismol/Tums/Roloids_____, **Imodium** _____, **Tylenol**_____**Advil**_____,
Dramamine_____, **Benadryl**_____, **Cough drops**_____

If your child brings medication of the trip, we must have a list of all medications (prescription and over the counter) and both rower and parent must authorize the rower to carry his/her own medication or release and indemnify FCPS employees authorized to carry the medications on his/her behalf. (See separate documentation of this authorization or indemnification)

Please list medications (prescription and over the counter) that your rower intends to bring on the away regattas:

Please note if you intend to allow your child to carry his/her own medications (Yes/No)

Parent/Guardian Signature and Date: _____



TRIP MEDICATIONS - AUTHORIZATION TO BRING and SELF-ADMINISTER MEDICINES

If applicable, please complete and submit this form AND...

PUT A COPY OF THIS FORM IN YOUR SUITCASE/BACKPACK IN A ZIPLOC BAG WITH ANY AND ALL MEDICATION BROUGHT BY A STUDENT TO AN AWAY REGATTA - TO BE REVIEWED DURING LUGGAGE SEARCH

This form is necessary for ALL medications - both prescription and nonprescription. It must be signed by the rower AND a parent/guardian

My student has my permission to bring and self-administer the following medications while on the away regatta Stotesbury Regatta, Philadelphia, PA
Rower's Name (Last, First) _____

Medications and planned dosages and frequency of dosages

Parent/Guardian Signature and Date _____

I, _____ (student's name) will follow all medication instructions and will not dispense any medication to anyone other than myself. Failure to comply by the rules will result in my dismissal from the regatta and possible suspensions/expulsion by FCPS upon my return.

Student Signature and Date: _____



TRIP MEDICATIONS - AUTHORIZATION TO BRING and SELF-ADMINISTER MEDICINES

If applicable, please complete and submit this form AND...

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This form is necessary for ALL medications - both prescription and nonprescription. It must be signed by the rower AND a parent/guardian

My student has my permission to bring and self-administer the following medications while on the away regatta to SRAA Nationals, Camden, NJ

Rower's Name (Last, First) _____

Medications and planned dosages and frequency of dosages

Parent/Guardian Signature and Date _____

I, _____ (student's name) will follow all medication instructions and will not dispense any medication to anyone other than myself. Failure to comply by the rules will result in my dismissal from the regatta and possible suspensions/expulsion by FCPS upon my return.

Student Signature and Date: _____

