

2026-27 Basketball Season – FAQs

For the 2026–27 basketball season, OHAA will participate in the Summer with Heatwave Hoops and Bon Air Basketball, the Fall with the RockIt Sports Fall Basketball League, and the Winter with the Chesterfield Basketball League (CBL), Chesterfield Girls Basketball League (CGBL), and RockIt Sports Winter Basketball League. Please review the FAQs below for additional details.

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1. What is CBL and CGBL?

Old Hundred Athletic Association (OHAA) is a member of the Chesterfield Basketball League (CBL) and Chesterfield Girls Basketball League (CGBL). Information about each league including bylaws, rules, administrators, schedules, standings, etc. can be found on each league's respective website.

CBL is the league that all OHAA co-ed teams will participate in during the winter season. CBL is a co-ed basketball league (mostly boys). CBL allows our teams to compete for the county championship. See website for more details about CBL:

<https://chesterfieldbasketball.com/>.

CGBL is the league that all OHAA girls' teams participate in during the winter season. CGBL is a girl only league. CGBL allows our teams to compete for the girl's county championship. See website for more details about CGBL: <https://cgblonline.com/>

2. Who is eligible to participate?

Coed participation is limited to student-athletes aged 6-18 and girls participation is limited to student-athletes aged 7-18, who reside in the Old Hundred Elementary School attendance zone and any other school attendance zone without an association. If your child lives in school zone with an active athletic association, he/she must receive a waiver or loaner from his/her "home" association. **Please note, for the Fall & Summer season no waivers are required.**

For CBL purposes, OHAA will be able to accept players from the following school districts that do not have a boys basketball program: Deep Creek ES, Winterpock ES, Falling Creek ES, Reams ES, Bellwood ES, Bensley ES, Robious ES, and Crestwood ES. We can also accept players from other athletic associations that will not have your age division. Please note an association cannot force a player to play up an age.

For CGBL purposes, OHAA will be able to accept players from the following school districts that do not have a girls basketball program: Bensley ES, Chalkley ES, Crestwood ES, Enon ES, Ettrick ES, Evergreen ES, Falling Creek ES, Providence ES, Harrowgate ES, Swift Creek ES, Ecoff ES, Curtis ES, Bellwood ES, Winterpock ES, Deep Creek ES, and Reams ES. We can also accept players from other Chesterfield County schools that don't have athletic associations.

3. Do you have girls' basketball teams?

Yes, if there is enough interest, we will offer girls basketball teams during the Summer, Fall, and Winter. For example, in previous basketball seasons we had an 18 years & under team, 15 years & under team, a 12 years & under team, three 10 years & under teams and two 8 years & under team. All teams had at least 8 girls per team.

If we can't fill a roster with registered girls, we will work with families to find another association for them to play.

4. I love Basketball, can I assist by coaching a basketball team?

You can absolutely be a coach. All our coaches are volunteers and without our volunteer coaches we would not be able offer a winter basketball season to all our amazing student athletes at Old Hundred Elementary School, Deep Creek ES, Midlothian Middle and High, Tomahawk Creek Middle, Deep Creek Middle and throughout the rest of Chesterfield County.

Please note, **ALL COACHES** and assistant coaches are **required** to have, and display during games, a valid Chesterfield County Volunteer Eligibility Card. This certifies that they have passed a background check by the Chesterfield County Police Department. For More information: [Background Checks](#) (click link)

5. Since the Fall season is big for football, will you have adequate coaches?

Although we have never directly experienced this situation for our basketball teams. However, if the situation arises during the Fall we might possibly utilize a paid coach to ensure that all teams have a coach

6. Are teams age-based or grade-based?

Teams are primarily age-based. For the coed CBL league, age is determined based on the player's age as of December 31. For the girls-only CGBL league, age is determined based on the player's age as of September 30 (effective beginning with the 2025–26 season).

Players are allowed to play up an age level; however, playing down is not permitted. The only exception (CBL only) is for 8-year-old players who are participating in organized basketball for the first time. In this case, the player may be eligible to play down in the Rookies division with prior approval from the league commissioner.

For the Summer and Fall seasons, teams may be structured using a mix of age- and grade-based groupings, depending on the league. However, our default approach is to align teams with CBL and CGBL age guidelines to help build continuity and team chemistry heading into the Winter season.

7. What are the ages of the teams?

CBL		CGBL	
Rookies (Co-ed)	6-8 yrs (8 no CBL experience)	Instructional (Girls Only)	6-8 yrs
Tigers (Co-ed)	7-8 yrs (6 not eligible)	Minor (Girls Only)	10 yrs & Under
Cubs (Co-ed)	8-9 yrs (7 not eligible)	Intermediate (Girls Only)	12 yrs & Under
Bears (Co-ed)	9-10 yrs (8 not eligible)	Junior (Girls Only)	14 yrs & Under
Minors (Co-ed)	11 yrs & Under	Senior (Girls Only)	18 yrs & Under
Nets (Co-ed)	12 yrs & Under		
Intermediate (Co-ed)	13 yrs & Under		
Juniors (Co-ed)	15 yrs & Under		
Seniors (Co-ed)	18 yrs & Under		

Note: Eighteen (18) year old players **CANNOT** participate if they reach the age of nineteen (19) prior to the end of the Senior Division season, which is normally the end of February. Six (6) year old players **MUST** be six prior to December 31.

8. Is OHAA having tryouts?

We will not be officially having tryouts, but player assessments/evaluations may occur. Our goal is to ensure that every student athlete that wants to play basketball has an opportunity to play and ideally at the appropriate skill level. Once we reach 14 players for each division level, we may have player assessments to determine the teams based on skill level.

Note: In the event of fielding multiple teams per division, OHAA goal is to have at least one highly competitive “A” level team to compete for overall county champion and multiple “B” level teams per division.

9. Can my student-athlete play with his/her friends?

Absolutely, your student athlete can play with their friends. We believe that our student athletes love for the game grows when they have neighbors, classmates, family, and friends on the same team. During the registration process, please list your student athlete, preferred teammates and preferred coach and we will try our best to accommodate the request.

Please be aware that if both student-athletes want to play together and they both want to play on the “A” level team, then they both will need to be selected via the assessment process. You will not have this concern if both players are willing to play on the “B” level team. (**Note:** Players that make their Middle School team will not be allowed to play on a “B” level team, unless playing up an age level.)

10. When are player assessments?

There will be **no** player assessments for the Summer and Fall season.

For the Winter season, if the basketball director and coaches decide to have player assessments, then the tentative dates will be the last week of October or 1st week of November.

11. Will A level teams only play A level teams, and conversely will B level teams only play B level teams?

Winter season only:

CBL Minors (11U) and above:

“A” teams will typically compete against other “A” teams, and “B” teams will play against other “B” teams. The Head Coach will work with the OHAA Basketball Director to determine the appropriate level.

If a team finished in the top bracket the previous season and is returning 50% or more of its roster, it will default to an “A” team. If that team would like to be considered for “B” classification, the Basketball Director will attend a practice to evaluate the team alongside the Head Coach. The league is emphasizing accurate team placement to ensure competitive balance.

CGBL Minors (12U) and Intermediate (14U):

The same structure applies “A” teams compete against “A” teams, and “B” teams compete against “B” teams. Classification is determined collaboratively by the Head Coach and OHAA Basketball Director.

Teams that finished in the top bracket the previous season and return at least 50% of their roster will default to “A.” A practice evaluation by the Basketball Director is required for consideration as a “B” team.

CBL Tigers (8U), Cubs (9U), Bears (10U) and CGBL Minors (10U), Seniors (18U):

There is no league-wide team classification during the regular season, and all teams compete together. However, for postseason play, teams are divided into two or more brackets based on record and skill level to ensure competitive balance.

CBL Rookies (8U) / CGBL Instructional (8U):

There are no “A” or “B” divisions, as the focus is on player development. For more advanced players seeking additional challenge, families may consider playing up in age divisions where permitted.

12. How many games will the teams play?

Summer / Fall Games

All teams will have a minimum of six (6) games or scrimmages.

Summer Season: Games will be held during June and July, primarily Monday through Friday.

Fall Season: Games will take place from mid-September through early November and will be primarily scheduled on Fridays, Saturdays, and Sundays.

Winter Games

There will be a minimum of 10 games for all teams (**Note:** assumes preseason games participation) except for Rookies (CBL) and Instructional (CGBL) level teams. Both Rookies and Instructional teams will have a minimum of 5 games, coupled with clinics and scrimmages. The Rookies and Instructional divisions are focused on teaching the basic of basketball prior to live game action.

Games/clinics will be held between December through early March for CGBL and January through March for CBL and will be on Saturday or Sunday for most divisions as well as on weeknights in the Junior and Senior divisions. Rookies and Instructional live games will most likely begin in February.

Note: Makeups games or postseason games may occur during the week for all divisions.

13. Are there participation requirements to be eligible for the postseason (if applicable)?

Yes, participation requirements vary by league:

- Bon Air Summer League: Players must participate in at least 50% of games to be eligible for the postseason.
- Heatwave Hoops: Players must participate in at least two-thirds (2/3) of games to be eligible.
- Coed Fall and Winter Leagues: Players must be rostered for at least 25% of games.
- CGBL (Girls League): Players must be rostered and participate in at least 50% of games to be eligible for the postseason.

14. What are the tentative game locations?

For the Summer league, all games will be played in a Chesterfield County gymnasium.

For the Fall league, all games will be played at the RockIt Sports facility at 3001 E. Parham Rd, Henrico or in a Chesterfield County gymnasium.

For the Winter CBL and CGBL leagues, all games are played in Chesterfield County Public Schools gymnasiums and may require 30+ minutes of travel. For the Winter RockIt League, most games are held at the RockIt Sports facility (3001 E. Parham Rd, Henrico), with occasional games at other gyms in Richmond and surrounding counties.

15. What days are practices on and when will practice start?

Practice will be a minimum of 1 day a week, but most likely will be 2 days a week, Monday-Friday between 5:30-10PM at a central Virginia gym and ideally will repeat same day, time, and location each week. Our main gyms last year included Old Hundred ES, Midlothian MS, Deep Creek MS, Tomahawk Creek MS, and Manchester MS, but gym location is not guaranteed and may involve 30 minutes or more of drive time (**Note:** We have had practice locations in the past as far as Marguerite Christian, near Colonial Heights). Team's practice days will be primarily based on coaches' availability and secondary based on student athletes' availability. Practice will start no later than the first week of June for the Summer, the first week of September for the Fall and the first week of December for winter.

Additionally, the practice schedule will not be released until coaches have been assigned to all teams. Coaches receive priority on practice days and younger teams receive priority on earlier practice times. During the Winter season, please note younger teams (primarily 8U/9U and maybe some 10U if space is available) will receive priority with earlier gym times and use of Old Hundred ES, since that is the current school for the student-athletes.

16. Does everyone on the team get to play in each game?

All players will get an opportunity to play in games, but the coach will determine the amount of playing time by those players that give the team the best chance to compete and/or win. Players will not simply be given playing time; they must earn it in practice and games.

However, as a rule of thumb and while adhering to the must sit / must play rules, playing time should be equally distributed amongst all players for the first 3 quarters of the game. The 4th quarter lineups will be determined by the coach. If you have issues or concerns, please direct your concerns to your team coach first and if not fully resolved to the OHAA Basketball Director.

17. What is minimum team size?

Minimum team size will be 7 players per team; maximum team size will be 13 players per team. Although, we will strive to have between 8-10 players per team.

For the Summer and Fall League, if we do not achieve the minimum team size of 7 players, we will try our best to place the student athletes on a joint OHAA team with another association.

18. How much does it cost to be on the OHAA basketball team?

We offer flexible pricing options, with significant savings available for families who choose to participate in multiple seasons:

- **Summer & Fall (Individual Seasons):**
Early Bird: \$250 per player
Regular Rate: \$300 per player (effective April 15 for Summer and August 1 for Fall)
- **Winter Season:**
Early Bird: \$300 per player (*includes shooting shirt and practice pinnie*)
Regular Rate: \$375 per player (effective October 1)

Bundle Packages (Best Value):

Take advantage of discounted pricing when registering for multiple seasons:

- **Summer & Fall Bundle:** \$450 per player
(*Save \$50 vs. registering separately — register by May 1*)
- **Summer & Winter OR Fall & Winter Bundle:** \$500 per player
(*Save \$50 vs. registering separately — register by August 1*)
- **Ultimate Bundle (Summer, Fall & Winter):** \$700 per player
(*Save \$100 — our best value of the year — register by May 1*)

Additional Information:

- New uniforms, if needed, must be purchased separately.
- Registration fees must be paid in full at the time of registration. Unpaid registrations will be considered inactive.

Note: For the Winter season, teams will participate in the CBL, CGBL, or RockIt leagues, with most teams competing in the CBL or CGBL. Families may choose to participate in two or more leagues; however, an additional fee will apply for multi-league participation. Participation in the RockIt League is typically at the discretion of the Head Coach and is often used to provide additional game experience before and during the CBL and CGBL seasons. RockIt is also very accommodating when scheduling around CBL and CGBL commitments.

Please note that the fees listed above cover participation in only one winter league. If you choose to participate in an additional winter league, expect an additional cost of

approximately \$125–\$175 for up to 10 additional games. Final pricing will be announced in September/October for those interested.

19. What does my fee include?

For the Summer season, your registration fee includes access to 8 or more practices (actual # based on head coach decision), minimum 6 games/scrimmages, end of season playoffs, access to open gym activities, 10% discount off in-season basketball camps/clinics.

For the Fall season, your registration fee includes access to 12 or more practices (actual # based on head coach decision), minimum 6 games/scrimmages, access to open gym activities, 10% discount off in-season basketball camps/clinics.

For the Winter season, your registration fee includes shooting shirt, reversible practice pinnie, access to 20+ practices (actual # based on head coach decision) in public and private gyms, minimum 10 games/clinics, OHAA cheerleaders and/or Squawk the Hawk at a select game(s), represent your local school district with an opportunity to go to the playoffs and compete for the Chesterfield County Championship and win a county ring, 8U March Madness tourney for 8U CBL Rookies or 8U CGBL Instructional teams, access to open gym activities, winter break practices, 10% discount off in-season basketball camps/clinics.

Finally for our volunteer coaches. We are committed to equipping our coaches with high-level tools and development opportunities to ensure they can effectively teach and lead “The Hawk Way.” As part of your program fee, coaches receive:

- Access to world-class basketball training resources to support practice planning, player development, and game strategy
- League-provided coaching clinics to enhance coaching knowledge and stay aligned with league standards
- Opportunities for free access to national-level coaching clinics, providing exposure to elite coaching education and best practices (travel expenses, if required, are not included)

These resources are designed to continuously develop our coaches, elevate the player experience, and ensure a consistent, high-quality program across all teams.

Note: Tentative camps dates are April 21 (Schools Out), June 8-12 (Summer Break), June 22-26 (Summer Break), July 20-24 (Summer Break), August 3-7 (Summer Break), August 10-14 (Summer Break), September 4th (Pre-Labor Day), September 21st (Schools Out), November 2nd & 3rd (Schools Out), December 28th-December 31st (Winter Break), January 18 (MLK Jr. Day), February 15th (Presidents Day), March 9th

(Schools Out), March 26th (Schools Out), and March 29-April 2nd (Spring Break). Skill clinics will be offered most Mondays & Fridays throughout the year.

20. Is financial aid available?

Our goal at OHAA is to provide athletic opportunities to all student-athletes regardless of income level. Based on the generous donation of our OHAA Partners we can offer a limited amount of financial assistance to those individuals who qualify. Please visit the [OHAA Resources](#) webpage for more information.

21. Are refunds available?

All monies paid are non-refundable. The only exception is if we are unable to field a team due to lack of coaches or an inability to meet the minimum team size of 7 players.

22. Can I wear my uniform from previous seasons?

Yes, you can wear a uniform from the 2025-26 OHAA winter basketball season. However, previous iterations of our uniform cannot be worn unless it meets the criteria below for the entire team.

There are uniform requirements from the National Federation of High School Association that will be strictly enforced this year by the league. The biggest change was that student-athletes all need to have legal uniform numbers (0-5, 10-15, 20-25, 30-35, 40-45 or 50-55).

23. If we like, can we use our old jersey as an alternate uniform for some games?

Yes, you can if all athletes on the team have a legal number 0-5, 10-15, 20-25, 30-35, 40-45 or 50-55. If all athletes don't have a legal uniform, then an athlete cannot be forced to purchase the old uniform.

Old uniforms as well as other items, can be ordered through the [Hawks Team Store](#). Click the link to visit our store.

Note: All team pictures will be in the new uniform.

24. Are volunteer hours required?

Yes, all families must perform a minimum of 2 hours of volunteer service per year. The volunteer roles are team mom (2 hours), scrimmage referee (1 hour), Scorebook (1 hour), Individual/Team Stat Keeper (1 hour), Opponent Individual/Team Stat Keeper (1 hour), 8U Rookie/Instructional Basketball Tourney Director, 8U Basketball Tourney Event Planning Team Member, Girls Basketball Director, MS/HS Basketball Director,

Elementary Basketball Director, Player of the Game Graphic Updates, Weekly Game Schedule Graphic Updates, High School Relationship Coordinator (Midlothian HS, Cosby HS), Middle School Relationship Coordinator (Deep Creek MS, Midlothian MS, Tomahawk MS), Elementary School Relationship Coordinator (Old Hundred, Deep Creek), Basketball End of Year Event Planning Team Member, Mascot (Wear Costume – 1 hour), Photographer, Videographer. If you are unable to fulfill the 2 volunteer hours requirement per season, then a \$25 per hour missed assessment will be applied to your account.

25. What are the gameplay rules?

Please click link for Heatwave Hoops rules:

[League Rules - Heatwave Hoops](#)

Please click link for RockIt rules:

[League Rules - RockIt Sports](#)

Please click CBL link for rules:

[League Rules - CBL](#)

Please click CGBL link for rules:

[League Rules - CGBL](#)

26. What are basketball size and goal height?

Basketball size is 27.5 for CBL Rookies (8U) & Tigers (8U), 28.5 for CBL Cubs (9U), Bears (10U), Minors (11U) and all CGBL Girls Teams and 29.5 for all CBL teams' Nets (12U) division and higher.

Goal height is 10 feet for all participants. No exceptions. If your child is unable to score a 10-foot goal, then your best basketball development opportunity is for your student athlete to join a YMCA league. Many of our OHAA student-athletes started in YMCA leagues where they can accommodate various goal heights.