

Name and coaching age group:	Michelle Nestor, Rut Riders
Nicknames:	Chelle
Favorite snacks:	Chips and Guac
Favorite Loon Trail:	Picaroon ungroomed after a snowstorm
Favorite Spot in town:	The tuning garage
Pets:	Australian labradoodles, Sherbie and Bowman .. Sherbie is a licensed therapy dog and I'm his handler
Favorite part about coaching:	Watching the growth of the athletes and of course the stories they share!
Least favorite part about coaching:	When too much pressure is put on athletes and they lose their love of the sport
Ski racing and/or coaching experience:	15 years coaching. Seven years at New England Disabled Sports, five years at Development Team and 3 years at LRT
Where do you spend Monday-Friday:	Chelmsford, Ma
Where did you grow up skiing:	Everywhere! I spent a lot of time at Attitash and have been at Loon for 22 years
When you aren't skiing, how do you spend your free time?	With family and friends, cooking & baking, boating on Squam Lake and doing anything outdoors
One piece of advice you received from an adult when you were younger	Always try your hardest and do your best
An interesting or fun fact:	I am a scientist with multiple patents and publications and have been part of research teams that moved novel cancer therapies from the lab to FDA approval
According to youth who know Coach Michelle...	She was a competitive figure skater when she was young.
	Chelle keeps us safe as Rut Riders.

	She was my first real ski coach that wasn't my mom.
	I like Michelle's laugh.
	Michelle is a really good coach.