



RC Newsletter - September 2018

Fall is fast upon us, the snow will be here before we know it. U.S. Ski & Snowboard staff has been very busy preparing for the upcoming winter. We are excited for the season. Fall is the time of year many of the Division, Regions and National Teams finalize a good conditioning block and athletes are tested to make sure goals were met from all the hard work that happened over the summer. Please see below to see the date, time and location of upcoming conditioning assessments in your area.

U.S. Ski & Snowboard Sport Education is coming to the Milwaukee area with a one day Club Excellence conference on November 2nd. There will be sessions for both parents, coaches and club leadership. Look for more information to come out very shortly. Please contact me if you have any questions. I look forward to seeing you at this event.

FIS Intent and confirmation deadlines have changed for the upcoming season. Intents for FIS races are closed 16 days before the first team captain's meeting with a confirmation deadline of 14 days before the first team captain's meeting.

Many athletes are purchasing equipment for the season. While there have been no changes to the equipment rules, it is a good idea to double check your equipment is in compliance. You can find the equipment chart [here](#).

Rocky/Central regional staff has not changed for the upcoming season. You can find email addresses for staff below. We have a very dedicated staff in Rocky/Central, I enjoy working with them. Our RC athletes are lucky to have these individuals looking out and working with them. Darlene Nolting, RC Regional Development Director - darlene.nolting@usskiandsnowboard.org
Ian Dunlop, RC Regional Development Coach - ian.dunlop@usskiandsnowboard.org
Eric Cates, Central Division Manager - eric.cates@usskiandsnowboard.org
Anje Worrell, RC Regional Youth Coordinator - angela.worrell@usskiandsnowboard.org

We busy planning and organizing our RC, Central and RMD projects for the fall and the season. You can find updated information for projects listed [here](#). This page will be updated throughout

the season as we get more information on planned projects. National project announcements are posted [here](#).

Lots of talk has been happening through the spring and summer regarding U.S. Ski and Snowboard's Project 26 and the new D Team structure and plan. If you are interested you can find information here.

Fall Governance and other important dates

RMD Annual Golf Tournament - Friday September 21st, Catamount Golf Club, Steamboat Springs, CO - more information contact rmdofficemanager@gmail.com

RMD Conditioning - All-Star and Grassroots - September 30th

Central Alpine Sport Committee (CASC) in Chicago, Coaches meeting the evening of October 5th, CASC meeting all day October 6th for more information contact Eric Cates - eric.cates@usskiandsnowboard.org

RMD Board of Directors meeting, General RMD Membership, All-Star and Awards Luncheon - October 14th - Winter Park, Colorado, contact darlene.nolting@usskiandsnowboard.org for more information

RMD ACC - October 14th - 16th, Winter Park, Colorado, contact darlene.nolting@usskiandsnowboard.org for more information

Officials Clinics -

RMSRO Officials update and education - November 2-4, Frisco, CO www.rmsro.org

Central R1 - November 9-10, Buck Hill, www.skifast.com

Central R2 - November 3-4, Pewaukee, WI

Central R3 - October 27-28, Crystal Mountain, MI

U.S. Ski & Snowboard Club Excellence Conference - November 2nd - Milwaukee, WI - for more information contact darlene.nolting@usskiandsnowboard.org

Best,

Darlene Nolting

Rocky/Central Regional Director