

2023 Track & Field Season Awards

All Conference

- **All-Conference:** Andrew Casey, Ethan Kimmel, Matthew Hendricks, Niko Angell, Tyler Christianson, Darby Griffin, Lauren Reynolds, Gabriella Hanson, Savana Varbanov, Trinity Wilson
- **Honorable Mention:** Parker Malmgren, Blake Licht, Chase Altergott, Christian Roepke, Claire Koznick, Ayva Tobias

Academic All-State

- Niko Angell, Andrew Casey, Tyler Christianson, Charlie DiRico, Ayden Forsgren, Darby Griffin, Matthew Hendricks, Ethan Kimmel, Blake Licht, Dylan Liston, Parker Malmgren, Vito Marchese, Najee Nelson, Sam Ripplinger, Morgan Akason, Danielle, Casey, Olivia Grecco, Gabriella Hanson, Hayden Jansky, Kate Kocher, Claire Koznick, Kassi Paterson, Lexi Singer, Ayva Tobias
- Academic Gold as a team, both Boys & Girls

MSHSL State Meet Participants

- Andrew Casey (800, 4x400)
- Bryce Stachewicz (1600, 4x400)
- Tyler Christianson (300m hurdles, 4x400)
- Ethan Kimmel (800, 4x800)
- Parker Malmgren (4x400)
- Chase Altergott (4x800)
- Niko Angell (4x800)
- Darby Griffin (4x800)
- Lauren Reynolds (100, 200, 4x100)
- Trinity Wilson (shot put)
- Savanna Varbanov (3200)
- Gabriella Hanson (4x100)
- Olivia Grecco (4x100)
- Ayva Tobias (4x100)

All State

- Andrew Casey - 1st place 4x400, 7th place 1600
- Bryce Stachewicz - 1st place 4x400, 9th place 1600
- Tyler Christianson - 1st place 4x400
- Parker Malmgren - 1st place 4x400
- Ethan Kimmel- 2nd place 4x800 , 8th place 800
- Chase Altergott - 2nd place 4x800
- Niko Angell - 2nd place 4x800
- Darby Griffin - 2nd place 4x800

- Lauren Reynolds - 2nd place 4x100, 8th place 100m
- Gabriella Hanson - 2nd place 4x100
- Olivia Grecco - 2nd place 4x100
- Ayva Tobias - 2nd place 4x100
- Trinity Wilson - 3rd place shot put

Boys team finished in 3rd place (48 points)

Girls team finished tied for 17th place (20 points)

Team Awards

- **Best Work Ethic:** Danielle Casey & Matthew Hendricks
- **Most Improved:** Gabriella Hanson & Tyler Christianson
- **Rookie of the Year:** Elyse Stachewicz & Charlie DiRico
- **Panther Award:** Kate Kocher & Sam Wheatcraft
- **MVP Field:** Trinity Wilson & Vito Marchese
- **MVP Track:** Lauren Reynolds & Andrew Casey

2023 Captains

Niko Angell, Maggie Ball, Andrew Casey, Kate Kocher, Claire Koznick, Greta Lauer, Blake Licht, Parker Malmgren, Sam Wheatcraft