



# **RAHA INITIATION PROGRAM (8 & UNDER) PARENT MEETING**

October 12, 2023

**"EVERY DAY IS A GREAT DAY FOR HOCKEY"**  
- MARIO LEMIEUX

# OPENING COMMENTS

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- Mike Staloch: President, RAHA
- Jennifer Williams / Kyle Finn: Girls Varsity Hockey
- Sara Marchese: Vice President, RAHA



# BOARD OF DIRECTORS

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- **President** | Mike Staloch
- **Vice President** | Sara Marchese
- **Secretary/Treasurer** | Bryan Feldhaus
- **Operations & Registrar** | Lauren Anderson
- **DIBS** | Luke Jacobsen
- **Communications** | Dave Kovacs
- **Fundraising** | Katy Winecke
- **Equipment** | Traveling Coordinators
- **Boosters** | Michelle Rodine
- **Team Manager Coordinator** | Mike Cline
- **Traveling Tournament Coordinator** | Mike Cline
- **Goalie Coordinator** | Danielle Olson
- **Boys Traveling Coordinator** | Jared Hanowski
- **Traveling Coaches Coordinator** | Ben Hanson
- **Girls Traveling Coordinator** | Jennifer Williams
- **IP Co-Coordinator** | Britt Foster
- **IP Co-Coordinator** | Troy Pilger

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## Non-Board Members

- **Ice Scheduler** | Chris Kalata
- **Concession Managers** | Kathy Grenier/Trish Caspar
- **Accountant** | Doug Ebner
- **Gambling Manager** | Marc Tobias

*\*contact information can be found on the RAHA website\**



# AGENDA

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- Boosters & Fundraising | *Michelle Rodine*
- Volunteer (DIBs) Requirements | *Luke Jacobsen*
- Code of Conduct | *Mike Staloch*
- IP Overview | *Britt Foster*
- Mite & 8U Evaluations | *Britt Foster*
- IP Other | *Britt Foster*
- Equipment | *Britt Foster*
- Irish Jr. Goalie | *Danielle Olson*
- Skating Instructor | *Troy Pilger*
- Coaching and Team Managers | *Troy Pilger*
- What's Next/Important Dates | *Troy Pilger*



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# BOOSTERS & FUNDRAISING

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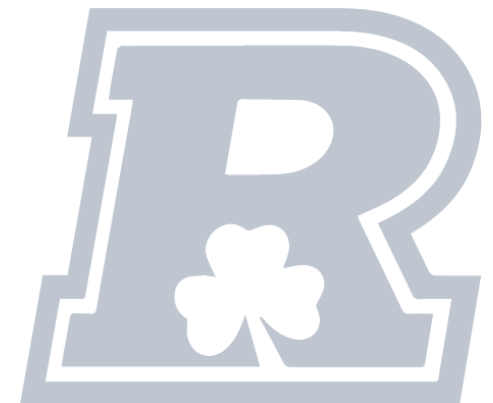


# BOOSTERS & FUNDRAISING | EVENTS

Michelle Rodine

MISSION: *support Rosemount's Youth Hockey program through promotion and fundraising.*

ANNUAL EVENTS	DATES
Adopt-A-Street	Spring & Fall
Gerten's Fundraiser	Open till 10/23
Inver Grove Brewing (10% of all sales)	December 4
Skate with Santa	December TBD
Skate with the Leprechaun	March
Leprechaun Days Parade	Mid July
Leprechaun Days Street Hockey Tournament	Late July
Golf Tournament	Summer



<https://www.rosemounthockey.org/boosters>



# BOOSTERS & FUNDRAISING | EVENTS



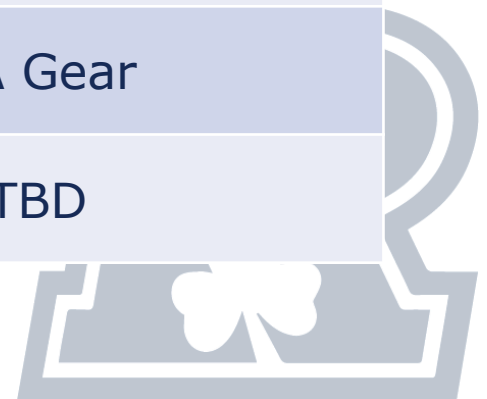
# BOOSTERS & FUNDRAISING| APPAREL

## RAHA APPAREL (INITIATION PROGRAM)

Every item purchased supports our kids and raises money for our program. When you order merchandise for yourself or as part of your team warmups, a portion of that sale goes back to our hockey community.

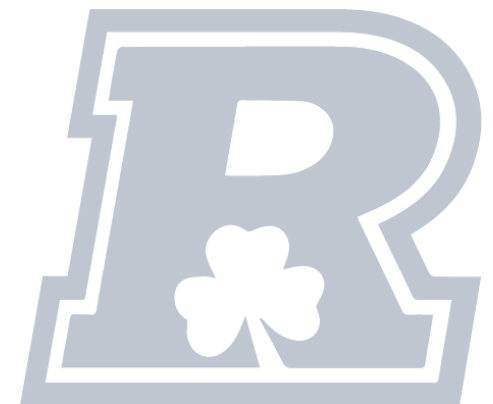
EVENT	DATE	LOCATION
Apparel Order Window	TBD	Online
Try-On Session #1	TBD	CA Gear
Try-On Session #2	TBD	CA Gear
Delivery/Pick-Up	TBD	TBD

<https://www.rosemounthockey.org/boosters>





# BOOSTERS & FUNDRAISING | APPAREL

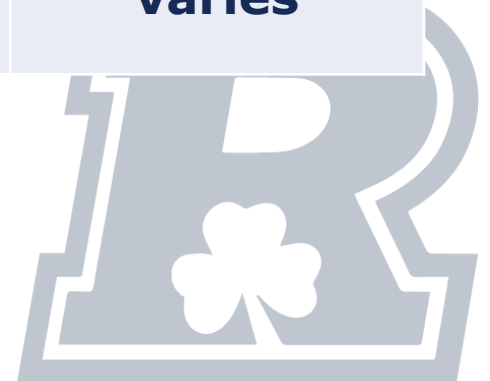


[RAHA Booster Apparel | Custom Apparel Inc. \(cagear.com\)](https://cagear.com)

# BOOSTERS & FUNDRAISING| CREDITS

ITEM	NOTES	INCREMENT	ICE CREDIT
Gertens Holiday Fundraiser	Online Plant & Gift Card Sales	No Minimum	25%/12% of sales
Gertens Plant Cards	Gift Card Sales (non holiday)	\$25	12% of sales
Nitti Sanitation	Sign up with Nitti	One-Time	\$80
RaiseRight	Buy gift cards/ecards and purchases with Scrip	Varies	varies

**Start saving credits now!**  
**They never expire until your kids age out of RAHA!**



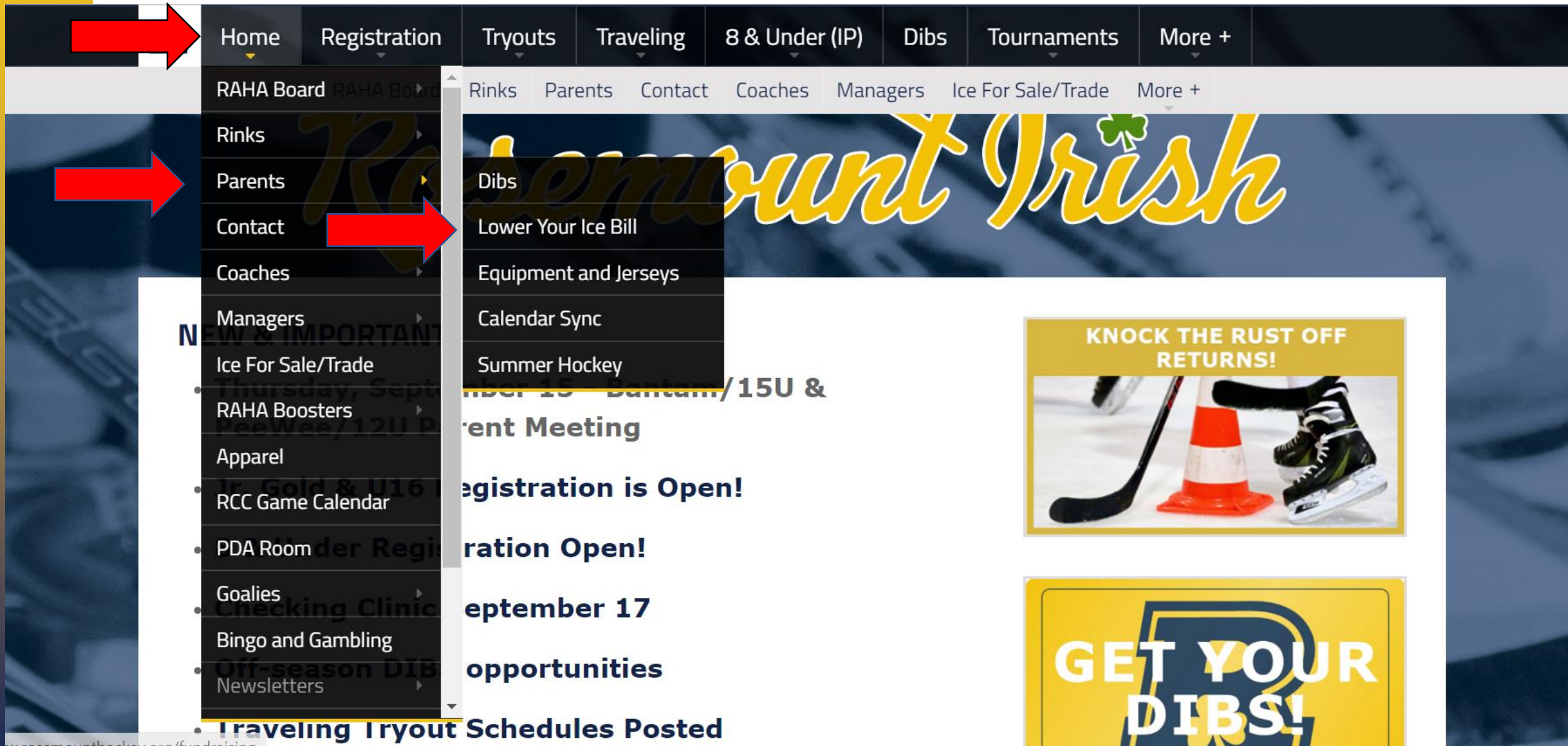
# **BOOSTERS & FUNDRAISING | RAHA CREDITS**

ITEM	NOTES
<b>B-I-N-G-O</b>	<b>First Thursday of the month at Carbones Rosemount!</b>
<b>Golf Tournament</b>	<b>Annually</b>
<b>Carbones Pull Tabs</b>	<b>EVERY Night!</b>

For questions, please contact Katy Winecke – [katyw@rosemounthockey.org](mailto:katyw@rosemounthockey.org)



# BOOSTERS & FUNDRAISING | HOW TO



The screenshot shows the website's navigation structure. A red arrow points to the 'Home' link in the top menu. Another red arrow points to the 'Parents' link in the left sidebar. A third red arrow points to the 'Contact' link in the left sidebar, which is highlighted. The 'Contact' link is part of a dropdown menu that also includes 'Rinks', 'Parents', 'Coaches', 'Managers', 'Ice For Sale/Trade', 'RAHA Boosters', 'Apparel', 'RCC Game Calendar', 'PDA Room', 'Goalies', 'Checking Clinic', 'Bingo and Gambling', 'Off-season DIB', and 'Newsletters'. The main content area features a large banner with the text 'Rosemount Irish' and a list of links: 'Rinks', 'Parents', 'Contact', 'Coaches', 'Managers', 'Ice For Sale/Trade', and 'More +'. Below the banner, there are several promotional tiles: 'KNOCK THE RUST OFF RETURNS!' with an image of a hockey stick and skates, 'GET YOUR DIBS!' with a large 'D' logo, and a tile for 'Registration is Open!' with the date 'September 17'.

**Home** Registration Tryouts Traveling 8 & Under (IP) Dibs Tournaments More +

RAHA Board RAHA Board

Rinks Parents Contact Coaches Managers Ice For Sale/Trade More +

**Rosemount Irish**

Dibs Lower Your Ice Bill Equipment and Jerseys Calendar Sync Summer Hockey

**NEW & IMPORTANT**

- Thursday, September 15 - Bantam/15U & Pee Wee/12U Parent Meeting
- Registration is Open!
- Registration Open!
- September 17
- opportunities
- Traveling Tryout Schedules Posted

**KNOCK THE RUST OFF RETURNS!**

**GET YOUR DIBS!**

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# VOLUNTEER REQUIREMENT

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# VOLUNTEER REQUIREMENT | DIBs

Luke Jacobsen

- All families **MUST** provide a check before your child gets on the ice.
- **The check should have included the names of your children participating in RAHA in the memo to ensure proper allocation:**
  - \$500 for 1 player
  - \$750 for 2+ players
  - Post-date to April 1, 2024

<https://www.rosemounthockey.org/volunteer-hours>





# DIBS | REQUIRED HOURS

- Required volunteer hours (per RAHA family)
  - Hours required per skater
  - 15-hour family maximum

**MANY DIBS  
OPPORTUNITIES  
ALREADY  
AVAILABLE FOR  
TRYOUT SESSIONS!**

LEVEL	HOURS
Termites	0
Mini-Mites & 6U	7.5
Mites & 8U	7.5
Squirts & 10U	7.5
PeeWee & 12U	7.5
Bantam & 15U	7.5
Jr. Gold	3.5

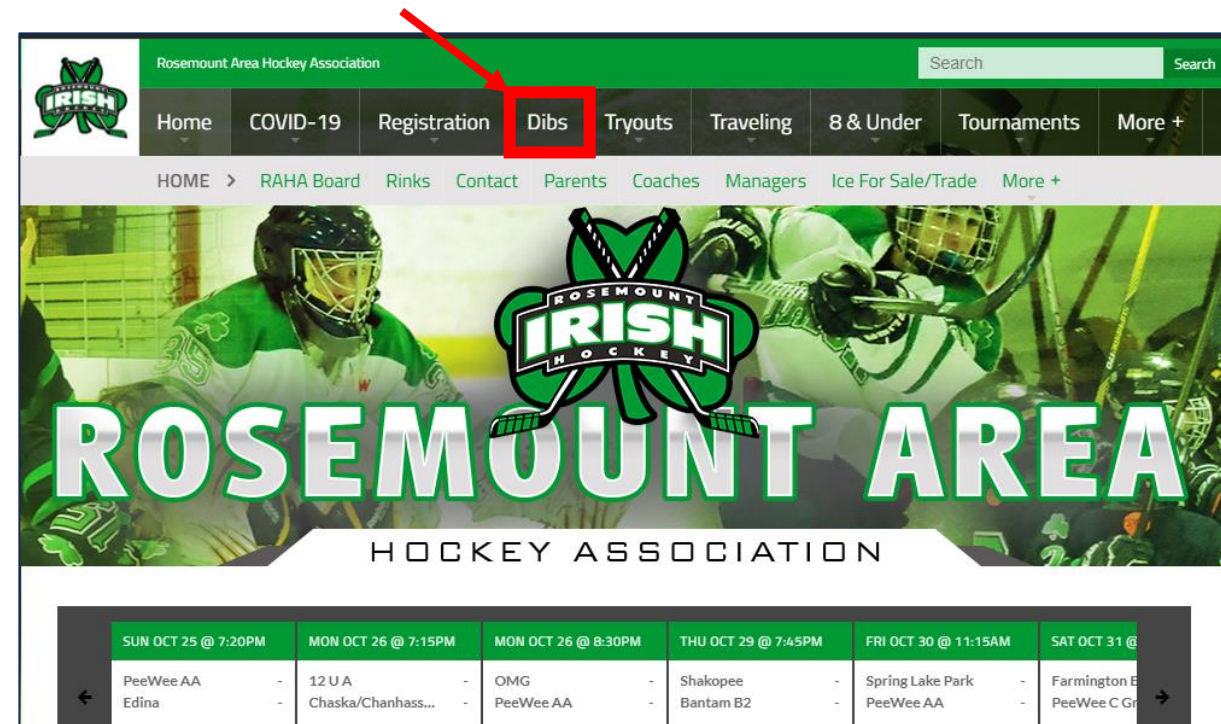
# DIBS | OPPORTUNITIES

OPPORTUNITY	DETAILS
Concession Stand	JV/Varsity Games, RAHA Games, Special Events
Boosters & Fundraising	Event planning, event set-up, miscellaneous
Gambling	Yeti & Purse B-I-N-G-O
RAHA Hosted Tournaments	Check-in table, penalty boxes, clock, miscellaneous
Traveling Tryouts	*certain restrictions apply
RAHA Coach	Must meet all USA Hockey requirements and credentials to receive credit
RAHA Team Manager	Must meet all USA Hockey requirements and credentials to receive credit

<https://www.rosemounthockey.org/vonunteer-hours>

# DIBS | HOW TO

- You **MUST** login using the Sports Engine account used to register your skater for volunteer hours to be appropriately allocated.
- **Only the parent who registered for the season can see and claim shifts.**
- Hours are tracked by the board and managed on the DIBs website. It is the parent's responsibility to complete their hours.



<https://www.rosemounthockey.org/vonunteer-hours>

# VOLUNTEER REQUIREMENT | DIBs

- New DIBs are released monthly
- Don't wait until the end of the season to start
- Despite rumors, we **WILL** cash checks if your DIBs are not 100% completed

2021 – 2022 CHECKS CASHED - **15** | **\$7,250**

2022 – 2023 CHECKS CASHED - **13** | **\$6,750**



# VOLUNTEER REQUIREMENT

## Rosemount Area Hockey Association Dib Sessions



Scott Anderson



My Dibs: View all of my currently claimed Dib items.

ACTIVE

ARCHIVED

"Dibs" is an online tool that helps keep members organized by providing a platform to assign and claim responsibility. Site members can browse Dib Sessions below and claim responsibility for Dib Items. Members then complete Dib Items to fulfill their Dib Session requirements.

DIB SESSION	ATHLETE	PROGRESS
2022-2023 SEASON	Mack Anderson	0% 0.0 Completed 0.0 Claimed (20.0 Max) 7.5 Needed
2022-2023 SEASON	Griffin Anderson	100% 7.5 Completed 0.0 Claimed (20.0 Max) 7.5 Needed

Not Completed

Completed

<https://www.rosemounthockey.org/vonunteer-hours>

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# CONDUCT & RULES

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# CODE OF CONDUCT | PARENT

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Mike Staloch

- Most coaches are unpaid volunteers; treat them the way you expect to be treated
- Opportunity to provide feedback during mid-and-end of season surveys
- D8 cracking down on poor sportsmanship spectators
- Parents agreed to Code of Conduct during registration
- Any parent exhibiting improper conduct at any game or practice will be asked to leave the arena and will not be allowed to attend the following game. Repeat occurrences may result in a multiple game suspension or lose the privilege of attending all future RAHA events.

# CODE OF CONDUCT | **PLAYER**

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- During the first week of the season, your coaching staff will review RAHA's Player Code of Conduct
- Players will sign a copy acknowledging they understand the code, behavior expectations and consequences
- Player Code of Conduct can be found on RAHA's website



# CODE OF CONDUCT | COACH

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- Coaches must also follow a Code of Conduct specific to coaches
- Upon committing to coach, each coach agrees to all expectations in the code
- Coach Code of Conduct can be found on RAHA's website



# CODE OF CONDUCT | SUMMARY

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- At any point in the season, if you become aware of a situation with a parent, player or coach, please contact Mike Staloch
- The board cannot intervene without knowing
- All reports will be taken seriously and confidentially



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# IP OVERVIEW

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# INITIATION PROGRAM (IP)

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Britt Foster

## PROGRAM GOALS

- Introduce skaters to hockey and progressively challenge them for the next 4-6 years
- Based on the fundamental of USA Hockey's American Development Model (ADM)
- Not a youth traveling program





# IP | TERMITES

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## 1 TEAM | 18 players to date

- All 4-year-old boys and girls (must be 4 by June 1, 2023)
- ADM based model
- ~20 ice sessions over 17 weeks
- Practices on Saturday or Sunday
- Practices mostly held at The Pond
- Team manager will be needed (7.5 hours of DIBs)
- First skate is weekend of October 28/29
- Pictures are in December
- No volunteer hour requirements!

\*Team formation subject to change



# IP | 6U GIRLS

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## 1 TEAM | 23 players to date

- Kindergarten & 1<sup>st</sup> graders (5 years old by June 1, 2023)
- ADM based model
- ~34 sessions of indoor ice
- Practices on Saturday and Sunday
- Practices held at The Pond, RCC and IGH
- Team managers are needed (7.5 hours DIBs)
- First skate is weekend of October 28/29
- Pictures are in December

\*Team formation subject to change



# IP | MINI-MITES

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## 3-4 TEAMS | 53 players to date

- Kindergarten & 1<sup>st</sup> graders (5 years old by June 1, 2023)
- ADM based model
- ~34 sessions of indoor ice
- Practices on Saturday and Sunday
- Practices held at The Pond, RCC and IGH
- Team managers are needed (7.5 hours DIBs)
- First skate is weekend of October 28/29
- Pictures are in December

\*Team formation subject to change



# IP | MINI-MITES

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## Team Formation

- Equal-sized teams (dependent on number of registered skaters)
- Players will be placed on teams based on years of experience and age for the initial weekend
- Skaters will then be assessed by the coaches to finalize teams
- Outliers will be moved by the IP coordinators
- The goal is to create teams where all skaters can be challenged and develop their skills

\*Team formation subject to change



# IP | MITES

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## 8 TEAMS | 90 players to date

- 2<sup>nd</sup> & 3<sup>rd</sup> graders
- ADM based model
- ~39 sessions of indoor ice
- Maximum of 15 scrimmages
- Practices on Saturday and Sunday
- Practices held at The Pond, RCC and IGH
- 1 manager per team is needed (7.5 hours DIBs)
- First skate is weekend of October 28/29
- Pictures are in December

\*Team formation subject to change



# IP | 8U GIRLS

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## 2 TEAMS | 24 players to date

- ADM based model
- 39 sessions of indoor ice
- Maximum of 15 scrimmages
- Practices on Saturday and Sunday
- Practices held at The Pond, RCC and IGH
- 1 manager per team is needed (7.5 hours DIBs)
- First skate is weekend of October 28/29
- Pictures are in December

\*Team formation subject to change



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# MITE & 8U EVALUATIONS

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# MITE/8U | EVALUATION PROCESS

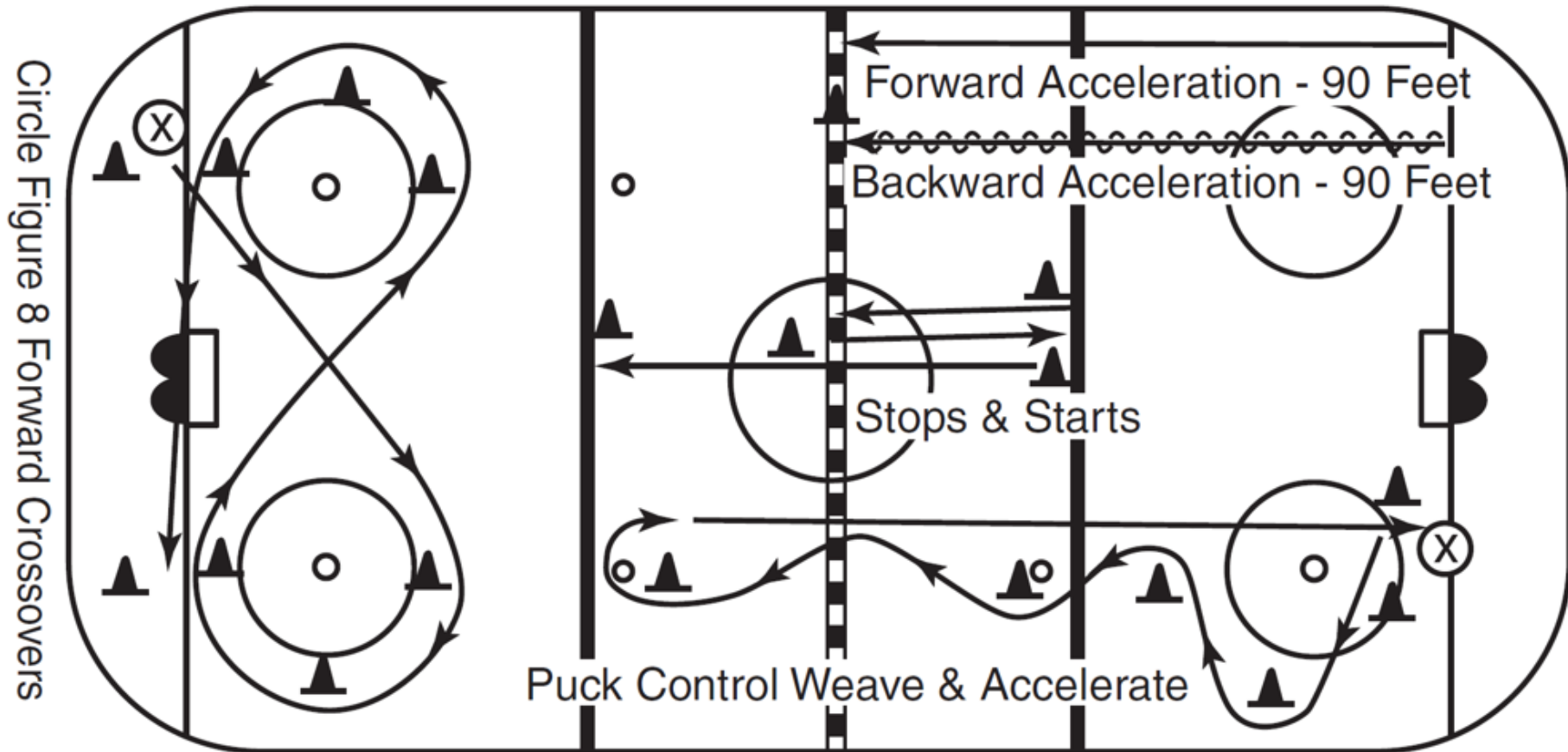
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Britt Foster

- Saturday 10/28 and Sunday 10/29 @ RCC
- Player attends one session each day
- Players will be evaluated using the MN Hockey HEP (Hockey Education Program) skill drills
- Players will be put through 5 skill drills and timed by coaches
- Players have two attempts at the drills both days; only the best time is recorded for each drill each day
- All 5 of the best times will be added up and the totals will be used to place players on teams



# MITE/8U | EVALUATION PROCESS



# MITE/8U | TEAM PLACEMENT

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- Team breakdown
  - Mites 4 levels (Levels 1-4, two teams at each level)
  - 8U 2 levels (Levels 1 & 2)
- As of tonight, we are planning on eight mite teams and two 8U teams; may change if more kids register
- Each team will have a set of goalie equipment and all players will be allowed to try it at least once

\*Team formation subject to change



# EVALS | MITE/8U

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- **Purpose:** evaluate players to create teams with similar experience and abilities

Day 1: Saturday, Oct 28th at RCC

- 1:30-2:30 – 8U girls
- 2:45-3:45 – Mites last name A-G
- 4:00-5:00 – Mites last name H-O
- 5:15-6:15 – Mites with last name P-Z

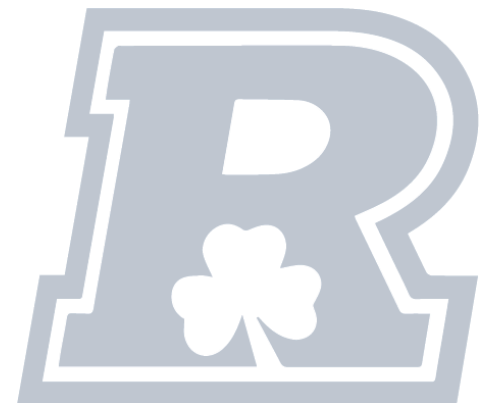
Day 2: Sunday, Oct 29th at RCC

- 8:30-9:30 – 8U girls
- 9:45-10:45 – Mites last name A-G
- 11:00-12:00 – Mites last name H-O
- 12:15-1:15 – Mites with last name P-Z



# KNOCK THE RUST OFF | MITE/8U

- **Purpose:** get Mite and 8U kids on ice prior to evals and run through eval skills
- Free event hosted by RAHA
- Brooke White led sessions
- 4 sessions available on weekend of Oct 14 and 15 at RCC
- Register online for 1 of the 4 sessions
  - Re-opened so every player has the opportunity



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# IP OTHER

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# SEASON START | TEAMS

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## Britt Foster

- Each team will need one parent volunteer for team manager (earns 7.5 DIBs)
  - We will host an IP Manager meeting November 2nd
- Head coach will schedule a brief parent meeting at the start of season to discuss expectations
- Additional team bills: **Mite** & **8U** teams can ask for \$100-\$150 per player to cover additional expenses
  - This should be discussed at the team's parent meeting; decision to be made by team
    - Training/development opportunities
    - Potential additional ice and/or jamborees
    - Team party/meals/gifts



# POTENTIAL IP EVENTS

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- **Mites:** Scrimmage between periods at Boys High School games
- **8U:** Scrimmage between periods at Girls High School games
- **Mini-Mites/6U:** Warm-ups at High School games

*If/When these events are finalized, emails will be sent out to notify parents*





# IP OUTDOOR ICE



- **Mite/8U Girls & Mini-Mite/6U Girls**
  - A fun, extra time to be on the ice with your team
  - Starts mid-December, runs until the city rinks are no longer maintained
  - Coaches determine if weather and rinks are skateable
  - Managers email team the day of scheduled outdoor ice to announce if the practice is still on



# IP EXTRA | Mini/6U/Mite/8U

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- 50 min 4x4 scrimmages at The Pond
- Starts in the beginning of December, runs 10 weeks, Friday nights
- 13 kids per team (4 teams = 52 total players)
- 1 6U/8U girls team, 1 Mini-Mite team, 2 Mite teams
- Referee (older kids in RAHA)
- \$200/skater
- Parent helpers on the bench (let the coaches watch!)
- Team manager needed for each team (7.5 hours of DIBs)

**WATCH WEBSITE FOR REGISTRATION IN MID-NOV!**

\*Team formation subject to change



# POND WAIVER

- The Pond Waiver ([www.thepondmn.com](http://www.thepondmn.com))
  - Anyone entering The Pond is required to sign a Facility Use Waiver before entering
- **Includes**
  - All coaches
  - All managers
  - All parents who may enter to tie skates or watch scrimmages

The Pond Hockey Training Center

Home Schedule Tournaments Preseason Clinics Registration Links 3-on-3 Leagues More +

**The Pond**  
HOCKEY TRAINING CENTER

**NEW YEARS CHALLENGE**  
DEC 26TH - JAN 1ST  
4 GAME GUARANTEE  
\$895+TAX PER TEAM  
MEDALS FOR 1st & 2nd  
REGISTER: NEW YEARS CHALLENGE 2020-2021 DEC 26TH-JAN 1ST →

**REGISTER: NEW 2020 REQUIRED WAIVER FOR ANYONE ENTERING ON OR AFTER 5.13.20 →**

To view Pond League live games go to Periscope Live Video Streaming App under The Pond Hockey Rosemount We have a "still" camera streaming most Pond league games.

POND UPDATED COVID-19 RULES AS OF 7/25/20

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# EQUIPMENT

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# REQUIRED GEAR

Britt Foster

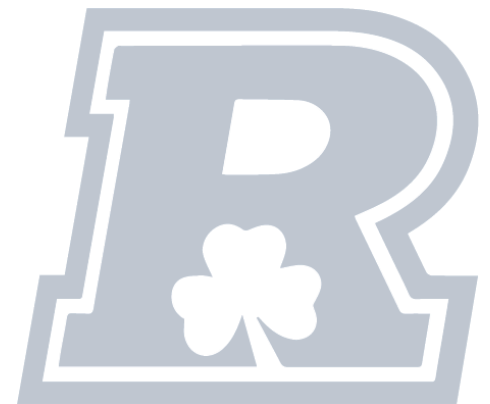
PURCHASED BY PARENT	SUPPLIED BY RAHA
Helmet with cage or shield	Jersey
Mouthguard	Socks
Hockey gloves	
Elbow pads	
Shoulder pads	
Breezers	
Athletic protector (cup)	
Shin guards	
Skates	
Stick (top of stick should reach tip of player's nose while wearing shoes)	



# HECC HELMET STICKER

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- USA Hockey has mandated for over 30 years that youth players wear a HECC approved helmet
- HECC sticker on players helmets must be up to date (expiration date should be current)
- Must be on the helmet and legible



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# GOALIE PROGRAM

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# GOALIE PROGRAM

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## Danielle Olson

- RAHA is partnering with M.E.G.A. Goaltending for goalie development

[Welcome video from Andrew Kent](#)

- All athletes will have an opportunity to try the goalie position
- All IP players will be evaluated as a skater and placed on teams as skaters
- RAHA provides equipment to each team
- Several "try goalie" and skills sessions throughout the season
- Goalie Contact – Danielle Olson [danielleo@rosemounthockey.org](mailto:danielleo@rosemounthockey.org)



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# SKATING INSTRUCTOR

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# SKATING INSTRUCTOR

## Troy Pilger

- RAHA bringing back Brooke White
- Power skating and hockey skills coach
- Will be on the ice with all Mite and 8U teams during scheduled practice
- More to come on dates and times
- Benefits both the coaches and players!
- RAHA paying for large percentage of cost; teams to use slush funds to cover remaining balance



Brooke White Hockey Skills Training  
Facebook.com/BrookeWhiteHockey

[www.brookewhitehockey.com](http://www.brookewhitehockey.com)

# COACHING



# COACHES COACH, PARENTS CHEER

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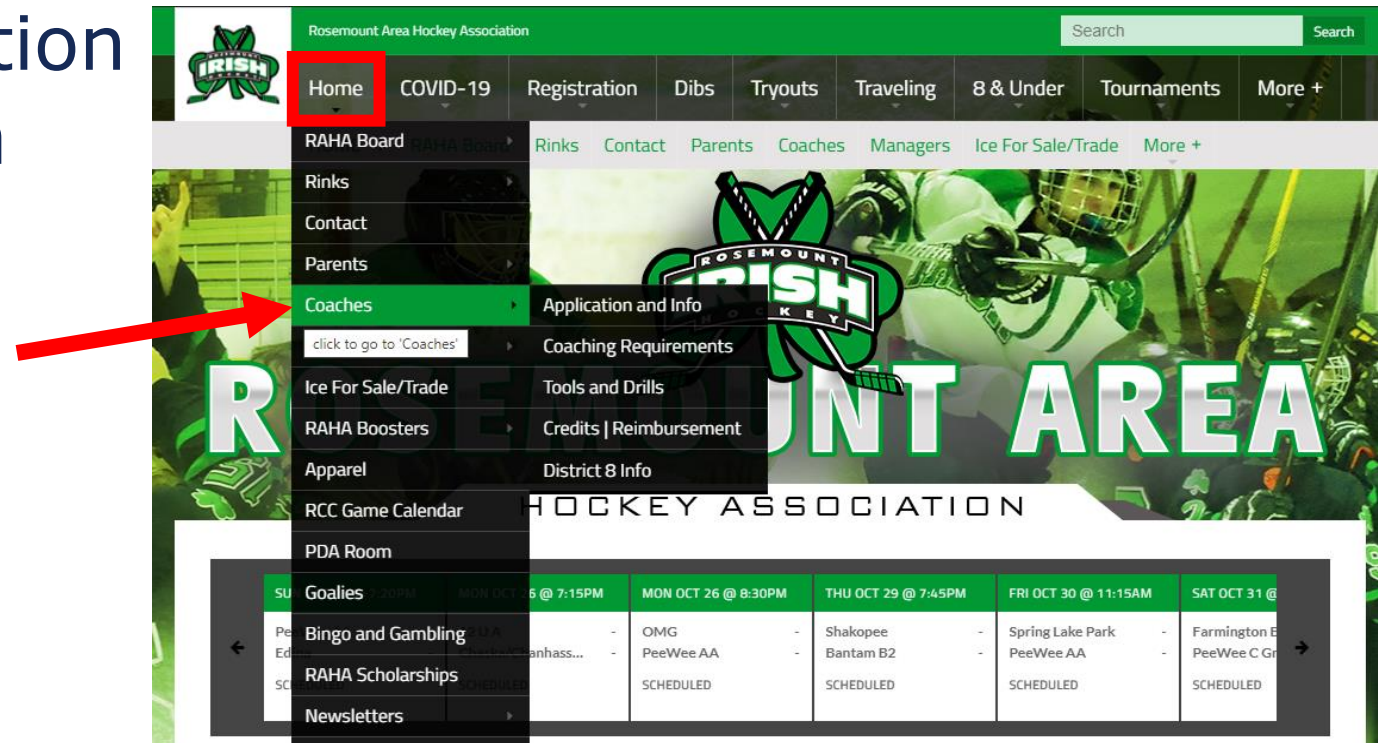
Troy Pilger

- RAHA coaches are unpaid volunteers
- We are always looking for volunteers
- They are stepping up to coach your child along with their own
- You get to watch your kid play and cheer them on; they do not get to watch their own play
- 24-hour rule



# COACHING

- Interested in coaching?
  - Contact Ben Hanson after the meeting  
ben@rosemounthockey.org
  - Background check required before 1<sup>st</sup> day on ice
  - Safe Sport Certification
  - Proof of certification
- Apply online under the coaches tab



# COACHING | REQUIREMENTS

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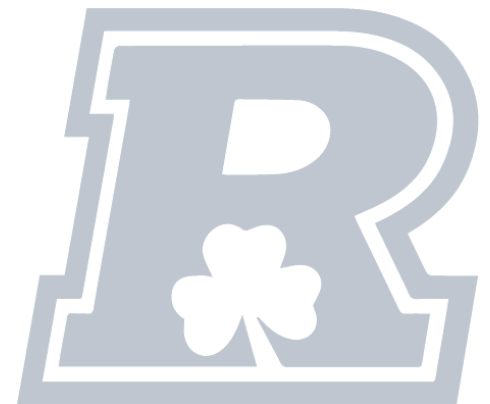
- **Every head AND assistant coach** – complete the RAHA Coach Registration Form on the Coaches Page – this is how coaches are added to the RAHA roster and how we collect USA Hockey numbers to import into the portal.
- If you coached any level in 2022-2023, you can check your background screening expiration date on the coaches tab of our website – do not email registrar to ask.
- SafeSport is required every year BEFORE getting on the ice. NO EXCEPTIONS.
- Age Level Modules – check what you need here - <https://cepsearch.usahockey.com/>
- CEP always expires on Dec 31; register for a class now, they are hard to find in December. ALL 8 & Under coaches are required to be Level 1 certified – expired CEP is okay until you move up to Squirts/10's



# COACHING

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- Coaches will NOT receive DIBS if their Age Level Module or CEP credentials are incomplete on 12/31.



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# MANAGERS

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# MANAGERS

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## Troy Pilger

- Every IP team needs a parent manager
- Team manager receive 7.5 hours towards DIBs
  - Only 7.5 hours are allocated for managers for each team
  - If there is more than 1 team manager, those individuals split the 7.5 DIBs hours
- Manager requirements:
  - All managers must register for USA Hockey, take the Safe Sport certification course and complete a background screening





# MANAGERS

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- Manager duties (high level list):
  - Weekly team communications
  - Updating team page on RAHA website
  - Scheduling events: jamborees, scrimmages
  - Managing team budgets (Mite/8u)
  - Additional ice purchases or ice swaps
  - Assist at team picture day
  - Help plan team gatherings



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# WRAP UP

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# WHAT'S NEXT?

Troy Pilger

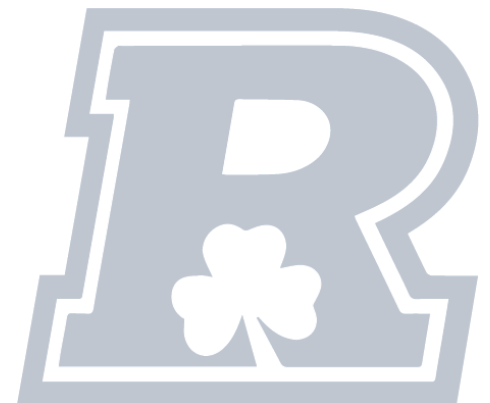
EVENT	DATE	LOCATION
Knock The Rust Off <b>Mites and 8U only</b>	October 14 & 15	RCC Register online
Evaluations <b>Mites and 8U only</b>	October 28 & 29	RCC
Mini-Mite/6U First Day	October 28	The Pond
Termite First Day	October 28	The Pond
Coach and Manager Mtg	November 2	RCC Auditorium
Picture Day	December	RCC Banquet Hall
IP Extra Registration	Mid-November	Register online
IP Extra Start	Early December	The Pond
Jamborees All Levels (excluding Termites)	Dec 8-10	Cottage Grove

# CONTACT INFORMATION

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- IP Committee Members

- Troy Pilger: IP Co-Chair ([troy@rosemounthockey.org](mailto:troy@rosemounthockey.org))
- Britt Foster: IP Co-Chair ([britt@rosemounthockey.org](mailto:britt@rosemounthockey.org))
- Lauren Anderson ([laurena@rosemounthockey.org](mailto:laurena@rosemounthockey.org))
- Luke Jacobson ([lukej@rosemounthockey.org](mailto:lukej@rosemounthockey.org))
- Ben Hanson ([ben@rosemounthockey.org](mailto:ben@rosemounthockey.org))



# WHY PLAY HOCKEY?

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*"When all is said and done,  
it's not the shots that won the championship  
you remember, but the friendships you made  
along the way."* -unknown

