



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA TRACK & FIELD - Provincial Championship

Friday and Saturday June 7 & 8, 2019 – GUTHRIDGE TRACK - MOOSE JAW

FRIDAY TRACK SCHEDULE			SATURDAY TRACK SCHEDULE		
Time	Division	Competition	Time	Division	Competition
9:00am	MID. GIRLS	80 m Hurdle Heats	9:00am	SR. GIRLS	4X100 m Relay H
	JR. GIRLS	80 m Hurdle Heats		SR. BOYS	4X100 m Relay H
	SR. GIRLS	80 m Hurdle Heats		JR. GIRLS	4X100 m Relay H
9:40	MID. BOYS	100 m Hurdle Heats	9:45	JR. BOYS	4X100 m Relay H
	JR. BOYS	100 m Hurdle Heats		MID. GIRLS	4X100 m Relay H
	SR. BOYS	100 m Hurdle Heats		MID. BOYS	4X100 m Relay H
10:25	MID. GIRLS	1500m Timed Finals	10:30	SR. BOYS	3000 m Final
	MID. BOYS	1500m Timed Finals		SR. GIRLS	3000 m Final
	JR. GIRLS	1500m Timed Finals		JR. BOYS	3000 m Final
11:10	JR. BOYS	1500m Timed Finals	11:15	JR. GIRLS	3000 m Final
	SR. GIRLS	1500m Timed Finals		MID. BOYS	3000 m Final
	SR. BOYS	1500m Timed Finals		MID. GIRLS	3000 m Final
11:55	JG QUAD	100m Quads Timed Finals	12:00pm	SR. GIRLS	200 m Heats
	JB QUAD	100m Quads Timed Finals		SR. BOYS	200 m Heats
	SG QUAD	100m Quads Timed Finals		JR. GIRLS	200 m Heats
	SB QUAD	100m Quads Timed Finals	12:45	JR. BOYS	200 m Heats
12:45pm	MID. GIRLS	100 m Heats		MID. GIRLS	200 m Heats
	MID. BOYS	100 m Heats		MID. BOYS	200 m Heats
	JR. GIRLS	100 m Heats	Break 1:30 – 2:30		
1:25	JR. BOYS	100 m Heats	2:30	WHEELCHAIR	400 m Timed Final
	SR. GIRLS	100 m Heats	2:40	SR. GIRLS	800 m Timed Final
	SR. BOYS	100 m Heats		SR. BOYS	800 m Timed Final
	WHEELCHAIR	100 m Heats		JR. GIRLS	800 m Timed Final
2:05	MID. GIRLS	400 m Heats	3:15	JR. BOYS	800 m Timed Final
	MID. BOYS	400 m Heats		MID. GIRLS	800 m Timed Final
	JR. GIRLS	400 m Heats		MID. BOYS	800 m Timed Final
2:45	JR. BOYS	400 m Heats	3:50	SR. GIRLS	200 m Timed Final
	SR. GIRLS	400 m Heats		SR. BOYS	200 m Timed Final
	SR. BOYS	400 m Heats		JR. GIRLS	200 m Timed Final
Break 3:30 – 4:30			4:20	JR. BOYS	200 m Timed Final
4:30	MID. GIRLS	80 m Hurdle Timed Finals		MID. GIRLS	200 m Timed Final
	JR. GIRLS	80 m Hurdle Timed Finals		MID. BOYS	200 m Timed Final
	SR. GIRLS	80 m Hurdle Timed Finals	4:50	SR. GIRLS	4 X 100 m Final
5:00	MID. BOYS	100 m Hurdle Timed Finals		SR. BOYS	4 X 100 m Final
	JR. BOYS	100 m Hurdle Timed Finals		JR. GIRLS	4 X 100 m Final
	SR. BOYS	100 m Hurdle Timed Finals	5:05	JR. BOYS	4 X 100 m Final
5:30	MID. GIRLS	400m Timed Finals		MID. GIRLS	4 X 100 m Final
	MID. BOYS	400m Timed Finals		MID. BOYS	4 X 100 m Final
	JR. GIRLS	400m Timed Finals	5:20	OPEN GIRLS	4 X 400 m Final
	JR. BOYS	400m Timed Finals		OPEN BOYS	4 X 400 m Final
	SR. GIRLS	400m Timed Finals			
	SR. BOYS	400m Timed Finals			
6:15	JG QUAD	800m Quad Timed Finals			
	JB QUAD	800m Quad Timed Finals			
	SG QUAD	800m Quad Timed Finals			
	SB QUAD	800m Quad Timed Finals			
6:35	WHEELCHAIR	100m Timed Finals			
6:40	MID. GIRLS	100 m Timed Finals			
	MID. BOYS	100 m Timed Finals			
	JR. GIRLS	100 m Timed Finals			
7:10	JR. BOYS	100 m Timed Finals			
	SR. GIRLS	100 m Timed Finals			
	SR. BOYS	100 m Timed Finals			



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Time	Division	Competition	Time	Division	Competition
9:00 am	MID. BOYS	HIGH JUMP	9:00 am	MID. BOYS	POLE VAULT
	MID. GIRLS	DISCUS		MID. BOYS	SHOT PUT
	JR. BOYS	LONG JUMP		MID. GIRLS	LONG JUMP
	JR. GIRLS	POLE VAULT		JR. BOYS	DISCUS
	JR. GIRLS	SHOT PUT		JR. GIRLS	HIGH JUMP
	SR. BOYS	JAVELIN		SR. BOYS	TRIPLE JUMP
	SR. GIRLS	TRIPLE JUMP		SR. GIRLS	JAVELIN
11:30 am	MID. BOYS	JAVELIN	11:30 am	MID. BOYS	TRIPLE JUMP
	MID. GIRLS	HIGH JUMP		MID. GIRLS	POLE VAULT
	JR. BOYS	POLE VAULT		MID. GIRLS	SHOT PUT
	JR. BOYS	SHOT PUT		JR. BOYS	HIGH JUMP
	JR. GIRLS	TRIPLE JUMP		JR. GIRLS	JAVELIN
	SR. BOYS	LONG JUMP		SR. BOYS	DISCUS
	SR. GIRLS	DISCUS		SR. GIRLS	LONG JUMP
1:45 pm	JR. BOYS	QUAD LONG JUMP (PIT 2)	2:30 pm	MID. BOYS	DISCUS
	JR. GIRLS	QUAD SHOT PUT (CIRCLE 2)		MID. GIRLS	JAVELIN
	SR. BOYS	QUAD LONG JUMP (PIT 1)		JR. BOYS	TRIPLE JUMP
	SR. GIRLS	QUAD SHOT PUT (CIRCLE 1)		JR. GIRLS	LONG JUMP
Break 3:00 – 4:00			SR. BOYS	HIGH JUMP	
4:00 pm	JR. BOYS	QUAD SHOT PUT (CIRCLE 2)	SR. GIRLS	POLE VAULT	
	JR. GIRLS	QUAD LONG JUMP (PIT 2)	SR. GIRLS	SHOT PUT	
	SR. BOYS	QUAD SHOT PUT (CIRCLE 1)			
	SR. GIRLS	QUAD LONG JUMP (PIT 1)			
5:15 pm	MID. BOYS	LONG JUMP			
	MID. GIRLS	TRIPLE JUMP			
	JR. BOYS	JAVELIN			
	JR. GIRLS	DISCUS			
	SR. BOYS	POLE VAULT			
	SR. BOYS	SHOT PUT			
	SR. GIRLS	HIGH JUMP			