IRON**K**IDS.
Geelong ⚓ ⛵ ☸

🌐 WWW.IRONMAN.COM/IM703-GEELONG-REGISTER#IRONKIDS

📷 IRONMANOCEANIA

f IRONMAN IN GEELONG

RACE KIT COLLECTION

Friday 22nd March 2:30pm – 6:30pm
Location: Event Information, Steampacket Gardens, Geelong

Saturday 23rd March 6:45am – 7:45am
Location: Event Information, Eastern Beach Reserve, Geelong

RACE DAY

Saturday 23rd March
Eastern Beach Reserve, Geelong
Race Start: 8am
Random Prize Draw: 9am (approx.)

WHAT YOU WILL RECEIVE

Swim Cap
The swim cap is important for the water safety team to see you. Please wear it through the whole duration of the swim

Race Bib
To be pinned to the front of your T-Shirt

Safety Pins
Pin the race bib to your T-Shirt

T-Shirt
Can be worn during the event or saved to show off later

Medal
Upon completion of the event, you will receive an IRONKIDS Geelong medal

SWIM/RUN

WHAT TO BRING

QR CODE

Found on your Registration Confirmation Email, you will need this to collect your race kit

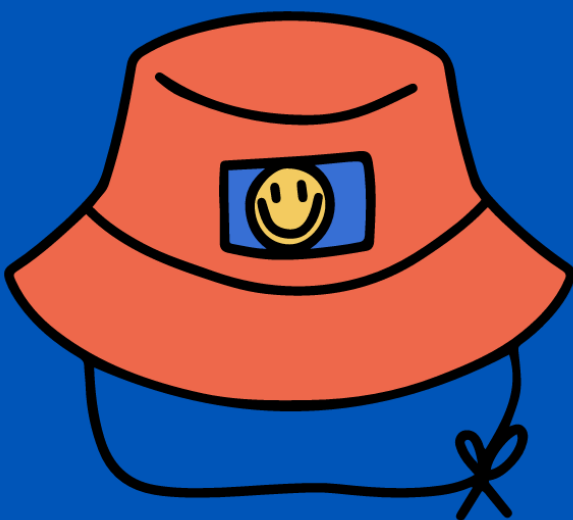*Only required for race kit collection

SHOES

Remember to bring your favourite running shoes!

GOGGLES

Ensure that your goggles are in good condition. We will be providing you with an IRONKIDS swim cap.

RECOMMENDED

SPF
30
SUN CREAM

TRIATHLON

Swim Cap
The swim cap is important for the water safety team to see you. Please wear it through the whole duration of the swim

Race Bib
To be pinned to the front of your T-Shirt & worn during the run.

Safety Pins
Pin the race bib to your T-Shirt

Bike Sticker
To be placed on the handlebars of the bike

T-Shirt
Can be worn during the event or saved to show off later

Medal
Upon completion of the event, you will receive an IRONKIDS Geelong medal

TRIATHLON

QR CODE

Found on your Registration Confirmation Email, you will need this to collect your race kit

*Only required for race kit collection

GOGGLES

Ensure that your goggles are in good condition. We will be providing you with an IRONKIDS swim cap.

SHOES

Remember to bring your favourite running shoes! Roller shoes, Heelys or Street Gliders are **NOT** allowed in the race.
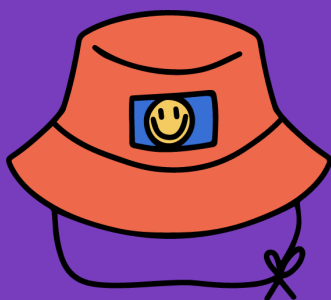
HELMET

Triathlon Australia will conduct a helmet check on Saturday morning to ensure your helmet is fitted properly and in good working condition.

BIKE

Please ensure your tyres are pumped, brakes are working and the handlebar ends are covered.
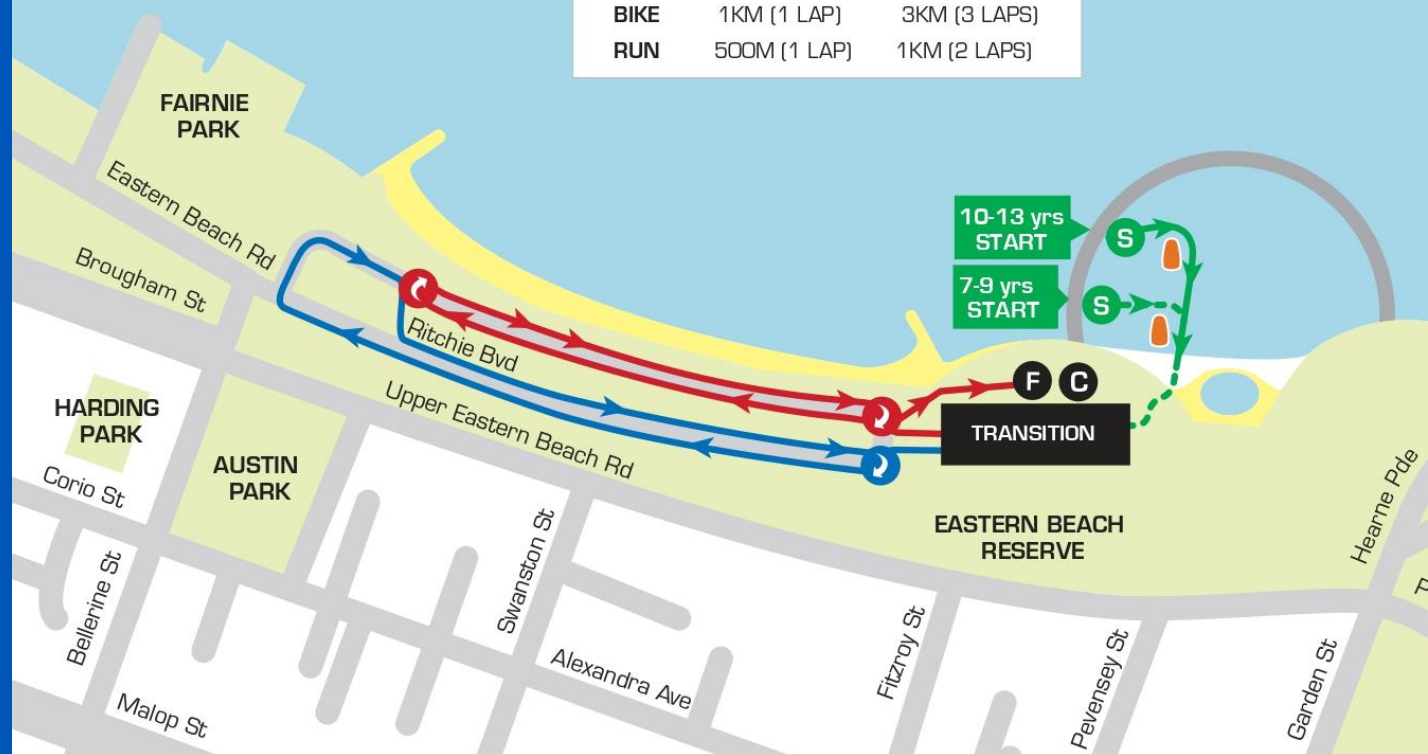
RECOMMENDED

SPF 30 SUN CREAM

IRONKIDS Geelong ⚓ ⛵ ☸

LEGEND

→	SWIM	
→	BIKE	
→	RUN	
S	START	
F	FINISH	
🔶	BUOY	
C	TURNAROUND POINT	
C	CHECK-IN	

	7- 9 YRS	10-13 YRS
SWIM	50M	100M
BIKE	1KM (1 LAP)	3KM (3 LAPS)
RUN	500M (1 LAP)	1KM (2 LAPS)

7 – 9 Year Olds
Triathlon: 50m Swim/1km Bike/500m Run
Swim/Run: 50m Swim/500m Run

10 -13 Year Olds
Triathlon: 100m Swim/3km Bike/1km Run
Swim/Run: 100m Swim/1km Run

**Friday 22nd March** 2:30pm – 6:30pm

Saturday 23ʳᵈ March 6:45am – 7:45am

OTHER IMPORTANT INFORMATION

Have your QR code handy for race kit collection. This can be found on the Registration Confirmation Email and will be sent again during event week.

Children are allowed to wear whatever they feel comfortable in. All we ask is for them to be wearing appropriate footwear and covered upper body.

1x Accompanying adult will be given a wristband to gain access to the finish line area to collect the IRONKID post race – please see image below.
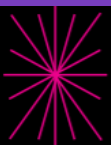
If your child does not feel well, please do not let them start the race. They are already a champion by being at the event.

If you have any questions, feel free to approach any of our friendly IRONKIDS crew.

If you collect the race kit prior to event day, you do not need to check-in again on race morning.

Please clear the path for kids to race safely. Do not block their access.

Please do not rush your children during the race. The idea is to have fun and to have an enjoyable race.

Stick around for the random prize draw at 9am. The IRONKIDS staff will collect the tear off section of their bib at the conclusion of the event