



## **REBELS MISSION STATEMENT/STANDARD OF EXCELLENCE**

The Rebels Baseball Organization is a travel baseball program that provides training to achieve a broader impact on our athletes. We teach confidence, a winning attitude, managing failure, professionalism, preparation and being a great teammate. Off the field we emphasize academics, leadership, communication skills, accountability, character, honesty and work ethic. In each case, this is achieved through a Standard Of Excellence set by our coaches and instructors within our organization. This Standard Of Excellence is the founding principle of the Rebels Baseball Organization and it continues to resonate throughout all of our age groups, guiding the continued growth of our athletes on and off the field.

Teaching baseball skills isn't the only thing the Rebels do for their players. They teach that attitude, effort and the importance of preparation is what makes great baseball players and more importantly – great people. Rebel Baseball's most important goal is to help our players reach their fullest potential, both on and off the field.





## **REBELS BASEBALL ORGANIZATION**

### **“We Teach the Process is More Important than the Results”**

Rebels Baseball players know that learning to master the process will help them achieve the results they want. Focusing on the process teaches players to be confident versus focusing on results, which can lead to frustration and a lack of confidence.

Trophies, rings, rankings and championships are nice and some Rebels teams may have a goal to win a world tournament or national championship. Regardless of the goal, or the situation, Rebels Baseball teams will always play hard, and demonstrate the effort to win every game by competing at the highest level. However, in the grand scheme of things, the single most important goal in our organization is helping our players get better

Rebels Baseball players are constantly drilled on mastering the process, not the results. This is a huge distinction. For this reason, players get better in our organization. They mature and become the player they were destined to be. Specifically, they dramatically improve their skills because there is a focus in our program on skill set development. They also develop a better understanding of the game (baseball IQ). They learn leadership skills. In short, Rebels Baseball players have an understanding of overall process. This is a huge advantage because it gives them a pathway to success on and off the field.





## Player's Code of Conduct

1. I will remember that the goals of the game are to have fun, improve skills, develop discipline and learn how to play the game as a part of the process for a team.
2. I will be respectful of my teammates, all coaches, opponents, umpires and fans.
3. I will notify my coach if I am unable to make a practice or game, and update Team App with my availability.
4. I will bring problems to the attention of the coach in private.
5. I will not criticize the players on either team or the fans supporting the team.
6. I will not use unsportsmanlike conduct during a practice or game, nor will I use foul language.
7. I will not start a fight with another player, including teammates.
8. I understand that when a player does not pay attention during practice drills, coaches will remove the player from the drill to ensure the player's and his teammate's safety.
9. Once the game begins, I won't leave the dugout without permission from the coach.
10. I will not eat in the dugout during the game. We will follow and obey all facilities rules.
11. I will not throw my bat, helmet, glove or any object in disgust or frustration at any time.
12. I will leave the dugout and/or Rebels hitting facility better than I found it by cleaning up all baseball equipment and trash, after all practices and/or games.
13. I will not talk when the coach is speaking and I will watch the coach during instruction. I understand the correct response to is "**yes coach**" when instructed to do something on the field.
14. I will handle equipment with care to ensure the personal safety of me, my teammates, coaches, fans and other players on the field and/or Rebels hitting facility.
15. I will congratulate the opposing players, umpires and coaches at the end of each game.
16. I will wear my uniform with pride, wear my team's hat at all times, keep my jersey tucked in and keep my equipment in good clean condition for all games. No shorts allowed.
17. I will give maximum effort and work towards using the methods taught by the coaches.
18. I will come prepared to all team activities and I will arrive no later than the scheduled time per Team App, and make a maximum effort to arrive at least 15 minutes early to warm up per Team App. I will not be permitted to participate in practice prior to warmups.



19. I will hustle at all times, on and off the field, and including to and from the batter's box. I will run on the field to my position and off the field from my position during all practices as well as games. Maximum effort is required to play in games, or I may have to be removed from the game to regain my focus.
20. I will accept the coaches' decision regarding playing positions and the amount of playing time. I understand that this is a Travel Baseball Team and there are no guarantees for equal playing time.
21. I understand that the Rebels Baseball Program reserves the right to release any player from the team for poor sportsmanship by the player and/or the player's family during games or for other reasons to include but are not limited to lack of cooperation, poor attitude, lack of commitment, effort or attendance.
22. I understand that the coach may impose additional rules, guidelines and/or policies that I am required to follow.
23. I am committed to the Rebels Baseball Organization for the duration of the team's calendar season. I understand I am not allowed to be on another team's roster unless I have obtained approval from the Rebels Baseball Leadership.
24. Players are encouraged to be involved in other sports during the "official" travel baseball season. However, if a player is involved with another sport, they are expected to put their Rebels Baseball obligation ahead of that other sport during the "official" travel season. If a player misses a Rebels travel baseball game or practice to take part in another (**non** Rebels) sporting event, they should understand that it may have a negative impact on their playing time when they return to their team since they may have missed pertinent instruction that could negatively impact the team's chances of success.

I have read, understand and agree to perform all of my obligations under this Player's Code of Conduct and agree not to engage in any inappropriate conduct as may be determined in the sole and exclusive discretion of the Rebels Baseball Organization

This the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

Name of Athlete  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent/Guardian Name  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent/Guardian Name  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## PARENT CODE OF CONDUCT

1. I parent(s) are asked to be supportive of their players and their coaches.
2. I will be supportive and entrust that coaches are making decisions that are best for the team and leaving coaching decisions up to them.
3. I will be encouraged to practice with my children on our own time, using your coaches' suggestions to work on improving individual skills to help in their developmental process.
4. I will not coach or shout at my child, coach, or team during practices or games. This can distract the players and be counterproductive given that they are expected to listen to their Rebels coach's instruction.
5. I will not interact with players during games and/or practices, so players can give 100 percent of their attention to their coaches and their teammates.
6. I will be asked to leave practices and/or games if my behavior is not in a supportive manner.
7. I will bring problems to the attention of the coach in private, after a 24 hour cool down period.
8. Rebels Baseball Organization has a **ZERO** tolerance policy of criticism or arguments with umpires, fans, parents and players. If I am found in violation, myself and my athlete will be asked to leave for the practice and/or game and subject to a dismissal from the team, pending an internal investigation.

I have read, understand and agree to perform all of my obligations under this Parent Code of Conduct and agree to not engage in any inappropriate conduct as may be determined in the sole and exclusive discretion of the Rebels Baseball Organization.

This the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

Name of Athlete

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Parent/Guardian Name

Parent/Guardian Name

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