

ST. BRENDAN BASKETBALL ASSOCIATION
RULES

2024 Season

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- OBJECTIVES OF THE LEAGUE
 - To inspire our youth.
 - To teach and practice the ideals of good sportsmanship, character, teamwork and fair play.
 - To teach the game of basketball and emphasize fundamentals and team achievement.
 - To provide a means for parents and adults to participate and interact with their children.
 - To recognize that the welfare of the children will always remain first and foremost and free of adult glory.
- DIVISION COMPOSITION, BASKET HEIGHT AND BALL SIZE

<u>Division</u>	<u>Age</u>	<u>Basket Height</u>	<u>Ball Size</u>
Alligators	6 – 7	8'	#5 (27.5")
Bobcats	8-9	9'	#6 (28.5")
Cobras	10-11	10'	#6 (28.5")
D-League	12-14	10'	#7 (29.5")

- TEAM COMPOSITION

- Each team shall consist of a minimum of eight (8) and a maximum of ten (10) players.
 - All players must go through the skill ratings process held prior to each season.
 - Rating forms for players shall be kept confidential.
- COACHES
 - Eligibility.
 - The head coach must be over the age of 18. With the approval of the SBBA, assistant coaches may 18 years of age or younger and must be approved by the SBBA.
 - All coaches must register online. All coaches must be approved by the Board of Directors.
 - All coaches must attend all required meetings. Assistant coaches must attend if the head coach is unavailable.
 - Responsibilities.
 - One or more coaches must attend all practices and games.
 - A coach or assistant coach may not appoint a substitute coach under any circumstances. If a substitute coach or assistant coach is required, the Division Commissioner must be notified by the head coach, no less than two (2) days prior to the game. There shall be no substitute coaches unless approved by the Division Commissioner or the Commissioner of the SBBA.
 - *The head coaches are responsible for parents and players conduct. Poor sportsmanship will not be tolerated and may result in ejection, suspension, dismissal from the league, or other appropriate discipline.*
- c. Ethics.
- Coaches shall never criticize players in front of spectators.
 - Coaches shall develop a positive rapport with the players and parents.
 - Coaches shall teach and develop good sportsmanship, teamwork, and fair play.
 - Coaches shall emphasize fundamentals and team achievement.
 - Coaches and everyone connected with the teams and league shall never use abusive or profane language.
 - Coaches shall never threaten to or physically harm or mentally abuse any player at any time for any reason. This type of behavior will not be tolerated and at the discretion of the Board of Directors of the SBBA, will result in ejection, suspension and/or dismissal from the SBBA, or other appropriate discipline.
5. SKILL RATINGS
- All players who register must participate in the league's skill ratings day. These players shall go through the skill rating process every year and submit to the league's draft. All coaches' children shall be rated.
 - The skill rating process shall be conducted by a committee(s) selected by the league's Board of Directors.
 - All players are to be rated according to their skill level. A rating will be given to each player for each drill. The ratings will be the result of a consensus from the team selection committee.
 - All player skill rating forms must remain confidential.

- TEAM SELECTION
 - Each season the teams in each division will be assembled by the league commissioners and the division commissioner of the relevant division. Selections will be made with a focus on team balance and skills parity.
 - The division commissioner, with the approval of the league commissioners, will always retain the right to make adjustments when it will benefit the balance of talent in each division and parity among all teams in every division.

7. REFEREES

- All referees shall be High School certified.
- Referees shall be provided for all games.
- A game may be played with one (1) referee on the court.

• PROPER CONDUCT

- The league's reputation can be affected by the negative actions of one or more persons affiliated with SBBA, on or off the court. Players, coaches, parents, board members, referees, scorekeepers and spectators all share in the responsibility of displaying proper behavior at all times. Quarreling and arguing over playing regulations, referee calls or administrative issues can only create a negative image for the league. This program is developed for the benefit of our youth. Adult leaders are role models for the kids.
 - PLAYER CONDUCT
 - Unsportsmanlike conduct or disrespect for the opposing team, game referee and scorekeepers, will not be tolerated.
 - Unsportsmanlike conduct will be judged at the discretion of the referees and the Board of Directors of the SBBA.
 - Players will refrain at all times from arguing with the referees and scorekeepers.
 - The game referees will be instructed to eject any player from the game for abusive, harmful or unwarranted disruptions.
 - If a player is ejected from a contest because of unsportsmanlike conduct, the team will be assessed a two (2) technical foul penalty and that player will automatically receive a one game suspension. If a player is ejected for unsportsmanlike conduct a second time during the season, the player will be dismissed for the balance of the season.
 - If a player is suspended from any contest, they shall not be permitted at the game site location during the suspended game(s).
 - No fighting will take place at or during any SBBA function. Any player involved will be immediately ejected from the game and suspended for the next game, or if the game is completed, shall be suspended for the next game. Additional discipline may be taken at the discretion of the Board of Directors of the SBBA.
 - Players shall never threaten to or physically harm or abuse any player at any time for any reason. This behavior will not be tolerated, and at the

discretion of the SBBA, will result in ejection, suspension and/or dismissal or other appropriate discipline from the league. All decisions will be handled by the Board of Directors of the SBBA.

- The SBBA reserves the right to discipline any participant who, in its discretion, violates the rules, procedures or spirit of the SBBA.

- **COACHES CONDUCT**

- Each coach will be totally responsible for their conduct and the conduct of their players and spectators. Absolutely no abusive, profane or vulgar language will be tolerated towards players, game referees, scorekeepers and league officials.
- Unsportsmanlike conduct or disrespect for the opposing team, game referees, scorekeepers and league officials will not be tolerated.
- Coaches will refrain at all times from arguing with the referees and scorekeepers. Referees will be instructed to eject any coach from a game for abusive or unwarranted disruptions.
- Unsportsmanlike conduct will be judged at the discretion of the referees and the Board of Directors of the SBBA.
- No smoking or alcoholic beverages will be permitted in the playing areas and those areas adjacent to the playing areas.
- During all games, coaches will remain on the sideline next to his/her team bench. Team benches will be located along the east wall of the St. Brendan gym. Only players and coaches may stand by or sit on the team benches. In the Alligators division, coaches may also stand underneath the baskets.
- If in the judgment of the referees, any coach unnecessarily or excessively harasses the referees or scorekeepers, the referees shall have the discretion and the right to remove any and all coaches at any time during a game from the sideline and require the coaches to sit on the team's bench for the duration of the game.
- If a coach receives one (1) technical foul in any single game, they shall be removed from the sideline and be required to sit on the team's bench for the duration of the game.
- If a coach is ejected from a contest for unsportsmanlike conduct, the team will be assessed a two (2) technical foul penalty and that coach will automatically receive a one (1) game suspension.
- If a coach is ejected from a game for unsportsmanlike conduct a second time during the season, the coach will be dismissed from the SBBA for the balance of the season.
- If a coach is suspended from any contest, they shall not be permitted at the game site location during the suspended game(s).
- No fighting will take place at or during any SBBA function. Coaches shall never threaten to or physically harm or abuse any player, coach, referee, scorekeeper or league official at any time for any reason. This behavior will not be tolerated and will subject the individual to the SBBA's zero tolerance policy and will result in an immediate dismissal from the league

and other appropriate discipline from the SBBA. All such decisions will be at the discretion of the Board of Directors of the SBBA.

- SPECTATORS CONDUCT

- It is imperative that proper conduct be a requirement of all spectators at all times. No swearing or harassment of game referees or scorekeepers will be permitted. Spectators shall at no time use signs, gestures or degrading comments toward opposing coaches, players, other spectators, referees, scorekeepers or administrators.
- Any SBBA official may request that any spectator violating this rule of conduct vacate the facility immediately. If the offending spectator refuses to leave the facility, the basketball game will be suspended until the spectator vacates the premises.
- If the referees assess a technical foul against the spectators of a team, it shall be charged to that team's coach.
- No food or drink, other than water, may be brought into or consumed in the St. Brendan gym at any time
- No pets are allowed in the St. Brendan gym at any time
- All spectators shall remain on the west sideline of the St. Brendan gym at all times during a game; only players and coaches may stand or sit on the east sideline.

- SAFETY PROCEDURES

- It is the coach's responsibility to make sure his/her players are properly supervised at all practices and games. Players are not allowed to use equipment or facilities without the permission of the SBBA and the direct supervision of an authorized SBBA administrator or coach.
- All teams must practice only at those locations approved by the SBBA. If a team practices at any other facility or residence the SBBA has the discretion to suspend or dismiss that team and/or its coaching staff from the league.

- SAFETY OF PLAYERS

- It is the coach's responsibility to:
 - Determine that each player is properly suited and in proper footwear.
 - Be sure the playing area is in a safe condition.
 - Be aware of the general health and physical condition of the players. Take these observations into consideration when making decisions concerning athletic participation.
 - This could be the first time some of the players have played organized basketball. Coaches should take the time to explain to all players the risks involved in playing basketball.

- PLAYING RULES

- The High School Federation Rules shall be the official rules for the SBBA.
- The following rules are supplemental to the High School Federation Rules.
 - The referees may blow the whistle and stop the game to investigate the condition of a player who might be hurt at any time. Play will resume as soon as is practicable. The safety and well being of our players is always the most important concern of the SBBA.
 - The referees may blow their whistles loudly and frequently, stopping the game as often as necessary to advise a player or coach, or to control the intensity of the game.
- **ALLIGATORS DIVISION SUPPLEMENTAL RULES**
 - All teams will practice for the first 20 minutes of its allotted time.
 - All games will start promptly 20 minutes after the allotted starting time. There will be no grace period. The official clock will start whether the teams are playing or not.
 - Games that start late shall be shortened in duration accordingly.
 - There will be four (4) eight minute running time quarters. Each quarter will be divided into two, four minute segments. There shall be a two (2) minute break between each quarter and a five (5) minute half time.
 - There will be no time outs
 - **All coaches will be required to make substitutions at the half way point of each quarter. This player participation rule will be strictly enforced.**
 - In the Alligators Division, all teams shall play a zone defense only. The defensive court shall be divided into four (4) "boxes" located within the three point line. One player shall occupy each box, and that player may not leave his box while playing defense. The fifth player shall stand in the center of the boxes (the paint). The center may not roam but must stay in the center of the boxes (the paint). No man to man defense or double teaming will be permitted. There shall be no back court defense allowed. Once a team has possession of the ball, the opposing team must retreat to their zone defensive positions.
 - **Absolutely no back court defense is allowed. In the event that a team is attempting to play back court defense, the referee shall stop play until that team has retreated to their boxes.**
 - There will be no free throws in the Alligators division. Any made shot while being fouled will result in an additional point.

- Each game shall start with a jump ball. Thereafter, the alternating possession rule is in effect.
- There shall be no forfeits. Teams shall play with reduced squads (4 on 4, etc.) if necessary. Teams with fewer than five players may “borrow” players from the opposing team if both coaches agree.
- The referee shall have absolute discretion to stop play at any time to instruct a player with respect to any rule. It is within the referee's discretion to call traveling, double dribble, etc.
- All referee calls are final. There shall be NO PROTESTS.
- Scores will be kept during gameplay; however, no official standings will be kept or recorded, or posted for this division.
- **BOBCATS, COBRAS AND D-LEAGUE DIVISION SUPPLEMENTAL RULES**
 - All Bobcats, Cobras and D-League Division teams shall have a maximum of ten (10) players.
 - All games will start promptly at the scheduled game time. There will be no grace period. The official clock will start whether the teams are playing or not. Games that start late shall be shortened in duration accordingly.
 - All teams must field a minimum of four (4) players at the start of a game. Failure to field a team of at least four (4) players at the start of a game shall result in an automatic loss. The teams shall play the scheduled game as a mixed team game.
 - The Bobcats, Cobras and D-League Division will play four ten minute running time quarters; however the clock will stop during a free throw after 10 seconds of game time have lapsed except for the final two minutes of the first and second halves where it will stop without lapse, and on the referees whistle in the last two (2) minutes of the second half if the score differential is less than ten (10) points.
 - In the Bobcats Division, Cobras and D-League Division, each quarter will be divided into two (2), five (5) minute segments. Alligators quarters are divided into two (2), four (4) minute segments. **EACH AND EVERY PLAYER MUST PLAY AT LEAST HALF OF THE GAME AND NO PLAYER MAY PLAY THE ENTIRE GAME UNLESS THERE ARE ONLY 4 OR 5 PLAYERS PRESENT. IF 8 OR MORE PLAYERS ARE PRESENT, NO PLAYER MAY PLAY MORE THAN 5 SEGMENTS. IF 7 PLAYERS ARE PRESENT, NO PLAYER MAY PLAY MORE THAN 6 SEGMENTS. IF 6 PLAYERS ARE PRESENT, NO PLAYER MAY PLAY MORE THAN 7 SEGMENTS.**
 - There shall be one (1) minute break between each quarter and one five (5) minute half time.

- In all divisions, each team shall have two (2) time outs per half, nonaccumulating.
- **In the Bobcats Division, during the last two (2) minutes of a game if the score is within 10 points, teams may play half-court defense; however, back court defense is not allowed at any time. If during the last two minutes an offensive player is fouled by one of the players outside the three point line, it will result in two free throws for the offensive team.**
- In the Bobcat division, for all games that end regulation time in a tie, overtime periods will consist of two (2) minutes, the first minute running time, the second minute stop time. Each team gets one (1) thirty (30) second time out per overtime period. There will be a maximum of two (2) overtime periods. All ties after the second overtime period shall remain as ties, except for playoff games. **During the last minute of an overtime period, teams may play half-court defense; however, back court defense is not allowed at any time. If during the last minute an offensive player is fouled by one of the players outside the three point line, it will result in two free throws for the offensive team.**
- In the Cobra and D-League divisions, for all games that end regulation time in a tie, overtime periods will consist of two (2) minutes, the first minute running time, the second minute stop time. Each team gets one (1) thirty (30) second time out per overtime period. There will be a maximum of two (2) overtime periods. All ties after the second overtime period shall remain as ties, except for playoff games.
- In the Bobcats Division, all teams shall play defense within the three point line radius only. **There shall be no back court defense allowed. Once a team has possession of the ball, the opposing team must retreat to their zone defensive positions. In the event that a team is attempting to play back court defense, the referee shall stop play until that team has retreated to their boxes.**
- In the Cobras Division and D-league, teams may play man to man or zone defense. **There shall be no back court defense allowed, except only in the last two (2) minutes of regulation. Except in the last two (2) minutes of regulation, once a team has possession of the ball, the opposing team must retreat to their defensive half court; and in the event that a team is attempting to play back court defense, the referee shall stop play until that team has retreated to their defensive court.**
- In the Cobras and D-League divisions, a player will be disqualified from any game after receiving their fifth (5th) personal foul. The disqualified player must be replaced by a similarly skilled teammate. The opposing coach must approve of the incoming substitution.
- In the Cobras and D-League divisions, in each half, a team will be awarded a one-and-one free throw after each personal foul on the opposing team beginning with the seventh such personal foul and two free throws after each

personal foul on the opposing team beginning with the tenth such personal foul.

- A technical foul called on a parent/spectator will be charged to that team's coach.
- A flagrant foul is any foul where a player or coach charged for the foul has caused or attempted to cause harm to another player through his/her actions on the court. Flagrant fouls will be an automatic double technical foul. A player committing a flagrant foul and/or coach may be removed from the game at the discretion of the referees.
- In all divisions, the game shall start with a jump ball at center court. Thereafter, the teams shall alternate possessions after the initial jump ball. All overtime periods shall start with a jump ball at center court.
- In the Cobras and D-League Divisions, the three (3) second lane violation rule shall be in effect. Any such calls in the Bobcats division shall be at the discretion of the referee only, intended to instruct the player(s) for egregious violations only.
- In the Bobcats division, the referee shall have absolute discretion to stop play at any time to instruct a player with respect to any rule. It is within the referees discretion to call travelling, double dribble, etc.
- **ALL REFEREE CALLS ARE FINAL. THERE SHALL BE NO PROTESTS.**
- Abusive language and any unsportsmanlike conduct will not be tolerated and will result in ejection, possible suspension and forfeiture of the game. This applies to coaches, players, spectators and administrators.
- If a player and/or coach is ejected from a contest because of unsportsmanlike Conduct, the team will be assessed a two (2) technical foul penalty and that player and/or coach will automatically receive a one game suspension.
- Any player and/or coach who engages in any form of fighting either before, during or after a game or any SBBA function, shall be immediately ejected from the contest and suspended for the next game, or if the game is completed, shall be suspended for the next game. Any player ejected during a game shall remain on the bench for the duration of the game. Additional discipline may be taken at the discretion of the Board of Directors of the SBBA.
- If a coach receives one (1) technical foul in any game (except in the case of a technical foul assessed against the "bench" for an infraction by a spectator and/or parent) , they shall be removed from the sideline and be required to sit on the team's bench for the duration of the game.
- If in the judgment of the referees, any coach unnecessarily or excessively harasses the referees or scorekeepers, the referees shall have the discretion and the right to remove any and all coaches at any time during a game from

the sideline and require the coaches to sit on the team's bench for the duration of the game. If a coach refuses to abide by the referees decision, they shall be immediately disqualified from the game and leave the playing area.

- If a player and/or coach receives two (2) technical fouls in any single game, they shall be immediately disqualified from the game. Once disqualified from a game, the player shall remain on the bench for the duration of the game and the coach shall immediately leave the playing area.
- If a player and/or coach is disqualified from two (2) games during the season, they will be dismissed from the league for the balance of the season. Additional discipline may be taken at the discretion of the Board of Directors of the SBBA.
- In all divisions, officially postponed games will be played at a later date if scheduling permits. The date, time and location will be decided by the SBBA.
- The SBBA reserves the right to discipline any participant who, in its discretion, violates the rules, procedures or spirit of the SBBA.