2023-2024 Travel Program Parent Meeting

October 10th, 2023



Agenda

- Board Members (Neal)
- Trusted Officials (Carolyn Derksen)
- Program Philosophy & Outlook (John)
- Travel Expectations (Chris K)
- Parent Code of Conduct (Chris K)
- Player Code of Conduct (Chris K)
- Practices (Chris K)
- Tournaments (Chris K)
- Rochester Tournament (Chris K)
- LN Tournament (Chris S)
- Equipment and Apparel (Chris K)
- LNBBA website/SportsEngine App (Chris K)

Board Members

Lakeville North Boys Basketball Association

John Oxton – Varsity Head Coach

Neal Olson – President

Chris Knight - Travel Director

Cindy Mulcahy – Treasurer

Mike Strong – Equipment Director

Jill Mortenson – Secretary

Chris Stanley – Tournament Director

Brent Stoner – In-House Director

Stephanie Paulson - In-House Director

Minnesota Youth Athletic Services







TRUSTED OFFICIALS

Communicate with Coaches





Parents





Connect with Us!

https://www.myas.org/officials-umpires



Lakeville North Boys Basketball Association

Mission Statement

Our mission is to promote participation and interest in the boy's basketball programs in grades K – 8 for boys who will be attending Lakeville North High School.

Through constructive coaching and administration, we hope to improve the boy's skills at all levels, to develop an awareness of themselves and their capabilities, and to promote a spirit of good sportsmanship.



Association Overview

- Non-Profit 501c3 organization. 100% Volunteer Ran.
- Non District Sponsored = Independent of HS or school program.
- Travel (4th-8th), In-House (K-8th), Summer Camps (K-8th)
- Over 500 kids in our fall/winter 2023/2024 programming. (K-8th)
- Summer Camps Summer 2024
 - Travel Camp 3 week June 10th 28th (Mon-Thurs)
 - \circ 3 on 3 Camps 2 week July 8th 19th (Mon Thurs)
- Training Partners
 - Wear Out The Net (WOTN) AAU Teams
 - ETS Strength and Conditioning

Expectations - Travel Program

- Support your Coaches—coaches are volunteers.
- **Be at Practice** Let your coach know if scheduling conflicts arise. No excuses not to keep your coaches informed.
- Open Communication Discuss issues with your coach/parent. 24 hour rule. Phone call/ in person discussions always better than email.
- **Volunteer** We expect all parents to volunteer during our Lakeville North tournament. (4-6 hours per player)

Expectations - Travel Program

PLAYING TIME

- Playing time will be adjusted based on effort, attitude, attendance, knowledge of assignment, and game situation.
- Position / Role may be adjusted during the season.
- Balance setting kids up for success and taking on challenges. Development is our goal.

Parent Code of Conduct

You represent Lakeville North Boys Basketball and your behavior (positive or negative) has a lasting impression on you, your son and the community.

 Any adult who is using alcohol, tobacco or non-prescription drugs and/or appears intoxicated at a LNBBA event, and/or who is flagrantly rude, attempts to intimidate, verbally abuse, heckles, taunts, ridicules, boos, uses vulgarity or profane language/gestures with an official, coach, volunteer, staff member, participant or other event attendee, shall receive a verbal warning and/or be asked to leave the event.

Parent Code of Conduct

- Any youth of which such person is the Parent or Guardian may also be removed from the event.
- Any adult who commits one of the above stated offenses a second time, will be banned from any and all LNBBA events for a period of one year from the date of the second offense, and youth of which such person is the parent or guardian may also be removed from the program(s) for that time period.
- Any adult who physically assaults an official, coach, volunteer, staff member or participant or threatens grave bodily harm may be banned from any and all LNBBA events for one year from the date of the offense, and any youth of which such person is the parent or guardian may also be removed from any and all LNBBA programs for that same period of time.

Expectations



Player Code of Conduct

- I will not berate or talk back to the officials or my coaches.
- I will not "trash talk" my opponent or my teammates.
- I will not use profanity.
- I understand I control my effort and attitude, and that my attendance at practice and being a good teammate will have impact on my playing time.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, contest administrators and officials at every game.
- I will treat other players, coaches, fans and officials with respect regardless of race, gender, creed or ability.
- I will express my concerns through the proper channels in a respectful manner.

Player Safety

- All coaches must go through background check, concussion training and SAFE Sport abuse prevention training.
- Injuries need to be reported to both coaches and travel director.
- Most tournaments have trainers on site. When in doubt.. Sit them out and take them in to see a doctor.
- Association insurance. \$25K Medical Coverage, \$2M Injury
- Practice attendance expectations.

Player Safety

MINNESOTA CONCUSSION LAW

- All coaches (head and assistants) and officials receive concussion training and education by September 1, 2011, and then at three-year intervals thereafter.
- Coaches must remove an athlete from activity if they exhibit signs, symptoms or behaviors consistent with a concussion and/or are suspected of sustaining a concussion.
- The law also requires an appropriate health care professional's signature to return to play if an athlete is removed due to a concussion or is showing signs or symptoms of a concussion.

Practices

- Begin practice the week of October 23rd.
- Practices will be twice a week. Due to limited gym space, there may be times where 3 teams are sharing a gym. Nontournament weeks may offer weekend practices.
- Practice times and locations will vary based on availability.
 Weekend/Wednesday/5 pm
- Please inform your coach of your player's availability in SportsEngine.
- Please arrive 10-15 minutes early to practice, there are designated areas to get ready in all facilities.

Travel Fees

5th-8th Graders - \$550 4th Graders - \$500

Invoices will be sent out via email from SportsEngine this week.

Financial assistance and scholarships available.

Tournaments

	Month	Dates	2022-2023
1	November	4/5	
2	November	11/12	Maple Grove
3	November	20/21	
4	November	25/26	
5	December	2/3	Farmington
6	December	9/10	East Ridge
7	December	16/17	Chanhassen
8	December	23/24	
9	December	30/31	
10	January	6/7	Hastings
11	January	13/14	Shakopee
12	January	20/21	Lakeville North
13	January	27/28	
14	February	3/4	White Bear Lake
15	February	10/11	
16	February	17/18	Lakeville South
17	February	24/25	Rochester (5th-8th Grade)
18	March	2/3	MYAS 4-6th (Optional)
19	March	9/10	MYAS 7-8th (Optional)

Rochester Tournament

• 5th-8th grade teams will participate.

Overnight tournament – generally Friday and Saturday nights.

• LNBBA has a block of rooms at the Best Western Apache.

Door Posters & Team Meals

Lakeville North Tournament

- Jan 20th & 21st 7AM 9 PM
- Locations: Lakeville North and South, Century, Kenwood, and McGuire
- One of the largest tournaments in the state with over 215 teams this year.
- Admission free for all spectators (no gate fee model)
- Sponsorship Opportunities Available

Lakeville North Tournament

- 100 % Volunteer Ran
 - Sign up via DIBS online in early January.
 - You will be scheduled opposite of your games.
 - Volunteer Shifts = 1.5, 2, or 3 hour shifts
 - Volunteer Positions
 - Setup (Friday Night/Saturday AM)
 - Concessions
 - Onsite Coordinator
 - Floater
 - Tear down/cleanup(Sunday Night)
 - Head coaches are excused from volunteering.

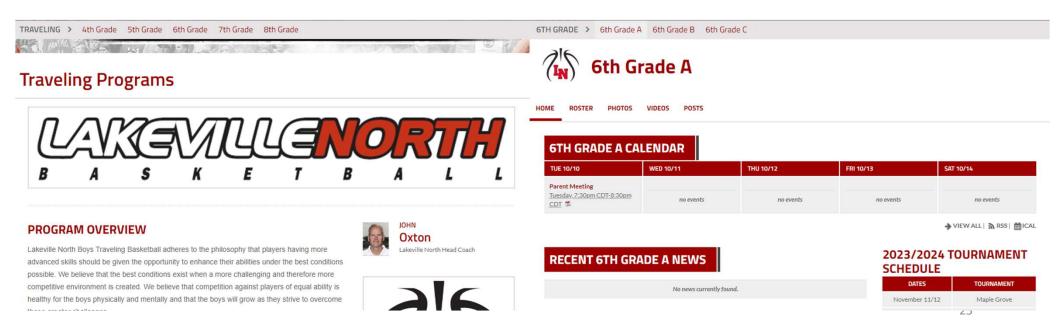
Equipment & Apparel

- New uniforms last season.
- We are not asking for a uniform deposit this season. Please be responsible for returning your son's jersey at the completion of the season.
- All players new to travel will receive a bag and a reversible practice jersey.
 All players will also receive customized warm up/shooting shirt!
- Order replacement practice jerseys, link will be added on website (travel page)
- Team and Fan Apparel Store (Open now thru Oct 16th)
- Picture Night November 16th



LNBBA Website www.lakevillenorthbba.org

- Tournament schedule updated
- Team pages and rosters have been updated
- Practices will be added as dates and times become available



SportsEngine App

- Download the SportsEngine Mobile App
- Coach or Team Manager to add game schedules as they become available for each tournament
- Subscribe to schedule to add to your mobile phone calendar
- Parents can RSVP for practices and games in the app
- Coach or Team Manager can send out Messages for team updates
- Team can use the Chat feature for real-time conversations (push notifications)

Meet with your Coaches

- Connect with your coaches
- Take 10-15 minutes in the LNHS Commons area to make intros and set some expectations.