A Message from the Athletic Director

Dear Pius XI Catholic High School Families and Fans,

I like to welcome you all to another year of Pius XI Catholic High School Athletics.

As we all know, the COVID-19 pandemic has impacted every aspect of our lives, both personally and professionally. With these challenges has come new opportunities and decisions have been made to help us best care for our athletes, their families, our coaches and the community. The health and safety of our student-athletes and their families, coaches, and staff is our top priority.

Here are the current protocols and guidelines regarding athletics. All coaches, players, and spectators are required to wear a mask when they step in the building with some exceptions for athletes.

Athletes and coaches participating in outdoor sports will not need to wear masks when playing outside. Spectators at this time are not required to wear masks. Athletes participating in indoor sports will not need to wear masks when competing or practicing but players on the bench, coaches, and spectators must be masked. As a reminder, masks should be solid or patterned with no words (except for Pius XI) or images in accordance with our dress code policy.

The use of the weight room, fitness room, wrestling room, classrooms, or any other meeting place inside, ALL COACHES AND ATHLETES MUST BE MASKED.

Transportation - Masks must be worn at all times on school buses and vans transporting our athletes/coaches.

Spectators - Must be wearing masks properly for all indoor sporting events.

Hydration - All students shall bring their own water bottle.  Water bottles must not be shared.

Onsite rapid COVID testing will be available for staff and students whose parents have signed a waiver allowing them to get tested. This is an option for anyone concerned about symptoms or exposure and will hopefully limit disruption to learning because of quarantine protocols.

**Quarantine rules**

1) Students who test positive will be required to quarantine 10 days from when symptoms started as well as be fever and symptom free for 24 hours. Students who are

Asymptomatic will be able to return after 10 days or after 7 days with a negative test.

2) Vaccinated students who are exposed to someone who is positive for covid-19 will not be required to quarantine unless symptomatic. Vaccinated students are recommended to take a covid test within 3-5 days of exposure in order to confirm they are negative (on site testing available for these cases, with parent consent).

3) If a member of your household tests positive and you are not able to isolate (isolation

Meaning separate living quarters with bathroom), the vaccinated household member

would need to quarantine for 10 days and then could return to school masked. Between

the 3-5 days upon return, the student should take a covid test and can remain in school

if it is negative (on site testing available for these cases with parent consent).

4) Unvaccinated students who are exposed to someone who is positive for covid-19 should quarantine for up to 10 days. If receiving a negative test on day 7 and not symptomatic, the student may return to in-person instruction. If the student does not get a test they will be out for a full 14 days.

5) Close contact is defined as someone within 6 feet for 15 minutes or more.

Pius XI Catholic High School and the Athletic Department works continuously to create as safe an environment as possible for our students and teams. We appreciate your continued support and understanding.

Sincerely,

Kevin Kehoss

Athletic Director

Pius XI Catholic High School