





TURN BY TURN DIRECTIONS

- Exit from start line and go straight ahead 200 mts./ 0.124 mi
- Turn right and go straight ahead 300 mts. / 0.186 mi
- Turn left and go straight ahead 400 mts. / 0.248 mi
- Turn left and go straight ahead 500 mts. / 0.310 mi
- Turn left and go straight ahead 500mts. / 0.310 mi until swim exit and go into transition 1 zone

LEGEND

-  TRANSITION 1 AREA
-  START LINE
-  TURN BUOYS
-  OUTBOUND SIGHTING BUOYS
-  RETURN SIGHTING BUOYS
-  RUN OUT TO TRANSITION