

2022 HAMILTON LACROSSE GIRLS FIELD DIRECTOR REPORT

AGM OCT. 18 at 7:30 p.m.
Dave Andreychuck Mountain Arena

Directors: Jen and Bill Moore

The girls' field lacrosse program continues to thrive as we saw another productive summer in 2022.

Hamilton Lacrosse girls' field was again able to hold registration numbers to 73 participants from the same in 2021 and 2020, after coming down from 99 in 2019. We were again unable to include a women's senior team but are working with OWFL on what that will look like.

The year started 2022 with the return of a winter skills program. This program was once again intended to re-group existing players and introduce lacrosse to new players. We ran Sunday mornings for six weeks at Players Paradise in Stoney Creek.

The clinic started off with some COVID-19 restrictions in place and an uncertain summer on the horizon.

Ontario Women's Field Lacrosse association offered a slightly shorter season with only 10 regular season games played in 2022 with World Lacrosse, Ontario Summer Games and a return to play in Ontario dictating programming.

Hamilton was able to field a U13 and U19 team for rep play. Down from pre-Covid levels of a team in each age division.

However, we were able to continue our house league Sixes program and started the beginning of a field lacrosse house league for girls ages 4 and up.

Outdoor grass field time was secured at Mohawk Sports Park on field 5 then 4, from mid-May to the end of July. We hope to secure two fields next summer as we continue growth.

We ran house league and rep practices on Tuesdays and Thursdays between 6 and 9 p.m.

Covid -19 restrictions were mostly dropped by the province as the season progressed. We did not have any outbreaks.

House league ran on Tuesdays for practices and skills and Thursdays for games of Sixes with 59 participants in all.

- **10** Baby Bengals – ages 4-5 on Tuesdays from 6-7 p.m.
- **30** U11-13 - ages 6 to 12 on Tuesdays and Thursdays from 6-7 p.m.
- **19** U15-19 – ages 13 to 17 on Tuesdays and Thursdays from 6-7:30 p.m.

Our rep programming had two teams.

- U13 had **14** players
- U19 had **22** players

Let's take this time to congratulate our U13 Bengals and their coaches Mike Vidal, Cam McConnochie and Amy Kay, Jackie Belisle, Beth Hawk on their gold medal in the C division this summer.

And, our U19 team as they participated in the U19 A OWFL division with coaches Hannah Moore and Brendan Sweeney.

Congratulations as well to a couple verbal commits made this fall by two Hamilton athletes. Cayden Holdsworth to Averett University in Virginia and Malia Galan to Davis and Elkins College in West Virginia.

Many Hamilton senior players came back once again this summer to help coach and mentor the season from helping with skills in house league to coaching our rep players sometimes both. This group of volunteers included: Hannah Moore, Cam McConnochie, Melanie Schleeahn, Lauren Bain, Tristan Holdsworth, Olivia Monaco, Cayden Holdsworth and . We thank you for your commitment.

As well, we couldn't play without our other volunteers like Brendan Sweeney, Brent and Tara Holdsworth, Mike Vidal, Amy Lord, Jackie Belisle and Beth Hawk.