

WAUKESHA HIGH SCHOOL(S) ALPINE DOWNHILL SKI RACE TEAM

Letter Requirements (2023-24 Season)

Background Information:

1. Each High Schools Alpine Ski team is generally scheduled to race in a maximum of 6 regular meets each season.
2. Each weekly meet consists of 2 individual races; there are 6 meets per season and so 12 individual races in a season, i.e. 2 race sets per evening meet.
3. There are up to six boys and six girls who will race on either the junior varsity (JV) or varsity (V) squad or ski as an exhibition skier, per meet. The top four out of six possible total racer times, per course race, are used to calculate best team times for the boys and girls, for each meet. The top four out of a possible six racer times per team will qualify as fastest time per race to add to that “teams score” for that nights meet.
4. Note: there may be a season(s) where we have lower or higher numbers of competing skiers, either as a whole or on a Boys or Girls Team. In those years, and depending upon the competing level of skiers, we may opt to only race a JV squad, or a V Squad, or Both a V and JV Squad, however just by being on a JV or V squad does not indicate any guarantees of letter attainments. Below JV or V criteria would still need to be met. Also, in any season and along the note of total number of competing skiers, in any given year we are allowed by rules and may have a Girl(s) race on any of our Boys JV or V team, however we cannot have any Boys race on any of our Girls teams. If a Girl were to compete on a Boys team, she could qualify for state or JV conference on that team, should they qualify, however she would not qualify for state as an “individual” Girls racer should she individually medal in any one race while on the Boys team. All things to be considered when we align our racers teams per season and per each weeks meet.
5. Race order positions may change for each meet and/or be dispersed between the JV and V squad.
6. Stated once again, just by racing on the Junior Varsity or Varsity squad for one or more races does not mean that racer qualifies for a JV or V letter for that season.
7. Awards of JV and V are not meant as participation awards, but rather to be earned.
8. The decision as to who makes the V and JV squad for a particular meet is based off the following criteria:
 - a. Attendance at practices...Dryland and On-Hill and/or at a team event.
 - b. Participation at practices.... Dryland and On-Hill and/or team event.
 - c. Ski ability, skill sets and ski performance at practices.
 - d. Times and overall finish results and placements in the previous race(s) or meet(s)
 - e. Total number of competing Waukesha student-athlete skiers each season and/or at each meet or race.
 - f. Coaches’ discretion
 - g. Racer squads of V or JV or Exhibition can change from week to week, and/or from GS to SL Race.
9. Athletes are expected to participate in pre-season dryland training and/or a fall sport. Once the Fall Sport is finished, we expect to see the athlete at ski dryland training. **Dryland is not optional.**

Criteria for a JV Letter:

1. Finish the season in good standing (i.e., do not quit or finish with discipline nor academic nor code violation issues).
2. Attendance, participation, and continued growth in practice.
3. No more than two (2) “unexcused” absences per year. An unexcused absence at a practice and/or Race is one where the student-athlete, personally, does not notify the head coach of their intended absence, via StatWack, Text or telephone or in person, and/or does not receive approval for the missing practice or race. Parents, please help your athlete communicate their updates themselves. We want to help the athlete grow and improve in their responsibilities and communications abilities and skills.
4. Participant must be on the team through the whole season (i.e., member cannot quit halfway through the season and still receive a letter). Participant may join at any time during the season, prior to Dec. 15th deadline, and upon completing the season will receive the JV letter if criteria are met.
5. Attendance and participation at meets: Skier must have a total of 8 of 12 total possible qualifying race times on JV or V for a season.

6. Coaches' discretion
7. Any violation of the high school "athletic code" will terminate any chances of receiving a JV letter.

Criteria for a Varsity Letter

1. Finish the season in good standing (i.e., do not quit or finish with discipline nor academic nor code violation issues).
2. Attendance, participation and continued growth in all practices and races...dry land and on-hill practices and races.
3. Attendance and participation at race meet... must have a total of 10 of 12 total possible qualifying race times on JV or V. And must have a total of 8 of 12 total possible qualifying race times solely on V.
8. No more than two (2) "unexcused" absences per year. An unexcused absence at a practice and/or Race is one where the student-athlete, personally, does not notify the head coach of their intended absence, via StatWack, Text or telephone or in person, and/or does not receive approval for the missing practice or race. Parents, please help your athlete communicate their updates themselves. We want to help the athlete grow and improve their responsibilities and communications abilities and skills.
4. If student athlete has participated on the Varsity Team for 4 years, then the student-athlete will earn a varsity letter...so long as all other Varsity participation and attendance criteria has been met.
5. On any race that skier races on the Varsity squad, that evening's race's, "Total Combined Results" of individual skier must have their total combined times resulting in the athlete finishing in the top 50% of those nights competing total teams Varsity race times for their Gender. Example. If a night's meet consists of a total of 3 teams (at 6 racers per team), competing that evening for a total of 18 racers, then the Waukesha Girl or Boy individual skiers total combined times would need to result in them placing 1st thru 9th for that meet for their Gender they raced. Another example would be if a night's meet consists of competing teams totaling up to 30 competing racers (i.e., 5 teams each with up to 6 racers max per team). Then the individual Waukesha skier's total combined times would need to place them 1st thru 15th for that evening's race (\leq to fastest 50% of total competing racers). If 4 teams are competing in a meet, individual skier needs to place 1st – 12th overall for that evening's race and so on. These criteria must be met on a minimum of half (50%) of their season races where student athlete participated on the varsity squad for that evening's race. Example: If a racer raced on varsity for required minimum 4 races on V for that season, then that racer would need to have results in the top 50% of that night's racers for half or 2 of 4 of their four Varsity race meets. Ex: if a racer raced on all 6 Varsity race meets, they would have been required to finish in top 50% at half or 3 of their 6 race meets.
6. If during the season on any one meet, a participant has a podium finish resulting with the racer receiving an individual medal (First place, second place or Third place), they will earn a varsity letter.
7. If participant qualifies for the Wisconsin Alpine State Meet in mid-February, that participant will earn a varsity letter.
8. Participant may also receive a "V" letter by Coaches discretion.
9. Participant must be on the team through the whole season (i.e., member cannot quit halfway through the season and still receive a letter). Participant may join at any time during the season, prior to Dec. 15th deadline, and upon completing the season will receive the Varsity letter if criteria are met.
10. Any violation of the high school "athletic code" will terminate any chances of receiving a Varsity letter.

Other Awards

1. Gold Bar: A Bar will be awarded to any participant who achieves a second varsity letter to above V criteria.

Athlete Signature (Read, reviewed, and understood)

