



Arizona Sky Volleyball Academy

Vision

To be the best at developing volleyball players.

Mission

Our goal is to develop players and inspire them to fight through hard situations, so they can win on the court and in life.

Values

We believe in developing the complete student athlete by instilling hard work, training to have an intentional focus, leading by example, problem solving as a team, and treating others with respect on and off the court.

Player Development

There is nothing more important to us than helping your daughter develop her volleyball skills so she can succeed on the court. It is equally important to help her understand how to succeed off the court. We believe volleyball is a tremendous environment to learn the skills needed to win in life. As competitors, we want to win at everything we do, but it's important we define what "winning" means to us. Winning doesn't always mean we get the outcome we want. It means we did everything possible to be in a position to get the outcome we desire. We believe you must earn what you get in life by displaying a positive attitude, strong work ethic, being a great teammate, and executing to perform. By being a part of AZ Sky, your daughter will get an opportunity to grow as a player and as a person. Growth isn't always comfortable, but we will work hard to support, encourage, and challenge your daughter on this journey.

Current Programs

We will continue to offer and work to improve the programs that have brought AZ Sky success.

- **CVP:** Our flagship training program that will help your daughter improve her volleyball skills through position specific drills and situational game play.
- **Skills Sessions:** Position specific training.
- **Recruiting:** Guidance for players wanting to play in college.
- **Coaches Clinics and Privates:** Opportunities to work with specific coaches.

Future Programs

We are aiming to add programs that will improve our ability to develop players.

- **Sports Performance Training:** Weight training and conditioning which will teach players how to become more explosive so they can improve their performance and reduce injury risk.
- **Nutrition:** Education and plans to help athletes to understand how to fuel their bodies for peak performance.
- **Mental Performance:** Strategic planning through specificity that empowers players to be consistently successful.

New Website (azskyacademy.com)

We are trying to enhance the player and parent experience through an upgraded website that is more user friendly and informative.

- Online registrations
- Academy events
- Training options
- Teams
- Parents
- Front Office
- Facility
- Recruiting

State of the Art Facility

We are looking to improve the facility to meet our standard of excellence and provide the girls with the best environment for them to develop.

- Paint
- Bathrooms
- Flooring
- Nets
- Equipment

Open Houses

The purpose of our Open House period is to provide an opportunity for your daughter to showcase her ability, get to know our coaches, and gauge who their teammates might be. These are very important to attend because they give us an idea of what teams could potentially look like.

- 14 and Under: November 11 - November 20
- 15 - 18: November 22 - December 4

**Specific days for each age group will be announced in the next few weeks.*

Tryouts

The purpose of Tryouts is to solidify our teams for the season. We hope to have a spot for every girl that attends tryouts, so we would like to have 28-30 teams.

- 14 and Under: November 21

**(uniform fittings will be in the morning on Sunday November 22)*

- 15 - 18: December 6

**uniform fittings will be late afternoon / early evening on Sunday December 6*

Season

We want to create an environment for your daughter to reach her goals and provide as many opportunities for you to see your daughter play because you will never get this time back.

- *Hudl: Record matches, log stats, create highlight videos and more.*
- *Travel Tournaments: We want to maximize exposure for you daughter.*
- *New Open Format: 6 Team Pools / 3 Team Brackets with Cross Pool Play.*
- *Club and Championship: Remains the same.*

“You must earn what you get by displaying a positive attitude, strong work ethic, being a great teammate, and executing to perform.”