

Welcome to Recruiting

Overview

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- **University of Alabama in Huntsville - Assistant Coach**
- **NASA North Recruiting Coordinator**
- **15th year with NASA**
 - **Head Coach/Assistant Coach Ages 13-17**

WHAT I SUGGEST #1

- CREATE UNIVERSITY ATHLETE ACCOUNT
 - Do NOT pay money. The free account is all you need.
- UNIVERSITY ATHLETE:
 - Database for all recruitable athletes
 - First place college coaches check to find athletes

<https://universityathlete.com/#/>

WHAT I SUGGEST

#2

- CREATE A YOUTUBE ACCOUNT/CHANNEL
 - Coaches Say:
 - University Athlete
 - Google

Coaches want to see that you have taken measures to not only make film, but also make it easy for them, as coaches, to watch the film....all in one place.

WHAT I SUGGEST

#3

- EMAIL, EMAIL, EMAIL
 - Athlete not Parent
 - Do not get frustrated if you do not hear back immediately
 - Send an email every time you have updated your skills video

Extras That I Suggest:

- **FieldLevel**
- **“Sports Only” Social Media Account**
- **Recruiting Showcases**
- **Elite Camps**
 - To schools that you are interested in and to those schools who have contacted you

16'S

- University Athlete
- Recruiting Pages (List of Schools)
- Highlight Film
- YouTube Channel
- Start Emailing to Introduce Yourself
- Social Media

17'S

- University Athlete
- Recruiting Pages (List of Schools)
- Highlight Film
- YouTube Channel (adding new film regularly)
- Start by following up on emails you've already sent....then start emailing roughly 10 schools a week
- FieldLevel
- Social Media

Things to think about:

- Transfer portal/graduate 5th years has completely changed recruiting
- JUCO recruiting is a great option right now with a LOT of money to offer.
 - Unfortunately coaches are looking at transfer portal and JUCO graduates first
- LOOK INTO SCHOOLS YOU WOULD LOVE WITHOUT VOLLEYBALL
 - On the way to tournaments, drive through college campuses to see what type of campuses you like or don't like

DIVISION I

First: Athleticism

- Priorities of the components of athleticism varies by position.

Second: Attitude and Body Language

Third: Arm Swing and speed

HOW DO YOU FIND ATHLETES?

University Athlete + Google, Recruiting Coordinator

Can not split amount.

Either you have a full scholarship for the year or you do not.

Able to give players stipends

Can split money over years.

Division I

(Based on national average)

Average Height(s)

- Outside Hitter: 6'0"
 - 53%- 6'0" or taller
- Opposite Hitter: 6'1"
 - 74.5%- 6'0" or taller
- Middle Blocker: 6'1"
 - 43.2%- 6'2" or taller
- Setter: 5'10"
 - 52% of athletes- between 5'9" and 5'11"
- Libero: 5'6"
 - 50% of athletes- between 5'5" and 5'7"

DIVISION II

First: Positional Need

Second: Physical/Athletic Ability/Volleyball IQ

Third: GPA/Test Score/Team Culture

HOW DO YOU FIND ATHLETES?

University Athlete + Google, Recruiting Coordinator,
Recruits emails, Instagram

**Can Split Academic/
Athletic Scholarships**

**Preferred to combine
Academic and Athletic
scholarships**

Division II

(Based on national average)

Average Height(s)

- **Outside Hitter: 5'10"**
 - 19.8%- 6'0" or taller
 - 61%- between 5'9" and 5'11"
- **Opposite Hitter: 5'11"**
 - 41.7%- 6'0" or taller
- **Middle Blocker: 6'0"**
 - 60.3%- between 5'11" and 6'1"
- **Setter: 5'8"**
 - 54% of athletes- between 5'7" and 5'9"
- **Libero: 5'5"**
 - 64% of athletes- between 5'4" and 5'7"

DIVISION III

First: How they communicate

- To coaches, teammates, and parents

Second: Energy and Motivation


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Third: Ability to Compete

- Technique, athleticism, decision making skills

HOW DO YOU FIND ATHLETES?

University Athlete + Google, Recruiting Coordinator,
Recruits Emails



Only Academic Scholarships Available but
many opportunities for scholarships
through your academic achievements.

Division III

(Based on national average)

Average Height(s)

- Outside Hitter: 5'9"
 - 58.4%- between 5'8" and 5'10"
- Opposite Hitter: 5'10"
 - 52%- between 5'8" and 5'10"
- Middle Blocker: 5'11"
 - 61%- between 5'10" and 6'0"
- Setter: 5'7"
 - 52% of athletes- between 5'6" and 5'8"
- Libero: 5'5"
 - 54.6% of athletes- between 5'4" and 5'6"

NAIA

First: How they communicate

- To coaches, teammates, and parents

Second: Energy and Motivation

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Third: Ability to Compete

- Technique and athleticism

HOW DO YOU FIND ATHLETES?

University Athlete + Google, Recruiting Coordinator,
Recruits Emails



Does not follow NCAA rules

They are like JUCO but 4 years

NAIA

(Based on national average)

Average Height(s)

- Outside Hitter: 5'10"
 - 55.7%- between 5'8" and 5'10"
- Opposite Hitter: 5'10"
 - 51.9%- between 5'10" and 6'0"
- Middle Blocker: 5'11"
 - 60.6%- between 5'10" and 6'0"
- Setter: 5'7"
 - 47.6% of athletes- between 5'6" and 5'8"
- Libero: 5'5"
 - 48% of athletes- between 5'4" and 5'6"

RECRUITING CALENDAR TERMS

QUIET PERIOD

CAN: Email/Text/Talk in Person On Campus
CANT: Watch in Person/Talk in Person Off Campus

CONTACT PERIOD

CAN: All forms of communication

DEAD PERIOD

CAN: Email/Text
CANT: Watch in Person/Talk in Person

EVALUATION PERIOD

CAN: Email/Text/Watch in Person/Talk in Person On Campus
CANT: Talk in Person Off Campus

VISITS

August 1 of Junior Year
(Can arrange unofficial visits before August 1 of Junior Year but no coach interaction/recruiting before that date)

RECRUITING CALENDAR– Division I

(can not talk to athletes until June 15 after sophomore year)

- August 1-31, 2022: Quiet period
- September 1 – November 30, 2022: Contact period
 - Except: November 7-10, 2022: Dead period
- December 1, 2022 – February 16, 2023: Quiet period
 - Except: During the AVCA annual awards banquet, college coaches can accidentally bump into two-year college athletes who've been awarded. But they are not allowed to have any conversations about recruiting at that time.
 - Except: December 15-18, 2022: Coaching staff is permitted to evaluate recruits on one day only, starting the Thursday of the NCAA Division 1 Women's Volleyball Championship through the Sunday immediately following the championship. The event they recruit at must be within a 30-mile radius of the championship site, and they cannot attend any events that take place at the same time as a collegiate game.
- February 17 – July 31, 2023: Contact period
 - Except: May 1 – June 1, 2023: Quiet period

RECRUITING CALENDAR– Division II

(can not talk to athletes until June 15 after sophomore year)

- November 7 (7 a.m.) – 9 (7 a.m.), 2022
- Except: When the dead period occurs during the U.S. Diving National Championships, authorized coach staff members are allowed to watch recruits participating in that competition.
- Except: When the dead period occurs during the North American Cup Fencing Championship, authorized coach staff members are allowed to watch recruits participating in that competition.
- Except: When the dead period occurs during the Junior Olympic Rifle Championships, authorized coach staff members are allowed to watch recruits participating in that competition.

RECRUITING CALENDAR- DIVISION III/NAIA/JUCO

- Can do any communication at any time.


What do I have to help?

1. List of all **schools** in the Southeast (all Divisions)
2. **“How to”** document for Highlight Film
3. **Email template** to send to use for emails to coaches
4. Guide to **emailing** college coaches

What do I do to help?

1. Review emails prior to sending to college coaches
2. Review highlight film prior to posting to YouTube or sending to coach
3. Advice throughout recruiting process
4. Make connections with coaches
5. Honest feedback about list of schools
6. Guidance through recruiting process because of the transfer portal and 5th year (COVID year)

There will be a link in
the GroupMe
for 1 on 1 times

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