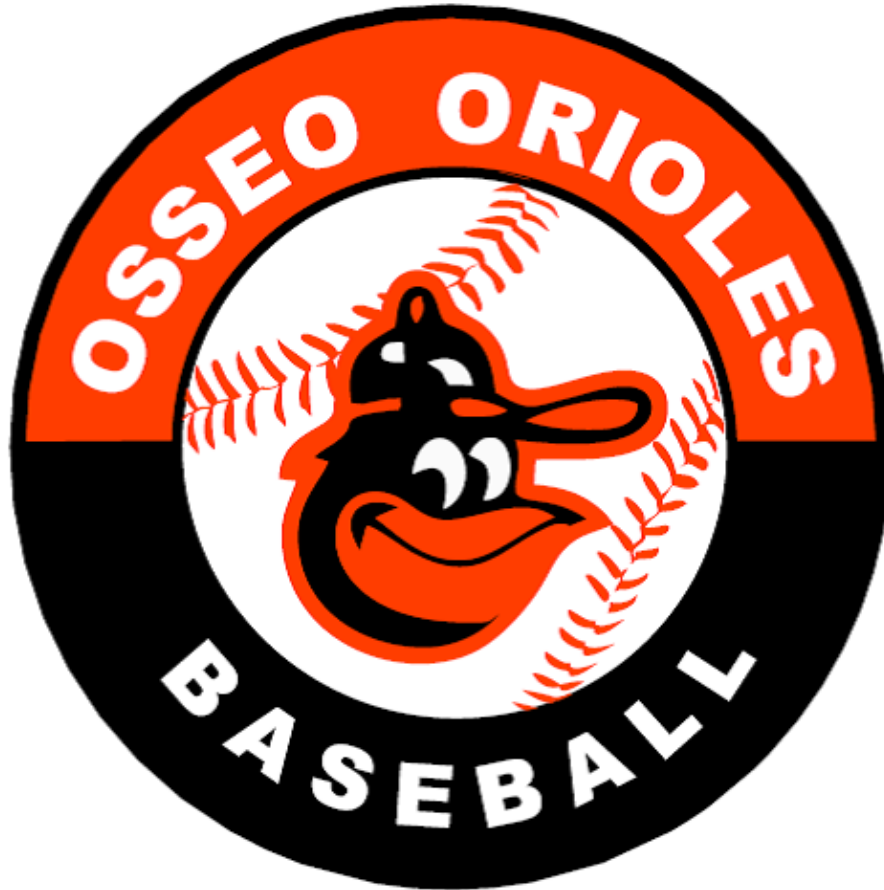


# **OSSEO ORIOLES BASEBALL**



## **TEAM HANDBOOK 2024**

NAME: \_\_\_\_\_

## **Osseo Baseball Team Policies**

1. All Minnesota State High School League Rules will be enforced
2. All Players are expected to wear proper attire and all safety equipment at all times
3. All Players are expected to be at every practice, meeting, and games unless pre-excused by a coach or school administrator
4. Absences:
  - Excused Absence – Family or personal emergency or pre-excused by Coach  
*Consequence – No Penalty*
  - Unexcused Absence – Any absence that is not pre-excused or a family personal emergency  
*Consequence – Player will not be allowed to compete in the next game*
  - Tardiness – *Consequences will be at Coaches discretion*
5. Player will adhere with district policy for travel to and from games. If there is transportation for the team players will be expected to ride with the team.
6. Lettering Criteria
  - Participate in 3 consecutive years in the Osseo High School Program
  - On the Varsity Playoff Roster
7. All injuries should be reported to the coach and also the athletic trainer at Osseo or at the away teams school
8. No jewelry should be worn at games or practice
9. Treat all player, coaches, umpires with RESPECT
10. Swearing will not be tolerated
  - Consequences- *will be at Coaches Discretion*

## **Guidelines for Coaches and Players**

Coaches and players have a unique position in the school community and have an opportunity to provide leadership for all school personnel by their actions while participating in the athletic program. It is important that this unique position of leadership be utilized in a responsible manner.

- 1. Treat your opponent with respect. Make a special effort to be courteous and respectful even when you feel your team has not been treated fairly.**
  - a. Be a humble winner and a proud, respectful loser**
  - b. Conduct yourself in a manner of controlled intensity**
  - c. Use only positive verbal interchange with any person from opposing team or school**
  - d. A handshake or pat on the back is the only physical contact acceptable outside of the normal contact allowed in each sport.**
- 2. Respond to officials' decisions in a controlled manner and with a spirit of good sportsmanship.**
  - a. Use only positive actions and words towards officials**
  - b. Use principles of sportsmanship and fair play regardless of the situations or outcome of the contest**
- 3. Make certain buildings and grounds are in good condition when you finish using them.**
  - a. Respect opponent's school and fields; also any personal property in the area**
  - b. Pick up any litter from the area and leave area in better condition than you found it.**

# **Player Expectations**

## **Expectations**

- Strive for academic excellence
- Be ready before scheduled start time
- Be serious about practice – *strive to improve everyday*
- Do the little things – *physically and mentally – Be mentally prepared for practice don't just go through the motions*
- Clean-up after yourselves – dugouts – fields – hitting stations
- HAVE FUN

## **Game Expectations**

- **Appearance is important!** You look good you play good!
  - Wash your uniform
  - Be in full uniform for B.P for Home Games and before we get off the bus on Road Games. **(No flip-flops or Crocs)**
- Cheer for your teammates – Have a positive attitude
- Don't let your emotions show – *Stay composed*
- Show Respect for the umpires
- Hustle at all times (Pre-game, In-game, & Post-game)
- Be a good sport! Show sportsmanship to teammates, umpires, opposing players, coaches, and fans)
- Represent YOURSELF, YOUR FAMILY, YOUR TEAM
- Mentally prepare yourself for the game – Get yourself ready to play
- HAVE FUN!

## **Team:**

- No individual is bigger than the TEAM or the game of baseball.
- Trust your teammates' and your own abilities. Believe in each other and in our team goals
- Someone will undoubtedly be in a situation to have a chance to win each game... you may be that person. DID YOU PREPARE?
- You are an essential part of OSSEO ORIOLE BASEBALL.

## **Playing Time:**

Playing time is something that is earned. It is not the coach's obligation at any level to spread out playing time equally. Coaches will reward ability and hard work with playing time. Talk to your coaches about playing time issues and they will be honest with you. Coaches want to hear from the player.

## **Parents**

Parents are a very important part of the Osseo Baseball program. Please be supportive and encouraging of your son, his teammates, the coaches, the umpires, and the opposing teams. There are 4 roles at every game: player, coach, umpire, and fan. A person can only take on one role at a time. Your positive and supportive actions towards your son and his team are crucial to the success of the program, on and off the field.

We ask that a parent never call or text a coach to discuss playing time, personnel, and coaching suggestions. It is inappropriate, unethical, and against high school league rules for us to talk about anyone other than your son. It is just as inappropriate for you to talk to us about them. Please do not put a coach in a difficult situation by talking to them about other baseball players.

### **Communication Chain/Order**

1. Osseo player talks with his Head Coach
2. If an understanding is not found: Osseo player & parent talk with player's Head Coach
3. If an understanding is not found: Osseo player & parent talk with player's Head Coach and Coach Groebner
4. If an understanding is not found: Osseo player & parent talk with player's Head Coach, Coach Lavin, and Activities Director Quan

**The Coaching Staff requests that you, as a parent, adhere to the following grievance guidelines:**

- Coaches request that email be the primary form of communication between parents and coaches
- **Please do not approach any coach at the field at anytime.** At the field, coaches are focused on baseball and coaching responsibilities. Coaches will not handle questions and concerns before, during, or after a game or practice.
- **Please do not try to contact a coach at home.** Coaches have families and time at home is dedicated to being a part of that family. Baseball conversations and issues should not interrupt this valuable family time.
- During discussion with parents, coaches will not talk about lineups, game strategy, other players, or coaching decisions.

Thank you for your understanding!

## **Booster Club:**

Please consider getting involved with the booster club and the many demands of jobs they have during the season. They're many ways to help. The contact information for those already involved can be found on the website at [www.osseobaseball.com](http://www.osseobaseball.com)

Please feel free to contact them as to how you can get involved.

## **Coaches Contacts:**

### **Varsity Head Coach Contact**

Joe Lavin – [Lavinj@district279.org](mailto:Lavinj@district279.org)

### **JV Head Coach Contact**

Sean Minder – [Minders@district279.org](mailto:Minders@district279.org)

### **Sophomore Head Coach**

Rudy Alexander – [AlexanderR@district279.org](mailto:AlexanderR@district279.org)

### **Freshman Head Coach**

Andrew Lanners – [Lannersa@district279.org](mailto:Lannersa@district279.org)

# **DISTRICT 279 ATHLETIC/ACTIVITIES CONFLICT RESOLUTION PROCESS**

## **INTRODUCTION**

The District 279 Conflict Resolution Process has been developed for the purposes of establishing and maintaining the lines of communications between the school, parents/guardians and students and for the resolution of concerns related to the athletic/activities programs. This process is a means by which concerns/problems about the programs can be resolved.

In order to establish a positive atmosphere and assure that the proper channels of communication will not be circumvented, a process has been outlined for the use of the student/athlete, parent, coach/advisor and administrators. All participants in the process are to adhere to the guidelines at all levels of the process. Any deviation from this plan will result in the expiration of the conflict resolution process.

## **PROCESS**

### **Level 1**

If a student and/or parent has a concern about an athletic/activities program, decision, and/or coach/advisor, it is his/her responsibility to complete the following portion of the conflict resolution process:

- A.** A parent/student must initiate the conflict resolution process within five school days of the incident, decision or action that is under question. Written notice must be made to the Activities Coordinator and must include a brief description of the concern.
- B.** The student/parent is to meet with the coach/advisor and discuss the concern/problem with him/her with the intent to resolve the issue. (If the problem involves an assistant coach/advisor, the head coach/advisor of that sport/activity is to be involved in the meeting.)
  - 1.** Parents/students are to address themselves only to problems/concerns related to themselves. In order to be in compliance to the "Privacy in Information Act", problems/concerns related to other students/athletes are not to be discussed.
- C.** The coach/advisor involved in the conference is responsible for completing a written summary of the conference, which will include any resolution/decisions reached in the conference. The coach/advisor will give/mail a copy of the summary to all participants in the conference within five school days and will forward a copy of the summary to the Activities Coordinator.

### **Level 2**

If either party has not been satisfied by the proposed resolution of the problem on Level 1, they have the option to request a continuation of the process to Level 2.

- A.** Either party has the option within five days after Level 1 has been completed to submit written notification to the Activities Coordinator requesting a Level 2 conference.

Failure to comply during the stated period of time will result in termination of the process. Initiation of Level 2, however, cannot be started unless all of the steps in Level 1 have been completed.

- B.** The student/parent is to meet with the coach/advisor and the Activities Coordinator and discuss the concern/problem with him/her or the program with the intent to resolve the concern. (If the problem involves an assistant coach/advisor, the head coach/advisor of that sport is to be involved in the meeting.)
  - 1.** Parents/students are to address themselves only to problems/concerns related to themselves. In order to be in compliance to the “Privacy in Information Act” problems/concerns related to other students/athletes are not to be discussed.
- C.** The Activities Coordinator involved in the conference is responsible for completing a written summary of the conference, which will include any resolutions/decisions reached at the meeting. The Activities Coordinator will give/mail a copy of the summary to all the participants in the conference within five school days and will forward a copy of the summary to the principal.

### **Level 3**

If either party has not been satisfied by the Level 2 resolution of the problem, they have the option to request a continuation of the process to Level 3. Either party has the option within five days after Level 2 has been completed to submit the necessary written notification to the Activities Coordinator requesting a Level 3 conference.

- A.** The student/parent is to meet with the principal and discuss the concern/problem with him/her with the intent to resolve the concern.
  - 1.** Parents/students are to address themselves only to problems/concerns related to themselves. In order to be in compliance with the “Privacy in Information Act,” problems/concerns related to other students/athletes are not to be discussed.

The principal is responsible for completing a written summary of the conference, which will include any resolutions/decisions reached in the meeting. The principal will give/mail a copy of the written judgment to all the participants in the conference within five school day.



# Osseo Baseball



## Player and Parent Agreement

*Please turn into Your Head Coach*

Players must turn in signed form on or before Friday April 5th.

I have read all the information in the Osseo Baseball Handbook. I understand what is expected of me as a student athlete and agree to follow all policies, procedures, and expectations throughout the school year.

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Player's Printed Name

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Player's Signature

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Date

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Parent/Guardian Signature

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Date