

DECEMBER 2022 *Revised 12/2/22*

EAST PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 NOVEMBER	28 U15-18 Makeup Tryouts Uniform Fit (EAST) Bellevue College 7-10 PM	29 U15-18 Makeup Tryouts Uniform Fit (NORTH) BSC: 6:30 – 9:30 PM	30	1	2 Ringdall: 5:30 – 9:30 (2) 5:30: 12UAB/13UAB 7:30: 14UAB	3 U12 Winter Classic 12 UA Black, 12 UA Blue
4 U14 Winter Classic 14 UA Black, 14 UA Blue 13 UA Black, 13 UA Blue BSC: (Northend Gym) 1:00- 7:00 PM 1-3: Boys Combined 3-7 PM: Coaches Clinic	5 ECS: 6:30-8:30 14UAB/12BN B. College: 7:30 – 9:30 18UAB/16UAB/15UAG St. Thomas: *6:15-10 6:15:13 UA Blue 8:10: 16 Baden Navy <i>*St. Thomas BB Game</i>	6 ECS: 6:30 – 8:30 13UAG/12UAB Ringdall: 5:30 – 9:30 5:30: 15BN/14BN 7:30: 16UAG/17UAB St. Thomas: 5:45-9:45 5:45: 13 Baden Navy 7:45: 15 UA Blue	7 ECS: 6:30-8:30 14UAB/16BN B. College: 7:30 – 9:30 15UAG/16UAG/12BN St. Thomas: 5:45-9:45 5:45: 14 UA Grey 7:45: 16 UA Blue	8 Ringdall: 5:30 – 9:30 5:30: 12UAB/14BN 7:30:17UAB/18UAB St. Thomas: *6:15-10 6:15: 13 UA Blue 8:10: 15 UA Blue <i>*St. Thomas BB Game</i>	9 ECS: 6:30 – 8:30 14UAG/13UAG Ringdall: 5:30 – 9:30 5:30: 15BN/13BN 7:30: Boys 18	10 U16 Winter Classic 16 UA Black, 16 UA Blue 15 UA Black, 15 UA Blue Boys 14's at Boys Tour (Oregon)
11 U18 Winter Classic 18 UA Blue, 17 UA Blue 17 UA Black Boys 18 & 16 at Boys Tour (Oregon)	12 NO ECS Through 12/30 No St. Thomas 12/12-16 BC: 7:30 – 9:30 18UAB/16UAB/15UAG	13 Ringdall: 5:30 – 9:30 5:30: 15BN/14UAB 7:30: 16UAG/17UAB	14	15 Ringdall: 5:30 – 9:30 5:30: 13UAB/12UAB 7:30: 15UAB/16BN	16 Ringdall: 5:30 – 9:30 5:30: 13UAG/14UAG 7:30: Boys	17 Ringdall 12:30 – 8:30 12:30 – 4:30: Boys 4:30:12 BN/13BN 6:30: 14BN
18 Juanita 1-7 PM 1:00 – 3:00 PM 12UAB/12BN/13UAB 13UAG/13BN/14BN 3-5 PM: 14UAB/14UAG 15UAB/15UAG/15BN 5-7 PM: 16UAB/16UAG 16BN/17UAB/18UAB	19 Juanita HS: 5:30-9:30 5:30-7:30: 14UAB/14UAG/13UAB 15BN/14BN//12BN 7:30-9:30: 18UAB/17UAB/16UAB 16UAG/15UAG/16BN B. College: 7:30 – 9:30 All Boys Combined	20 St. Thomas: 5:30-9:30 5:30: 12UAB 7:30: 13UAG	21 Juanita HS: 5:30-9:30 5:30-7:30: 14UAB/14UAG/13UAB 14BN/12BN 7:30-9:30: 16UAB/15UAG/16BN 15BN/13BN B. College: 7:30 – 9:30 16UAG/15UAB/13UAG	22 St. Thomas: 5:30-9:30 5:30: 12UAB 7:30: 15UAB B. College: 7:30 – 9:30 18UAB/17UAB/13BN	23	24 NO PRACTICES
25 NO PRACTICES	26 Juanita Not Available	27 [NEW DAY] Juanita HS: 5:30-9:30 5:30-7:30: 14UAB/14UAG/13UAB 15BN/14BN//12BN 7:30-9:30: 18UAB/17UAB/16UAB 16UAG/15UAG/16BN St. Thomas: 5:30-9:30 5:30: 12UAB 7:30: 13UAG	28 Juanita HS: 5:30-9:30 5:30-7:30: 14UAB/14UAG/13UAB 14BN/12BN 7:30-9:30: 16UAB/15UAG/16BN 15BN/13BN B. College: 7:30 – 9:30 16UAG/15UAB/13UAG	29 Juanita HS: 6:30-8:30 18UAB/17UAB/15UAB 12UAB/13BN	30 B. College: 7:30 – 9:30 All Boys Combined	31 NO PRACTICES