



Below are some of the guidelines put in place by the State and County in order for us to safely return to competitive play. Please read all of the below requirements, sign the attached consent and return it to your child's coach along with the necessary release from your child's medical provider.

EXECUTIVE SUMMARY

“Governor Cuomo recently announced that effective February 1, 2021, participants in higher-risk sports may participate in individual or distanced group training and organized no/low-contact group training and other types of play, including competitions and tournaments, if permitted by local health authorities.

Counties in the Capital Region, North Country and Mohawk Valley have consulted with subject matter experts from local health departments (LHDs), healthcare providers, and healthcare facilities to unify their approach and allow higher-risk sports to resume. The resumption of these activities does not mean that they are safe or without risk. Participants must meet sport-specific minimum requirements and communities must meet COVID-19 metrics.

Effective **February 15, 2021**, high risk sports in Clinton County may resume with the requirements set forth in this document. All school related sports must follow the *Health Advisory: Supplemental Guidance for High Risk School Sports dated January 28, 2021*.

The minimum requirements include:

- The requirements listed in the Interim Guidance For Sports And Recreation During The Covid-19 Public Health Emergency must be followed.
- If applicable, each parent/guardian must sign an informed consent.
- Each student-athlete must have medical clearance from their healthcare provider.
- All participants and organizers (i.e, youth hockey, Town sports, etc.) must agree to fully cooperate

with case investigations and contact elicitation and to adhere to isolation and quarantine orders.

- Each parent/guardian, athlete, coach, manager, referee/official must sign an agreement that a condition of ongoing participation includes full cooperation with case investigations and contact elicitation and adherence to isolation and quarantine orders.
- Each parent/guardian must sign a COVID-19 informed consent. While the content of the informed consent must be determined by organizer, factors to be considered include but are not limited to:
 - Participation in the sport may expose the student-athlete to COVID-19.
 - Symptomatic and asymptomatic individuals can spread the virus.
 - Masking, distancing, and other mitigation measures reduce, but do not eliminate risk.
 - At present, it cannot be predicted who will become severely ill if infected.
 - COVID-19 can lead to serious medical conditions and death for people of all ages.
 - The long-term effects of COVID-19 are, at present, unknown; even people with mild cases may experience long-term complications.
 - There is a significant risk of transmission to those in the home of infected student-athletes.
 - Older people and people with underlying health conditions are at higher risk of serious disease.
- Each sport organization must obtain a medical clearance from the participant's healthcare provider.^{1*}
- Cloth face coverings/masks that conform to recommendations from the Centers for Disease Control and Prevention (CDC) must be worn at all times by all athletes, coaches, managers, referees/officials, individuals dropping off or picking up athletes, etc.
 - It is important that the cloth face covering/mask fits the individual well and is worn over the nose and below the chin at all times when in use.
 - If the cloth face covering/mask is removed for a break, the individual should remain at least 6 feet away from all other individuals.
 - Coaches, managers, and other employees should monitor proper use of cloth face coverings/masks and correct improper use, when indicated.
- Facilities will not allow more than 2 spectators per participant at high-risk sports events, games, or matches so as to minimize the risk of transmission.
- Vaccination status does not alter any requirements.
- Each participant, organizer, and facility agrees to indemnify and hold harmless the County, its directors, officers, employees and agents from and against any and all claims, actions or liabilities of any nature that may be asserted against them by third parties in connection with participation in higher risk sports.

*A physical is not required to be performed as part of the medical clearance, but can be done if indicated by their healthcare provider.

- All other guidance in NYS's Interim Guidance For Sports And Recreation During The Covid-19 Public Health Emergency must be followed wherever games and practices are held. “

Attached you will find the necessary informed consent form that must be signed and returned to your child's head coach along with the necessary release from their medical provider.



Plattsburgh Youth Hockey

Informed Consent/Release of Liability

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• Facilities will not allow more than 2 spectators per participant at high-risk sports events, games, or matches so as to minimize the risk of transmission.

- Vaccination status does not alter any requirements.

I(We) have received and carefully read the County DOH requirements and PYH requirements for return to game play. By signing this affirmation of compliance, I(we) hereby affirm that I(we) have read, understand, and agree to comply with the Policies. I (We) agree to indemnify and hold harmless the County, Plattsburgh Youth Hockey, its directors, officers, employees and agents from and against any and all claims, actions or liabilities of any nature that may be asserted against them by third parties in connection with participation in higher-risk sports.

Player Name: _____ Level: _____

School District: _____ Grade: _____

Player Name: _____ Level: _____

School District: _____ Grade: _____

Parent/ Legal Guardian

Name: _____

Phone: _____

Email: _____

Signature of Parent/Legal Guardian

Name: _____

Parent/Legal Guardian

Name: _____

Phone: _____

Email: _____

Signature of Parent/Legal Guardian

Name: _____

Any COVID related questions, concerns or complaints may be sent anonymously via email to
President@Plattsburghyouthhockey.com