



ZONE	COLOUR	CATEGORY – IRONMAN	CATEGORY - 70.3
PRO MALE	BLACK	Pro Male	
PRO FEMALE	SILVER	Pro Female	
PC/ID Open	NEON ORANGE	Physically Challenged/Intellectual Disability Open	Physically Challenged/Intellectual Disability Open
1	PEARLY PINK	Under 1 hour 5 minutes	Under 33 minutes
2	BLUE	1 hour 5 minutes – 1 hour 16 minutes	33 minutes – 37 minutes
3	NEON GREEN	1 hour 16 minutes – 1 hour 25 minutes	37 minutes – 41 minutes
4	VIOLET	Over 1 hour 25 minutes	Over 41 minutes

CATEGORY	MALE CATEGORY LETTER	FEMALE CATEGORY LETTER
Pro Athlete	A	B
18 - 24 Years	C	D
25 – 29 Years	E	F
30 – 34 Years	G	H
35 - 39 Years	I	J
40 – 44 Years	K	L
45 – 49 Years	M	N
50 – 54 Years	O	P
55 – 59 Years	Q	R
60 – 64 Years	S	T
65 – 69 Years	U	V
70 – 74 Years	W	X
75 – 79 Years	Y	Z
80+ Years	YY	ZZ
Physically Challenged/Intellectual Disability Open	PT	
Male Team	MT	
Female Team		FT
Mixed Teams	XT	