#### **Dear Fusion Parents,**

Please find the extended outline of our upcoming Parent meeting on Sunday, Oct. 22nd. Let us know if you have any questions! We would like the player and one parent to attend.

We at Club Fusion are so excited to celebrate our 25th season! We are eager to kickstart this season alongside you, and are looking forward to sharing our past, present, and future with you. Established in 1999, we sprung into the Club Volleyball world when our owner, Bill Milborn, held a tryout at Huntley High School and marched into Fusion's first season with less than 10 teams. Now 25 years later, with a long list of incredible achievements and notable alumni, and the experience of training the 1,000s of individuals who've passed through our club, we are ready to have one of the best seasons yet. Welcome to the Fusion Family!

### 1. 25th Anniversary - ABOUT US Established & Experienced

- a. Here we'll be sharing a little more on Fusion's history including notable alumni and national championship wins, touching on our youth development programs, providing information on our facility, introducing you to our Fusion work family, and looking back at the Fall we've had celebrating our Fusion athletes during their school seasons!
- b. Valuable Links
  - i. About Us: https://www.clubfusionvb.org/about
  - ii. What they say: <a href="https://www.clubfusionvb.org/testimonials">https://www.clubfusionvb.org/testimonials</a>
  - iii. Staff contact information: <a href="https://www.clubfusionvb.org/staffcontacts">https://www.clubfusionvb.org/staffcontacts</a>
- 2. Teams 43 Teams Record number maxing out for our 25th season
  - a. 225 athletes in our 11u-14u youth national, premier, and select programs
  - b. 205 athletes in our 15u-18u national and select programs
  - c. Over 650 players were evaluated!
  - d. Your athlete is a special piece of this club, and we are excited to work with them towards achieving their season goals!
  - e. Valuable links
    - i. Program Information: <a href="https://www.clubfusionvb.org/tryouts">https://www.clubfusionvb.org/tryouts</a>
    - ii. Event Schedule Link (Coming Soon): https://www.clubfusionvb.org/schedules-play-sites

#### 3. Eligibility Checklist for parents & athletes

- a. We want to ensure our families are up to date on all eligibility requirements and have completed all compliance responsibilities prior to the start of evaluations! Please be sure to check the 'To-Do' list that's been attached to this same email.
- b. SportsEngine
  - i. App vs Web Browser Both different and both very important!
  - ii. Log into SportEngine through a web browser to access emails and invoices, manage communication preferences, and stay up to date on upcoming programs and events.
  - iii. We use the app for coach to parent communication during the season. Similar to WhatApp or GroupMe, this platform is for coaches to share information on tournaments, practices, locations, etc.
- c. USAV
  - i. All players **MUST** have a **FULL SEASON USAV** Membership in order to participate in practices and USAV Events. This MUST be completed prior to starting evaluations.
- d. Compliance
  - i. All players **MUST** have completed these necessary forms to compete in club volleyball.
  - ii. Link to complete the forms below: Club Fusion Player Forms Page
    - 1. JVA Medical Release & Waiver
    - 2. JVA Release of Liability
    - 3. Club Fusion Code of Conduct (Player)
    - 4. Club Fusion Code of Conduct (Parent)
    - 5. Club Fusion Player-Parent Contract
  - iii. Contact Tony Larocca with compliance questions: tony@clubfusionvb.org

## 4. Navigating our webpage and SportsEngine

- a. Parent/Player handbook: https://www.clubfusionvb.org/parent-player-handbook
- b. Active google calendar schedule: https://www.clubfusionvb.org/practice-calendar
- c. Main page all of our important or upcoming links are marked on the main page for parents and players to take a look
  - i. Link: <a href="https://www.clubfusionvb.org/page/show/5807158-home">https://www.clubfusionvb.org/page/show/5807158-home</a>
- d. Tournament information page: https://www.clubfusionvb.org/schedules-play-sites
- e. Contact page (find link below)
- f. Additional programs, registration, and information
  - i. FVA & Holiday Camps: https://www.fusion4kids.com
  - ii. Youth Program Pipeline: <a href="https://www.clubfusionvb.org/youth-program-pipeline">https://www.clubfusionvb.org/youth-program-pipeline</a>
  - iii. Turkey 4s: <a href="https://www.clubfusionvb.org/page/show/8211591-2023-turkey-4s">https://www.clubfusionvb.org/page/show/8211591-2023-turkey-4s</a>
  - iv. Recruiting Page: https://www.clubfusionvb.org/recruiting-staff

#### 5. Staff & Coaches

- a. Meet our Staff
  - i. 9 staff members to assist our parents, players, and coaches in any way we can contact us with questions!
  - ii. Staff List: <a href="https://www.clubfusionvb.org/staffcontacts">https://www.clubfusionvb.org/staffcontacts</a>
- b. Coaching list
  - i. Coach List: https://www.clubfusionvb.org/coaching-staff

#### 6. Training structure

- a. Lead training structure by Lynnette, Dave, and George
- b. Training philosophies
  - i. Instruction led by Lead Trainers
  - ii. Repetition
  - iii. Feedback
  - iv. Competition
- c. Training curriculum
  - Structured Advancement by Age Group
- d. Team and individual development
  - i. Position Training for Individual Development
  - ii. Competitive Team Training to Challenge Players on a Daily Basis

### 7. Event and practice schedules

- a. Tournaments (local and overnight): https://www.clubfusionvb.org/schedules-play-sites
- b. Local Leagues (WCPL & CVL)
- c. Select practice locations
  - i. Haines Gymnasium: 305 S. 9th Street, St. Charles IL
    - At the north end of the building, follow the driveway around to the back and to the left, there is a set of glass doors right there in the corner where you will enter the building.
    - Please arrive no more than 15 minutes before your practice start time. Traffic will be heavy in between practice sessions with pick up and drop offs happening, drive carefully.
  - ii. Thompson Middle School: 705 W. Main St, St. Charles, IL
    - 1. On the south end of the building, use the parking lot off of Indiana St. to park or drop off. Please arrive no more than 15 minutes before your practice start time.
- d. National & Premier practice locations: 501 W Fabyan Pkwy, Batavia, IL
- 8. Recruiting Coordinator (shorter focus during 11u-14u parent meetings)
  - a. Lynnette Summins Club Fusion Recruiting Coordinator
  - b. Navigating the recruiting page for athletes
  - c. Contact information
    - i. Lynnette Email: lynnettesummins@clubfusionvb.org

ii. Recruiting website: https://www.clubfusionvb.org/recruiting-staff

# 9. Additional Fusion Programs for Athletes

- a. Building our athletes for the next level, from beginning to end.
  - i. Pre-K-12th Grade, programs for all ages!
- b. Opportunities for volunteering, working, or extra reps
  - i. Volunteer hours: <a href="mailto:dsoller@clubfusionvb.org">dsoller@clubfusionvb.org</a> or <a href="mailto:mulmer@clubfusionvb.org">mulmer@clubfusionvb.org</a>
  - ii. Want to get in the gym? Contact us!
- c. Jennie Kull & Kari Batka Mental Health Matters!
  - i. Creating Resilience
  - ii. Prioritizing Mental Health
- d. Wellness Sundays (Staff led wellness mornings to stretch and decompress before the week starts)!
- e. Fusion Mania dates coming soon!
- f. Fusion Beach Program
  - i. Increasing Volleyball IQ and All Around Skills
- g. Camps, clinics, and extra training opportunities all year round

# 10. The Edge Apparel - Fusion Spirit Wear Dropping online!

- a. We've moved our apparel page online for parents to order directly through the website. The page will close at the end of October!
  - i. Link: <a href="https://theedgesportsapparel.com/collections/fusion-volleyball-fall-2023">https://theedgesportsapparel.com/collections/fusion-volleyball-fall-2023</a>
  - ii. Passcode: FUSIONVB

## 11. Questions & Come Meet the Staff