



# My child wants to compete? What do I do now???



**Please use these suggestions as a guide to help you:**

- 1.** We recommend hiring a private coach, who can help you along the way. You can find a list of coaches on our website. Contact the desired coach and set up lessons. We recommend planning at least 6-8 30 min. private lessons (variable).
- 2.** Pick up Competition Announcement from the rink lobby, the website or a coach. Your coach will help you determine your child's Level and Event you need to enter for. Submit your registration as described in Competition Announcement. You can register on-line: <http://comp.entryeeze.com/Home.aspx?cid=609>
- 3.** Competition participants must have their current LTS USA Membership or USFS Membership. If your child is currently enrolled in PWIC's group lesson program – they should already have their Membership.
- 4.** The coach can help you with music choice and music editing for your child's program (additional fees might apply at discretion of a coach).
- 5.** It is important to practice outside of your private lessons.
- 6.** Skaters may schedule their private lessons on Public Sessions, Skills Sessions and Freestyle Sessions. All schedules are subject to change, for the most updated times always check our website. Please check PWIC Freestyle Session Policies:
  - Skaters whose level is below Free Skate 1 may have their private lesson during Freestyle Session; however, after conclusion of the lesson skater must get off the ice. Skaters levels Free Skate 1 and up are eligible to skate during Freestyle Session without a coach.
  - Skater must sign-in their name and time they intend to be on the ice in "Freestyle Log" and pay for the session at the Guest Services prior to getting on the ice, indicate whom they are having a private lesson with and how long is the lesson.
- 7.** Think about the outfit and discuss it with your coach.
- 8.** Contact Marina Khaltourina if you have additional questions: [mkhaltourina@innovativesportsva.com](mailto:mkhaltourina@innovativesportsva.com) 703-730-8423 ext.310

