

## **MASSAGES AND RUBDOWNS/ATHLETIC TRAINING MODALITIES**

*USA Volleyball, the RVAs and USAV member clubs will comply with the following massages and rubdowns/athletic training modalities policy.*

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### **A. Mandatory components**

a. Application

This policy shall apply to:

- 1) Adult members at a facility that is either partially or fully under the jurisdiction of a Covered Organization/LAO;
- 2) Adult members who have regular contact with amateur athletes who are minors;
- 3) Any adult authorized by a Covered Organization/LAO to have regular contact with or authority over an amateur athlete who is a minor; and
- 4) Adult staff and board members of a Covered Organization/LAO.

(Collectively “Applicable Adult” for the purposes of this policy.)

b. Massage or rubdown/athletic training modality

Any massage or rubdown/athletic training modality performed at a facility or a training or competition venue under the jurisdiction of a Covered Organization/LAO must be conducted in an open and interruptible location. Any massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the massage or rubdown/athletic training modality in the room.