

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 1 Girls 100 Meter Dash Intermediate****16 Advance: Top 2 Each Heat plus Next 0 Best Times**

| RHSAA: \$ 12.69 1999 Danielle McFadyen, Knoll | | | | | | |
|-----------------------------------------------|------|--------------------|-------|---------|------|----|
| Name | Year | Team | Seed | Prelims | Wind | H# |
| Preliminaries | | | | | | |
| 1 Gavel, Bauer | 08 | Balfour | | 13.40Q | NWI | 1 |
| 2 Seibel, Haylie | 08 | Martin Collegiate | | 13.89Q | NWI | 3 |
| 3 Phaneuf, Ava-Lynn | 08 | Miller | 13.55 | 14.20Q | NWI | 6 |
| 4 Eby, Lily | 08 | Campbell | | 14.29Q | NWI | 3 |
| 5 Ibediro, Amara | 08 | Luther Collegiate | | 14.42Q | NWI | 5 |
| 6 McKinna, Taya | 08 | KNOL | | 14.58Q | NWI | 5 |
| 7 Ward, Soersce | 08 | Luther Collegiate | | 14.67Q | NWI | 6 |
| 8 Ball, Ella | 08 | Riffel | | 14.71q | NWI | 6 |
| 9 Kasongo, Nicole | 08 | KNOL | | 14.82q | NWI | 3 |
| 10 Rinholm, Lauren | 08 | Regina Christian | | 14.83Q | NWI | 4 |
| 11 Lopez Mora, Sandra | 08 | Luther Collegiate | | 14.86Q | NWI | 2 |
| 12 Williamson, Laurel | 08 | Thom Collegiate | | 14.87q | NWI | 5 |
| 13 Rinholm, Ella Grace | 08 | Regina Christian | | 14.97Q | NWI | 1 |
| 14 Formo, Danika | 08 | O'Neill Collegiate | | 15.00Q | NWI | 2 |
| 15 McFarland, Jade | 08 | O'Neill Collegiate | | 15.01q | NWI | 6 |
| 16 Lafleur, Jaida | 08 | Miller | 14.88 | 15.02q | NWI | 5 |
| 17 Firnesz, Eryn | 08 | LeBoldus | | 15.03 | NWI | 1 |
| 18 Klein, Lola | 08 | Miller | | 15.09 | NWI | 1 |
| 19 Tanaka, Riina | 08 | Thom Collegiate | | 15.14 | NWI | 6 |
| 20 McAllister, Sloane | 08 | Luther Collegiate | | 15.24 | NWI | 3 |
| 21 Fitzpatrick, Brooke | 08 | O'Neill Collegiate | | 15.42 | NWI | 5 |
| 22 Jain, Jasmeena | 08 | LeBoldus | | 15.71Q | NWI | 4 |
| 23 Nernberg, Caitlyn | 08 | Martin Collegiate | | 15.73 | NWI | 1 |
| 24 Brown, Nina | 08 | Thom Collegiate | | 15.77 | NWI | 2 |
| 25 Schultz, Acadia | 08 | Miller | 14.98 | 15.78 | NWI | 4 |
| 26 Drews, Samiya | 08 | Balfour | | 15.80 | NWI | 4 |
| 27 Graham, Emily | 08 | Scott Collegiate | | 15.83 | NWI | 6 |
| 28 Ottenbreit, Memphis | 08 | O'Neill Collegiate | | 15.85 | NWI | 4 |
| 29 Graham, Erica | 08 | Scott Collegiate | | 15.97 | NWI | 3 |
| 30 Kurz, Bella | 08 | Balfour | | 16.40 | NWI | 2 |
| 31 Okereke, Ashley | 08 | Riffel | | 16.42 | NWI | 3 |
| 32 Mahray, Rediet | 08 | Harvest City | | 16.79 | NWI | 2 |
| 33 Wipf, Avanleigh | 08 | Harvest City | | 17.02 | NWI | 1 |
| 34 Slobodian, Rebecca | 08 | KNOL | | 17.91 | NWI | 2 |
| 35 Morris, Amaya | 08 | Thom Collegiate | | 18.06 | NWI | 4 |

Event 1 Girls 100 Meter Dash Intermediate**Top 8 Advance by Time**

| RHSAA: \$ 12.69 1999 Danielle McFadyen, Knoll | | | | | | |
|-----------------------------------------------|------|-------------------|---------|--------|------|----|
| Name | Year | Team | Prelims | Semis | Wind | H# |
| Semi-Finals | | | | | | |
| 1 Gavel, Bauer | 08 | Balfour | 13.40 | 13.27q | NWI | 2 |
| 2 Seibel, Haylie | 08 | Martin Collegiate | 13.89 | 13.84q | NWI | 1 |
| 3 Eby, Lily | 08 | Campbell | 14.29 | 14.22q | NWI | 2 |
| 4 Phaneuf, Ava-Lynn | 08 | Miller | 14.20 | 14.32q | NWI | 1 |
| 5 Ball, Ella | 08 | Riffel | 14.71 | 14.54q | NWI | 2 |
| 6 Ibediro, Amara | 08 | Luther Collegiate | 14.42 | 14.54q | NWI | 2 |
| 7 Lopez Mora, Sandra | 08 | Luther Collegiate | 14.86 | 14.74q | NWI | 1 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****....Event 1 Girls 100 Meter Dash Intermediate**

| | | | | | | | |
|----|---------------------|----|--------------------|-------|--------|-----|---|
| 8 | Kasongo, Nicole | 08 | KNOL | 14.82 | 14.76q | NWI | 2 |
| 9 | Rinholm, Ella Grace | 08 | Regina Christian | 14.97 | 14.79 | NWI | 2 |
| 10 | Williamson, Laurel | 08 | Thom Collegiate | 14.87 | 14.82 | NWI | 2 |
| 11 | Ward, Soersce | 08 | Luther Collegiate | 14.67 | 14.86 | NWI | 1 |
| 12 | McKinna, Taya | 08 | KNOL | 14.58 | 14.98 | NWI | 1 |
| 13 | Rinholm, Lauren | 08 | Regina Christian | 14.83 | 14.99 | NWI | 1 |
| 14 | Lafleur, Jaida | 08 | Miller | 15.02 | 15.05 | NWI | 2 |
| 15 | Formo, Danika | 08 | O'Neill Collegiate | 15.00 | 15.07 | NWI | 1 |
| 16 | McFarland, Jade | 08 | O'Neill Collegiate | 15.01 | 15.10 | NWI | 1 |

Event 1 Girls 100 Meter Dash Intermediate

| | | | | | | | |
|-----------------------------------------------|------|------|-------|--------|------|--|--|
| ===== | | | | | | | |
| RHSAA: \$ 12.69 1999 Danielle McFadyen, Knoll | | | | | | | |
| Name | Year | Team | Semis | Finals | Wind | | |
| ===== | | | | | | | |

Finals

| | | | | | | | |
|---|--------------------|----|-------------------|-------|-------|-----|--|
| 1 | Gavel, Bauer | 08 | Balfour | 13.27 | 12.86 | NWI | |
| 2 | Seibel, Haylie | 08 | Martin Collegiate | 13.84 | 13.59 | NWI | |
| 3 | Phaneuf, Ava-Lynn | 08 | Miller | 14.32 | 13.96 | NWI | |
| 4 | Ibediro, Amara | 08 | Luther Collegiate | 14.54 | 14.01 | NWI | |
| 5 | Eby, Lily | 08 | Campbell | 14.22 | 14.19 | NWI | |
| 6 | Lopez Mora, Sandra | 08 | Luther Collegiate | 14.74 | 14.38 | NWI | |
| 7 | Ball, Ella | 08 | Riffel | 14.54 | 14.39 | NWI | |
| 8 | Kasongo, Nicole | 08 | KNOL | 14.76 | 14.58 | NWI | |

Event 2 Boys 100 Meter Dash Intermediate**16 Advance: Top 1 Each Heat plus Next 5 Best Times**

| | | | | | | | |
|-------------------------------------------|------|------|------|---------|------|----|--|
| ===== | | | | | | | |
| RHSAA: \$ 11.1h 1977 Rob McLeod, Campbell | | | | | | | |
| Name | Year | Team | Seed | Prelims | Wind | H# | |
| ===== | | | | | | | |

Preliminaries

| | | | | | | | |
|----|------------------------|----|--------------------|-------|--------|-----|---|
| 1 | Poirier, Makeo | 08 | Laval | | 12.26Q | NWI | 1 |
| 2 | Nicolson, Liam | 08 | Martin Collegiate | | 12.46q | NWI | 1 |
| 3 | Teichler, Alec | 08 | Campbell | | 12.54q | NWI | 1 |
| 4 | Englot, Cooper | 08 | Riffel | | 12.61Q | NWI | 2 |
| 5 | Theissen, Hudson | 08 | Regina Christian | | 12.64q | NWI | 2 |
| 6 | Racette, Hunter | 08 | KNOL | | 12.65Q | NWI | 3 |
| 7 | Tran, Matthew | 08 | Campbell | | 12.71Q | NWI | 5 |
| 8 | Adekeye, Tobi | 08 | LeBoldus | | 12.74q | NWI | 1 |
| 9 | Argerami, Tom s | 08 | LeBoldus | | 12.85q | NWI | 5 |
| 10 | Fornwald, Luke | 08 | Martin Collegiate | | 12.85q | NWI | 2 |
| 11 | Reich, Jaik | 08 | Riffel | | 12.91q | NWI | 5 |
| 12 | Ibegbulem, Chukwuemeka | 08 | Miller | 12.72 | 12.93q | NWI | 3 |
| 13 | Poirier, Kobi | 08 | Laval | | 12.95q | NWI | 5 |
| 14 | Shaw, Colton | 08 | Martin Collegiate | | 13.11Q | NWI | 4 |
| 15 | Olaosebikan, Ayo | 08 | Luther Collegiate | | 13.24q | NWI | 3 |
| 16 | Holtby-Miller, Gavin | 08 | O'Neill Collegiate | | 13.26q | NWI | 3 |
| 17 | Adeojo, Alexander | 08 | Luther Collegiate | | 13.27 | NWI | 4 |
| 18 | Oni, Tobi | 08 | Miller | 12.25 | 13.28 | NWI | 5 |
| 19 | Rizvi, Ashar | 08 | Luther Collegiate | | 13.31 | NWI | 4 |
| 20 | Dorgu, Traevon | 08 | KNOL | | 13.39 | NWI | 3 |
| 21 | Honoway, Bennet | 08 | KNOL | | 13.45 | NWI | 2 |
| 22 | Dairo, Oluwatosin | 08 | Riffel | | 13.48 | NWI | 1 |
| 23 | Sedlmeir, Owen | 08 | O'Neill Collegiate | | 13.49 | NWI | 4 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 2 Boys 100 Meter Dash Intermediate**

| | | | | | | | |
|----|------------------------|----|--------------------|-------|-------|-----|---|
| 24 | Stashko, Anthony | 08 | O'Neill Collegiate | | 13.54 | NWI | 1 |
| 25 | Pabustan, Kent Zandler | 08 | Riffel | | 13.64 | NWI | 5 |
| 26 | Bradshaw, Jhanluke | 08 | Scott Collegiate | | 13.67 | NWI | 4 |
| 27 | Igbineweka, Iwinnosa | 08 | O'Neill Collegiate | | 13.68 | NWI | 2 |
| 28 | Taw, Ehklue | 08 | Johnson Collegiate | | 13.74 | NWI | 2 |
| 29 | Demchuk, Brady | 08 | Martin Collegiate | | 13.87 | NWI | 1 |
| 30 | Adeniyi, Nishola | 08 | Miller | 12.96 | 13.92 | NWI | 2 |
| 31 | Chakma, Sam | 08 | Johnson Collegiate | | 14.09 | NWI | 4 |
| 32 | Tuason, Jayron | 08 | Miller | 12.41 | 14.11 | NWI | 4 |
| 33 | Alaboosi, Yousif | 08 | Thom Collegiate | | 14.16 | NWI | 1 |
| 34 | Natomagan, Graison | 08 | Balfour | | 14.33 | NWI | 3 |
| 35 | Russell, Aaden | 08 | LeBoldus | | 14.49 | NWI | 5 |
| 36 | Johnstone, Dominick | 08 | Scott Collegiate | | 14.65 | NWI | 3 |
| 37 | Patel, Avi | 08 | Luther Collegiate | | 15.59 | NWI | 2 |
| 38 | Skinner, Ethan | 08 | KNOL | | 15.66 | NWI | 3 |

Event 2 Boys 100 Meter Dash Intermediate**Top 8 Advance by Time**

| ===== | | | | | | | |
|-----------------|------------------------|------|----------------------|-------|--------|-----|---|
| RHSAA: \$ 11.1h | | 1977 | Rob McLeod, Campbell | | | | |
| Name | Year | Team | Prelims | Semis | Wind | H# | |
| ===== | | | | | | | |
| Semi-Finals | | | | | | | |
| 1 | Poirier, Makeo | 08 | Laval | 12.26 | 12.06q | NWI | 2 |
| 2 | Nicolson, Liam | 08 | Martin Collegiate | 12.46 | 12.12q | NWI | 1 |
| 3 | Tran, Matthew | 08 | Campbell | 12.71 | 12.25q | NWI | 1 |
| 4 | Teichler, Alec | 08 | Campbell | 12.54 | 12.34q | NWI | 1 |
| 5 | Englot, Cooper | 08 | Riffel | 12.61 | 12.37q | NWI | 2 |
| 6 | Fornwald, Luke | 08 | Martin Collegiate | 12.85 | 12.40q | NWI | 1 |
| 7 | Theissen, Hudson | 08 | Regina Christian | 12.64 | 12.40q | NWI | 2 |
| 8 | Argerami, Tom s | 08 | LeBoldus | 12.85 | 12.46q | NWI | 2 |
| 9 | Reich, Jaik | 08 | Riffel | 12.91 | 12.48 | NWI | 1 |
| 10 | Racette, Hunter | 08 | KNOL | 12.65 | 12.60 | NWI | 1 |
| 11 | Adekeye, Tobi | 08 | LeBoldus | 12.74 | 12.67 | NWI | 2 |
| 12 | Poirier, Kobi | 08 | Laval | 12.95 | 12.74 | NWI | 2 |
| 13 | Ibegbulem, Chukwuemeka | 08 | Miller | 12.93 | 12.76 | NWI | 2 |
| 14 | Shaw, Colton | 08 | Martin Collegiate | 13.11 | 12.77 | NWI | 1 |
| 15 | Olaosebikan, Ayo | 08 | Luther Collegiate | 13.24 | 12.86 | NWI | 1 |
| 16 | Holtby-Miller, Gavin | 08 | O'Neill Collegiate | 13.26 | 13.69 | NWI | 2 |

Event 2 Boys 100 Meter Dash Intermediate

| ===== | | | | | | | |
|-----------------|------------------|------|----------------------|--------|-------|-----|--|
| RHSAA: \$ 11.1h | | 1977 | Rob McLeod, Campbell | | | | |
| Name | Year | Team | Semis | Finals | Wind | | |
| ===== | | | | | | | |
| Finals | | | | | | | |
| 1 | Poirier, Makeo | 08 | Laval | 12.06 | 12.10 | NWI | |
| 2 | Nicolson, Liam | 08 | Martin Collegiate | 12.12 | 12.27 | NWI | |
| 3 | Englot, Cooper | 08 | Riffel | 12.37 | 12.41 | NWI | |
| 4 | Fornwald, Luke | 08 | Martin Collegiate | 12.40 | 12.44 | NWI | |
| 5 | Tran, Matthew | 08 | Campbell | 12.25 | 12.45 | NWI | |
| 6 | Theissen, Hudson | 08 | Regina Christian | 12.40 | 12.46 | NWI | |
| 7 | Teichler, Alec | 08 | Campbell | 12.34 | 12.48 | NWI | |
| 8 | Argerami, Tom s | 08 | LeBoldus | 12.46 | 12.52 | NWI | |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 3 Girls 100 Meter Dash Junior****16 Advance: Top 3 Each Heat plus Next 2 Best Times**

| RHSAA: \$ 12.2h 1991 LaDonna Antoine, Campbell | | | | | | |
|------------------------------------------------|------|--------------------|-------|---------|------|----|
| Name | Year | Team | Seed | Prelims | Wind | H# |
| Preliminaries | | | | | | |
| 1 Haus, Raina | 07 | Campbell | | 13.63Q | NWI | 3 |
| 2 Oni, Nifemi | 07 | Miller | 13.46 | 14.04Q | NWI | 5 |
| 3 Amaroo, Tanvi | 07 | Laval | | 14.13Q | NWI | 1 |
| 4 Cross, Carys | 07 | Martin Collegiate | | 14.18Q | NWI | 5 |
| 5 Bzdel, Tyler | 07 | Riffel | | 14.47Q | NWI | 3 |
| 6 Eby, Eden | 07 | Campbell | | 14.49Q | NWI | 5 |
| 7 Hager, Geena | 07 | Martin Collegiate | | 14.58Q | NWI | 3 |
| 8 Komarychka, Anna | 07 | Campbell | | 14.66q | NWI | 3 |
| 9 Sali, Neala | 07 | KNOL | | 14.72q | NWI | 5 |
| 10 Ogunseye, Sharon | 07 | LeBoldus | | 14.73Q | NWI | 2 |
| 11 Hassan Hagar, Mouzahir | 07 | Campbell | | 14.76Q | NWI | 2 |
| 12 Campbell, Shameka | 07 | SHEL | | 14.79q | NWI | 5 |
| 13 Russell, Shaylyn | 07 | Martin Collegiate | | 14.95Q | NWI | 1 |
| 14 Yung, Alexis | 07 | Balfour | | 15.07Q | NWI | 4 |
| 15 Amayo, Deba | 07 | Luther Collegiate | | 15.07Q | NWI | 4 |
| 16 Orubibi, Somina | 07 | Riffel | | 15.09Q | NWI | 1 |
| 17 Paproski, Addison | 07 | KNOL | | 15.15Q | NWI | 2 |
| 18 Ogirisen, Vanessa | 07 | Miller | 14.00 | 15.19Q | NWI | 4 |
| 19 Williams-Forsythe, Malia | 07 | O'Neill Collegiate | | 15.20 | NWI | 4 |
| 20 Ayankoya, Mosope | 07 | Luther Collegiate | | 15.25 | NWI | 2 |
| 21 Lang, Aryanna | 07 | KNOL | | 15.25 | NWI | 4 |
| 22 Yusuf, Haneefah | 07 | Luther Collegiate | | 15.49 | NWI | 4 |
| 23 Iglesias, Daysha | 07 | O'Neill Collegiate | | 15.51 | NWI | 2 |
| 24 Tikkisetty, Syna | 07 | Luther Collegiate | | 15.54 | NWI | 4 |
| 25 Secuur, Megan | 07 | Riffel | | 15.56 | NWI | 1 |
| 26 Cruzat, Manuela | 07 | O'Neill Collegiate | | 15.61 | NWI | 5 |
| 27 Mulaire, Olivia | 07 | Laval | | 16.06 | NWI | 1 |
| 28 Kemery, Janelle | 07 | KNOL | | 16.14 | NWI | 4 |
| 29 Agbeja, Esther | 07 | LeBoldus | | 16.24 | NWI | 1 |
| 30 Snow, Adria | 07 | Scott Collegiate | | 17.18 | NWI | 1 |
| 31 Graham, Ellena | 07 | Scott Collegiate | | 17.19 | NWI | 2 |
| 32 Opseth, Abby | 07 | SHEL | | 17.75 | NWI | 5 |
| 33 Wilson, Esther | 07 | Miller | 20.31 | 18.29 | NWI | 2 |
| 34 Chakma, Shela | 07 | Scott Collegiate | | 19.72 | NWI | 3 |

Event 3 Girls 100 Meter Dash Junior**Top 8 Advance by Time**

| RHSAA: \$ 12.2h 1991 LaDonna Antoine, Campbell | | | | | | |
|------------------------------------------------|------|-------------------|---------|--------|------|----|
| Name | Year | Team | Prelims | Semis | Wind | H# |
| Semi-Finals | | | | | | |
| 1 Haus, Raina | 07 | Campbell | 13.63 | 13.30q | NWI | 2 |
| 2 Cross, Carys | 07 | Martin Collegiate | 14.18 | 13.84q | NWI | 2 |
| 3 Oni, Nifemi | 07 | Miller | 14.04 | 14.12q | NWI | 1 |
| 4 Bzdel, Tyler | 07 | Riffel | 14.47 | 14.14q | NWI | 2 |
| 5 Amaroo, Tanvi | 07 | Laval | 14.13 | 14.19q | NWI | 1 |
| 6 Komarychka, Anna | 07 | Campbell | 14.66 | 14.33q | NWI | 2 |
| 7 Hager, Geena | 07 | Martin Collegiate | 14.58 | 14.36q | NWI | 1 |
| 8 Sali, Neala | 07 | KNOL | 14.72 | 14.39q | NWI | 2 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 3 Girls 100 Meter Dash Junior**

| | | | | | |
|---------------------------|----------------------|-------|-------|-----|---|
| 9 Eby, Eden | 07 Campbell | 14.49 | 14.49 | NWI | 1 |
| 10 Amayo, Deba | 07 Luther Collegiate | 15.07 | 14.70 | NWI | 1 |
| 11 Orubibi, Somina | 07 Riffel | 15.09 | 14.74 | NWI | 2 |
| 12 Yung, Alexis | 07 Balfour | 15.07 | 14.78 | NWI | 1 |
| 13 Ogunseye, Sharon | 07 LeBoldus | 14.73 | 14.81 | NWI | 1 |
| 14 Hassan Hagar, Mouzahir | 07 Campbell | 14.76 | 14.85 | NWI | 1 |
| 15 Campbell, Shameka | 07 SHEL | 14.79 | 14.88 | NWI | 2 |
| 16 Russell, Shaylyn | 07 Martin Collegiate | 14.95 | 15.18 | NWI | 2 |

Event 3 Girls 100 Meter Dash Junior

| | | | | | |
|-----------------|------|---------------------------|-------|--------|------|
| ===== | | | | | |
| RHSAA: \$ 12.2h | 1991 | LaDonna Antoine, Campbell | | | |
| Name | Year | Team | Semis | Finals | Wind |
| ===== | | | | | |

Finals

| | | | | | |
|--------------------|----------------------|-------|-------|-----|--|
| 1 Haus, Raina | 07 Campbell | 13.30 | 13.10 | NWI | |
| 2 Cross, Carys | 07 Martin Collegiate | 13.84 | 13.78 | NWI | |
| 3 Oni, Nifemi | 07 Miller | 14.12 | 13.84 | NWI | |
| 4 Amaroo, Tanvi | 07 Laval | 14.19 | 13.90 | NWI | |
| 5 Bzdel, Tyler | 07 Riffel | 14.14 | 14.03 | NWI | |
| 6 Hager, Geena | 07 Martin Collegiate | 14.36 | 14.04 | NWI | |
| 7 Komarychka, Anna | 07 Campbell | 14.33 | 14.12 | NWI | |
| 8 Sali, Neala | 07 KNOL | 14.39 | 14.34 | NWI | |

Event 4 Boys 100 Meter Dash Junior**16 Advance: Top 3 Each Heat plus Next 2 Best Times**

| | | | | | |
|-----------------|------|------------------------|------|---------|---------|
| ===== | | | | | |
| RHSAA: \$ 11.0h | 2001 | Brandon Sweet, Johnson | | | |
| Name | Year | Team | Seed | Prelims | Wind H# |
| ===== | | | | | |

Preliminaries

| | | | | | |
|--------------------------|-----------------------|-------|--------|-----|---|
| 1 Akinloye, Olufemi | 07 Campbell | | 11.44Q | NWI | 3 |
| 2 Lazo-Chhuon, Elijah | 07 LeBoldus | | 11.97Q | NWI | 2 |
| 3 Williams, Carwyn | 07 Campbell | | 12.17Q | NWI | 1 |
| 4 Libanos, Raimon | 07 O'Neill Collegiate | | 12.18Q | NWI | 3 |
| 5 Crites, Eythan | 07 Riffel | | 12.40Q | NWI | 3 |
| 6 Nixon, Yonas | 07 Martin Collegiate | | 12.46Q | NWI | 1 |
| 7 Kahan, Sam | 07 Johnson Collegiate | | 12.85Q | NWI | 4 |
| 8 Alarcon, Sabestian | 07 LeBoldus | | 12.91Q | NWI | 4 |
| 9 Mbachu, John | 07 LeBoldus | | 12.94Q | NWI | 5 |
| 10 Andrei, Alex | 07 Miller | 12.36 | 12.95Q | NWI | 5 |
| 11 Matts, Liam | 07 Riffel | | 13.02Q | NWI | 2 |
| 12 Dabu, Louis | 07 O'Neill Collegiate | | 13.17Q | NWI | 1 |
| 13 Al-Shammari, Abdullah | 07 Campbell | | 13.25Q | NWI | 5 |
| 14 Matebekwane, Nathan | 07 Luther Collegiate | | 13.26q | NWI | 3 |
| 15 LeNouail, Hugo | 07 Laval | | 13.31Q | NWI | 2 |
| 16 Ward, Ajay | 07 Riffel | | 13.33q | NWI | 5 |
| 17 Chakma, Samayak | 07 Campbell | | 13.38 | NWI | 2 |
| 18 Eseyin, Dara | 07 Riffel | | 13.43Q | NWI | 4 |
| 19 Amaefule, Michael | 07 Thom Collegiate | | 13.46 | NWI | 5 |
| 20 Wol-Harden, Kylan | 07 O'Neill Collegiate | | 13.48 | NWI | 4 |
| 21 Tiesse, Seti Marc | 07 O'Neill Collegiate | | 13.71 | NWI | 2 |
| 22 Runge, Tyler | 07 Martin Collegiate | | 13.94 | NWI | 3 |
| 23 LeNouail, Mathias | 07 Laval | | 13.97 | NWI | 5 |
| 24 Ramoo, Neil | 07 Johnson Collegiate | | 14.02 | NWI | 1 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 4 Boys 100 Meter Dash Junior**

| | | | | | |
|-----------------------|----------------------|-------|-------|-----|---|
| 25 Newell, Liam | 07 Thom Collegiate | | 14.12 | NWI | 1 |
| 26 Hutchins, Blazedyn | 07 Thom Collegiate | | 14.14 | NWI | 4 |
| 27 Keller, Dylan | 07 Miller | 13.35 | 14.14 | NWI | 3 |
| 28 Bjola, Gavin | 07 Miller | 12.96 | 14.22 | NWI | 4 |
| 29 Nalyvayko, Olexiy | 07 Harvest City | | 14.32 | NWI | 1 |
| 30 Kozusko, Jack | 07 SHEL | | 14.80 | NWI | 2 |
| 31 Gebhart, Gabriel | 07 Luther Collegiate | | 15.75 | NWI | 4 |
| 32 Lubana, Ritish | 07 Luther Collegiate | | 16.13 | NWI | 2 |
| 33 Wagner, Zachary | 07 Balfour | | 16.48 | NWI | 1 |
| 34 Araf, Abdullah | 07 Scott Collegiate | | 17.49 | NWI | 3 |

Event 4 Boys 100 Meter Dash Junior**Top 8 Advance by Time**

| RHSAA: \$ 11.0h 2001 | | Brandon Sweet, Johnson | | | | | |
|--------------------------|------|------------------------|---------|--------|------|----|--|
| Name | Year | Team | Prelims | Semis | Wind | H# | |
| Semi-Finals | | | | | | | |
| 1 Akinloye, Olufemi | 07 | Campbell | 11.44 | 11.34q | NWI | 2 | |
| 2 Libanos, Raimon | 07 | O'Neill Collegiate | 12.18 | 11.94q | NWI | 2 | |
| 3 Lazo-Chhuon, Elijah | 07 | LeBoldus | 11.97 | 11.98q | NWI | 1 | |
| 4 Williams, Carwyn | 07 | Campbell | 12.17 | 12.03q | NWI | 1 | |
| 5 Kahan, Sam | 07 | Johnson Collegiate | 12.85 | 12.53q | NWI | 1 | |
| 6 Andrei, Alex | 07 | Miller | 12.95 | 12.64q | NWI | 1 | |
| 7 Matebekwane, Nathan | 07 | Luther Collegiate | 13.26 | 12.68q | NWI | 1 | |
| 8 Nixon, Yonas | 07 | Martin Collegiate | 12.46 | 12.68q | NWI | 1 | |
| 9 Alarcon, Sabestian | 07 | LeBoldus | 12.91 | 12.74 | NWI | 2 | |
| 10 Al-Shammari, Abdullah | 07 | Campbell | 13.25 | 12.75 | NWI | 2 | |
| 11 Matts, Liam | 07 | Riffel | 13.02 | 13.01 | NWI | 1 | |
| 12 Dabu, Louis | 07 | O'Neill Collegiate | 13.17 | 13.27 | NWI | 2 | |
| 13 Ward, Ajay | 07 | Riffel | 13.33 | 13.35 | NWI | 2 | |
| 14 LeNouail, Hugo | 07 | Laval | 13.31 | 13.35 | NWI | 1 | |
| 15 Mbachu, John | 07 | LeBoldus | 12.94 | 13.88 | NWI | 2 | |

Event 4 Boys 100 Meter Dash Junior

| RHSAA: \$ 11.0h 2001 | | Brandon Sweet, Johnson | | | | | |
|-----------------------|------|------------------------|-------|--------|------|--|--|
| Name | Year | Team | Semis | Finals | Wind | | |
| Finals | | | | | | | |
| 1 Akinloye, Olufemi | 07 | Campbell | 11.34 | 11.28 | NWI | | |
| 2 Lazo-Chhuon, Elijah | 07 | LeBoldus | 11.98 | 12.17 | NWI | | |
| 3 Libanos, Raimon | 07 | O'Neill Collegiate | 11.94 | 12.21 | NWI | | |
| 4 Williams, Carwyn | 07 | Campbell | 12.03 | 12.29 | NWI | | |
| 5 Andrei, Alex | 07 | Miller | 12.64 | 12.76 | NWI | | |
| 6 Kahan, Sam | 07 | Johnson Collegiate | 12.53 | 12.79 | NWI | | |
| 7 Nixon, Yonas | 07 | Martin Collegiate | 12.68 | 12.88 | NWI | | |
| 8 Matebekwane, Nathan | 07 | Luther Collegiate | 12.68 | 12.90 | NWI | | |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022

Canada Games Park, Regina

Results - Wednesday

Event 5 Girls 100 Meter Dash Senior**16 Advance: Top 2 Each Heat plus Next 2 Best Times**

| RHSAA: \$ 12.3h 2001 Danielle McFayden, Riffel | | | | | | |
|------------------------------------------------|------|--------------------|-------|---------|------|----|
| Name | Year | Team | Seed | Prelims | Wind | H# |
| Preliminaries | | | | | | |
| 1 Culbert, Victoria | 06 | LeBoldus | | 13.49Q | NWI | 4 |
| 2 Kichula, Katie | 06 | Balfour | | 13.54Q | NWI | 3 |
| 3 Toth, Emilee | 05 | O'Neill Collegiate | | 13.94Q | NWI | 5 |
| 4 Langford, Cloe | 06 | Martin Collegiate | | 14.04Q | NWI | 2 |
| 5 Babchuk, Angelica | 05 | Riffel | | 14.06Q | NWI | 1 |
| 6 Carleton, Mila | 06 | Luther Collegiate | | 14.27Q | NWI | 3 |
| 7 De soto, Melissa | 05 | O'Neill Collegiate | | 14.32q | NWI | 3 |
| 8 Firnesz, Eva | 06 | LeBoldus | | 14.60Q | NWI | 2 |
| 9 Daunheimer, Danielle | 06 | Harvest City | | 14.78Q | NWI | 1 |
| 10 Tony-Osondu, Chioma | 06 | Luther Collegiate | | 14.81q | NWI | 1 |
| 11 Liwag, Kate | 06 | Riffel | | 15.01q | NWI | 3 |
| 12 Okeugo, Shalom | 06 | LeBoldus | | 15.23Q | NWI | 5 |
| 13 Switzer, Ciara | 05 | KNOL | | 15.23q | NWI | 1 |
| 14 Onasanya, Tami | 06 | Luther Collegiate | | 15.25q | NWI | 5 |
| 15 Abdul, Pempo | 06 | SHEL | | 15.26q | NWI | 2 |
| 15 Wu, Angelina | 06 | Campbell | | 15.26q | NWI | 5 |
| 17 Flaman, Jasmin | 06 | Balfour | | 15.26 | NWI | 1 |
| 18 Switzer, Lexi | 05 | KNOL | | 15.38 | NWI | 2 |
| 19 Mcleod, Burke | 06 | Miller | 14.52 | 15.40 | NWI | 5 |
| 20 Dorrance, Paulina | 06 | Thom Collegiate | | 15.48 | NWI | 3 |
| 21 Bishop, Renee | 06 | Campbell | | 15.63Q | NWI | 4 |
| 22 Leusink, Shaylynn | 05 | O'Neill Collegiate | | 15.64 | NWI | 4 |
| 23 Okereke, Chelsea | 05 | Riffel | | 15.82 | NWI | 5 |
| 24 Fraser, Ashley | 06 | Campbell | | 15.95 | NWI | 2 |
| 25 Chicoine, Rylie | 06 | O'Neill Collegiate | | 16.00 | NWI | 1 |
| 26 Edomwonyi, Tiana | 06 | Campbell | | 16.41 | NWI | 3 |
| 27 Tondevold, Alyxandra | 06 | Thom Collegiate | | 16.83 | NWI | 5 |
| 28 McNeil, Charlie | 06 | Luther Collegiate | | 16.89 | NWI | 4 |
| 29 Harden, Hannah | 06 | Thom Collegiate | | 17.18 | NWI | 4 |
| 30 Topp, Jaimesyn | 06 | Thom Collegiate | | 17.52 | NWI | 2 |
| 31 Ogilvie, Tianah | 06 | LeBoldus | | 17.65 | NWI | 3 |
| 32 Okonkwo, Chichebem | 06 | Miller | | 17.78 | NWI | 1 |

Event 5 Girls 100 Meter Dash Senior**Top 8 Advance by Time**

| RHSAA: \$ 12.3h 2001 Danielle McFayden, Riffel | | | | | | |
|------------------------------------------------|------|--------------------|---------|--------|------|----|
| Name | Year | Team | Prelims | Semis | Wind | H# |
| Semi-Finals | | | | | | |
| 1 Culbert, Victoria | 06 | LeBoldus | 13.49 | 13.16q | NWI | 2 |
| 2 Kichula, Katie | 06 | Balfour | 13.54 | 13.22q | NWI | 1 |
| 3 Toth, Emilee | 05 | O'Neill Collegiate | 13.94 | 13.35q | NWI | 1 |
| 4 Babchuk, Angelica | 05 | Riffel | 14.06 | 13.63q | NWI | 2 |
| 5 Langford, Cloe | 06 | Martin Collegiate | 14.04 | 13.67q | NWI | 2 |
| 6 Carleton, Mila | 06 | Luther Collegiate | 14.27 | 13.72q | NWI | 1 |
| 7 De soto, Melissa | 05 | O'Neill Collegiate | 14.32 | 14.14q | NWI | 1 |
| 8 Firnesz, Eva | 06 | LeBoldus | 14.60 | 14.30q | NWI | 2 |
| 9 Daunheimer, Danielle | 06 | Harvest City | 14.78 | 14.45 | NWI | 2 |
| 10 Onasanya, Tami | 06 | Luther Collegiate | 15.25 | 14.49 | NWI | 1 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****....Event 5 Girls 100 Meter Dash Senior**

| | | | | | |
|------------------------|----------------------|-------|-------|-----|---|
| 11 Liwag, Kate | 06 Riffel | 15.01 | 14.53 | NWI | 1 |
| 12 Tony-Osondu, Chioma | 06 Luther Collegiate | 14.81 | 14.62 | NWI | 1 |
| 13 Switzer, Ciara | 05 KNOL | 15.23 | 14.71 | NWI | 2 |
| 14 Okeugo, Shalom | 06 LeBoldus | 15.23 | 14.98 | NWI | 2 |
| 15 Abdul, Pempo | 06 SHEL | 15.26 | 15.12 | NWI | 1 |

Event 5 Girls 100 Meter Dash Senior

| RHSAA: \$ 12.3h 2001 | | Danielle McFayden, Riffel | | | |
|----------------------|------|---------------------------|-------|--------|------|
| Name | Year | Team | Semis | Finals | Wind |

Finals

| | | | | | |
|---------------------|-----------------------|-------|-------|-----|--|
| 1 Toth, Emilee | 05 O'Neill Collegiate | 13.35 | 12.77 | NWI | |
| 2 Culbert, Victoria | 06 LeBoldus | 13.16 | 12.82 | NWI | |
| 3 Kichula, Katie | 06 Balfour | 13.22 | 12.89 | NWI | |
| 4 Babchuk, Angelica | 05 Riffel | 13.63 | 13.37 | NWI | |
| 5 Carleton, Mila | 06 Luther Collegiate | 13.72 | 13.45 | NWI | |
| 6 De soto, Melissa | 05 O'Neill Collegiate | 14.14 | 13.87 | NWI | |
| 7 Langford, Cloe | 06 Martin Collegiate | 13.67 | 14.02 | NWI | |
| 8 Firnesz, Eva | 06 LeBoldus | 14.30 | 14.27 | NWI | |

Event 6 Boys 100 Meter Dash Senior**Top 16 Advance by Time**

| RHSAA: \$ 10.6h 1988 | | Jesper Skoglund, Martin | | | |
|----------------------|------|-------------------------|------|---------|---------|
| Name | Year | Team | Seed | Prelims | Wind H# |

Preliminaries

| | | | | | |
|--------------------------|-----------------------|-------|--------|-----|---|
| 1 Conteh, Kyle | 06 Riffel | | 11.78q | NWI | 3 |
| 2 Awosiyina, Abdurrahman | 06 Campbell | | 12.12q | NWI | 4 |
| 3 Owusu, Prince | 05 LeBoldus | | 12.23q | NWI | 5 |
| 4 Topos, Dominic | 06 O'Neill Collegiate | | 12.26q | NWI | 3 |
| 5 Chen, Jerry | 06 Campbell | | 12.27q | NWI | 5 |
| 5 Derkatch, Easton | 06 KNOL | | 12.27q | NWI | 1 |
| 7 Laidlaw, Blake | 06 Miller | 11.82 | 12.30q | NWI | 4 |
| 8 Weisbeck, Zach | 05 Miller | 11.68 | 12.34q | NWI | 5 |
| 9 Dakis, Grayson | 05 KNOL | | 12.54q | NWI | 4 |
| 10 Matsyk, Josh | 06 Campbell | | 12.58q | NWI | 2 |
| 11 Miller, Hayden C. | 06 O'Neill Collegiate | | 12.61q | NWI | 5 |
| 12 Johnson, Jeremy | 06 Harvest City | | 12.62q | NWI | 5 |
| 13 Lewis, Jonathan | 06 Campbell | | 12.66q | NWI | 3 |
| 14 Adedeji, Damola | 06 Riffel | | 12.67q | NWI | 1 |
| 15 Oduwole, Favour | 06 Thom Collegiate | | 12.70q | NWI | 3 |
| 16 Podruchny, Riley | 05 Miller | 12.19 | 12.70q | NWI | 2 |
| 17 Mosomi, Alexander | 06 Miller | 12.14 | 12.75 | NWI | 3 |
| 18 Blundell, Erik | 06 Luther Collegiate | | 12.80 | NWI | 4 |
| 19 Laviste, Jed | 04 LeBoldus | | 12.87 | NWI | 4 |
| 20 Liu, Leo | 06 Luther Collegiate | | 12.88 | NWI | 5 |
| 21 Cowan, Bo | 06 Martin Collegiate | | 12.91 | NWI | 2 |
| 22 Freeman, Ashton | 06 Martin Collegiate | | 12.98 | NWI | 3 |
| 23 Munumwey, Verance | 06 LeBoldus | | 13.18 | NWI | 1 |
| 24 Short, Ethan | 06 O'Neill Collegiate | | 13.26 | NWI | 1 |
| 25 Parkes, Jordane | 06 Thom Collegiate | | 13.26 | NWI | 4 |
| 26 Campagne, Liam | 05 Laval | | 13.27 | NWI | 2 |
| 27 Oyelami, Israel | 05 O'Neill Collegiate | | 13.32 | NWI | 2 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022

Canada Games Park, Regina

Results - Wednesday

...Event 6 Boys 100 Meter Dash Senior

| | | | | |
|-------------------------|--------------------|-------|-----|---|
| 28 Olorunleke, Bolu | 05 LeBoldus | 13.51 | NWI | 2 |
| 29 Waugh, Lucas | 06 Thom Collegiate | 13.81 | NWI | 1 |
| 30 Hepting, Ashton | 06 Riffel | 13.82 | NWI | 2 |
| 31 Antonio, Danian Abel | 04 Riffel | 13.91 | NWI | 4 |
| 32 William, Franklin | 05 KNOL | 15.04 | NWI | 2 |

Event 6 Boys 100 Meter Dash Senior

Top 8 Advance by Time

| RHSAA: \$ 10.6h 1988 | | Jesper Skoglund, Martin | | | | |
|--------------------------|------|-------------------------|---------|--------|------|----|
| Name | Year | Team | Prelims | Semis | Wind | H# |
| Semi-Finals | | | | | | |
| 1 Conteh, Kyle | 06 | Riffel | 11.78 | 11.56q | NWI | 2 |
| 2 Laidlaw, Blake | 06 | Miller | 12.30 | 12.03q | NWI | 1 |
| 3 Owusu, Prince | 05 | LeBoldus | 12.23 | 12.03q | NWI | 1 |
| 4 Chen, Jerry | 06 | Campbell | 12.27 | 12.06q | NWI | 1 |
| 5 Derkatch, Easton | 06 | KNOL | 12.27 | 12.14q | NWI | 2 |
| 6 Awosiyina, Abdurrahman | 06 | Campbell | 12.12 | 12.20q | NWI | 1 |
| 7 Topos, Dominic | 06 | O'Neill Collegiate | 12.26 | 12.23q | NWI | 2 |
| 8 Weisbeck, Zach | 05 | Miller | 12.34 | 12.27q | NWI | 2 |
| 9 Podruchny, Riley | 05 | Miller | 12.70 | 12.38 | NWI | 2 |
| 10 Johnson, Jeremy | 06 | Harvest City | 12.62 | 12.40 | NWI | 2 |
| 11 Matsyk, Josh | 06 | Campbell | 12.58 | 12.41 | NWI | 1 |
| 12 Dakis, Grayson | 05 | KNOL | 12.54 | 12.46 | NWI | 2 |
| 13 Adedeji, Damola | 06 | Riffel | 12.67 | 12.63 | NWI | 1 |
| 14 Miller, Hayden C. | 06 | O'Neill Collegiate | 12.61 | 12.69 | NWI | 1 |
| 15 Lewis, Jonathan | 06 | Campbell | 12.66 | 12.70 | NWI | 2 |
| 16 Oduwole, Favour | 06 | Thom Collegiate | 12.70 | 12.85 | NWI | 1 |

Event 6 Boys 100 Meter Dash Senior

| RHSAA: \$ 10.6h 1988 | | Jesper Skoglund, Martin | | | |
|--------------------------|------|-------------------------|-------|--------|------|
| Name | Year | Team | Semis | Finals | Wind |
| Finals | | | | | |
| 1 Conteh, Kyle | 06 | Riffel | 11.56 | 11.44 | NWI |
| 2 Owusu, Prince | 05 | LeBoldus | 12.03 | 11.98 | NWI |
| 3 Chen, Jerry | 06 | Campbell | 12.06 | 12.00 | NWI |
| 4 Awosiyina, Abdurrahman | 06 | Campbell | 12.20 | 12.03 | NWI |
| 5 Laidlaw, Blake | 06 | Miller | 12.03 | 12.09 | NWI |
| 6 Weisbeck, Zach | 05 | Miller | 12.27 | 12.25 | NWI |
| 7 Topos, Dominic | 06 | O'Neill Collegiate | 12.23 | 12.26 | NWI |
| 8 Derkatch, Easton | 06 | KNOL | 12.14 | 13.47 | NWI |

Event 13 Girls 400 Meter Dash Intermediate

| RHSAA: \$ 59.38 2017 | | Natalia McCullough, Leboldus | | | |
|----------------------|------|------------------------------|---------|---------|----|
| Name | Year | Team | Seed | Finals | H# |
| 1 Pacholka, Elan | 08 | Miller | 1:00.76 | 1:01.09 | 3 |
| 2 Gates, Hannah | 08 | SHEL | | 1:02.41 | 2 |
| 3 Ouellet, Sofia | 08 | Laval | | 1:03.25 | 1 |
| 4 Ibediro, Amara | 08 | Luther Collegiate | | 1:03.70 | 2 |
| 5 Ward, Soersce | 08 | Luther Collegiate | | 1:05.68 | 2 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****....Event 13 Girls 400 Meter Dash Intermediate**

| | | | | |
|-----------------------------|-----------------------|---------|---------|---|
| 6 Parks, Brigitte | 08 Riffel | | 1:08.22 | 1 |
| 7 Firnesz, Eryn | 08 LeBoldus | | 1:08.54 | 1 |
| 8 Lebell, Hampton | 08 SHEL | | 1:09.38 | 2 |
| 9 Muhr, Samantha | 08 Laval | | 1:10.75 | 2 |
| 10 Caldwell-Chamberlain, Br | 08 Miller | 1:15.84 | 1:12.04 | 3 |
| 11 Zacarias, Nicole | 08 Riffel | | 1:15.39 | 2 |
| 12 Lafleur, Jaida | 08 Miller | 1:11.64 | 1:15.90 | 3 |
| 13 Hambleton, Kendall | 08 LeBoldus | | 1:16.66 | 1 |
| 14 Murray, Milan | 08 Thom Collegiate | | 1:18.26 | 2 |
| 15 Braaten, Zyma | 08 Campbell | | 1:20.13 | 1 |
| 16 Lovas, Kayla | 08 O'Neill Collegiate | | 1:20.40 | 1 |
| 17 Franke, Neveah | 08 Martin Collegiate | | 1:22.77 | 3 |
| 18 Wilson, Abbigail | 08 O'Neill Collegiate | | 1:25.24 | 3 |
| 19 Rosca, Darian | 08 Campbell | | 1:28.85 | 1 |
| 20 Slobodian, Rebecca | 08 KNOL | | 1:32.56 | 2 |

Event 14 Boys 400 Meter Dash Intermediate

| ===== | | | | | | |
|-------------------------|------|--------------------|--------------------|---------|----|--|
| RHSAA: \$ 52.7h | | 1995 | Cam Katchuk, Usher | | | |
| Name | Year | Team | Seed | Finals | H# | |
| ===== | | | | | | |
| 1 Englot, Cooper | 08 | Riffel | | 57.20 | 2 | |
| 2 Racette, Hunter | 08 | KNOL | | 57.56 | 2 | |
| 3 Teichler, Alec | 08 | Campbell | | 58.31 | 1 | |
| 4 Ogloff, Kale | 08 | KNOL | | 1:02.10 | 2 | |
| 5 Newton, Aiden | 08 | Martin Collegiate | | 1:02.87 | 3 | |
| 6 Nicolson, Liam | 08 | Martin Collegiate | | 1:02.94 | 4 | |
| 7 Reich, Jaik | 08 | Riffel | | 1:03.01 | 4 | |
| 8 Barnes, William | 08 | Riffel | | 1:03.44 | 1 | |
| 9 Dehghani, Bayan | 08 | Luther Collegiate | | 1:03.77 | 1 | |
| 10 Fornwald, Luke | 08 | Martin Collegiate | | 1:03.88 | 4 | |
| 11 Dairo, Oluwatosin | 08 | Riffel | | 1:04.04 | 4 | |
| 12 Rizvi, Ashar | 08 | Luther Collegiate | | 1:04.18 | 2 | |
| 13 Stashko, Anthony | 08 | O'Neill Collegiate | | 1:05.00 | 1 | |
| 14 Holtby-Miller, Gavin | 08 | O'Neill Collegiate | | 1:06.45 | 3 | |
| 15 Friesen, Grady | 08 | KNOL | | 1:08.26 | 3 | |
| 16 Khan, Aiden | 08 | O'Neill Collegiate | | 1:08.40 | 1 | |
| 17 Kimens, Barron | 08 | SHEL | | 1:08.42 | 4 | |
| 18 Ayuban, Derencz | 08 | LeBoldus | | 1:08.59 | 2 | |
| 19 Favel, Cash | 08 | Miller | 1:08.63 | 1:08.78 | 4 | |
| 20 Kwok, Titus | 08 | Regina Christian | | 1:09.26 | 3 | |
| 21 Igbineweka, Iwinnosa | 08 | O'Neill Collegiate | | 1:09.73 | 1 | |

Event 15 Girls 400 Meter Dash Junior

| ===== | | | | | | |
|---------------------|------|--------------------|-----------------------|---------|----|--|
| RHSAA: \$ 58.3h | | 1979 | Denise Atwell, Luther | | | |
| Name | Year | Team | Seed | Finals | H# | |
| ===== | | | | | | |
| 1 Selland, Vienna | 07 | Laval | | 1:01.65 | 2 | |
| 2 Amaroo, Tanvi | 07 | Laval | | 1:07.64 | 1 | |
| 3 Celin, Addyson | 07 | LeBoldus | | 1:09.85 | 1 | |
| 4 Atendido, Allyson | 07 | O'Neill Collegiate | | 1:10.13 | 2 | |
| 5 Zografis, Lira | 07 | Luther Collegiate | | 1:10.69 | 2 | |
| 6 Kokera, Panashe | 07 | Miller | 1:12.03 | 1:11.54 | 2 | |
| 7 Czinka, Brooklyn | 07 | Riffel | | 1:13.28 | 1 | |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 15 Girls 400 Meter Dash Junior**

| | | | | |
|------------------------|----|-------------------|---------|---|
| 8 Lacey, Alice | 07 | Martin Collegiate | 1:14.91 | 2 |
| 9 Fernandez, Emily | 07 | Regina Christian | 1:17.18 | 1 |
| 10 Woollam-Agnew, Jane | 07 | Campbell | 1:19.20 | 1 |

Event 16 Boys 400 Meter Dash Junior

| RHSAA: \$ 51.7h 1988 | | Jason Kiwaluk, Leboldus | | | |
|---------------------------|------|-------------------------|---------|---------|----|
| Name | Year | Team | Seed | Finals | H# |
| 1 Thompson, Kaiden | 07 | Riffel | | 52.59 | 2 |
| 2 Libanos, Raimon | 07 | O'Neill Collegiate | | 53.83 | 3 |
| 3 Nixon, Yonas | 07 | Martin Collegiate | | 57.27 | 1 |
| 4 Oblinski, William | 07 | Campbell | | 57.36 | 1 |
| 5 Abiodun, Damilola | 07 | LeBoldus | | 58.75 | 2 |
| 6 Sacoco, Chadley | 07 | Riffel | | 59.10 | 2 |
| 7 Tondevold, Porter | 07 | Thom Collegiate | | 59.71 | 1 |
| 8 Chakma, Samayak | 07 | Campbell | | 1:01.38 | 3 |
| 9 Rein-Koroluk, Noah | 07 | Laval | | 1:02.19 | 2 |
| 10 Dabu, Louis | 07 | O'Neill Collegiate | | 1:02.33 | 3 |
| 11 Bauer, Jacob | 07 | Riffel | | 1:02.92 | 1 |
| 12 Matts, Liam | 07 | Riffel | | 1:04.50 | 2 |
| 13 Nomura-Deschene, Jacek | 07 | Martin Collegiate | | 1:04.52 | 3 |
| 14 Tiesse, Seti Marc | 07 | O'Neill Collegiate | | 1:05.33 | 1 |
| 15 Kozusko, Jack | 07 | SHEL | | 1:08.97 | 1 |
| 16 Ulep, Emriche Clifford | 07 | O'Neill Collegiate | | 1:09.18 | 2 |
| 17 Birns, Kieran | 07 | Miller | 1:09.56 | 1:10.03 | 3 |
| 18 Thomson, Logan | 07 | SHEL | | 1:30.18 | 3 |
| 19 Lubana, Ritish | 07 | Luther Collegiate | | 1:31.57 | 3 |

Event 17 Girls 400 Meter Dash Senior

| RHSAA: \$ 58.47 1996 | | Saskia Winkelman, Campbell | | | |
|----------------------|------|----------------------------|------|---------|----|
| Name | Year | Team | Seed | Finals | H# |
| 1 Totton, Bryanna | 06 | Campbell | | 1:01.43 | 2 |
| 2 Carleton, Mila | 06 | Luther Collegiate | | 1:03.21 | 2 |
| 3 Lebell, Harper | 06 | SHEL | | 1:03.55 | 2 |
| 4 Madol, Ajok | 05 | O'Neill Collegiate | | 1:04.63 | 3 |
| 5 Ouellet, Eve | 06 | Laval | | 1:06.03 | 2 |
| 6 De soto, Melissa | 05 | O'Neill Collegiate | | 1:06.56 | 2 |
| 7 Haider, Jocelyn | 05 | Riffel | | 1:09.26 | 1 |
| 8 Switzer, Ciara | 05 | KNOL | | 1:12.86 | 1 |
| 9 Switzer, Lexi | 05 | KNOL | | 1:13.00 | 3 |
| 10 Song, Lisha | 06 | Campbell | | 1:13.43 | 1 |
| 11 Zeng, Mei | 06 | Luther Collegiate | | 1:13.72 | 3 |
| 12 Leusink, Shaylynn | 05 | O'Neill Collegiate | | 1:14.02 | 1 |
| 13 Chicoine, Rylie | 06 | O'Neill Collegiate | | 1:17.38 | 3 |
| 14 McNeil, Charlie | 06 | Luther Collegiate | | 1:17.63 | 1 |
| 15 Schlosser, Kienna | 05 | Riffel | | 1:33.47 | 3 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 18 Boys 400 Meter Dash Senior**

| RHSAA: \$ 48.64 1998 Cam Katchuk, Usher | | | | | |
|-----------------------------------------|------|--------------------|---------|---------|----|
| Name | Year | Team | Seed | Finals | H# |
| 1 Maclean, Brett | 06 | SHEL | | 53.31 | 3 |
| 2 Downes, Adonias | 06 | Riffel | | 53.51 | 1 |
| 3 Gates, Ben | 06 | SHEL | | 53.82 | 1 |
| 4 Derkatch, Easton | 06 | KNOL | | 53.92 | 2 |
| 5 Weimer, James | 06 | Campbell | | 54.45 | 3 |
| 6 Formo, Dylan | 06 | O'Neill Collegiate | | 59.45 | 1 |
| 7 Mcllellan, Thomas | 06 | Campbell | | 1:03.49 | 2 |
| 8 Oduwole, Favour | 06 | Thom Collegiate | | 1:03.68 | 1 |
| 9 Castillo, Marco | 06 | O'Neill Collegiate | | 1:06.03 | 2 |
| 10 Waugh, Lucas | 06 | Thom Collegiate | | 1:06.57 | 1 |
| 11 Kuprowski, Hunter | 06 | Miller | 1:14.11 | 1:07.27 | 3 |
| 12 Hepting, Ashton | 06 | Riffel | | 1:08.68 | 3 |
| 13 Baitiong, Aldryn | 05 | Riffel | | 1:10.62 | 1 |
| 14 Lizee, Evan | 05 | Miller | 1:06.03 | 1:11.32 | 2 |

Event 25 Girls 1500 Meter Run Intermediate

| RHSAA: \$ 4:47.20 2006 Karissa LePage, Riffel | | | | | |
|-----------------------------------------------|------|--------------------|---------|---------|--|
| Name | Year | Team | Seed | Finals | |
| 1 Gates, Hannah | 08 | SHEL | | 5:07.10 | |
| 2 Ouellet, Sofia | 08 | Laval | | 5:15.82 | |
| 3 Lebell, Hampton | 08 | SHEL | | 5:21.58 | |
| 4 Parks, Brigette | 08 | Riffel | | 5:43.87 | |
| 5 Exner, Nola | 08 | Campbell | | 5:48.35 | |
| 6 Card, Milene | 08 | Laval | | 5:49.36 | |
| 7 Braaten, Zyma | 08 | Campbell | | 6:08.91 | |
| 8 Ward, Soersce | 08 | Luther Collegiate | | 6:13.56 | |
| 9 Sakundiak, Sara | 08 | Riffel | | 6:25.28 | |
| 10 Hoang, Dylane | 08 | Laval | | 6:31.02 | |
| 11 Olmstead, Cristal | 08 | O'Neill Collegiate | | 6:58.51 | |
| 12 Potocki, Layla | 08 | Riffel | | 7:04.63 | |
| 13 Hischebett, Natalie | 08 | Thom Collegiate | | 7:04.92 | |
| 14 Caldwell-Chamberlain, Br | 08 | Miller | 7:18.61 | 7:59.66 | |
| 15 Ricci, Gina | 08 | Miller | 7:12.39 | 8:02.18 | |

Event 26 Boys 1500 Meter Run Intermediate

| RHSAA: \$ 4:24.0h 1999 Aaron Molnar, O'Neill | | | | | |
|----------------------------------------------|------|--------------------|---------|---------|--|
| Name | Year | Team | Seed | Finals | |
| 1 Hamif, Mohammed | 08 | Campbell | | 4:58.76 | |
| 2 Barnes, William | 08 | Riffel | | 5:02.48 | |
| 3 Dent, Jamison | 08 | Laval | | 5:07.32 | |
| 4 Khan, Aiden | 08 | O'Neill Collegiate | | 5:19.93 | |
| 5 Favel, Cash | 08 | Miller | 5:38.91 | 5:26.16 | |
| 6 Kimens, Barron | 08 | SHEL | | 5:40.59 | |
| 7 Al-Sultani, Sari | 08 | Thom Collegiate | | 5:56.32 | |
| 8 Mrach, Waleed | 08 | O'Neill Collegiate | | 5:56.90 | |
| 9 Ikezahu, Stephen | 08 | Riffel | | 6:16.41 | |
| -- Simon, Dominic | 08 | Scott Collegiate | | DNF | |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 27 Girls 1500 Meter Run Junior**

| RHSAA: \$ 4:45.88 2006 Jessica Furlan, LeBoldus | | | | |
|-------------------------------------------------|------|-------------------|------|---------|
| Name | Year | Team | Seed | Finals |
| 1 Selland, Vienna | 07 | Laval | | 5:32.45 |
| 2 McLeod, Sophie | 07 | LeBoldus | | 6:02.63 |
| 3 Zograf, Lira | 07 | Luther Collegiate | | 6:06.66 |
| -- Gosselin-O'Watch, Nevaeh | 07 | Riffel | | DNF |

Event 28 Boys 1500 Meter Run Junior

| RHSAA: \$ 4:06.77 1994 Chris Stoppler, O'Neill | | | | |
|------------------------------------------------|------|-----------------|---------|---------|
| Name | Year | Team | Seed | Finals |
| 1 Tremblay, Jackson | 07 | Laval | | 4:58.05 |
| 2 Paradis, Laslo | 07 | Campbell | | 5:02.53 |
| 3 Brilz, Carter | 07 | Riffel | | 5:06.86 |
| 4 Birns, Kieran | 07 | Miller | 5:48.70 | 5:24.37 |
| 5 Binns, Luke | 07 | Campbell | | 5:36.20 |
| 6 Tondevoid, Porter | 07 | Thom Collegiate | | 5:37.82 |
| 7 Ayong, DJ | 07 | Riffel | | 5:53.86 |
| -- Thomson, Logan | 07 | SHEL | | DNF |

Event 29 Girls 1500 Meter Run Senior

| RHSAA: \$ 4:42.12 2006 Jayne Grebinski, Sheldon | | | | |
|-------------------------------------------------|------|--------------------|------|---------|
| Name | Year | Team | Seed | Finals |
| 1 Ouellet, Eve | 06 | Laval | | 5:18.12 |
| 2 Kaban, Gabrielle | 06 | Campbell | | 6:06.82 |
| 3 Totton, Bryanna | 06 | Campbell | | 6:07.27 |
| 4 De soto, Melissa | 05 | O'Neill Collegiate | | 6:18.63 |
| 5 Haider, Jocelyn | 05 | Riffel | | 6:28.67 |
| 6 Krutoholova, Olha | 05 | O'Neill Collegiate | | 6:29.95 |
| 7 Schmidt, Emma | 06 | Thom Collegiate | | 7:07.04 |
| 8 Gunther, Ava | 06 | KNOL | | 7:17.96 |
| 9 Emaha, Danait | 05 | O'Neill Collegiate | | 7:33.49 |
| 10 Tuazon, Jaselle | 05 | O'Neill Collegiate | | 7:54.60 |
| 11 Schlosser, Kienna | 05 | Riffel | | 8:59.41 |

Event 30 Boys 1500 Meter Run Senior

| RHSAA: \$ 3:59.46 2006 Sean Fleming, O'Neill | | | | |
|----------------------------------------------|------|--------------------|---------|---------|
| Name | Year | Team | Seed | Finals |
| 1 Maclean, Brett | 06 | SHEL | | 4:17.82 |
| 2 Teichler, Ian | 06 | Campbell | | 4:21.81 |
| 3 Naughton, Killian | 06 | LeBoldus | | 4:23.78 |
| 4 Bristol, Henry | 06 | LeBoldus | | 4:24.99 |
| 5 Downes, Adonias | 06 | Riffel | | 4:28.49 |
| 6 Nelson, Carter | 06 | Campbell | | 4:57.29 |
| 7 Formo, Dylan | 06 | O'Neill Collegiate | | 5:12.09 |
| 8 Atencio, Newton | 05 | Miller | 5:19.21 | 5:22.97 |
| 9 Arya, Devonte | 06 | Johnson Collegiate | | 5:43.86 |
| 10 Lizee, Evan | 05 | Miller | | 5:48.65 |
| 11 Raina, Prabhasees | 06 | Thom Collegiate | | 5:50.19 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****....Event 30 Boys 1500 Meter Run Senior**

| | | |
|------------------|-------------|---------|
| 12 Hao Cau, Jung | 06 Campbell | 6:22.71 |
|------------------|-------------|---------|

Event 31 Girls 3000 Meter Run Intermediate

| ===== | | | | |
|-------------------------------------------------|------|--------|------|----------|
| RHSAA: \$ 10:23.65 2019 Molly Lakustiak, Martin | | | | |
| Name | Year | Team | Seed | Finals |
| ===== | | | | |
| 1 Ouellet, Sofia | 08 | Laval | | 11:58.82 |
| 2 Lebell, Hampton | 08 | SHEL | | 12:00.24 |
| 3 Card, Milene | 08 | Laval | | 12:57.67 |
| 4 Potocki, Layla | 08 | Riffel | | 16:01.53 |
| -- Caldwell-Chamberlain, Br | 08 | Miller | | DNF |

Event 32 Boys 3000 Meter Run Intermediate

| ===== | | | | |
|------------------------------------------|------|-----------------|------|----------|
| RHSAA: \$ 9:24.3h 1985 Greg Yanke, Usher | | | | |
| Name | Year | Team | Seed | Finals |
| ===== | | | | |
| 1 Barnes, William | 08 | Riffel | | 11:11.39 |
| 2 Dent, Jamison | 08 | Laval | | 11:14.01 |
| 3 Kimens, Barron | 08 | SHEL | | 12:41.10 |
| 4 Oganla, Faizal | 08 | Campbell | | 12:53.00 |
| 5 Ash, Samuel | 08 | SHEL | | 13:25.95 |
| 6 Al-Sultani, Sari | 08 | Thom Collegiate | | 14:10.64 |

Event 33 Girls 3000 Meter Run Junior

| ===== | | | | |
|--------------------------------------------------|------|-------------------|------|----------|
| RHSAA: \$ 10:35.0h 2006 Jessica Furlan, Leboldus | | | | |
| Name | Year | Team | Seed | Finals |
| ===== | | | | |
| 1 Olfert, Alex | 07 | Luther Collegiate | | 13:54.35 |
| 2 O'Watch, Nevaeh | 07 | Riffel | | 16:40.76 |

Event 34 Boys 3000 Meter Run Junior

| ===== | | | | |
|---------------------------------------------|------|--------------------|------|----------|
| RHSAA: \$ 8:55.1h 1982 Al McGeough, O'Neill | | | | |
| Name | Year | Team | Seed | Finals |
| ===== | | | | |
| 1 Tremblay, Jackson | 07 | Laval | | 11:21.42 |
| 2 Libanos, Raimon | 07 | O'Neill Collegiate | | 11:23.22 |
| 3 Brilz, Carter | 07 | Riffel | | 11:33.52 |
| 4 Binns, Luke | 07 | Campbell | | 11:36.50 |
| 5 Niyomungere, Butoyi | 07 | Martin Collegiate | | 11:59.34 |
| 6 Oblinski, William | 07 | Campbell | | 12:17.00 |
| 7 Ebrahim, Kayden | 07 | Luther Collegiate | | 13:40.05 |

Event 35 Girls 3000 Meter Run Senior

| ===== | | | | |
|---------------------------------------------------|------|--------------------|------|----------|
| RHSAA: \$ 10:17.13 2003 Danette Doetzel, Leboldus | | | | |
| Name | Year | Team | Seed | Finals |
| ===== | | | | |
| 1 Ouellet, Eve | 06 | Laval | | 11:17.17 |
| 2 Lebell, Harper | 06 | SHEL | | 11:20.10 |
| 3 Kaban, Gabrielle | 06 | Campbell | | 11:44.22 |
| 4 Krutoholova, Olha | 05 | O'Neill Collegiate | | 15:00.10 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****....Event 35 Girls 3000 Meter Run Senior**

| | | |
|------------------------|--------------------|----------|
| 5 Schmidt, Emma | 06 Thom Collegiate | 16:02.68 |
| 6 Topp, Jaimesyn | 06 Thom Collegiate | 16:02.69 |
| 7 Tondevold, Alyxandra | 06 Thom Collegiate | 16:04.02 |
| 8 Vogelsang, Rae | 06 LeBoldus | 17:15.48 |

Event 36 Boys 3000 Meter Run Senior

| ===== | | | | |
|---------------------|------|----------|-----------------------|----------|
| RHSAA: \$ 8:33.60 | | 2001 | Simon Bairu, LeBoldus | |
| Name | Year | Team | Seed | Finals |
| ===== | | | | |
| 1 Maclean, Brett | 06 | SHEL | | 9:09.18 |
| 2 Bristol, Henry | 06 | LeBoldus | | 9:14.28 |
| 3 Teichler, Ian | 06 | Campbell | | 9:21.70 |
| 4 Downes, Adonias | 06 | Riffel | | 9:36.31 |
| 5 Naughton, Killian | 06 | LeBoldus | | 10:00.23 |
| 6 Nelson, Carter | 06 | Campbell | | 10:39.76 |
| 7 Atencio, Newton | 05 | Miller | | 12:06.89 |
| 8 Seidler, Max | 06 | Campbell | | 12:36.75 |
| 9 Lizee, Evan | 05 | Miller | | 13:22.53 |

Event 37 Girls 80 Meter Hurdles Intermediate

| ===== | | | | | | |
|-----------------------|------|--------------------|----------------------|--------|------|----|
| RHSAA: \$ 12.88 | | 1998 | Erica Fisher, Luther | | | |
| Name | Year | Team | Seed | Finals | Wind | H# |
| ===== | | | | | | |
| 1 Klein, Lola | 08 | Miller | | 15.71 | NWI | 2 |
| 2 Eby, Lily | 08 | Campbell | | 16.00 | NWI | 3 |
| 3 Dieter, Brooklynn | 08 | Riffel | | 17.05 | NWI | 3 |
| 4 Lafleur, Jaida | 08 | Miller | 16.76 | 17.11 | NWI | 3 |
| 5 Brown, Nina | 08 | Thom Collegiate | | 17.17 | NWI | 2 |
| 6 Rosca, Darian | 08 | Campbell | | 17.70 | NWI | 2 |
| 7 Rinholm, Ella Grace | 08 | Regina Christian | | 17.83 | NWI | 2 |
| 8 Claude, Olivia | 08 | O'Neill Collegiate | | 17.85 | NWI | 2 |
| 9 Smith, Sophia | 08 | O'Neill Collegiate | | 18.05 | NWI | 3 |
| 10 Hala, Natalie | 08 | Thom Collegiate | | 18.55 | NWI | 2 |
| 11 Nernberg, Caitlyn | 08 | Martin Collegiate | | 18.89 | NWI | 1 |
| 12 Ogues, Elisha | 08 | O'Neill Collegiate | | 18.96 | NWI | 1 |
| 13 Olmstead, Cristal | 08 | O'Neill Collegiate | | 19.09 | NWI | 1 |
| 14 Franke, Neveah | 08 | Martin Collegiate | | 19.36 | NWI | 1 |
| 15 Ricci, Gina | 08 | Miller | 19.61 | 20.02 | NWI | 3 |

Event 38 Boys 100 Meter Hurdles Intermediate

| ===== | | | | | | |
|--------------------------|------|--------------------|--------------------|--------|------|----|
| RHSAA: \$ 14.3h | | 2001 | Alden Adair, Knoll | | | |
| Name | Year | Team | Seed | Finals | Wind | H# |
| ===== | | | | | | |
| 1 Ibegbulem, Chukwuemeka | 08 | Miller | 17.61 | 17.01 | NWI | 2 |
| 2 Olutola, Damilare | 09 | Riffel | | 17.73 | NWI | 2 |
| 3 Oganla, Faizal | 08 | Campbell | | 18.75 | NWI | 2 |
| 4 Adeniyi, Nishola | 08 | Miller | 20.17 | 19.40 | NWI | 2 |
| 5 Oluwaseye, Toluwanimi | 08 | Miller | 19.53 | 19.90 | NWI | 2 |
| 6 Sedlmeir, Owen | 08 | O'Neill Collegiate | | 20.00 | NWI | 1 |
| 7 Favel, Cash | 08 | Miller | 20.37 | 20.41 | NWI | 2 |
| 8 McIntyre, Finn | 08 | KNOL | | 21.04 | NWI | 2 |
| 9 Dahl, Hayden | 08 | Thom Collegiate | | 25.64 | NWI | 2 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 39 Girls 80 Meter Hurdles Junior**

| RHSAA: \$ 11.90 2001 Janine Polischuk, Sheldon | | | | | | |
|------------------------------------------------|------|--------------------|-------|--------|------|--|
| Name | Year | Team | Seed | Finals | Wind | |
| 1 Haus, Raina | 07 | Campbell | | 13.40 | NWI | |
| 2 Oni, Nifemi | 07 | Miller | 13.99 | 15.19 | NWI | |
| 3 Yusuf, Haneefah | 07 | Luther Collegiate | | 15.33 | NWI | |
| 4 Czinka, Brooklyn | 07 | Riffel | | 15.92 | NWI | |
| 5 Amayo, Deba | 07 | Luther Collegiate | | 16.11 | NWI | |
| 6 Atendido, Allyson | 07 | O'Neill Collegiate | | 17.31 | NWI | |
| 7 Hassan Hagar, Mouzahir | 07 | Campbell | | 17.44 | NWI | |
| 8 Bzdel, Tyler | 07 | Riffel | | 17.48 | NWI | |

Event 40 Boys 100 Meter Hurdles Junior

| RHSAA: \$ 14.2h 1986 Henry Fong, Campbell | | | | | | |
|-------------------------------------------|------|--------------------|-------|--------|------|----|
| Name | Year | Team | Seed | Finals | Wind | H# |
| 1 Justin Ngweto, Justin | 07 | O'Neill Collegiate | | 16.57 | NWI | 2 |
| 2 Oblinski, William | 07 | Campbell | | 16.94 | NWI | 1 |
| 3 Niyomungere, Butoyi | 07 | Martin Collegiate | | 18.84 | NWI | 2 |
| 4 Eseyin, Dara | 07 | Riffel | | 19.36 | NWI | 2 |
| 5 Alarcon, Sabestian | 07 | LeBoldus | | 19.78 | NWI | 2 |
| 6 Pacholik, Vincent | 07 | O'Neill Collegiate | | 20.00 | NWI | 1 |
| 7 Agasthian, Vishall | 07 | Luther Collegiate | | 20.31 | NWI | 2 |
| 8 Wol-Harden, Kylan | 07 | O'Neill Collegiate | | 20.69 | NWI | 2 |
| 9 Andrei, Alex | 07 | Miller | 18.80 | 20.80 | NWI | 2 |
| 10 Stahl, Dustin | 07 | Riffel | | 26.29 | NWI | 2 |

Event 41 Girls 80 Meter Hurdles Senior

| RHSAA: \$ 12.07 2002 Janine Polischuk, Sheldon | | | | | | |
|------------------------------------------------|------|--------------------|------|--------|------|----|
| Name | Year | Team | Seed | Finals | Wind | H# |
| 1 Culbert, Victoria | 06 | LeBoldus | | 12.94 | NWI | 1 |
| 2 Adebogun, Hope | 05 | O'Neill Collegiate | | 14.24 | NWI | 2 |
| 3 Zeng, Mei | 06 | Luther Collegiate | | 16.55 | NWI | 1 |
| 4 Umeana, Danielle | 05 | Riffel | | 16.81 | NWI | 1 |
| 5 Jandag, Kryzelle | 05 | Riffel | | 17.11 | NWI | 2 |
| 6 Leusink, Shaylynn | 05 | O'Neill Collegiate | | 17.27 | NWI | 2 |
| 7 Okereke, Chelsea | 05 | Riffel | | 17.32 | NWI | 1 |
| 8 Deschene, Icys | 05 | Riffel | | 17.33 | NWI | 1 |
| 9 Tony-Osondu, Chioma | 06 | Luther Collegiate | | 17.36 | NWI | 2 |
| 10 Krutoholova, Olha | 05 | O'Neill Collegiate | | 17.83 | NWI | 2 |
| 11 Pulongbarit, Mya | 06 | O'Neill Collegiate | | 23.09 | NWI | 2 |

Event 42 Boys 100 Meter Hurdles Senior

| RHSAA: \$ 13.79 2019 Thomas Haidl, Campbell | | | | | |
|---------------------------------------------|------|--------------------|-------|--------|------|
| Name | Year | Team | Seed | Finals | Wind |
| 1 Topos, Dominic | 06 | O'Neill Collegiate | | 16.93 | NWI |
| 2 Owusu, Prince | 05 | LeBoldus | | 17.58 | NWI |
| 3 Olorunleke, Bolu | 05 | LeBoldus | | 17.73 | NWI |
| 4 Dakis, Grayson | 05 | KNOL | | 19.04 | NWI |
| 5 Koshy Thomas, Stephen | 05 | Miller | 19.57 | 19.31 | NWI |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 42 Boys 100 Meter Hurdles Senior**

| | | | |
|--------------------|-----------------------|-------|-----|
| 6 Baitiong, Aldryn | 05 Riffel | 19.74 | NWI |
| 7 De Felipe, Ryan | 06 Riffel | 20.21 | NWI |
| 8 LeClaire, Rylin | 06 O'Neill Collegiate | 20.43 | NWI |

Event 46 Boys High Jump Junior

RHSAA: \$ 1.91m 2003 Mark Groeller, Ian Jestadt, Knoll, Leb

| Name | Year Team | Seed | Finals |
|-------------------------|-----------------------|------|--------|
| 1 Matebekwane, Nathan | 07 Luther Collegiate | | J1.82m |
| 2 Justin Ngweto, Justin | 07 O'Neill Collegiate | | J1.82m |
| 3 Currie, Jesse | 07 KNOL | | 1.70m |
| 4 Mbachu, John | 07 LeBoldus | | J1.60m |
| 5 Niyomungere, Butoyi | 07 Martin Collegiate | | J1.60m |
| 6 Giannoustsos, Spiro | 07 Campbell | | J1.55m |
| 6 Bosch, Michael | 07 Riffel | | J1.55m |
| 8 Pacholik, Vincent | 07 O'Neill Collegiate | | J1.55m |
| 9 Amaefule, Michael | 07 Thom Collegiate | | J1.55m |
| 10 Abiodun, Damilola | 07 LeBoldus | | J1.55m |
| 11 Lipoth, Stephen | 07 Riffel | | J1.55m |
| 12 Ramoo, Neil | 07 Johnson Collegiate | | 1.45m |
| 13 Runge, Tyler | 07 Martin Collegiate | | 1.40m |
| -- Yeon, Jihum | 07 Regina Christian | | NH |
| -- Syed, Hasan | 07 Campbell | | NH |

Event 47 Girls High Jump Senior

RHSAA: \$ 1.73m 2002 Janine Polischuk, Sheldon

| Name | Year Team | Seed | Finals |
|-------------------------|-----------------------|------|--------|
| 1 Madol, Ajok | 05 O'Neill Collegiate | | 1.50m |
| 2 Kuprowski, Madison | 06 Miller | | 1.20m |
| 3 Tran, Mikialeigh | 05 Riffel | | 1.15m |
| 3 Gibson, Alyssa | 05 Riffel | | 1.15m |
| -- Tondevold, Alyxandra | 06 Thom Collegiate | | NH |
| -- Topp, Jaimesyn | 06 Thom Collegiate | | NH |

Event 48 Boys High Jump Senior

RHSAA: \$ 2.07m 1980 John Neufeld, Balfour

| Name | Year Team | Seed | Finals |
|-------------------------|-----------------------|-------|--------|
| 1 Oladapo, Olawale | 06 Luther Collegiate | | 1.71m |
| 2 Reddekopp, Elijah | 06 Regina Christian | | 1.68m |
| 3 Oyelami, Israel | 05 O'Neill Collegiate | | J1.68m |
| 4 Kitz, Jackson | 05 Riffel | | 1.60m |
| 5 LeClaire, Rylin | 06 O'Neill Collegiate | | 1.55m |
| 6 Arya, Devonte | 06 Johnson Collegiate | | 1.50m |
| 7 Mosomi, Alexander | 06 Miller | | J1.50m |
| 8 Koshy Thomas, Stephen | 05 Miller | 1.40m | 1.45m |
| 9 Felipe, Ernest | 05 LeBoldus | | J1.45m |
| -- Jaques, Davin | 06 Riffel | | NH |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 49 Girls Pole Vault Intermediate**

| RHSAA: \$ 2.42m 2001 Christine Pituley, Knoll | | | | |
|-----------------------------------------------|------|--------------------|------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Kitz, Alexandra | 08 | Riffel | | 1.75m |
| 2 Kimball-King, Sophie | 08 | Balfour | | 1.65m |
| 3 Albert, Oghenekevwe | 08 | Luther Collegiate | | 1.55m |
| 4 Baum, Lila | 08 | Campbell | | 1.35m |
| -- Ricci, Gina | 08 | Miller | | NH |
| -- Morris-Blackburn, Annika | 08 | O'Neill Collegiate | | NH |

Event 51 Girls Pole Vault Junior

| RHSAA: \$ 3.10m 1998 Alissa Chatterson, Thom | | | | |
|----------------------------------------------|------|-------------------|------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Lacey, Alice | 07 | Martin Collegiate | | 1.65m |
| -- Morales Labrador, Andrea | 07 | LeBoldus | | NH |

Event 53 Girls Pole Vault Senior

| RHSAA: \$ 3.31m 2001 Alissa Chatterson, Thom | | | | |
|----------------------------------------------|------|--------------------|------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Bishop, Renee | 06 | Campbell | | 2.15m |
| 2 Wright, Lucy | 06 | Luther Collegiate | | J1.95m |
| 3 Adebogun, Hope | 05 | O'Neill Collegiate | | J1.95m |
| 4 Petrowsky, Zirka | 05 | Riffel | | 1.85m |
| 5 Ricci, Eva | 06 | Miller | | 1.75m |
| 5 Wan, Alyssa | 06 | Campbell | | 1.75m |
| 7 Tran, Mikialeigh | 05 | Riffel | | 1.55m |
| -- Rybchuk, Ava | 06 | Miller | | NH |
| -- Harden, Hannah | 06 | Thom Collegiate | | NH |
| -- Okeugo, Shalom | 06 | LeBoldus | | NH |

Event 54 Boys Pole Vault Senior

| RHSAA: \$ 4.80m 1996 Ian Bashnick, Thom | | | | |
|-----------------------------------------|------|----------|------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Morhart, Noah | 06 | KNOL | | 2.95m |
| 2 Kitz, Jackson | 05 | Riffel | | 2.75m |
| 3 Nelson, Carter | 06 | Campbell | | 2.15m |
| 4 Zhang, Eddie | 06 | Miller | | 1.45m |

Event 55 Girls Long Jump Intermediate

| RHSAA: \$ 5.51m 2000 Janine Polischuk, Sheldon | | | | | |
|------------------------------------------------|------|--------------------|------|--------|------|
| Name | Year | Team | Seed | Finals | Wind |
| 1 Gavel, Bauer | 08 | Balfour | | 4.82m | NWI |
| 2 Seibel, Haylie | 08 | Martin Collegiate | | 4.59m | NWI |
| 3 McKinna, Taya | 08 | KNOL | | 4.21m | NWI |
| 4 Abdon, Patricia Gabriell | 08 | Riffel | | 4.19m | NWI |
| 5 Ball, Ella | 08 | Riffel | | 3.87m | NWI |
| 6 Ottenbreit, Memphis | 08 | O'Neill Collegiate | | 3.82m | NWI |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 55 Girls Long Jump Intermediate**

| | | | | | | |
|----|---------------------|----|-------------------|-------|-------|-----|
| 7 | Albert, Oghenekevwe | 08 | Luther Collegiate | | 3.76m | NWI |
| 8 | Babalola, Ini | 08 | Luther Collegiate | | 3.67m | NWI |
| 9 | Schultz, Acadia | 08 | Miller | 3.66m | 3.52m | NWI |
| 10 | Tanaka, Riina | 08 | Thom Collegiate | | 3.38m | NWI |
| 11 | Halayka, Peyton | 08 | Miller | 3.12m | 3.25m | NWI |
| 12 | Wanget, Milchereen | 08 | LeBoldus | | 3.24m | NWI |
| 13 | Zeiler, Addisyn | 08 | KNOL | | 3.20m | NWI |
| 14 | Hoang, Dylane | 08 | Laval | | 2.98m | NWI |
| 15 | Hubbard, Hailey | 08 | Thom Collegiate | | 2.87m | NWI |

Event 59 Girls Long Jump Senior

| RHSAA: \$ 5.81m 2002 | | Janine Polischuk, Sheldon | | | | |
|----------------------|----------------------|---------------------------|--------------------|--------|-------|-----|
| Name | Year | Team | Seed | Finals | Wind | |
| 1 | Toth, Emilee | 05 | O'Neill Collegiate | | 5.17m | NWI |
| 2 | Culbert, Victoria | 06 | LeBoldus | | 5.15m | NWI |
| 3 | Langford, Cloe | 06 | Martin Collegiate | | 4.72m | NWI |
| 4 | Adebogun, Hope | 05 | O'Neill Collegiate | | 4.62m | NWI |
| 5 | Dorrance, Paulina | 06 | Thom Collegiate | | 4.50m | NWI |
| 6 | Tony-Osondu, Chioma | 06 | Luther Collegiate | | 4.45m | NWI |
| 7 | Onasanya, Tami | 06 | Luther Collegiate | | 4.09m | NWI |
| 8 | Gudmundsson, Bryndis | 06 | Campbell | | 4.06m | NWI |
| 9 | Glusker, Darya | 06 | KNOL | | 3.93m | NWI |
| 10 | Harden, Hannah | 06 | Thom Collegiate | | 3.88m | NWI |
| 11 | Bishop, Renee | 06 | Campbell | | 3.87m | NWI |
| 12 | Abdul, Pempo | 06 | SHEL | | 3.85m | NWI |
| 13 | Flaman, Jasmin | 06 | Balfour | | 3.84m | NWI |
| 14 | Frohlick, Kiana | 05 | Riffel | | 3.73m | NWI |
| 15 | Liwag, Kate | 06 | Riffel | | 3.53m | NWI |
| 16 | Stead, Caitlyn | 06 | KNOL | | 3.47m | NWI |
| 17 | Delesoy, Jamie | 06 | Martin Collegiate | | 3.42m | NWI |
| 18 | Ricci, Eva | 06 | Miller | 3.10m | 3.26m | NWI |

Event 60 Boys Long Jump Senior

| RHSAA: \$ 7.10m 1996 | | Shawn Peters, LeBoldus | | | | |
|----------------------|-------------------|------------------------|--------------------|--------|-------|-----|
| Name | Year | Team | Seed | Finals | Wind | |
| 1 | Ocaya, Tyleon | 06 | Riffel | | 5.87m | NWI |
| 2 | Stadnyk, Luca | 06 | Riffel | | 5.85m | NWI |
| 3 | Topos, Dominic | 06 | O'Neill Collegiate | | 5.75m | NWI |
| 4 | Gates, Ben | 06 | SHEL | | 5.67m | NWI |
| 5 | Oduwole, Favour | 06 | Thom Collegiate | | 5.60m | NWI |
| 5 | Owusu, Prince | 05 | LeBoldus | | 5.60m | NWI |
| 7 | Mosomi, Alexander | 06 | Miller | 5.68m | 5.37m | NWI |
| 8 | Laidlaw, Blake | 06 | Miller | 5.31m | 5.10m | NWI |
| 9 | Tran, Ethan | 06 | Luther Collegiate | | 5.04m | NWI |
| 10 | Cowan, Bo | 06 | Martin Collegiate | | 4.88m | NWI |
| 11 | Morhart, Noah | 06 | KNOL | | 4.84m | NWI |
| 12 | Lewis, Jonathan | 06 | Campbell | | 4.73m | NWI |
| 13 | Persson, Thomas | 06 | Luther Collegiate | | 4.67m | NWI |
| 14 | Johnson, Jeremy | 06 | Harvest City | | 4.55m | NWI |
| 15 | Hollinger, Lukas | 06 | LeBoldus | | 4.54m | NWI |
| 16 | Parkes, Jordane | 06 | Thom Collegiate | | 4.43m | NWI |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 60 Boys Long Jump Senior**

| | | | |
|--------------------|-----------------------|-------|-----|
| 17 Dakis, Grayson | 05 KNOL | 4.40m | NWI |
| -- LeClaire, Rylin | 06 O'Neill Collegiate | ND | NWI |

Event 62 Boys Triple Jump Intermediate

RHSAA: \$ 12.34m 1962 Garnett Moffat, Scott

| Name | Year Team | Seed | Finals | Wind |
|---------------------------|----------------------|-------|--------|------|
| 1 Fornwald, Luke | 08 Martin Collegiate | | 10.61m | NWI |
| 2 Kanalas-Postnav, David | 08 Campbell | | 10.23m | NWI |
| 3 Adekogbe, Denis | 08 Riffel | | 10.02m | NWI |
| 4 Olaosebikan, Ayo | 08 Luther Collegiate | | 10.01m | NWI |
| 5 Adeojo, Alexander | 08 Luther Collegiate | | 9.45m | NWI |
| 6 Bansah, Marvin | 08 Miller | | 9.44m | NWI |
| 7 McIntyre, Finn | 08 KNOL | | 8.79m | NWI |
| 8 Demchuk, Brady | 08 Martin Collegiate | | 8.51m | NWI |
| 9 Skinner, Ethan | 08 KNOL | | 8.47m | NWI |
| 10 Oganla, Faizal | 08 Campbell | | 8.38m | NWI |
| 11 Al-Sultani, Sari | 08 Thom Collegiate | | 8.08m | NWI |
| 12 Sangwais, Deacon | 08 Riffel | | 7.03m | NWI |
| -- Ibegbulem, Chukwuemeka | 08 Miller | 8.54m | ND | NWI |

Event 63 Girls Triple Jump Junior

RHSAA: \$ 12.12m 2001 Janine Polischuk, Sheldon

| Name | Year Team | Seed | Finals | Wind |
|---------------------|-----------------------|--------|--------|------|
| 1 Shupe, Brianna | 07 Martin Collegiate | | 10.32m | NWI |
| 2 Oni, Nifemi | 07 Miller | 10.45m | 10.10m | NWI |
| 3 Bzdel, Tyler | 07 Riffel | | 9.03m | NWI |
| 4 Russell, Shaylyn | 07 Martin Collegiate | | 8.81m | NWI |
| 5 Gallagher, Aubryn | 07 Riffel | | 8.21m | NWI |
| 6 Subido, Danielle | 07 LeBoldus | | 7.34m | NWI |
| -- Cruzat, Manuela | 07 O'Neill Collegiate | | ND | NWI |

Event 64 Boys Triple Jump Junior

RHSAA: \$ 13.30m 1997 Bruce McCannel, Sheldon

| Name | Year Team | Seed | Finals | Wind |
|-------------------------|-----------------------|------|--------|------|
| 1 Justin Ngweto, Justin | 07 O'Neill Collegiate | | 11.80m | NWI |
| 2 Alarcon, Sabestian | 07 LeBoldus | | 11.27m | NWI |
| 3 Giannoustsos, Spiro | 07 Campbell | | 10.61m | NWI |
| 4 Matebekwane, Nathan | 07 Luther Collegiate | | 10.55m | NWI |
| 5 Linantud, Gabriel | 07 Riffel | | 10.39m | NWI |
| 6 Hutchins, Blazedyn | 07 Thom Collegiate | | 9.98m | NWI |
| 7 Camins, Jethro | 07 Riffel | | 9.41m | NWI |
| 8 LeNouail, Mathias | 07 Laval | | 9.40m | NWI |
| 9 Ayyub, Wasif | 07 Johnson Collegiate | | 9.18m | NWI |
| 10 Runge, Tyler | 07 Martin Collegiate | | 8.91m | NWI |
| 11 Syed, Hasan | 07 Campbell | | 8.76m | NWI |
| 12 Newell, Liam | 07 Thom Collegiate | | 8.26m | NWI |
| 13 Bjola, Gavin | 07 Miller | | 7.73m | NWI |
| -- Tiesse, Seti Marc | 07 O'Neill Collegiate | | ND | NWI |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 68 Boys Shot Put 4kg Intermediate**

| RHSAA: \$ 14.99m 1973 Randy Cleveland, Balfour | | | | |
|------------------------------------------------|------|--------------------|-------|----------|
| Name | Year | Team | Seed | Finals |
| 1 Johnston, Calder | 08 | Martin Collegiate | | 16.56m\$ |
| 2 Durant, Lucas | 08 | Campbell | | 11.93m |
| 3 Adekeye, Tobi | 08 | LeBoldus | | 11.36m |
| 4 Honoway, Bennet | 08 | KNOL | | 10.93m |
| 5 Oluwaseye, Toluwanimi | 08 | Miller | 9.98m | 10.77m |
| 6 Shaw, Colton | 08 | Martin Collegiate | | 10.44m |
| 7 Natomagan, Graison | 08 | Balfour | | 10.15m |
| 8 Alaboosi, Yousif | 08 | Thom Collegiate | | 9.31m |
| 9 Bello, Samuel | 08 | Riffel | | 9.13m |
| 10 Hopkins, Cody | 08 | Thom Collegiate | | 9.01m |
| 11 San Pedro, Cyrus | 08 | O'Neill Collegiate | | 8.43m |
| 12 Tuason, Jayron | 08 | Miller | | 7.92m |
| 13 Friesen, Grady | 08 | KNOL | | 7.33m |
| 14 Bieber, Evan | 08 | LeBoldus | | 6.79m |
| 15 Olutola, Damilare | 09 | Riffel | | 5.83m |

Event 70 Boys Shot Put 12lbs Junior

| RHSAA: \$ 15.76m 1975 Randy Cleveland, Balfour | | | | |
|------------------------------------------------|------|--------------------|-------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Leason, Logan | 07 | O'Neill Collegiate | | 10.73m |
| 2 Burchi, Blake | 07 | Riffel | | 10.25m |
| 3 Papequash, Creedance | 07 | Scott Collegiate | | 9.69m |
| 4 Lopez, Karl | 07 | O'Neill Collegiate | | 9.06m |
| 5 Manz, Cadan | 07 | Riffel | | 8.82m |
| 6 Sparvier, Jayden | 07 | Miller | 8.36m | 8.55m |
| 7 Cozma, Cody | 07 | Thom Collegiate | | 7.45m |
| 8 Keller, Dylan | 07 | Miller | 7.40m | 7.35m |
| 9 Bordador, Shaun | 07 | LeBoldus | | 6.66m |
| 10 Araf, Abdullah | 07 | Scott Collegiate | | 5.06m |
| -- Giannoustsos, Spiro | 07 | Campbell | | ND |

Event 71 Girls Shot Put 4kg Senior

| RHSAA: \$ 12.32m 1986 Jackie Moore, Thom | | | | |
|------------------------------------------|------|--------------------|-------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Seibel, Joclyn | 06 | Martin Collegiate | | 10.50m |
| 2 Ward, Alexyn | 05 | Riffel | | 9.65m |
| 3 Most, Ashton | 06 | Luther Collegiate | | 9.26m |
| 4 Adebogun, Faith | 05 | O'Neill Collegiate | | 9.22m |
| 5 Nargang, Juliet | 05 | LeBoldus | | 8.10m |
| 6 Carter, Fynlea | 06 | Campbell | | 7.89m |
| 7 Bentz, Josie | 06 | Riffel | | 7.59m |
| 8 Wright, Lucy | 06 | Luther Collegiate | | 7.54m |
| 9 Gudmundsson, Bryndis | 06 | Campbell | | 7.05m |
| 10 Andreas, Shannon | 05 | LeBoldus | | 6.91m |
| 11 Lazurko, Sophia | 06 | Miller | 6.67m | 6.85m |
| 12 Delesoy, Jamie | 06 | Martin Collegiate | | 6.68m |
| 13 Lockert, Cora | 06 | Balfour | | 6.39m |
| 14 Dureault, Kira | 06 | Laval | | 5.86m |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****....Event 71 Girls Shot Put 4kg Senior**

15 Nelson, Addisen 06 O'Neill Collegiate 5.61m

Event 73 Girls Javelin Throw 600g Intermediate

RHSAA: \$ 32.00m 1979 Calli O'Brian, Sheldon

| Name | Year | Team | Seed | Finals |
|----------------------------|------|--------------------|--------|--------|
| 1 Ines, Elektra | 08 | Scott Collegiate | | 24.22m |
| 2 McKinna, Taya | 08 | KNOL | | 22.48m |
| 3 Morris-Blackburn, Annika | 08 | O'Neill Collegiate | | 21.94m |
| 4 Hubbard, Hailey | 08 | Thom Collegiate | | 19.06m |
| 5 Schmidt, Semehal | 08 | Miller | 21.43m | 17.96m |
| 6 Dureault, Kenza | 08 | Laval | | 17.40m |
| 7 Rosca, Darian | 08 | Campbell | | 17.22m |
| 8 Rinholm, Lauren | 08 | Regina Christian | | 16.04m |
| 9 Kitz, Alexandra | 08 | Riffel | | 14.40m |
| 10 Ni, Na | 08 | Campbell | | 12.85m |
| 11 Smith, Sophia | 08 | O'Neill Collegiate | | 12.77m |
| 12 Otim, Orlene | 08 | Miller | | 10.66m |
| 13 Clearihue, Sam | 08 | Scott Collegiate | | 7.75m |
| -- Richards, Ava | 08 | Riffel | | ND |

Event 74 Boys Javelin Throw 600g Intermediate

RHSAA: \$ 51.42m 1983 Mel BzDel, Balfour

| Name | Year | Team | Seed | Finals |
|--------------------------|------|--------------------|------|--------|
| 1 Barros, Rainielle | 08 | Campbell | | 25.79m |
| 2 San Pedro, Cyrus | 08 | O'Neill Collegiate | | 23.86m |
| 3 Hopkins, Cody | 08 | Thom Collegiate | | 20.60m |
| 4 Bello, Samuel | 08 | Riffel | | 20.28m |
| 5 Naytowhow, Issiah | 08 | Riffel | | 18.90m |
| 6 Friesen, Grady | 08 | KNOL | | 13.88m |
| -- Oluwaseye, Toluwanimi | 08 | Miller | | ND |
| -- Bansah, Marvin | 08 | Miller | | ND |

Event 75 Girls Javelin Throw 600g Junior

RHSAA: \$ 35.78m 1976 Sherrill Santo, Central

| Name | Year | Team | Seed | Finals |
|-------------------|------|-------------------|------|--------|
| 1 Koroll, Drea | 07 | Riffel | | 25.84m |
| 2 McIntyre, Katie | 07 | KNOL | | 25.81m |
| 3 Shupe, Brianna | 07 | Martin Collegiate | | 25.01m |
| 4 Gyamfi, Ursula | 07 | LeBoldus | | 21.13m |
| 5 Rosiak, Kianna | 07 | Thom Collegiate | | 15.37m |
| 6 Babey, Jaylee | 07 | Riffel | | 13.00m |
| 7 Chakma, Shela | 07 | Scott Collegiate | | 8.27m |
| -- Wilson, Esther | 07 | Miller | | ND |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 79 Girls Discus Throw 1kg Intermediate**

| RHSAA: \$ 28.65m 2000 Natasha St. Denis, Sheldon | | | | |
|--------------------------------------------------|------|--------------------|--------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Nagel, Markella | 08 | Campbell | | 20.10m |
| 2 Morris-Blackburn, Annika | 08 | O'Neill Collegiate | | 17.92m |
| 3 Yusuf, Nafeesah | 08 | Luther Collegiate | | 17.75m |
| 4 MacLeod, Kaylee | 08 | Johnson Collegiate | | 16.86m |
| 5 Kitz, Alexandra | 08 | Riffel | | 15.78m |
| 6 MacDonald, Hailey | 08 | Riffel | | 14.66m |
| 7 Slusar, Addison | 08 | Johnson Collegiate | | 14.14m |
| 8 Ni, Na | 08 | Campbell | | 12.44m |
| 9 Schmidt, Semehal | 08 | Miller | 11.37m | 11.80m |
| 10 Otim, Orlene | 08 | Miller | | 11.62m |

Event 81 Girls Discus Throw 1kg Junior

| RHSAA: \$ 32.55m 1975 Andrea Legault, Thom | | | | |
|--------------------------------------------|------|-------------------|-------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Russell, Shaylyn | 07 | Martin Collegiate | | 23.20m |
| 2 Cross, Carys | 07 | Martin Collegiate | | 20.67m |
| 3 McIntyre, Katie | 07 | KNOL | | 16.94m |
| 4 MacAdam, Miranda | 07 | Thom Collegiate | | 15.72m |
| 5 Keck, Brianna | 07 | Riffel | | 13.46m |
| 6 Malowany, Jessica | 07 | Thom Collegiate | | 13.22m |
| 7 Gergely, Grace | 07 | Riffel | | 12.08m |
| 8 Wilson, Esther | 07 | Miller | 9.88m | 10.97m |

Event 84 Boys Discus Throw 1.6kg Senior

| RHSAA: \$ 45.11m 1976 Randy Cleveland, Balfour | | | | |
|------------------------------------------------|------|--------------------|--------|--------|
| Name | Year | Team | Seed | Finals |
| 1 Taylor, Nate | 06 | Regina Christian | | 29.14m |
| 2 Goldstone, Jacob | 06 | LeBoldus | | 28.89m |
| 3 Martens, Titus | 06 | Regina Christian | | 28.53m |
| 4 Tighe, Liam | 06 | SHEL | | 25.77m |
| 5 Thomson, Kohl | 06 | Martin Collegiate | | 24.59m |
| 6 Nagtalon, Jerome | 05 | LeBoldus | | 22.81m |
| 7 Kitz, Jackson | 05 | Riffel | | 21.26m |
| 8 Ehrmantraut, Ryan | 06 | Riffel | | 20.78m |
| 9 Karikari Gyamfi, Jair Nt | 05 | Miller | 17.55m | 17.86m |
| 10 Simons, Ryan | 06 | O'Neill Collegiate | | 15.60m |
| 11 Latta, Ash | 06 | Johnson Collegiate | | 15.57m |
| 12 Meshka, Tyler | 05 | O'Neill Collegiate | | 15.26m |

Event 93 Tetrathlon: #1 Girls 100 Meter Dash Junior Tetrathlon

| RHSAA: \$ 15.72 2018 Claire Ledingham, Luther | | | | | |
|-----------------------------------------------|------|--------------------|---------|------|--------|
| Name | Year | Team | Finals | Wind | Points |
| 1 Chaykoski, Talia | 07 | O'Neill Collegiate | 14.98\$ | NWI | 460 |
| 2 Turcotte, Hailey | 07 | Thom Collegiate | 15.01\$ | NWI | 455 |
| 3 Mitra, Sonakshi | 07 | Luther Collegiate | 15.89 | NWI | 342 |
| 4 Sucher-Blondeau, Makayla | 07 | Riffel | 17.93 | NWI | 135 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****Event 93 Tetrathlon: #2 Girls Long Jump Junior Tetrathlon**

| RHSAA: \$ 4.61m 2018 Ally Kosteniuk, Martin | | | | | |
|---------------------------------------------|------|--------------------|--------|------|--------|
| Name | Year | Team | Finals | Wind | Points |
| 1 Turcotte, Hailey | 07 | Thom Collegiate | 4.00m | NWI | 308 |
| 2 Chaykoski, Talia | 07 | O'Neill Collegiate | 3.60m | NWI | 220 |
| 3 Sucher-Blondeau, Makayla | 07 | Riffel | 3.08m | NWI | 121 |

Event 93 Tetrathlon: #3 Girls Shot Put Junior Tetrathlon

| RHSAA: \$ 7.92m 2018 Claire Ledingham, Luther | | | | |
|-----------------------------------------------|------|--------------------|--------|--------|
| Name | Year | Team | Finals | Points |
| 1 Chaykoski, Talia | 07 | O'Neill Collegiate | 7.46m | 365 |
| 2 Turcotte, Hailey | 07 | Thom Collegiate | 6.89m | 328 |
| 3 Mitra, Sonakshi | 07 | Luther Collegiate | 5.80m | 259 |

Event 93 Tetrathlon: #4 Girls 800 Meter Run Junior Tetrathlon

| RHSAA: \$ 2:50.56 2018 Claire Ledingham, Luther | | | | |
|-------------------------------------------------|------|--------------------|-----------|--------|
| Name | Year | Team | Finals | Points |
| 1 Turcotte, Hailey | 07 | Thom Collegiate | 2:47.54\$ | 489 |
| 2 Chaykoski, Talia | 07 | O'Neill Collegiate | 3:24.96 | 168 |
| 3 Mitra, Sonakshi | 07 | Luther Collegiate | 3:46.61 | 56 |
| 4 Sucher-Blondeau, Makayla | 07 | Riffel | 4:24.19 | |

Event 94 Tetrathlon: #1 Boys 100 Meter Dash Junior Tetrathlon

| Name | Year | Team | Finals | Wind | Points |
|----------------------|------|----------|--------|------|--------|
| 1 Warnecke, Griffin | 07 | Riffel | 12.92 | NWI | 481 |
| 2 Sarnowski, Mikolaj | 07 | Riffel | 13.74 | NWI | 350 |
| 3 Tran, William | 07 | Campbell | 14.62 | NWI | 230 |

Event 94 Tetrathlon: #2 Boys Long Jump Junior Tetrathlon

| Name | Year | Team | Finals | Wind | Points |
|----------------------|------|----------|--------|------|--------|
| 1 Sarnowski, Mikolaj | 07 | Riffel | 5.08m | NWI | 398 |
| 2 Warnecke, Griffin | 07 | Riffel | 4.99m | NWI | 380 |
| 3 Tran, William | 07 | Campbell | 4.30m | NWI | 255 |

Event 94 Tetrathlon: #3 Boys Shot Put Junior Tetrathlon

| Name | Year | Team | Finals | Points |
|----------------------|------|----------|--------|--------|
| 1 Warnecke, Griffin | 07 | Riffel | 9.13m | 434 |
| 2 Sarnowski, Mikolaj | 07 | Riffel | 8.56m | 400 |
| 3 Tran, William | 07 | Campbell | 8.50m | 396 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022

Canada Games Park, Regina

Results - Wednesday

Event 95 Tetrathlon: #1 Girls 100 Meter Dash Senior Tetrathlon

| RHSAA: \$ 14.20 2019 Claire Ledingham, Luther | | | | | |
|-----------------------------------------------|------|--------|--------|------|--------|
| Name | Year | Team | Finals | Wind | Points |
| 1 Soyemi, Dami | 05 | Miller | 14.40 | NWI | 543 |
| 2 Randall, Olivia | 05 | Riffel | 15.83 | NWI | 349 |

Event 95 Tetrathlon: #2 Girls Long Jump Senior Tetrathlon

| RHSAA: \$ 4.36m 2019 Claire Ledingham, Luther | | | | | |
|-----------------------------------------------|------|--------|--------|------|--------|
| Name | Year | Team | Finals | Wind | Points |
| 1 Soyemi, Dami | 05 | Miller | 3.93m | NWI | 292 |
| 2 Randall, Olivia | 05 | Riffel | 3.85m | NWI | 274 |

Event 95 Tetrathlon: #3 Girls Shot Put Senior Tetrathlon

| RHSAA: \$ 8.34m 2019 Claire Ledingham, Luther | | | | | |
|-----------------------------------------------|------|--------|---------|--------|--|
| Name | Year | Team | Finals | Points | |
| 1 Soyemi, Dami | 05 | Miller | 8.35m\$ | 422 | |
| 2 Randall, Olivia | 05 | Riffel | 7.31m | 355 | |

Event 95 Tetrathlon: #4 Girls 800 Meter Run Senior Tetrathlon

| RHSAA: \$ 3:01.51 2019 Claire Ledingham, Luther | | | | | |
|-------------------------------------------------|------|--------|-----------|--------|--|
| Name | Year | Team | Finals | Points | |
| 1 Randall, Olivia | 05 | Riffel | 2:57.16\$ | 392 | |
| 2 Soyemi, Dami | 05 | Miller | 3:17.22 | 222 | |

Event 96 Tetrathlon: #1 Boys 100 Meter Dash Senior Tetrathlon

| RHSAA: \$ 11.77 2019 Nicholas Zimros, O'Neill | | | | | |
|-----------------------------------------------|------|--------------------|--------|------|--------|
| Name | Year | Team | Finals | Wind | Points |
| 1 Lee, Jager | 05 | Riffel | 12.78 | NWI | 506 |
| 2 Schatz, Brady | 05 | O'Neill Collegiate | 12.85 | NWI | 494 |
| 3 Shaw, Connor | 06 | Martin Collegiate | 12.93 | NWI | 480 |
| 4 Boersch, Peter | 05 | O'Neill Collegiate | 12.98 | NWI | 471 |
| 5 Cunningham-Bracht, Kai | 06 | Campbell | 13.14 | NWI | 444 |
| 6 Thornton, Daniel | 05 | Riffel | 13.14 | NWI | 444 |
| 7 Labadie, Hunter | 06 | Thom Collegiate | 13.46 | NWI | 393 |
| 8 Thomson, Kaiden | 06 | Martin Collegiate | 13.84 | NWI | 335 |

Event 96 Tetrathlon: #2 Boys Long Jump Senior Tetrathlon

| RHSAA: \$ 5.63m 2018 Mosiah Osaseri, Campbell | | | | | |
|-----------------------------------------------|------|--------------------|--------|------|--------|
| Name | Year | Team | Finals | Wind | Points |
| 1 Lee, Jager | 05 | Riffel | 5.61m | NWI | 504 |
| 2 Schatz, Brady | 05 | O'Neill Collegiate | 5.54m | NWI | 490 |
| 3 Boersch, Peter | 05 | O'Neill Collegiate | 5.18m | NWI | 417 |
| 4 Labadie, Hunter | 06 | Thom Collegiate | 5.17m | NWI | 415 |
| 5 Cunningham-Bracht, Kai | 06 | Campbell | 5.05m | NWI | 392 |
| 6 Shaw, Connor | 06 | Martin Collegiate | 4.75m | NWI | 335 |

2023 RHSAA Championships - 24/05/2022 to 25/05/2022**Canada Games Park, Regina****Results - Wednesday****...Event 96 Tetrathlon: #2 Boys Long Jump Senior Tetrathlon**

| | | | | |
|--------------------|----------------------|-------|-----|-----|
| 7 Thornton, Daniel | 05 Riffel | 4.72m | NWI | 330 |
| 8 Thomson, Kaiden | 06 Martin Collegiate | 4.60m | NWI | 308 |

Event 96 Tetrathlon: #3 Boys Shot Put Senior Tetrathlon

| ===== | | | | |
|-----------------------------------------------|-----------------------|--------|--------|--|
| RHSAA: \$ 11.68m 2019 Payton O'Connor, Riffel | | | | |
| Name | Year Team | Finals | Points | |
| ===== | | | | |
| 1 Thornton, Daniel | 05 Riffel | 10.72m | 529 | |
| 2 Shaw, Connor | 06 Martin Collegiate | 9.75m | 471 | |
| 3 Schatz, Brady | 05 O'Neill Collegiate | 9.58m | 460 | |
| 4 Labadie, Hunter | 06 Thom Collegiate | 9.49m | 455 | |
| 5 Thomson, Kaiden | 06 Martin Collegiate | 9.35m | 447 | |
| 6 Boersch, Peter | 05 O'Neill Collegiate | 9.17m | 436 | |
| 7 Cunningham-Bracht, Kai | 06 Campbell | 8.14m | 375 | |
| 8 Lee, Jager | 05 Riffel | 7.83m | 356 | |

Event 98 Tetrathlon: #1 Girls 100 Meter Dash Intermediate Tetrathlon

| ===== | | | | |
|-------------------|-----------------------|--------|------|--------|
| Name | Year Team | Finals | Wind | Points |
| ===== | | | | |
| 1 Salim, Kwamboka | 08 O'Neill Collegiate | 15.60 | NWI | 377 |

Event 98 Tetrathlon: #3 Girls Shot Put Intermediate Tetrathlon

| ===== | | | | |
|-------------------|-----------------------|--------|--------|--|
| Name | Year Team | Finals | Points | |
| ===== | | | | |
| 1 Salim, Kwamboka | 08 O'Neill Collegiate | 5.39m | 233 | |

Event 98 Tetrathlon: #4 Girls 800 Meter Dash Intermediate Tetrathlon

| ===== | | | | |
|-------------------|-----------------------|---------|--------|--|
| Name | Year Team | Finals | Points | |
| ===== | | | | |
| 1 Salim, Kwamboka | 08 O'Neill Collegiate | 3:28.16 | 148 | |