



2022-2023

DC SOCCER CLUB TRAVEL PROGRAM



JUNIORS ACADEMY

U6-8 (2017-2015)

The Juniors Academy provides a fun start to developing essential skills for soccer and a lifelong passion for the game for players born in **2015, 2016, and 2017**. In addition, it helps children develop personal skills, such as self-confidence, listening skills, and core social skills for effective communication and cooperation on and off the field. Physically, it helps to develop physical literacy, like balance, coordination, quality of movement, and physical movements needed for a foundation in soccer. In addition, children learn to play in small-sided games where they can experiment with skill application and reading game cues in age-appropriate ways. Our goal is to ensure that children have fun while developing their love of the game and proficiency in the game. U6-U8 players play 4v4 with a size 3 ball. There is no selective tryout for the Juniors program.

Fall and Spring 8-Week Program

- Premier Program: Training two days per week + competitive league play on the weekends.
- Classic Program: Training one day per week + internal scrimmages on the weekend

Winter 6-Week Program

Training one day per week + weekend Futsal games

COACHES



Mavis Danso

U9-10 (2014-2013)

For boys and girls born in **2014** and **2013**, the U9-U10 age group is the start of the pathway for more committed, motivated young athletes, and the start of the competitive Travel soccer program. This program is for players with a strong desire to improve their skills, expand their tactical understanding of the game to reach the next level, and to be a part of a group that has opportunities to play with and against other motivated players.

The curriculum has been designed to develop players through more advanced training activities and methods taught by our professional coaching staff. There is a higher level of competition in practices and regional league play. Teams play in the Next Generation Program at National Capital Soccer League (NCSL). This is a year-round commitment that includes 2 training sessions a week, travel games on the weekends, and regional tournaments. This program prepares players for a successful entry into our more competitive programs at U11 and older. There is a heavy emphasis on player development, establishing a foundation of technical skills, 1v1 attacking and defending, and an introduction into tactical understanding of team attacking and defending. In this age group, based on the US Soccer mandate, teams play 7v7 with a size 4 ball. Two years in this age band prepares players to play 9v9 in U11.

COACHES

BOYS



Kenny Owens



Nabayee Tesfu



Laura Perez

GIRLS



Mavis Danso



Kim Love



TBD

U11-12 (2012-2011)

The U11-12 age group is an important building block for players born in **2012** and **2011** to learn and develop fundamental ball skills, small group tactics, and an introduction to expanded team tactics. Teams in this age group play in the Elite Development Program (EDP) or the National Capital Soccer League (NCSL). The curriculum will continue with emphasis on technical development, small group tactics, and further development of players' decision making. This is a year-round commitment that includes 2-3 training sessions a week, travel games on the weekends, regional tournaments and winter Futsal league. At U12, players are introduced to advanced tactical training as they get ready to move to the 11v11. In this age group, based on the US Soccer mandate, teams play 9v9 with a size 4 ball. Two years in this age band prepares players to play 11v11 at U13+.

COACHES

BOYS



Erwin Diaz



Said Mahious

GIRLS



Scott Currie



Jeff Ditto



Katie Lu Clougherty

U13 (2010)

ENTRY INTO 11V11

The U13 age group, for players born in **2010**, provides an opportunity to acclimate to the larger size field, larger size 5 ball, 11v11 players on the field, and ability to play in various systems of play. It is a transitional year where players are introduced to playing in positional lines to better manage roles and teamwork on that larger space with more teammates. Technically and tactically the players must be able to have greater range of play. Physically, there is an increased emphasis on speed, agility, mobility, physicality, and ability to cover larger spaces and distances. The U13 age group curriculum continues to build on fundamental ball skills applied tactically and work with more advanced team tactics. The higher the level of the team, the greater the expectation. At this age, student-athletes can begin to safely train to both enhance physical performance and reduce potential for injury.

Teams play in the Elite Development League (EDP) and the National Capital Soccer League (NCSL). This is a year-round commitment that includes 2-3 training sessions a week (fall and spring), travel games on the weekends, regional tournaments, 2 training sessions a week in winter, winter league (when applicable), and entry into Maryland State Cup or Presidents cup for qualified teams. Performance Training is provided in fall, winter and spring.

COACHES

BOYS



Mohamed
Bennani



Ronny
Amaguana

GIRLS



Andre Russo



Nick Papadis

U14-15 (2009-2008)

Boys and girls born in **2009 and 2008** comprise the U14/15 age groups, a transition for players, as they prepare to move to the High School age group. Specific attention is paid to this transition by preparing players throughout their U14/15 years to adapt to playing in a more physically demanding game environment. The curriculum continues with challenging technical development, strengthening and expanding upon group and team tactics, and further developing players decision making in live training environments and attending to physical training. Performance training is provided year round for all players in the age groups.

U13, U14 and U15 teams play in the USYS National League through the Elite Development Program (EDP) and the National Capital Soccer League (NCSL). This is a year-round commitment that includes 2-3 training sessions a week (fall and spring), travel games on the weekends, regional tournaments, 2 training sessions a week in winter, winter league (when applicable), and entry into Maryland State Cup or Presidents cup for qualified teams. Performance Training will be provided during fall, winter and spring.

COACHES

BOYS



Mohamed
Bennani



Ronny
Amaguana



Efrain
Viana

GIRLS



Andre Russo



Patrick Corbett



Nick
Papadis



Mike
Dominguez

U16-19 (2007-2004)

During U16-U19 players born in **2007-2004** continue to advance their ball skills, increase speed with group tactics, and further develop game understanding and player decision-making within a more advanced team tactics. At this age and stage of development, the physical demand shifts to greater speed, strength, and endurance training. These aspects of physical development and preparation become important topics in our curriculum. These components of athletic development help players become faster and more mobile and are important in reducing potential for injury. Performance Training is provided as part of the program.

Teams play in USYS National League through the Elite Development League (EDP) and the National Capital Soccer League (NCSL).

U16-U19 age group has a hybrid structure to allow players to safely participate in their high school soccer in the fall. To manage players' workload, the schedule for the fall season is adjusted to include 1- 2 training sessions a week, lighter travel game schedule (1-3) during the months of September and October.*

For November and December, the regular schedule resumes with 2 training sessions a week, league games on the weekends, participation in tournaments and showcases. After winter break, teams resume training and league games from January through the end of May (possibly through the first week of June).

The schedule includes 2 training sessions a week, league games, selected tournaments/showcases in winter/spring as well as the Maryland State Cup for qualified teams in spring.

COLLEGE RESOURCE COORDINATOR (CRC)

The coaching staff include full time CRC for the U16-U19 age groups.

Players receive guidance from CRC and the technical staff as they start identifying colleges/universities and communicating with college coaches at potential future institutions.

Players who aspire to play at the collegiate level will receive counseling and support from the College Resource Coordinators to connect with college coaches, select relevant college ID camps, participate in college combines and play in front of college coaches in the region in select tournaments and showcases.

*Players who don't participate in high school soccer will have opportunities to train regularly and play league games on the weekends during the fall season.

COACHES

BOYS



Traivs
Beauchamp



Efrain
Viana



Patrick
Corbett



Colin
Klingman



Patrick
Corbett



TBD

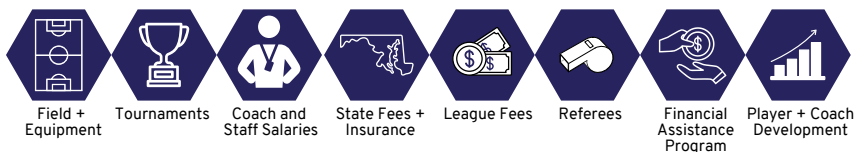
GIRLS

TRAVEL PROGRAM ANNUAL REGISTRATION FEES

DC Soccer Club is committed to providing a high-quality Travel Program to its players and families, while mindful of the costs associated with Travel soccer. As a non-profit 503(c) organization, our fees are based on a cost-recovery model rather than on revenue generation. Our philosophy is to trim costs where possible, while not sacrificing the caliber of our professional coaches and competitive program. Our licensed, professional coaches are a great asset, and as such, over half of the program costs are coach salaries.

Moreover, our values as a club mean that we never want finances to prevent any interested player from participating, and as such each year provide approximately \$175,000 in financial assistance to Travel Program players who qualify based on demonstrated need.

SO WHAT DO THE FEES COVER?



2022-2023 REGISTRATION FEES

	Blue	Red	White/Sliver
U9-U10 (2014-2013)	\$2495	\$2495	\$2495
U11-U12 (2012-2011)	\$2950	\$2750	\$2750
U13-U14 (2010-2009)	\$2950	\$2750	\$2750
U15-U18 (2008-2004)	\$2795	\$2795	\$2750

DC Soccer Club uses an “all-in” model and therefore registration fees cover all components of the Travel Program. These fees include fall, winter, and spring training, all league fees (including winter futsal or indoor league, competitive winter league, where relevant), Goalkeeper training, Performance training, tournaments, and showcases. You are responsible for your player’s uniform and personal equipment, but for the 2022-23 Travel Program there will be no additional fees collected.

