Montana State AAU

Wrestling Tournament

March 15,16,17, 2024

Hosting Teams: Project Wrestling Club and Sidney Wrestling Club Billings, Montana – Metra Park Arena ALL MONTANA AAU STANDING RULES APPLY. (5-2015)

Please note – this tournament is open to all bordering states that do not have a state AAU wrestling tournament. (North Dakota, Idaho, Wyoming)

ALL COACHES and ATHLETES must go ONLINE and purchase your AAU Cards BEFORE the tournament!! You must have your card with you at the time of registration. Go to aausports.org to purchase your card.

AT THE STATE TOURNAMENT YOU MUST WRESTLE UNDER THE CLUB THAT YOU ARE SANCTIONED WITH ON YOUR AAU CARD* CLUBS MUST BE SANCTIONED BY FEBRUARY 15TH TO COMPETE FOR THE TEAM TROPHIES

CLUBS – YOU MUST BRING YOUR CLUB BOOK WITH ALL OF YOUR WRESTLER'S AAU CARDS AND BIRTH CERTIFICATES FOR AGE AND DIVISION VERIFICATIONS. ALSO INCLUDE ALL OF THE COACHES AND PAIRERS CARDS FOR YOUR CLUB. THIS IS FOR VERIFICATION PURPOSES

The ½ pound rule will apply for all weigh-ins. This means that if you are ½ pound or less over, you will be allowed to lose this weight and weigh again. If you are over ½ pound above the weight class, you will not be allowed to weigh again. You will be allowed to challenge on one other scale. There will not be an additional charge if wrestlers do not make weight;the wrestler will automatically be moved to the next weight class. **Wrestlers MUST weigh in with a singlet.

Coaches MUST have attended the mandatory training clinic that was offered through the season. If you need to attend this clinic at State there will be a \$10.00 fee. The clinic will be held in the lower level of the Metra on Friday March 15th, 2024. Check in for the meeting is at 2;00pm. AGAIN – you must have attended this class to coach at the State tournament. High school coaches are exempt. *CARDS WILL BE DISTRIBUTED THIS YEAR!



This tournament is a qualifier for the AAU National Iowa Dual Teams. The placing at the tournament will determine eligibility for the try-outs that will be held after the conclusion of the tournament based on placing. For more details contact AAU Wrestling Chairman Shane Gorder at gorder@midrivers.com or 406-489-1983.

Registration:

Register and pay online at www.trackwrestling

www.trackwrestling.com
Online registration will close
Friday March 17,2023 at 10:00 am.
NO Double-Bracketing at State
Entry fee is \$30.00 per wrestler.
Onsite registration per wrestler is
\$50.00 available during weigh-in
times.

YOU MUST REGISTER
ONLY BOYS IN BOYS
AND GIRLS IN GIRLS
DIVISIONS!

A <u>copy of birth certificate</u> and current AAU card are required for ALL wrestlers at check in. No Club checks will be accepted.

Weigh-Ins

All weigh-ins will be in the lower evel of the Metra. Doors will be abeled.

Early Weigh-in - Friday Mar 15th 10:00am – 2:00 p.m (EARLY - \$10FEE FOR ALL)

Regular Weigh-Ins Boys/Girls

2:00pm – 4pm

Bantam Midget Novice

4:30pm – 8:00pm

Tot Schoolboy/girl Cadet Elite

No Saturday morning weigh-ins or registration.

Wrestling

Boys/Girls

Friday 5:30PM - 9:00PM

Bantam, Midget, Novice

Saturday 9:00AM – 2:00PM

***Tot, Schoolboy/girl,

Cadet, Elite***

Saturday 2:30PM - 8:00

***Bantam, Midget, N 🧲

Sunday 9:00am

All Divisions