

# 2026 Mission Hills Football

MISSION MINDED



# AGENDA

- ▶ Coach's Welcome...
- ▶ MISSION MINDED
- ▶ 2026 Varsity / JV Schedule
- ▶ New Opportunities
- ▶ Important Dates
- ▶ Spring Football/Calendar
- ▶ Summer Football
- ▶ '26 Fall Football Camp
- ▶ Grizzly Social Media
- ▶ 2026 Booster Club Board Members
- ▶ Upcoming Fundraising Opportunities
- ▶ Upcoming Booster Meetings
- ▶ Remind App
- ▶ Volunteer Opportunities
- ▶ Spirit Pack Digital Store & Grizzly Gear
- ▶ Early Academic Qualifier info
- ▶ Div. 1 & Div. 2 Scholarship Requirements
- ▶ NCAA 10/7 Rule
- ▶ Contact information



# Once Upon a Time...

- ▶ 17<sup>th</sup> Season Coaching for Mission Hills Football – 2013 CIF Open Div. Champ
- ▶ 13<sup>th</sup> Season as Defensive Coordinator
- ▶ 2004-05 Vista High Graduate - CIF Champ
  - ▶ All-State Offensive Lineman of the Year
  - ▶ 1<sup>st</sup> Team All State – California
  - ▶ 2 Time - All-CIF, 1<sup>st</sup> Team ALL North County, All-League, All- San Diego
- ▶ 5 Years at Arizona State - 22-Game Starter (Junior & Senior Year)
- ▶ Sports Family and Background – Lineage of Coaches Grandfather, Mother/Father, Uncles, & Brothers. Competitive Nature, family oriented, - It takes a village approach
- ▶ This is a partnership, When we are in alignment, your child thrives.
- ▶ Private Conversations: If you have a legitimate concern, address it privately and calmly at an appropriate time & place—24-48 hour rule



# MISSION MINDED

- ▶ “You have to love the process because it is the only part of the journey you can control”
- ▶ We are about what WE need to get done as a Grizzly, as a team, and as a program - invested in on OUR culture, focused on OUR process, OUR development as adults/football players, and OUR destiny as a team.
- ▶ Embrace what is in OUR control –Attitude, Effort, Preparation, and Focus
  
- ▶ The Mission(s): Championship Mentality -
  - ▶ One rep, One day, One week,
  - ▶ City Champs (19-3)
  - ▶ League Champs
  - ▶ CIF Champs





# MISSION HILLS GRIZZLY FOOTBALL

## 2026 GAME SCHEDULE

<b>AUG 21</b> <i>Pop Warner Night</i>	<b>EL CAMINO</b>	<b>HOME</b>	<b>7:15PM</b>
<b>AUG 28</b> <i>Military &amp; First Responders</i>	<b>QUARTZ HILL</b>	<b>HOME</b>	<b>7:00PM</b>
<b>SEPT 4</b>	<b>OCEANSIDE</b>	<b>AWAY</b>	<b>7:15PM</b>
<b>SEPT 11</b>	<b>GRANITE HILLS</b>	<b>AWAY</b>	<b>7:15PM</b>
<b>SEPT 18</b>	<b>RAMONA</b>	<b>HOME</b>	<b>7:15PM</b>
<b>SEPT 25</b>	<b>BYE</b>		
<b>OCT 2</b>	<b>LA COSTA CANYON*</b>	<b>AWAY</b>	<b>7:15PM</b>
<b>OCT 9</b>	<b>CARLSBAD*</b>	<b>AWAY</b>	<b>7:15PM</b>
<b>OCT 16</b> <i>Homecoming</i>	<b>TORREY PINES*</b>	<b>HOME</b>	<b>7:15PM</b>
<b>OCT 23</b>	<b>RANCHO BERNARDO*</b>	<b>AWAY</b>	<b>7:15PM</b>
<b>OCT 30</b> <i>Senior Night</i>	<b>SAN MARCOS*</b>	<b>HOME</b>	<b>7:15PM</b>

Game times and dates subject to change

\*Avocado west league



# MISSION HILLS GRIZZLY JV FOOTBALL

## 2026 JUNIOR VARSITY GAME SCHEDULE

<b>AUG 21</b> <i>Pop Warner Night</i>	<b>EL CAMINO</b>	<b>HOME</b>	<b>4:30PM</b>
<b>AUG 28</b> <i>Military &amp; First Responders</i>	<b>QUARTZ HILL</b>	<b>HOME</b>	<b>4:30PM</b>
<b>SEPT 4</b>	<b>OCEANSIDE</b>	<b>AWAY</b>	<b>5:00PM</b>
<b>SEPT 11</b>	<b>GRANITE HILLS</b>	<b>AWAY</b>	<b>4:30PM</b>
<b>SEPT 18</b>	<b>RAMONA</b>	<b>HOME</b>	<b>4:30PM</b>
<b>SEPT 25</b>	<b>BYE</b>		
<b>OCT 2</b>	<b>LA COSTA CANYON*</b>	<b>AWAY</b>	<b>4:30PM</b>
<b>OCT 9</b>	<b>CARLSBAD*</b>	<b>AWAY</b>	<b>4:30PM</b>
<b>OCT 16</b> <i>Homecoming</i>	<b>TORREY PINES*</b>	<b>HOME</b>	<b>4:30PM</b>
<b>OCT 23</b>	<b>RANCHO BERNARDO*</b>	<b>AWAY</b>	<b>4:30PM</b>
<b>OCT 30</b> <i>Senior Night</i>	<b>SAN MARCOS*</b>	<b>HOME</b>	<b>4:30PM</b>

Game times and dates subject to change

\*Avocado west league

# Make your own Magic. Be a part of ours

- ▶ Increase YOUR opportunities to be evaluated
- ▶ New Head Coach (1<sup>st</sup> Impression)
- ▶ Well Experienced staff (All competitive Levels)
- ▶ New Offensive Coordinator/New Offensive Scheme
- ▶ Teammates
- ▶ College Recruitment
- ▶ Internal Development – Maturation Process –  
Accountability, Trust, Respect, Perseverance, Dedication,  
Consistency, Reliability, Responsibility

# Mission Hills Football Donation

The Mission Hills football coaching staff recommends a donation of \$300, though any contribution you can provide is greatly appreciated. Your support helps fund our program and ensures a premier Mission Hills Football experience for our athletes.

## Where Your Donation Goes

This donation supports both in-season and out-of-season activities and purchases, including:

- ▶ **Off-Season Competitions:** Entry fees for Competition, Food Drinks,
- ▶ **Player Safety:** High-quality helmets (Speed-Flex) and shoulder pads (Power - CPK)
- ▶ **Practice Equipment:** Jugs throwing machines, hoops, bags, and balls shields, drone, etc.
- ▶ **Team Experience:** Spirit wear, year-end banquets, and travel costs for potential out-of-state away games in the future.
- ▶ **Support our Grizzlies in the program**
- ▶ **Staff Support:** Acknowledging our dedicated staff for their time and effort during spring (May) and summer (June/July), and Fall (August - November).

## How to Give

If you would like to donate now, you may use one of the following methods:

- ▶ **Check:** Please make checks payable to Mission Hills Football Boosters.
- ▶ **Venmo:** QR CODE ON NEXT SLIDE

**Note:** Your contribution may be used as a tax write-off. Thank you for supporting Mission Hills Football!!



# GRIZZLY WISH LIST



## Priority A

## Priority B

## Priority C

## Priority D

Additional Coaching Stipends (Only 9 from SMUSD - All 3 levels)	<b>\$22,000</b>	Banquet(s) - Awards, Trophies, Shirts (All 3 levels)	<b>\$6,000</b>	Senior Gifts	<b>\$2,500</b>	Coaches Retreat Seasonal Planning & Off Season Clinics	<b>\$3,000</b>										
HUDL (All 3 levels) (Platinum Package)	<b>\$3,300</b>	Player & Field Equipment (balls, bags, hardware etc)	<b>\$7,000</b>	Sideline Support Equipment (TV, headsets, mats, towels, power cords, wrist coach)	<b>\$3,500</b>												
HUDL Sideline Replay Video (game night)	<b>\$2,000</b>	Varsity Uniform Name Swatches	<b>\$2,500</b>	Fill in Game Jerseys	<b>\$2,500</b>												
HUDL Assist	<b>\$1,000</b>	Practice Jerseys & Pants Spirit Pack Adds	<b>\$3,000</b>	Water Boys	<b>\$5,000</b>												
Video Filming Services (All 3 levels - Pete Stoll)	<b>\$5,000</b>	Guardian Caps	<b>\$75-\$90 each</b>	<table border="1"> <tbody> <tr> <td><b>Priority A Total</b></td> <td><b>\$56,203.62</b></td> </tr> <tr> <td><b>Priority B Total</b></td> <td><b>\$29,100</b></td> </tr> <tr> <td><b>Priority C Total</b></td> <td><b>\$13,500</b></td> </tr> <tr> <td><b>Priority D Total</b></td> <td><b>\$3,000</b></td> </tr> <tr> <td><b>Totals A-D</b></td> <td><b>\$101,803.62</b></td> </tr> </tbody> </table>				<b>Priority A Total</b>	<b>\$56,203.62</b>	<b>Priority B Total</b>	<b>\$29,100</b>	<b>Priority C Total</b>	<b>\$13,500</b>	<b>Priority D Total</b>	<b>\$3,000</b>	<b>Totals A-D</b>	<b>\$101,803.62</b>
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Game Day Feeds (Varsity)	<b>\$10,000</b>	Pop-up Bags	<b>\$700-\$850 each</b>														
Coaches Gear & Support Staff (Spring, Summer & Fall) (All 3 levels)	<b>\$10,000</b>	Wilson GST Footballs	<b>\$90-\$135 each</b>														
Off Season/Summer Tournaments & Insurance	<b>\$2,500</b>	D-Line Hoops	<b>\$110 each</b>														
Off season insurance (2026 Season)	<b>\$403.62</b>	Arm Pads	<b>\$100-150 each</b>														
		2-Man Lev Sled	<b>\$3,400 each</b>														



Mission Hills Grizzly Foot...

@MissionHills-GrizzlyFootball



**venmo**

Scan QR code for payment



# IMPORTANT DATES

## 2026 Football Season



- **Tue 4/28** - JV/Varsity Kickoff Meeting @ 6:30 in the Library
- **Tue 5/5** - Start of Spring Camp
- **Mon 5/11** - Frosh Kickoff Meeting @ 6:30 in the Library
- **Sat 6/6** - Pancake Breakfast
- **Thur 6/11** - Last Day Of School
- **Sat & Sun 6/13 - 6/14** SDSU Pass Tournament (varsity only)
- **6/15 - 6/19 DEAD PERIOD**
- **Mon 6/22** - Start of Summer Camp
- **Mon 6/29** - Money Dolly Fundraiser
- **Sat 7/11** - 1<sup>st</sup> Annual Golf Fundraiser
- **Sat 7/18** - 7v7 at Mission Viejo Tournament (varsity only)
- **7/20 - 7/24 DEAD PERIOD**
- **Wed 7/29** - Moms Clinic
- **Thur 7/30** - Physicals / Athletic Clearance Due
- **Fri 7/31** - First Day of Helmets - Fall Camp
- **Sat 8/1** - Annual Silent Auction Fundraiser
- **Fri 8/7** - Football Pictures 2pm
- **Sat 8/8** - Family Day
- **FRI 8/14** - Scrimmage @ Lincoln JV/4pm & Var/6pm
- **Tue 8/18** - First Day of School
- **Fri 8/21** - First Game of the Season (Home)

# Spring Football

- ▶ All month of May
  - ▶ Tues, Wed Thurs
  - ▶ 3:45 – 6:15
- ▶ 1<sup>st</sup> Week of June
  - ▶ 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>
- ▶ Finals: Last Week of school
  - ▶ June 9 – Periods 1 & 2
  - ▶ June 10 – Periods 3 & 4
  - ▶ June 11 – Periods 5 & 6



# SPRING FOOTBALL CONT...

- ▶ Mondays & Fridays off
- ▶ What to wear:
  - ▶ Shorts
  - ▶ Cleats
  - ▶ Jersey provided by MH Football (players wash and bring back weekly)
- ▶ Purpose of Spring Practice
  - ▶ Fundamentals, Skill Development, Technique, Acclimation
  - ▶ System Installation
  - ▶ 5on5, 7on7, 11on11
  - ▶ Evaluation of personnel (value, roles, level of play)
  - ▶ Athletic Conditioning ( Maintenance Lifting, Flexibility Cirucits, Aerobic Enhancement)
  - ▶ Preparation for Summer Camp
- ▶ Sprit Pack Online Store - Store Opens 4/27/2026 - Closes 5/7/2026

# Summer Camp & Events

- ▶ Summer Camp begins Monday June 22<sup>nd</sup>
- ▶ Summer Camp Waiver (Due Day 1 of Camp)
- ▶ Morning Sessions 8:30 – 11:00
- ▶ Strength & Conditioning
- ▶ Field Skills (Monday – Thursday)
- ▶ Friday – AM Lift only
- ▶ Passing Games Tuesday & Thursday vs local programs
- ▶ 2 Tournaments this Summer – SDSU & Mission Viejo
- ▶ 1<sup>st</sup> Dead Period – June 15 – June 21
- ▶ 2<sup>nd</sup> Dead Period July 20 – July 26
- ▶ Monday July 27 Summer Camp Resumes
  - ▶ Locker Room & Equipment Issue

# Summer 7on7

- ▶ SDSU Passing Tournament - Saturday June 13 & Sunday June 14
- ▶ Mission Viejo Passing Tournament - Saturday July 18
- ▶ @ San Pasqual Tuesday June 23 (VARSITY ONLY) 4pm
  - ▶ Ramona, Torrey Pines, San Pasqual
  
- ▶ Tuesday June 25 vs Del Norte - Varsity & JV 4pm
- ▶ Tuesday June 30 @ San Pasqual H.S. - Varsity & JV 4pm
- ▶ Thursday July 9 @ Westview H.S. - Varsity & JV 4pm
- ▶ Tuesday July 14 vs Vista - Varsity & JV 4pm
- ▶ More to come...
- ▶ Have a plan - Transportation, nutrition, communication

# Preparation for Fall Camp

- ▶ Clearance Website for 2026-27 School Year on June 1<sup>st</sup>
- ▶ Clearance due for Fall Sports by July 30
- ▶ Physicals / Clearance Fundraising Event
  - ▶ Date & Time: TBD
  - ▶ Location: San Marcos H.S.
- ▶ Athletic Trainer Madison Cirillo (2<sup>nd</sup> Season)
- ▶ AthleticClearance.com
  - ▶ Clearance Information
- ▶ MHHS Website > Athletics > Clearance
- ▶ <https://missionhillshigh.smusd.org/athletics/clearance>
- ▶ MHHS Registration Day : Thursday, August 6, 2026, and Friday, August 7, 2026,
  - ▶ 8 AM to 1 PM
  - ▶ 1<sup>st</sup> Day of School August 18, 2026

# 2026 Fall Football Camp

- ▶ **1<sup>st</sup> Day of Camp – Friday July 31 – Meeting at 8 AM**
- ▶ **Locker & Equipment Issue – Monday July 29**
  - ▶ **Player: Cleats, Girdle, Mouthpiece / MH: Helmet, Jersey, Shoulder Pads, etc**
- ▶ **Practice: Single Days & Possible Double days**
  - ▶ **18 Hours per week- 4 hours per Day – CA C.I.F.**
- ▶ **12 Practices before scrimmage vs Lincoln (Need at least 10)**
- ▶ **Program Pictures – Friday August 7, @ 2:00 PM**
- ▶ **Family Day Practice August 8 @ 9:00 AM**
- ▶ **Scrimmage August 14 @ Lincoln**
- ▶ **1<sup>st</sup> Day of School August 18**
- ▶ **1<sup>st</sup> Game Aug 21**



# SOCIAL MEDIA



2026 Football Season

	<a href="http://www.mhhsfootball.com">www.mhhsfootball.com</a>
	@MhhsGrizzlyFootball
	Mission Hills Grizzly Football
	@MISSIONHILLSHI1



# BOARD MEMBERS



2026 Football Season

Co-Presidents	Amy Beal & Nicole DelGatto
Vice President	Morland Brawner
Treasurer	Gisela Badillo
Secretary	Amber Cross







MHHS Football Boosters



# UPCOMING DINE OUTS



MONDAY <b>APRIL 20<sup>TH</sup></b>	 Epic Wings <sup>®</sup>	• San Marcos
THURSDAY <b>APRIL 30<sup>TH</sup></b>	RESTAURANT  BREWHOUSE	• Escondido
SAT - MON <b>MAY 9<sup>TH</sup> - 11<sup>TH</sup></b>	 SOAPY JOE'S	• San Marcos Blvd
WEDNESDAY <b>MAY 13<sup>TH</sup></b>	 PANDA EXPRESS.	• San Marcos Center Dr
WEDNESDAY <b>MAY 27<sup>TH</sup></b>	PIZZA NOVA	• San Marcos
THURSDAY <b>JUNE 11<sup>TH</sup></b>	 HANDEL'S HOMEMADE ICE CREAM SINCE 1945	• San Marcos
THURSDAY <b>JUNE 25<sup>th</sup></b>	 THE MINING COMPANY STEAKHOUSE & SALOON	• San Marcos

• DONT FORGET TO SAY YOUR'RE WITH MISSION HILLS HIGH SCHOOL!

**FOR JUST  
\$200 YOUR 2026  
GRIZZLY FOOTBALL  
SEASON  
TICKET**

V.I.P. EXPERIENCE  
**INCLUDES:**

**ADMISSION**  
INTO ALL HOME GAMES

**FASTPASS  
ENTRANCE**  
INTO ALL HOME GAMES

**RESERVED SEAT**  
SEAT WITH THE BEST VIEWS

**V.I.P. GRIZZLY  
LANYARD**

**\$20 SNACK BAR  
PUNCH CARD**

**FASTPASS  
SNACK BAR ACCESS**

**EXCLUSIVE  
GIVE-AWAYS**

**FIRST RIGHT OF  
REFUSAL ON PLAYOFF  
GAME SEATS**

**ON SALE NOW!**

**2026**

**VIP SEASON TICKETS**

**\$200.00 (a 300.00 value)**

**FIVE VARSITY HOME GAMES ONLY**

**MH**  
GRIZZLY FOOTBALL  
**VIP EXPERIENCE**

**VIP SEATS ARE SOLD  
IN THE SUMMER ON A  
FIRST COME, FIRST SERVE BASIS**

For more information, please email  
[mhhsgrizzlyfootball@yahoo.com](mailto:mhhsgrizzlyfootball@yahoo.com)



**MISSION HILLS  
FOOTBALL**

[mhhsfootball.com](http://mhhsfootball.com)

**AVAILABLE FOR 5 VARSITY HOME GAMES ONLY**

Limit of 4 seats per family.  
Payment is needed to secure seats.  
Pay via Cash, Venmo, or check. Make checks  
payable to MHHS Grizzly Football Boosters.



**MISSION HILLS GRIZZLY FOOTBALL  
SKYBOX**

Enjoy watching the game with  
your friends and family from  
the best seats in the house!!



**OFFERED DURING VARSITY HOME GAMES ONLY**  
(5 DURING 2026 SEASON)

**MHHS Grizzly Football VIP Skybox includes:**

- High Top Tables and Chairs
- Exclusive access to outdoor platform above football field, next to weight rm.
- 20 Varsity Game Tickets
- Meal for 20 from snack bar or one of these vendors:
  - L&L Hawaiian BBQ: rice, salad & dish
  - Panda Express: rice & dish
  - Chick-fil-A: sandwiches & fries
  - Two Guys from Italy: pizza & salad

The SKYBOX is offered for auction during the  
**Annual Grizzly Giddy Up Silent Auction & Social**  
Saturday, August 1!

For more information, please email [mhhsgrizzlyfootball@yahoo.com](mailto:mhhsgrizzlyfootball@yahoo.com)

[WWW.MHHSFOOTBALL.COM](http://WWW.MHHSFOOTBALL.COM)



# BOOSTER MEETINGS



## 2026 Football Season

**Booster meetings are a great way to stay involved and make an impact!**

**Starting in the summer we will meet once a month at 5:30pm**

**Once the season begins, meetings will be held every Tuesday at 6pm**

**All meetings are held in the Team Room**

**Date and times may shift based on availability and team needs. Be sure to stay connected and signup on the Remind App and check our website regularly for the latest updates.**

**We'd love to see you there!  
Come be a part of the team behind the team!**

**May 6<sup>th</sup>**

**June 10<sup>th</sup>**

**July 8<sup>th</sup>**

**August 18<sup>th</sup> & 25<sup>th</sup>**

**September 1<sup>st</sup> 8<sup>th</sup> 15<sup>th</sup> 22<sup>nd</sup> 29<sup>th</sup>**

**October 6<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup> 27<sup>th</sup>**

**2026**

MHHS GRIZZLY FOOTBALL

# VARSIITY

SIGN UP ON THE

**Remind** APP

TO GET THE LATEST INFO!



Text this message

@mhsvr26  
to 81010

Or scan the QR code



**VARSIITY**

**2026 VARSITY**

**2026**

MHHS GRIZZLY FOOTBALL

# JV

SIGN UP ON THE

**Remind** APP

TO GET THE LATEST INFO!



Text this message

@mhjvfb26  
to 81010

Or scan the QR code



**JV**

**2026 JV**

**2026**

MHHS GRIZZLY FOOTBALL

# FRESHMAN

SIGN UP ON THE

**Remind** APP

TO GET THE LATEST INFO!



Text this message

@mhfresh26  
to 81010

Or scan the QR code



**FRESHMAN**

**2026 FRESHMAN**



# VOLUNTEER OPPORTUNITIES







Our program thrives because of the support & involvement of our parents. Volunteering is one of the most important ways we continue to build a strong program. Every role big or small helps make this program successful. We encourage all families to get involved and be apart of the team behind the team!

**GAME DAY HELP!**

- **Grill Master, Assistant & Volunteers:** Set up grill & tables, stock supplies for snack bar, manage the grill & sales
- **Snack Bar Coordinator, Assistant & Volunteers :** Work with partner to shop, track & sell concessions, manage volunteers in snack bar. Sign up to help work a shift!
- **Grizzly Gear:** Work with other volunteers setting up &/or taking down grizzly box & take shifts helping sell during games

**UP COMING EVENTS**

SATURDAY <b>JUNE 6<sup>TH</sup></b>	<b>Annual Pancake Breakfast</b> 	• Applebees Escondido
MONDAY <b>JUNE 29<sup>TH</sup></b>	<b>MoneyDolly Fundraiser</b> 	• During Practice
SATURDAY <b>JULY 11<sup>TH</sup></b>	<b>1<sup>st</sup> Annual Golf Fundraiser</b> 	• Twin Oaks San Marcos
WEDNESDAY <b>JULY 29<sup>TH</sup></b>	<b>Annual Mom's Clinic</b> 	• Parent House Pot Luck!
SATURDAY <b>AUGUST 1<sup>ST</sup></b>	<b>Annual Silent Auction &amp; Dinner Soical</b> 	• San Marcos Civic Center

**GENERAL or MONETARY DONTATIONS -**

- Water, paper plates/bowls, napkins, plastic silverware, Gatorade powder, Away Game - Snack/Lunch
- Snack bar items
- Friday Feeds
- Friday Varsity Lunch Feeds: Donate food &/or supplies. Come during lunch to help set up tables/chairs. Serve food to the players

**SPECIAL EVENTS COMMITTEES-**

- Help be a part of the planning and preparing for special events like ...
- Pancake Breakfast
- Golf Fundraiser
- Mom's Clinic
- Family Day
- Silent Auction & Dinner Social
- Varsity Banquet

**OTHER WAYS WE EARN FOR OUR PROGRAM**

- VIP Seats \* Dine Outs
- SkyBox \* Sponsorships
- Game Programs / Advertisements
- Grizzly Gear
- Snack Bar!

# Come be a part of our story

- ▶ “The team behind the team” creates an atmosphere and experience that everyone feels proud to be a part of. It shows your child that you believe in what they’re doing & who they’re becoming.
- ▶ “Volunteers do not necessarily have the time; they just have the heart.”  
— **Elizabeth Andrew**
- ▶ A reminder that even small tasks, like organizing a team meal, jumpstarts the program's success. - **John Bingham**
- ▶ “Individual commitment to a group effort—that is what makes a team work, a company work, a society work, a civilization work.”  
— **Vince Lombardi**

# M GET READY FOR AN EXCITING SEASON! M



**Pancake Breakfast**



**Annual Silent Auction & Dinner Social**





**Annual Mom's Clinic**



**Friday Varsity Feeds**





**Volunteering**



**Traditional Thursday Parent Feed**



**SkyBox**



**Coin Toss**



**Travel Game**



ORDER BY  
MAY  
**5**

# MISSION HILLS HIGH SCHOOL MISSION HILLS HS FOOTBALL SPRING 2026



Nike Men's Team Legend Long Sleeve Tee  
+2 more colors  
**\$40.99**



Nike Men's Team Legend Short Sleeve Tee  
+2 more colors  
**\$36.99**



Nike Men's Flex 7" Woven Pocketed Short  
**\$42.99**



Nike Men's Flex 7" Woven Short - No Pockets  
**\$42.99**




Nike Men's Dry Franchise Polo  
**\$45.99**



Nike Men's Club Pullover Fleece Hoodie  
**\$59.99**




Nike Men's Club Fleece Pant  
**\$52.99**



Nike Men's Therma-FIT Long Sleeve 1/4 Zip Top  
**\$62.99**



Nike Brasilia 9.5 XL Backpack  
**\$60.99**



Nike Brasilia 9.5 Drawstring Bag  
**\$34.99**

PAGE 1 OF 6

\* RECOMMENDED ITEM † UPCHARGES APPLY FOR LARGER SIZES



MTS Customer Support - ref # 15581490  
1-800-749-3813 | myteamshop@bsnsports.com  
Team Coordinator LISA SAWARD rruiz@bsnsports.com



Access Code  
**HW1ASBtkGR**  
www.bsnteamssports.com



Click Here To  
**SHOP NOW**

Order 4/27 to 5/5

No orders will be accepted after the deadline.

ORDER BY  
MAY  
**5**

# MISSION HILLS HIGH SCHOOL MISSION HILLS HS FOOTBALL SPRING 2026



Badger Men's 20 Basic Performance C2 Tee  
\$24.99




BSN SPORTS Men's Agility Non-Pocket Short  
\$24.99



BSN SPORTS Men's Long Sleeve Compression Top  
\$36.99



BSN SPORTS Men's Short Sleeve Compression Top  
\$34.99




BSN SPORTS Men's Sleeveless Compression Top  
\$32.99



BSN SPORTS Men's Cotton Rich Fleece Hoodie  
\$46.99



BSN SPORTS Men's Cotton Rich Fleece 1/4 Zip  
\$44.99



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## Grizzly Gear Team

- ▶ Jessica Garcia
- ▶ Rayna Faumuina
- ▶ Ana Torres
- ▶ Ravady Diaz

# Early Academic Qualifier

- ▶ This status is a specific NCAA designation that allows student-athletes to receive an eligibility decision after only six semesters (three years) of high school.
- ▶ The NCAA does not care how fast you graduate; they care about the 16 core courses you completed. If you graduate early, you must still finish all 16 before you enroll in college/university.

Subject	NCAA Division I Requirements
English	4 Years
Math	3 Years (Algebra 1 or higher)
Science	2 Years (including 1 year of lab)
Social Science	2 Years
Extra Core	1 Year (English, Math, or Science)
Additional	4 Years (Any above, or foreign language/philosophy)

# Early Academic Qualifier cont...

- ▶ **Important steps with this plan:**
- ▶ **Check the "List of Approved Core Courses":** Go to the [NCAA Eligibility Center](#) and enter your school code. Ensure every class you've taken is on that list.
- ▶ **Transcript Audit:** Ask your counselor for an official transcript. Manually count your core units. If you only have 12 or 13 after Junior year, you might need a summer course to reach the **14-unit threshold**.
- ▶ **Update your Profile:** Ensure your NCAA Eligibility Center profile is set to "Academic & Athletics Certification" (not just the free Profile Page).

Requirement	Division I	Division II
Core Courses	14 Units completed	14 Units completed
Minimum Core GPA	3.00	2.50

# NCAA Division I & II Scholarship Requirements

## Core Course Requirements

Both divisions require 16 core courses, but the "recipe" for those courses is different.

Subject Area	Division I (DI)	Division II (DII)
English	4 Years	3 Years
Math (Algebra 1 or higher)	3 Years	2 Years
Science (Natural/Physical)	2 Years	2 Years
Social Science	2 Years	2 Years
Additional English, Math, or Science	1 Year	3 Years
Additional Courses (Any above + Foreign Lang)	4 Years	4 Years
<b>Total Core Courses</b>	<b>16</b>	<b>16</b>

# The NCAA Division I "10/7" Rule

*Goal: 10 Core Courses completed by the start of Senior Year (7<sup>th</sup> Semester).*

Requirement Part	Threshold	Specific Subjects Required	The "Deadline" Result
Total Core Courses	10	Any NCAA-approved Core Courses	These 10 courses are LOCKED. They cannot be retaken for a higher grade after senior year starts.
Subject Breakdown	7	Must be English, Math, or Science	If you don't have 7 in these areas, you are an Academic Redshirt (No competition).

If a student does not meet the 10/7 rule before senior year:

**Academic Redshirt:** They may be allowed to practice and receive a scholarship, but they cannot compete during their freshman year of college.

**Ineligible:** In some cases, they may be barred from practice and aid entirely

# Key Details of the 10/7 Rule:

## ▶ **The Mandatory 7**

▶ At least **7** of those items **must** be from these three areas of study:

- ▶ **English** (e.g., English 9, English 10, English 11)
- ▶ **Math** (e.g., Algebra, Geometry, Algebra 2)
- ▶ **Science** (e.g., Biology, Chemistry, Physics)

▶ The remaining **3** items to get to 10 can be **any** of these:

- ▶ **Social Studies/History** (ex. World History, US History, Gov/Econ)
- ▶ **Foreign Languages** (ex. Spanish, French)
- ▶ **Additional Options"** (ex. an extra Math or extra Science class)

▶ Applies to NCAA Division I (DI). Division II requires a 2.2 GPA but not the 10/7 restriction.

▶ NCAA.org

▶ NCAA Eligibility Center - <https://web3.ncaa.org/ecwr3/>

▶ Recruiting Service and Clearance - <https://www.ncsasports.org/> -

# Contact Info

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