



# Infectious Disease Operational Plan

Effective date: June 21, 2022

RAAA is committed to providing a safe and healthy environment for all our participants. To ensure that, we have developed the following Operational Plan in response to the COVID-19 pandemic and other potential infectious disease events. Coaches, parents, spectators, umpires, and players (Participants) are all responsible for implementing this plan.

Our goal is to provide reasonable protective measures to limit risks for the potential transmission of COVID-19 or other transmissible diseases on and around the field of play in order to maintain the safety and health of our participants.

## Guidance

Our Operational Plan follows a variety of governmental and public policy sources for guidance, including the Centers for Disease Control and Prevention, the Minnesota Department of Health and Independent School District 196 (ISD 196) and the Minnesota State High School League (MSHSL).

**Primary guidance for RAAA youth athletic activities will come from ISD 196 and MSHSL.**

## Definitions

**Participant:** MSHSL defines participants as students, coaches and officials and others involved in the activity (e.g., scorekeeper).

**RAAA event:** Any practice, clinic, camp, game. This definition applies to both home and away games.

**Isolation:** Per the Minnesota Department of Health, isolation means staying home **and** away from others when you test positive, feel sick, or have symptoms of COVID-19 or an infectious disease.

**Infectious disease:** Includes, but not limited to viral meningitis, COVID-19, or a declared pandemic.

## Screening

Participants should continue to self-monitor for signs and symptoms of COVID-19 or other infectious diseases before leaving home. Stay home if you have a temperature exceeding 100.4 or have respiratory symptoms (i.e. cough, sore throat, or shortness of breath). Stay home and follow RAAA isolation guidelines if you test positive for an infectious disease.

## Isolation

Participants should stay home if advised to by a medical professional, or as published in CDC, MDH or ISD 196 guidance.

All RAAA participants are required to follow the isolation guidance in place for ISD 196 athletic participants (which, in turn is subject to MSHSL guidance).

## Hygiene and respiratory etiquette

Basic infection prevention measures are encouraged at all times including hand hygiene and respiratory etiquette. Ample guidance around hygiene and respiratory etiquette can be found on the websites of both the Minnesota Department of Health and the CDC.

## Facial coverings

Participants may elect to wear face masks, but are not required to do so unless a local government mandate, facility-specific rules, or RAAA board mandate requires it.

Athletes choosing to wear masks during play should ensure their mask is of one color and not distracting (i.e. neutral in color and no designs).

## Social distancing

The term “social distancing” refers to measures being taken to restrict where and when people can gather in order to stop or slow the spread of infectious disease. In general, 6 feet of separation is the distance that should be kept between people when following social distancing guidelines.

Social distancing protocols may become required from time to time as enacted by the RAAA Board of Directors in keeping with ISD 196 and MSHSL practices.

## Cleaning and disinfecting

Regular housekeeping practices should be followed by all participants.

## Communications

This Operational Plan will be posted to the RAAA website with other policies.

## Non-compliance

Any Participant may report non-compliance to any member of the RAAA Board of Directors. The Administration Committee of the RAAA Board of Directors will investigate reports of non-compliance and determine appropriate recourse, up to and including removal from RAAA programs.

## Supersedence

This Operational Plan supersedes all prior infectious disease plans and procedures, including:

- RAAA COVID-19 Preparedness Plan
- RAAA COVID-19 Safety Policies & Procedures