

KANSAS CITY ICE CENTER

Learn to Play Hockey

Kansas City Ice Center is excited to provide children ages 3 to 10 an opportunity to learn the sport of hockey in a fun and energetic environment. Our program will offer three levels of hockey, Rookies (1), Little Stars (2), and All Stars (3). Each level will focus on specific hockey skills.

Group 1/Rookies: No skating experience required. This is an introductory skating program for beginning boys and girls. Instructors teach entry level skating techniques and the basic skating skills of hockey. Jersey and skates are provided. Other equipment required: hockey helmet with cage, gloves, mouth guard, and stick.

Group 2/Little Stars : In addition to strengthening entry level skating techniques, Little Stars will focus on controlling forward skating and turning. Basic hockey skills with a stick and puck will be introduced including stick handling, passing, and shooting. Jersey and skates are provided. Other equipment required: hockey helmet with cage, gloves, mouth guard, and stick.

Group 3/All Stars: Experience the magic of scoring goals! All Stars will reinforce the basic hockey skating skills plus teach hockey stops and crossovers. Skaters will also work on puck handling, passing and shooting. In addition to skating and hockey skills, a fun activity may be planned toward the end of the session including tag, relay race, ice-soccer, or mini-scrimmage. This level is appropriate for Atoms who want to improve their skills. Full hockey gear is required for this class! Jersey is provided.

8-week Learn to Play Hockey
Saturdays starting:

January 7 – March 11, 2023

(No class 2/4 & 2/25)

Group 1 = (1st time class skaters) 8:15a – 8:55a

\$130 per skater

Registration is online at
kcicecenter.com

Those currently in the session should
watch for re-enrollment forms at the
check-in table.

For more information contact:
Dean at dnelson@kcicecenter.com

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