

Seven Lakes Wrestling 4x Letter Winners

- **Brett Denver 2006, 2007, 2008, 2009**
- **Halit Dilber 2006, 2007, 2008, 2009**
- **Eric Newton 2008, 2009, 2010, 2011**
- **Alex Wascom 2009, 2010, 2011, 2012**
- **Ben Thomson 2010, 2011, 2012, 2013**
- **King Wu Mai 2011, 2012, 2013, 2014**
- **Kai Holland 2013, 2014, 2015, 2016**
- **Rachel Aquino 2014, 2015, 2016, 2017**
- **Cameron Kallina 2014, 2015, 2016, 2017**
- **Megan Lloyd 2014, 2015, 2016, 2017**
- **Seth McKee 2015, 2016, 2017, 2018**
- **Juan Salinas 2015, 2016, 2017, 2018**
- **Sophie Adenusi 2016, 2017, 2018, 2019**
- **Gabi Holloway 2016, 2017, 2018, 2019**
- **Josh Shimbashi 2016, 2017, 2018, 2019**
- **Julia Nowak 2018, 2019, 2020, 2021**
- **Michael Amico 2019, 2020, 2021, 2022**
- **Jose Salinas 2019, 2020, 2021, 2022**
- **Shirit Holdeman 2020, 2021, 2022, 2023**