



### **LAX FOR THE CURE FALL SHOWCASE FORMAT AND RULES:**

**Timing:** Two 20-minute halves, running clock, with a 2-minute half time and 3 minutes between games.

We ask that you exit the field following your game to allow for the next contest. All teams should be warmed up and ready for the next game.

There will be one central horn used for timing:

- One horn to signify the beginning of the game.
- One horn to signify the beginning and end of half time.
- One horn to signify the end of the game.

**Rules:** Lax For The Cure will follow all US Lacrosse & NFHS Rules with the following tournament specific modifications:

\*\* There are NO timeouts – during an injury timeout, the clock will run \*\*

**Score keeping:** There will be a flip chart and score sheet on all fields. Officials will record the scores and coaches will sign off on them. Coaches are responsible for the flip chart. All official scores will be kept at tournament headquarters.

**8-meter shots** will be played out if the horn sounds for the end of the game or half. If the 8-meter is already in play when the game horn sounds, then the game is done at the time of the horn.

If a shot is in flight and was released from a stick prior to the horn and goes in the goal – goal is good (same ruling as USL).

Alternate possession – The team listed first on the schedule receives the first alternate possession.

**1 Yellow card – the player must sit for 2 minutes, running clock, the official will keep time.**

**2 Yellow cards – the player must sit the remainder of the game. And may return to the next game.**

**RED card (Player) – The player must sit the remainder of the game and the NEXT game.**

**RED card (Coach) – the coach must leave the game and remain away from the game until the completion of the game.**

**Class of 2034 (4<sup>th</sup> Grade)**

- 12v12 full field
- Modified checking
- Three-second rule for good defensive positioning
- NO minimum pass rule
- Four-goal rule will NOT be used

**Class of 2032/2033 (6<sup>th</sup> & 5<sup>th</sup> Grade)**

- 12v12 full field
- Transitional checking
- NO minimum pass rule
- Four-goal rule will NOT be used

**Class of 2030/2031 (8<sup>h</sup> & 7<sup>th</sup> Grade)**

- Full checking
- Four-goal rule will NOT be used

**Inclement Weather Policy:**

Inclement weather is out of the control of the tournament directors, officials, and site managers. Safety is our number one concern. In the event of thunder and/or lightening, all games will be suspended from the last occurrence. Games will resume at their regularly scheduled times. No games will be made up or delayed.

The tournament will be held in the rain. In the event of heavy rain, it is up to the tournament directors, officials and site managers as to whether the field(s) is/are deemed safe to play on.