

# Planned Program Content

Please fill in with type or write in capital letters!

For pairs and dance couples it is sufficient if one partner fills in the following form
<b>ISU Member Federation:</b>
<b>Category:</b>
<b>Name of Competitor(s):</b>

## ELEMENTS IN ORDER OF SKATING

Time*	Elements SP / OD

Time*	Elements FS / FD

\* Time during program

Date, Signature: \_\_\_\_\_