



Wayzata Boys Basketball Association

1st Grade House Game Rules

General:

- Beginning of the season Practice is the primary focus with developing individual basketball skills and team building.
- Second part of the season (After Holiday Break). Half of allotted time should be on practice with the second half focused on 3 on 3 games within a team or other team practicing at the same time.

3 on 3 Rules:

- Court - Cross Court; Split the gym in half so you can run 2 games
- Baskets: 9 foot height
- Ball: 27.5" Basketball
- Substitutions are on the coaches discretion. Please keep playing time equal for all players.
- Man to Man defense ONLY
- NO Press
- Coaches are the refs; fouls can be called on both teams. If you have a more developed player you can call more fouls/violations. Personal/team fouls are not kept
- No Free throws are shot; pass the ball in from out of bounds.